



PSC Natural Foods

— we deliver the goodness —

April Specials Showcase

Effective April 1-30th 2024
up to 85% off !

MONTHLY SPECIALS

ALKEME GLUTEN FREE SOUDOUGH (FROZEN)	4	GOBIO! PRODUCTS	11,12
ALTER ECO CHOCOLATE TREAT	4	GOMACRO MACROBAR	12
AMY'S ENTRÉES (FROZEN)	4	GOODVIBES JUICE CO GOODVIBES SHOTS+	12
ANGIE'S BOOMCHICKAPOP POPCORN & CORN PUFFS	4	GT'S ALIVE ANCIENT MUSHROOM ELIXIR & SYNERGY RAW KOMBUCHA (REFRIGERATED)	12
ANITA'S ORGANIC MILL BULK GRAINS	5	GUAYAKI YERBA MATE BEVERAGE	13
ANTOINETTE'S DIP & SAUCE (REFRIGERATED)	5	HARDBITE HANDCRAFTED STYLE CHIPS	13
ARIZONA PEPPER'S HOT SAUCE	5	HEALTH-ADE KOMBUCHA (REFRIGERATED)	13
AUGA READY TO EAT ORGANIC CURRY & SOUPS	5	HEE-HAW HORSERADISH	13
BARBARA'S BAKERY CHEESE PUFFS	5	HUMBLE POTATO CHIPS	13
BEYOND MEAT PLANT-BASED MEAT ALTERNATIVE (FROZEN)	5	IF YOU CARE PRODUCTS	13
BIG MOUNTAIN PLANT-BASED MEAT ALTERNATIVE (REFRIGERATED)	5	ILIADA GREEK OLIVES	13
BIOITALIA PRODUCTS	5	ITO EN UNSWEETENED READY TO DRINK TEA	13
BIO-K PLUS PROBIOTICS & PROBIOTIC CAPSULES	5	JASON BODY CARE PRODUCTS	13
BIOVERT PRODUCTS	5	JYOTI NATURAL FOODS INDIAN CUISINE	13
BLISS BALLS ENERGY TRUFFLE BALLS	5	KETTLE BRAND POTATO CHIPS	13
BLUE DIAMOND ALMOND FLOUR	5	KIND BREAKFAST BARS, HEALTHY GRAINS BARS & CHOCOLATE DIPPED CLUSTERS	14
BLUE DIAMOND ALMOND BREEZE ALMOND BEVERAGE (REFRIGERATED)	6	KINDRED CULTURES PROBIOTIC WATER KEFIR (REFRIGERATED)	14
BLUE MONKEY PRODUCTS	6	KOYO RAMEN	14
BOB'S RED MILL PRODUCTS	6	KRINOS GREEK OLIVES	14
BRAGG PRODUCTS	7	KRISDA SUGAR-FREE CHOCOLATELY CHIPS & SWEETENER	14
BREW DR.KOMBUCHA KOMBUCHA (REFRIGERATED)	7	L'ANCÊTRE BUTTER & CHEESE (REFRIGERATED)	14
BUBBIES PICKLES & SAUERKRAUT (REFRIGERATED)	7	LE GRAND PRODUCTS (REFRIGERATED)	14
BUCHA BREW KOMBUCHA	7	LET'S DO...ORGANIC PRODUCTS	14
CABOO TREE-FREE PRODUCTS	7	LOOP MISSION COLD-PRESSED JUICE & PROBIOTIC SODA (REFRIGERATED)	14
CASBAH AUTHENTIC GRAIN & MIXES	7	LOTUS FOODS RICE	15
CHA'S ORGANICS PRODUCTS	7	LOVE GOOD FATS KETO BAR	15
CHASERS 100% COLD-PRESSED BEVERAGES (REFRIGERATED)	7,8	LUNDBERG PRODUCTS	15
CLIF PERFORMANCE & SNACK BARS	8	MACKELLAR FARMS EDAMAME (FROZEN)	15
CRAVE STEVIA CHOCOLATE CHIPS & SWEETENER	8	MADEGOOD PRODUCTS	15
CRICH CRACKERS WITH EXTRA VIRGIN OLIVE OIL	8	MAISON ORPHEE CULINARY OIL	15
CROFTER'S ORGANIC FRUIT SPREAD	8	MANITOBA HARVEST PRODUCTS	16
CULTURE CRAFT KOMBUCHA (REFRIGERATED)	8	MANNA ORGANICS MIGHTY MANNA BREAD (FROZEN)	16
DAIYA PRODUCTS	9	MATEINA READY-TO-DRINK YERBA MATE	16
DANDIES VEGAN MARSHMALLOWS	9	MATEINA YERBA MATE	16
DEEBEE'S ORGANICS FREEZER POPS	9	MELT ORGANIC PLANT BUTTER (REFRIGERATED)	16
DIVINE CHOCOLATE BAR	9	MID-DAY SQUARES FUNCTIONAL CHOCOLATE (REFRIGERATED)	16
DUMET OLIVES	9	MOLISANA ORGANIC ROASTED PEPPERS	16
EARTH BALANCE SPREAD (REFRIGERATED)	9	NAAM COOKING SAUCE	16
EARTH FRIENDLY DISHWASHING PRODUCTS	9	NAKED & SAUCY PRODUCTS	16
EARTHBOUND FARM ORGANIC FRUIT & VEGETABLES (FROZEN)	9	NATIVE FOREST PRODUCTS	16,17
EARTH'S OWN NON-DAIRY BEVERAGE	10	NATURA DAIRY-FREE BEVERAGE	17
EARTH'S OWN NON-DAIRY CREAMERS (REFRIGERATED)	10	NATUREBEE REUSABLE SPONGE CLOTHS	17
ECO-MAX LAUNDRY PRODUCTS	10	NATURE CLEAN HOUSEHOLD PRODUCTS	17
EDEN PRODUCTS	10	NATURE'S BAKERY SNACK BARS	17
EDWARD & SONS EXOTIC RICE TOAST	10	NATURE'S PATH PRODUCTS	17,18
ELIAS HONEY	10	NATURSOURCE SNACKS	19
EVIVE SMOOTHIE CUBES (FROZEN)	10	NAVITAS ORGANICS PLANT-BASED SUPERFOOD	19
EVIVE BLENDER FREE SMOOTHIE CUBES & SMOOTHIE POPS (FROZEN)	10	NOOCHPOPI! VEGAN CHEESY POPCORN	19
FATSO PEANUT BUTTER	10	NORA SEAWEED SNACKS	19
FERIDIES PEANUTS	11	NORA'S DAIRY-FREE DESSERT (FROZEN)	19
FIELD ROAST CO. CHAO SLICES & PLANT BASED MEAT ALTERNATIVES (REFRIGERATED)	11	NUTS FOR CHEESE NUTS FOR BUTTER	19
FLOW ALKALINE SPRING WATER	11	CULTURED CASHEW PRODUCT (REFRIGERATED)	19
FOUR O'CLOCK TEA	11	NUTS FOR CHEESE FERMENTED CASHEW PRODUCT (REFRIGERATED)	19
GARDEIN MEAT-FREE ALTERNATIVE (FROZEN)	11	NUUN HYDRATION DRINK TABLETS	19
GIMME ORGANIC ROASTED SEAWEED	11	OATLY OAT DRINK	20
GLUTINO PRODUCTS	11	OMEGA 3 NUTRACLEANSE FIBRE BLEND	20
		OOME SMOKED TOFU (REFRIGERATED)	20
		ORIGO FREEZE DRIED FRUIT	20
		PACIFIC FOODS PLANT-BASED CHILI	20
		PAMELA'S COOKIES	20
		PAPERCHEF CULINARY PARCHMENT BAKING PRODUCTS	20

