ordering + account info | 2023 catalogue | psc natural foods

PSC Freight Rates		PSC Minimum Order Levels for Zone 2 and 3 Shipping		
Highly competitiv We deliver the goo Vancouver Island and Other Isla	odness for less.	Lower Minimum Orders for Prepaid Freight Take advantage of our Partnership with Horizon Distributors for the Lower Minimum Order Requirements for Prepaid Freight.		
Vancouver Island, Saltspring Island	Minimum order, no charge	Place your PSC order by the following cut-off times for shipping with your Horizon order.		
Gabriola/Denman, Hornby, Port Alberni, Tofino & points north	Orders < \$1500 freight collect	Order placed by 3:00PM Thursday		
of Campbell River	Orders > \$1500, prepaid	Shipped from Horizon on Tuesday		
Mainland	Minimum order no charge	Please ensure that your Horizon order is placed with an enclosure notice informing Horizon of your PSC order.		
Greater Vancouver	Minimum order, no charge	Your PSC order will arrive at Horizon the day before ship out.		
Zone 1 Lower Fraser Valley, Sunshine Coast Orders < \$1,000, freight collect		Please note: Orders to be co-shipped with Horizon are delivered on the 'M' run only.		
Zone 2	Orders > \$1,000, prepaid	Zone 2 See locations in Freight Rates Table (left)		
Other BC and Alberta points, Kelowna, Prince George, Revelstoke, Penticton, Calgary, Edmonton Refer to Zone 2 and 3 Table		If shipped with Horizon order If shipped separately	\$500 min. \$2,500, prepaid Under \$2,500 will be	
Zone 3 Regina, Saskatoon, Winnipeg	Refer to Zone 2 and 3 Table	Zone 3 See locations in Freight Rates Tab	shipped freight collect ble (left)	
For orders of unusual size or location, we will negotiate freight		If shipped with Horizon order	\$500 min.	
charges on an individual basis. We	reserve the right to put accounts	If shipped separately	\$4,000, prepaid	
located off main routes into anothe	er geographical zone. Orders with		Under \$4,000 will be	

Under \$4,000 will be shipped freight collect

Please note: Add-on orders must be limited to 10 cases or less					
DELIVERY DAYS	RUN	Overflow	LOCATION	MIN \$	CUT-OFF TIMES
MONDAY	м	V	VANCOUVER	\$500	Main Orders 1:00PM Thursday Add-ons 10:00AM Friday
TUESDAY	В		UP ISLAND	\$500	Main Orders 12:00PM Friday Add-ons 10:00AM Monday
TUESDAY	С	F	IN TOWN	\$300	Main Orders 10:00AM Monday Add-ons 12:00PM Monday
WEDNESDAY	К		VANCOUVER *thriftys only*	\$500	Main Orders 8:00AM Tuesday Add-ons 10:00AM Tuesday
WEDNESDAY	D		SALTSPRING ISLAND	\$500	Main Orders 2:00PM Monday Add-ons 10:00AM Tuesday
WEDNESDAY	E	L	IN TOWN	\$300	Main Orders 10:00AM Tuesday Add-ons 12:00PM Tuesday
THURSDAY	А	Т	CAMPBELL RIVER	\$500	Main Orders 2:00PM Tuesday Add-ons 10:00AM Wednesday
THURSDAY	G		SOOKE	\$300	Main Orders 10:00AM Wednesday Add-ons 12:00PM Wednesday
THURSDAY	R	,	RED BARN (excluding RED0001)	\$300	Main Orders 4:00PM Tuesday Add-ons 10:00AM Wednesday
FRIDAY	J	Ν	UP ISLAND	\$500	Main Orders 2:00PM Wednesday Add-ons 10:00AM Thursday
FRIDAY	Н	P or Y	PENNINSULA	\$300	Main Orders 10:00AM Thursday Add-ons 12:00PM Thursday

SHIP OUT \$1500 MINIMUM (Free Freight) BUY GROUP \$650 MINIMUM *NO SHIP OUTS TO PENDER ISLAND

frozen and/or refrigerated goods may be subject to a small surcharge.

Split Cases

1/2 case minimum.

Frozen items are sold in full cases only.

Order Pick-ups

- Monday-Thursday 9:00AM-4:00PM
- Friday 9:00AM-2:30PM
- Minimum 24 hours notice required.
- Call by 10:00AM, pick up next business day after 12PM.
- Please note that our minimum order for pick-up is \$100.
- Order a maximum of ten cases before 10AM and
- you can
- pick up your order the same day after 2:00PM

Please note: Some delivery routes are done more than once a week (Greater Victoria & Nanaimo), however, this does not mean you will get multiple deliveries each week. We will attempt to accommodate your preferred request but we reserve the right to designate your delivery day. Please check when you set up your account.