PARTAKE BREWING NON-ALCOHOLIC BEER	20	STAHLBUSH ISLAND FARMS FRUIT & VEGETABLES (FROZEN)	25
PLUMM GOOD PRODUCTS	20	SWERVE SWEETENER	25
PORTOFINO BAKERY BREAD (FROZEN)	21,22	TASTE NIRVANA COCONUT WATER	25
PRANA ORGANIC PRODUCTS	22	TERRA DELYSSA OLIVE OIL	25
PRANA SNACKS	22	THAYERS REMEDIES WITCH HAZEL	25
PROBAR NUTRITIONAL FOOD BAR	22	THE CULTURED COCONUT PROBIOTIC (REFRIGERATED)	25
QUE PASA TACO SHELLS	22	THE GINGER PEOPLE GINGER CANDY	25
REDMOND REAL SALT	22	THRIVE REMEDIES ADAPTOGENIC TEA	25
RICEWORKS O3MG FRUIT BARS	22	TOFINO RAW KOMBUCHA (REFRIGERATED)	25
RIZOPIA RICE PASTA	22	TOFURKY MEAT ALTERNATIVE (REFRIGERATED)	25
ROAR ORGANIC VITAMIN ENHANCED BEVERAGE	22	TOM'S OF MAINE BODY CARE	25,26
ROAR PLUS VITAMIN & ELECTROLYTE DRINK MIX	22	TRIPLE JIM'S ALL NATURAL PRODUCTS MADE FROM BC FRUIT	26
RVIITA ENERGY TEA	22	VG GOURMET ARTISAN VEGAN BURGERS (FROZEN)	26
R.W. KNUDSEN FRUIT JUICE & VEGETABLE JUICE	22	VIJ'S INDIAN APPETIZERS & COOKING SAUCE (FROZEN)	26
SALT SPRING COFFEE	22,23	WHOLESOME NATURAL & ORGANIC SWEETENER	26
SAN-J BREWED SOY SAUCE & ALTERNATIVES	23	WHOLLY WHOLESOME PIE SHELLS (FROZEN)	27
SANTA CRUZ ORGANIC LEMONADE	23	WILD COUNTRY HONEY	27
SANTA CRUZ ORGANIC 100% LEMON & LIME JUICE	23	WILD TEA KOMBUCHA	27
SAPADILLA PRODUCTS	23	WILD BRINE FERMENTED SAUCE	
SAUGREEN COUNTRY DAIRY KEFIR		& FERMENTED VEGETABLES (REFRIGERATED)	27
& YOGURT (REFRIGERATED)	23	WILDVINE PICKLED VEGETABLES (REFRIGERATED)	27
SAY WHEN ORGANIC CHAI CONCENTRATE	23	WISE BITES ALLERGEN-FREE BAKED GOODS (FROZEN)	27
SIMPLY ORGANIC PRODUCTS	23,24	WIZE ICED TEA	27
SOBER CARPENTER NON-ALCOHOLIC CRAFT BEER	24	WUNDERCAT ALL NATURAL CAT LITTER	27
SOTA SPARKLING TEA + ADAPTOGENS	24	YOGI HERBAL TEA	27
SPARKMOUTH MOCKTAILS	24	ZAZUBEAN CHOCOLATE BAR	27,28
SPERRI PLANT-BASED MEAL REPLACEMENT SHAKE	24	ZEVIA ZERO SUGAR SODA	28
SPREAD 'EM KITCHEN CO. CASHEW CHEESE		ZORAW CHOCOLATES FUNCTIONAL CHOCOLATE BAR	28
& DIP (REFRIGERATED)	24	CLEARANCE	28>30
SQUAMISH WATER KEFIR PROBIOTIC SODA			
& WATER KEFIR (REFRIGERATED)	24		


PSC Natural Foods, as an essential service, has been open and operating through the Covid-19 pandemic. We have experienced increased demand for our products and our entire team has worked tirelessly, despite the uncertainty, through these unprecedented times. Due to a large increase in demand and supply chain disruptions, you may notice intermittent supply issues with some of our brands. We apologize for this, and are working hard with our vendors and carriers to ensure we keep stock rolling. Many vendors are reducing production to only their key items. Some are allocating stock, while other are unable to ship completely. We ask for your patience as we work through these challenges. Please do not hesitate to contact our sales team should you have specific questions.

We are also working hard to keep our staff and customers safe. We have reduced the number of workers in our offices by allowing many of our staff to work from home. We have instituted rigorous cleaning policies in all of our common areas, warehouse, and delivery trucks. We are strictly practicing physical distancing and our staff are wearing masks when appropriate. We are continuing to monitor the situation and are closely following all Health Canada and BCCDC guidelines. Our delivery drivers also have masks and gloves and will follow any COVID protocol you have instituted at your business in an effort to continue to "Deliver the Goodness" in an efficient and safe manner. We are all in this together and we will get through it by supporting each other. We hope you are all healthy and safe in these uncertain times.

PSC Management Team

To Our Valued Customers - Pricing Notice - PSC continually reviews costs to bring you, our valued customers, as competitive pricing as possible. You will notice many price changes since our last catalogue was published. Some reflect better costing and have been reduced and in some instances higher costs are reflected.

2024 Container Recycling Fees



Container	Size	Deposit Value	Recycling Fee
Aluminum	0 - 1 L	10 ¢	2 ¢
Plastic	0 - 1L	10 ¢	4 ¢
	> 1L	10 ¢	5 ¢
Glass	0 - 1L	10 ¢	15 ¢
	> 1L	10 ¢	15 ¢
Bi-Metal	0 - 1L	10 ¢	5 ¢
	> 1L	10 ¢	No Recycling Fee
Drink Box	0 - 500ml	10 ¢	No Recycling Fee
	501ml - 1L	10 ¢	No Recycling Fee
Gable Top	0 - 1L	10 ¢	No Recycling Fee
	> 1L	10 ¢	1 ¢
Bag-In-Box	> 1L	10 ¢	20 ¢

Fees effective February 1, 2024

2024 Container Recycling Fees



MILK

Container	Size	Deposit Value	Recycling Fee
Aluminum	0 - 1 L	10 ¢	2 ¢
Plastic	0 - 1L	10 ¢	4 ¢
	> 1L	10 ¢	5 ¢
Glass	0 - 1L	10 ¢	15 ¢
	> 1L	10 ¢	15 ¢
Bi-Metal	0 - 1L	10 ¢	5 ¢
	> 1L	10 ¢	No Recycling Fee
Drink Box	0 - 500ml	10 ¢	No Recycling Fee
	501ml - 1L	10 ¢	No Recycling Fee
Gable Top	0 - 1L	10 ¢	No Recycling Fee
	> 1L	10 ¢	1 ¢
Polystyrene Cups	0 - 500ml	10 ¢	4 ¢

Fees effective February 1, 2024

◊ = Verified NON-GMO / B = Bulk / GF = Certified Gluten Free / V = Certified Vegan / * = Certified Organic
 @ = Certified Fair Trade / + = Made in Canada / BC = BC Product / P = Canadian Company
 X = NO SPLITS / G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

MONTHLY SPECIALS

ALKEME | GLUTEN FREE SOUDOUGH (FROZEN) - 10% OFF

854278 001210	40754	GMO	GF	BC	P	X	NEW! Sourdough Bagels, Everything (6ct)	10 / 660g	
854278 001203	40755	GMO	GF	BC	P	X	NEW! Sourdough Bagels, Original (6ct)	10 / 660g	

ALTER ECO | CHOCOLATE TREAT - \$4.41 OFF + VOLUME PRICING

817670 011188	35312	GMO	GF	*	@	X	Bar, Dark Chocolate, Super Blackout, 90% Cacao, Organic	12 / 75g	G
817670 012499	35313	GMO	GF	*	@	X	Bar, Dark Chocolate, Total Blackout, 100% Cacao, Organic	12 / 75g	G
817670 012628	35314	GMO	GF	*	@	X	Bar, Dark Chocolate, Almond Blackout, 85% Cacao, Organic	12 / 75g	G
817670 011720	35311	GMO	GF	*	@	X	Bar, Dark Chocolate, Mint Blackout, 90% Cacao, Organic	12 / 75g	G
817670 010204	35232	GMO	GF	V	@	X	Bar, Dark Chocolate, Classic Blackout, 85% Cacao, Organic	12 / 80g	G
817670 010518	35284	GMO	GF	V	@	X	Bar, Dark Chocolate, Sea Salt, 70% Cacao, Organic	12 / 80g	G
817670 010259	35237	GMO	GF	*	@	X	Bar, Dark Chocolate, Coconut Toffee, 47% Cacao, Organic	12 / 80g	G
817670 010242	35236	GMO	GF	V	@	X	Bar, Dark Chocolate, Quinoa Crunch, 60% Cacao, Organic	12 / 80g	G
817670 010525	35285	GMO	GF	*	@	X	Bar, Dark Chocolate, Brown Butter, 70% Cacao, Organic	12 / 80g	G
817670 010532	35286	GMO	GF	*	@	X	Bar, Dark Chocolate, Burnt Caramel, 70% Cacao, Organic	12 / 80g	G
817670 012604	35315	GMO	GF	*	@	X	Bar, TRUFFLE THINS, Dark Chocolate, Mint Crème, Organic	12 / 84g	G
817670 012611	35316	GMO	GF	*	@	X	Bar, TRUFFLE THINS, Dark Chocolate, Salted Caramel, Organic	12 / 84g	G

Buy 100+ cases Save 2.94

AMY'S | ENTRÉES (FROZEN) - \$4.50 OFF

042272 910564	54645		GF			X	Bowls, 3 Cheese & Kale	12 / 241g	
042272 912193	54490			V		X	Bowls, Asian Dumplings	12 / 241g	
042272 908110	54485		GF			X	Bowls, Broccoli & Cheddar	12 / 269g	
042272 910571	54677		GF			X	Bowls, Chili Mac	12 / 255g	
042272 901623	54679					X	Bowls, Country Cheddar	12 / 269g	
042272 913206	56160		GF			X	Bowls, Mac & 3 Cheese w/Cauliflower	12 / 234g	
042272 901630	54678					X	Bowls, Mexican Casserole	12 / 269g	
042272 908332	54569					X	Bowls, Mushroom Risotto	12 / 269g	
042272 911295	54646					X	Bowls, Ravioli	12 / 241g	
042272 900800	54459					X	Enchilada, Cheese	12 / 255g	
042272 900589	54433					X	Indian Meal, Mattar Paneer	12 / 284g	
042272 900596	54432					X	Indian Meal, Palak Paneer	12 / 283g	
042272 902507	54426					X	Indian Meal, Vegetable Korma	12 / 269g	
042272 900329	54465					X	Pasta, Vegetable Lasagna	12 / 269g	
042272 908141	54420			V		X	Pasta, Vegetable Lasagna, Vegan (gluten free)	12 / 255g	
042272 900541	54567	GMO		V	*	X	Meal, Veggie Scramble w/hash browns, Organic	12 / 255g	
042272 909780	54585					X	Thai, Green Curry	12 / 284g	
042272 909247	54283					X	Thai, Pad Thai	12 / 269g	
042272 909223	54282					X	Thai, Red Curry	12 / 284g	
042272 900572	54647					X	Whole Meal, Enchilada Dinner, Cheese	12 / 255g	
042272 900510	54440					X	Whole Meal, Enchilada Dinner, Spanish Rice & Beans (dairy-free)	12 / 284g	
042272 900534	54442			V		X	Whole Meal, Veggie Loaf	12 / 284g	

ANGIE'S | BOOMCHICKAPOP POPCORN & CORN PUFFS - UP TO \$3.00 OFF

018780 017347	59520						BOOMCHICKAPOP Microwave Popcorn, Real Butter	6 / 4x93g	
018780 017354	59521	GMO					BOOMCHICKAPOP Microwave Popcorn, Sea Salt	6 / 4x93g	
892773 000215	59508	GMO	GF			+	X BOOMCHICKAPOP, Popcorn, Lightly Sweet	8 / 142g	G
818780 015356	59516		GF			+	X BOOMCHICKAPOP, Popcorn, Real Butter	8 / 125g	G
892773 000246	59504	GMO	GF			+	X BOOMCHICKAPOP, Popcorn, Sea Salt	8 / 136g	G
892773 000208	59513	GMO	GF			+	X BOOMCHICKAPOP, Popcorn, Sweet & Salty Kettle Corn	8 / 198g	G
818780 013123	59512	GMO	GF			+	X BOOMCHICKAPOP, Puffs, Sweet Chili	12 / 170g	G
818780 012935	59518		GF			+	X BOOMCHICKAPOP, Puffs, White Cheddar	12 / 170g	G

STORE NAME:

DELIVERY DATE REQUEST:

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052			Order
ANITA'S ORGANIC MILL BULK GRAINS - 40% OFF					
623636 200097	22105	B	* +	X Hard Red Spring Wheat Kernels, Organic	1 / 20kg
ANTOINETTE'S DIP & SAUCE (REFRIGERATED) - 20% OFF					
628399 100295	23122		BC	Dip & Sauce, Salt Spring	6 / 375ml
ARIZONA PEPPER'S HOT SAUCE - 7.5% OFF					
027328 120548	18182		GF *	Chipotle Habañero Sauce, Organic	12 / 148ml
027328 120296	18181		GF *	Habañero Pepper Sauce, Organic	12 / 148ml
027328 120043	18180		GF *	Jalapeño Pepper Sauce, Organic	12 / 148ml
AUGA READY TO EAT ORGANIC CURRY & SOUPS - 10% OFF					
4779039 732348	40916	GMO	*	NEW! Curry, Green w/Mung Beans & Black Rice (mild-med), Organic (pouch)	12 / 283g
4779039 732355	40915	GMO	*	NEW! Curry, Red w/Lentils & Shiitake Mushrooms (mild), Organic (pouch)	12 / 283g
4779039 732331	40917	GMO	*	NEW! Curry, Yellow w/Chickpeas & Chestnut Mushrooms (mild), Organic (pouch)	12 / 283g
4779039 732300	40918	GMO	*	NEW! Soup, Creamy Butternut Squash w/Sweet Potatoes, Organic (pouch)	10 / 400g
4779039 731105	40920	GMO	*	NEW! Soup, Creamy Mushroom, Organic (pouch)	10 / 400g
4779039 732270	40922	GMO	*	NEW! Soup, Creamy Sweet Corn, Organic (pouch)	10 / 400g
4779039 732324	40921	GMO	*	NEW! Soup, Spicy Curry w/Coconut Cream & Shiitake Mushrooms, Organic (pouch)	10 / 400g
4779039 732317	40923	GMO	*	NEW! Soup, Three Lentil, Organic (pouch)	10 / 400g
4779039 732287	40919	GMO	*	NEW! Soup, Vegan Chilli Bean w/Quinoa, Organic (pouch)	10 / 400g
BARBARA'S BAKERY CHEESE PUFFS - \$3.08 OFF					
070617 004722	36111			X Cheese Puffs, Baked, Original	12 / 155g G
070617 004739	36128			X Cheese Puffs, Baked, White Cheddar	12 / 155g G
070617 004708	36109			X Cheese Puffs, Original	12 / 198g G
070617 004715	36110			X Cheese Puffs, Jalapeño	12 / 198g G
BEYOND MEAT PLANT-BASED MEAT ALTERNATIVE (FROZEN) - UP TO 40% OFF					
810057 290237	56208	GMO	V	X Burger (6/pkg)	8 / 678g
810057 291159	56212	GMO	V	X NEW! Steak Tips (available April.3rd)	8 / 283g
BIG MOUNTAIN PLANT-BASED MEAT ALTERNATIVE (REFRIGERATED) - 15% OFF					
777744 000084	38008		V BC	Bites, MMM Mighty Mushroom	8 / 300g
777744 000077	38009		V BC	Bites, Sunny Superfood Breakfast	8 / 300g
777744 000008	38012		V BC	Mushroom Crumble, Lion's Mane	8 / 300g
777744 000046	38007		V BC	Veggie Grounds, Cauli Crumble	8 / 340g
BIOITALIA PRODUCTS - 10% OFF					
661475 101052	33180	GMO	*	NEW! Extra Virgin Olive Oil, Organic	6 / 500ml
661475 102165	33181	GMO	*	NEW! Sunflower Oil, Organic	6 / 750ml
661475 046049	33176	GMO	GF *	X NEW! Pasta, Multigrain Fusilli, Organic	12 / 340g
661475 071041	33177	GMO	GF *	X NEW! Pasta, Multigrain Penne Rigate, Organic	12 / 340g
661475 014048	33175	GMO	GF *	X NEW! Pasta, Multigrain Spaghetti, Organic	15 / 340g
661475 005008	33171	GMO	*	X Pasta, Vegetable, Fusilli, Organic	12 / 500g
BIO-K PLUS PROBIOTICS & PROBIOTIC CAPSULES - 10% OFF					
626608 007113	07453	GMO	GF +	X NEW! Active Probiotic Shot, Raspberry (12.5 billion CFU) (REFRIGERATED)	6 / 98g G
626608 007090	07454	GMO	GF +	X NEW! Active Probiotic Shot, Strawberry (12.5 billion CFU) (REFRIGERATED)	6 / 98g G
626608 014012	07387		+ +	Probiotic Capsules, Daily Care+ - 12.5 billion CFU	1 / 30ct G
626608 016016	07385		+ +	Probiotic Capsules, Daily Care+ - 25 billion	1 / 15ct G
626608 016023	07386		+ +	Probiotic Capsules, Daily Care+ - 25 billion	1 / 30ct G
BIOVERT PRODUCTS - 15% OFF					
776622 011211	80550		+ P	Automatic Dishwasher Tabs, Biodegradable (30 tabs)	6 / 480g G P
776622 011068	80528		+ P	Dishwashing Liquid, Citrus Fresh, Refill	2 / 4.43L G P
776622 011044	80523		+ P	Laundry Liquid, Fragrance Free, HE (High Efficiency) Certified	2 / 4.43L G P
BLISS BALLS ENERGY TRUFFLE BALLS - 10% OFF					
059443 252514	31400		BC P	X Energy Balls, Chocolate (2pk)	12 / 50g G
059443 252569	31402		BC P	X Energy Balls, Coconut (2pk)	12 / 50g G
059443 251012	31401		BC P	Energy Balls, Chocolate (6pk)	6 / 150g G
059443 251111	31403		BC P	Energy Balls, Coconut (6pk)	6 / 150g G
BLUE DIAMOND ALMOND FLOUR - \$8.64 OFF					
041570 147245	16184	GMO		Almond Flour, finely sifted	4 / 454g

STORE NAME:

DELIVERY DATE REQUEST:

UPC Code	Code	PSC Toll Free Order #'s Tel: 1-800-663-7604 Fax: 1-800-520-5052		Order
BLUE DIAMOND ALMOND BREEZE ALMOND BEVERAGE (REFRIGERATED) - \$2.50 OFF				
041570 109175	07220		ALMOND BREEZE, Original	6 / 1.89L U
041570 109182	07221		ALMOND BREEZE, Unsweetened Original	6 / 1.89L U
041570 109168	07223		ALMOND BREEZE, Unsweetened Vanilla	6 / 1.89L U
041570 109151	07222		ALMOND BREEZE, Vanilla	6 / 1.89L U
BLUE MONKEY PRODUCTS - UP TO 10% OFF + VOLUME PRICING				
059654 560040	05535	☞	Sparkling Juice Drink, Guava (can)	6 / 4x250ml G P U
059654 590047	05529	GMO ☞	Sparkling Juice Drink, Lychee (can)	6 / 4x250ml G P U
059654 530043	05531	☞	Sparkling Juice Drink, Mango (can)	6 / 4x250ml G P U
059654 540448	05532	☞	Sparkling Juice Drink, Papaya (can)	6 / 4x250ml G P U
059654 550041	05533	☞	Sparkling Juice Drink, Passion Fruit (can)	6 / 4x250ml G P U
059654 520044	05530	☞	Sparkling Juice Drink, Watermelon (can)	6 / 4x250ml G P U
059654 580048	05534	☞	Sparkling Juice Drink, Yuzu (can)	6 / 4x250ml G P U
Buy 5+ cases (4x250ml Sparkling Juice Skus Only)				Save 6.00
059654 590016	07075		X Sparkling Juice Drink, Lychee (can)	12 / 330ml G P U
059654 530012	07067	☞	X Sparkling Juice Drink, Mango (can)	12 / 330ml G P U
059654 520013	07336	GMO ☞	X Sparkling Juice Drink, Watermelon (can)	12 / 330ml G P U
Buy 5-15 cases (330ml Sparkling Juice Skus Only)				Save 3.12
Buy 16+ cases (330ml Sparkling Juice Skus Only)				Save 4.16
059654 410031	05522	GMO ☞	☞ X Sparkling Coco Mango (can)	12 / 330ml G P U
059654 410055	05524	GMO ☞	☞ X Sparkling Coco Watermelon (can)	12 / 330ml G P U
Buy 5-15 cases (330ml Sparkling Coconut Skus Only)				Save 2.70
Buy 16+ cases (330ml Sparkling Coconut Skus Only)				Save 3.60
059654 510014	07337	GMO ☞	☞ X Juice, 100% Watermelon (can)	12 / 330ml U
Buy 5-15 cases (07337 Only)				Save 3.12
Buy 16+ cases (07337 Only)				Save 4.16
059654 170034	06896	GMO ☞	☞ X Pure Coconut Water (can)	24 / 330ml U
Buy 5-15 cases (Original Coconut Water skus Only)				Save 4.87
Buy 16+ cases (Original Coconut Water skus Only)				Save 6.50
059654 133336	07072	GMO ☞	* ☞ X Pure Coconut Water, Organic (can)	12 / 500ml U
Buy 5-15 cases (Organic Skus Only)				Save 3.35
Buy 16+ cases (Organic Skus Only)				Save 4.46
059654 170027	06907	GMO ☞	☞ X Pure Coconut Water with Pulp (can)	24 / 520ml U
059654 170010	07060	GMO ☞	☞ X Pure Coconut Water (can)	24 / 520ml U
Buy 5-15 cases (Original Coconut Water skus Only)				Save 6.69
Buy 16+ cases (Original Coconut Water skus Only)				Save 8.92
059654 222221	07241	GMO ☞	* ☞ X Pure Coconut Water, Organic (Tetra Pak)	12 / 1L U
Buy 5-15 cases (Organic Skus Only)				Save 7.55
Buy 16+ cases (Organic Skus Only)				Save 10.06
059654 330018	02297	GMO ☞	* ☞ Coconut Cream, Organic	24 / 400ml
Buy 5-15 cases (Organic Skus Only)				Save 3.60
Buy 16+ cases (Organic Skus Only)				Save 4.80
059654 330025	02298	GMO ☞	* ☞ X NEW! Coconut Milk, Light, Organic	6 / 400ml
BOB'S RED MILL PRODUCTS - UP TO 18% OFF				
039978 003638	34264	GMO ☞	GF X Granola, Blueberry Lemon	6 / 312g
039978 003614	34263	GMO ☞	GF X Granola, Maple Sea Salt	6 / 312g
039978 003706	34265	GMO ☞	GF X Granola, Peanut Butter	6 / 312g
039978 325464	34203		GF X Large Flake Nutritional Yeast	4 / 142g
039978 323668	22851	GMO ☞	GF X Muesli, Gluten Free	4 / 453g
039978 341037	22850	GMO ☞	X Muesli, Old Country Style	4 / 510g
039978 351555	34270	GMO ☞	X Rolled Oats, Extra Thick	4 / 907g
039978 349545	30510	GMO ☞	* X Rolled Oats, Extra Thick, Organic	4 / 454g
039978 359544	30511	GMO ☞	* X Rolled Oats, Extra Thick, Organic	4 / 907g
039978 003799	34271	GMO ☞	X Rolled Oats, Old Fashioned	4 / 907g
039978 359520	34252	GMO ☞	* X Rolled Oats, Old Fashioned (regular), Organic	4 / 907g
039978 349521	30514	GMO ☞	* X Rolled Oats, Old Fashioned, Organic	4 / 454g
039978 003843	34272	GMO ☞	X Rolled Oats, Quick Cooking	4 / 907g
039978 339539	30512	GMO ☞	* X Rolled Oats, Quick Cooking, Organic	4 / 454g
039978 341211	30532		X Scottish Oatmeal	4 / 567g
039978 329561	30519	GMO ☞	* X Scottish Oatmeal, Organic	4 / 567g
039978 341402	30534	GMO ☞	X Steel Cut Oats	4 / 680g
039978 329578	30518	GMO ☞	* X Steel Cut Oats, Organic	4 / 680g
039978 106421	20251	GMO ☞	B GF NEW! Flour, Sorghum	1 / 25lb

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BRAGG PRODUCTS - UP TO \$15.96 OFF						
074305 101328	14076	GF	*	+	Apple Cider Vinegar, Organic	12 / 946ml
074305 106101	32179		*		Coconut Nectar, All Purpose Seasoning, Organic	12 / 296ml
074305 100161	14071	GMO	GF		Liquid Soy Seasoning	12 / 473ml
074305 100321	14072	GMO	GF		Liquid Soy Seasoning	12 / 946ml
074305 160028	33119	GF	*		Sprinkle, 24 Herbs & Spices Seasoning, Organic (shaker)	12 / 42.5g
BREW DR.KOMBUCHA KOMBUCHA (REFRIGERATED) - 40% OFF						
851107 003032	15227	GMO	*		Kombucha, Superberry, Organic (glass)	12 / 414ml G P U
BUBBIES PICKLES & SAUERKRAUT (REFRIGERATED) - 10% OFF						
038261 957368	51200	GMO		+	NEW! Pickles, Kosher Dill	6 / 1L
038261 957504	51201	GMO		+	NEW! Pickles, Traditional Bread & Butter Chips	6 / 1L
038261 957474	51204	GMO		+	NEW! Sauerkraut, Fermented	6 / 750ml
BUCHA BREW KOMBUCHA - 15% OFF						
628110 435354	17252	GMO	*	BC	Kombucha Lite, Grapefruit, Organic	6 / 4x355ml G P U
628110 435347	17251	GMO	*	BC	Kombucha Lite, Lemon, Organic	6 / 4x355ml G P U
628110 435293	17227			BC	Kombucha, Blueberry (REFRIGERATED)	12 / 355ml G P U
628110 435262	17225			BC	Kombucha, Ginger (REFRIGERATED)	12 / 355ml G P U
628110 435286	17229			BC	Kombucha, Grapefruit (REFRIGERATED)	12 / 355ml G P U
628110 435224	17216			BC	Kombucha, Mango (REFRIGERATED)	12 / 355ml G P U
628110 435231	17215			BC	Kombucha, Passionfruit (REFRIGERATED)	12 / 355ml G P U
628110 435415	17241			BC	Kombucha, Pineapple (REFRIGERATED)	12 / 355ml G P U
628110 435279	17226			BC	Kombucha, Raspberry (REFRIGERATED)	12 / 355ml G P U
CABOO TREE-FREE PRODUCTS - UP TO 20% OFF						
628451 738022	46454	GMO			Bamboo Baby Wipes	12 / 30ct G P
628451 738015	46453	GMO			Bamboo Baby Wipes w/ Aloe	12 / 72ct G P
627843 202738	46291	GMO			Bath Tissue (300 sheets per roll)	10 / 4pk G P
627843 202776	46293	GMO			Bath Tissue (300 sheets per roll)	6 / 12pk G P
628451 738510	46311	GMO			Bath Tissue (300 sheets per roll)	6 / 9pk G P
627843 347897	46305	GMO			Bath Tissue, Plastic Free Wap (300 sheets per roll)	3 / 24pk G P
628451 738459	46309	GMO			Bath Tissue (500 sheets per roll)	24 / 1ea G P
627843 202783	46452	GMO			Facial Tissue Cube	12 / 60ct G P
627843 347835	46451	GMO			Facial Tissue	12 / 120ct G P
627843 202813	46296	GMO			Napkins	16 / 1x250ct G P
627843 202790	46450	GMO			Paper Towels (75 sheets per roll)	12 / 2x75ct G P
628451 738176	46312	GMO			Paper Towels, Plastic Free Wrap (75 sheets per roll)	8 / 3pk G P
628451 738084	46310	GMO			Paper Towels (75 sheets per roll)	4 / 6pk G P
CASBAH AUTHENTIC GRAIN & MIXES - 15% OFF						
072934 692477	38528	GMO			Couscous, Original	12 / 340g
072934 000081	38531	GMO			Couscous, Pearl	8 / 180g
072934 000111	38530	GMO	*		Couscous, Pearl, Organic	6 / 600g
072934 692309	33051	GMO			Mix, Falafel	12 / 284g
072934 692279	33059	GMO			Mix, Tabouli Salad	12 / 170g
CHA'S ORGANICS PRODUCTS - UP TO \$4.12 OFF						
806253 786223	12732	GMO	*		Curry Paste, Green (hot), Organic	6 / 55g
806253 786209	12730	GMO	*		Curry Paste, Red (med), Organic	6 / 55g
806253 786216	12731	GMO	*		Curry Paste, Yellow (mild), Organic	6 / 55g
806253 310220	15255	GMO	*		Mango Chunks, Organic (can)	12 / 400ml
806253 310237	15256	GMO	*		Pineapple Chunks, Organic (can)	12 / 400ml
CHASERS 100% COLD-PRESSED BEVERAGES (REFRIGERATED) - 10% OFF						
628242 717014	58587			BC	NEW! Cider, Apple - apple/cinnamon/nutmeg/lemon/org. simple syrup	6 / 1L U
628242 717090	58588			BC	NEW! Cider, Cranberry - cranberry/cinnamon/nutmeg/lemon/org. simple syrup	6 / 1L U
628242 717045	58590			BC	NEW! Lemonade	6 / 1L U
628242 717069	58591			BC	NEW! Lemonade, Blueberry	6 / 1L U
628242 717052	58589			BC	NEW! Lemonade, Pink (strawberry)	6 / 1L U
628242 710084	58556			BC	NEW! Juice, Beet Rejuvenation - orange/carrot/beet/ginger	6 / 500ml U
628242 710091	58582			BC	NEW! Juice, Cold K - lemon/ginger/honey	6 / 500ml U
628242 710206	58564			BC	NEW! Juice, Orange	6 / 500ml U
628242 710060	58572			BC	NEW! Juice, Supremely Kale - kale/spinach/apple/ginger/cucumber/celery/lemon	6 / 500ml U
628242 710077	58560			BC	NEW! Juice, Taking Care of Business - spinach/apple/cucumber/celery/ginger/le	6 / 500ml U

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628242 710107	58552	BC	Ⓟ	X	NEW! Juice, Turmeric Sunrise - apple/pear/carrot/lemon/ginger/turmeric	6 / 500ml		U	
628242 717021	58586	BC	Ⓟ		NEW! Juice, Pure BC Apple	6 / 1L		U	
628242 710015	58557	BC	Ⓟ		NEW! Juice, Beet Rejuvenation - orange/carrot/beet/ginger	6 / 1L		U	
628242 710039	58583	BC	Ⓟ		NEW! Juice, Cold K - lemon/ginger/honey	6 / 1L		U	
628242 710190	58565	BC	Ⓟ		NEW! Juice, Orange	6 / 1L		U	
628242 710022	58573	BC	Ⓟ		NEW! Juice, Supremely Kale - kale/spinach/apple/ginger/cucumber/celery/lemon	6 / 1L		U	
628242 710053	58561	BC	Ⓟ		NEW! Juice, Taking Care of Business - spinach/apple/cucumber/celery/ginger/le	6 / 1L		U	
628242 710046	58553	BC	Ⓟ		NEW! Juice, Turmeric Sunrise - apple/pear/carrot/lemon/ginger/turmeric	6 / 1L		U	
CLIF PERFORMANCE & SNACK BARS - UP TO \$2.52 OFF									
722252 121073	37912			X	CLIF BAR, Blueberry Almond Crisp	12 / 68g		G	
722252 120229	36249			X	CLIF BAR, Chocolate Almond Fudge	12 / 68g		G	
722252 121066	37890			X	CLIF BAR, Chocolate Brownie	12 / 68g		G	
722252 120045	36256			X	CLIF BAR, Chocolate Chip	12 / 68g		G	
722252 120090	36264			X	CLIF BAR, Chocolate Chip Peanut Crunch	12 / 68g		G	
722252 140036	36259			X	CLIF BAR, Cool Mint Chocolate	12 / 68g		G	
722252 120083	36262			X	CLIF BAR, Crunchy Peanut Butter	12 / 68g		G	
722252 102706	36761			X	CLIF BAR, Oatmeal Raisin Walnut	12 / 68g		G	
722252 217950	37900			X	CLIF BAR, Peanut Butter Banana w/ Dark Chocolate	12 / 68g		G	
722252 121097	37425			X	CLIF BAR, White Chocolate Macadamia Nut	12 / 68g		G	
 CRAVE STEVIA CHOCOLATE CHIPS & SWEETENER - 10% OFF									
884063 000692	23032	GMO		BC	Ⓟ	Chocolate Chips	6 / 200g		
884063 000678	23030	GMO	*	BC	Ⓟ	Stevia Bakers Blend, Brown, Organic	6 / 380g		
884063 000661	23031	GMO	*	BC	Ⓟ	Stevia Bakers Blend, White, Organic	6 / 380g		
884063 000500	23034	GMO	*	BC	Ⓟ	Stevia, Natural (shaker jar), Organic	6 / 45g		
884063 300013	23033	GMO	*		Ⓟ	SWEETNESS, Pure Erythritol, Organic	6 / 400g		
 CRICH CRACKERS WITH EXTRA VIRGIN OLIVE OIL - 10% OFF									
8008620 071006	40924		GF	X	NEW! Crackers, Gluten-Free (6pkt)	10 / 200g			
8008620 050506	40925	GMO	*	X	NEW! Crackers, Salted, Organic (8pkt)	12 / 250g			
8008620 050544	40926	GMO	*	X	NEW! Crackers, Sesame & Rosemary, Organic (8pkt)	12 / 250g			
8008620 050537	40927	GMO	*	X	NEW! Crackers, Tomato & Oregano, Organic (8pkt)	12 / 250g			
 CROFTER'S ORGANIC FRUIT SPREAD - UP TO \$2.91 OFF									
067275 000661	42662	GMO	*	+	Ⓟ X JUST FRUIT Juice Sweetened, Apricot, Organic	6 / 235ml			
067275 000623	42660	GMO	*	+	Ⓟ X JUST FRUIT Juice Sweetened, Raspberry, Organic	6 / 235ml			
067275 000586	42119	GMO	*	+	Ⓟ X JUST FRUIT Juice Sweetened, Seville Orange, Organic	6 / 235ml			
067275 000616	42658	GMO	*	+	Ⓟ X JUST FRUIT Juice Sweetened, Strawberry, Organic	6 / 235ml			
067275 000654	42659	GMO	*	+	Ⓟ X JUST FRUIT Juice Sweetened, Wild Blueberry, Organic	6 / 235ml			
067275 006106	42677	GMO	*	+	Ⓟ X Premium Spread, Apricot, Organic	6 / 383ml			
067275 006052	42670	GMO	*	+	Ⓟ X Premium Spread, Berry Harvest, Organic	6 / 383ml			
067275 006113	42678	GMO	*	+	Ⓟ X Premium Spread, Blackberry, Organic	6 / 383ml			
067275 006120	42676	GMO	*	+	Ⓟ X Premium Spread, Four Fruit, Organic	6 / 383ml			
067275 006137	42680	GMO	*	+	Ⓟ X Premium Spread, Mango, Organic	6 / 383ml			
067275 006144	42679	GMO	*	+	Ⓟ X Premium Spread, Morello Cherry, Organic	6 / 383ml			
067275 006083	42674	GMO	*	+	Ⓟ X Premium Spread, Peach, Organic	6 / 383ml			
067275 006014	42654	GMO	*	+	Ⓟ X Premium Spread, Seedless Raspberry, Organic	6 / 383ml			
067275 006021	42652	GMO	*	+	Ⓟ X Premium Spread, Strawberry, Organic	6 / 383ml			
067275 006045	42672	GMO	*	+	Ⓟ X Premium Spread, Wild Blueberry, Organic	6 / 383ml			
067275 006069	42671	GMO	*	+	Ⓟ X SUPERFRUIT, Blueberry Blast, Organic	6 / 383ml			
067275 006076	42673	GMO	*	+	Ⓟ X SUPERFRUIT, Pomegranate Power, Organic	6 / 383ml			
 CULTURE CRAFT KOMBUCHA (REFRIGERATED) - 10% OFF									
628176 059211	17330	BC	Ⓟ	X	Blueberry Ginger (can)	12 / 355ml		G P U	
628176 059242	17331	BC	Ⓟ	X	Cherry Cream Soda (can)	12 / 355ml		G P U	
628176 059228	17332	BC	Ⓟ	X	Lavender Lemonade (can)	12 / 355ml		G P U	
628176 059235	17333	BC	Ⓟ	X	Peach Basil (can)	12 / 355ml		G P U	
628176 059266	17334	BC	Ⓟ	X	Raspberry Rose (can)	12 / 355ml		G P U	
628176 059259	17335	BC	Ⓟ	X	Strawberry Mojito (can)	12 / 355ml		G P U	

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DAIYA PRODUCTS - UP TO 11% OFF					
871459 002385	50160	GMO	GF V	BC P X Cheezecake, Chocolate (FROZEN)	8 / 400g
871459 002378	50158	GMO	GF V	BC P X Cheezecake, Key Lime (FROZEN)	8 / 400g
871459 002361	50157	GMO	GF V	BC P X Cheezecake, New-York (FROZEN)	8 / 400g
871459 002392	50159	GMO	GF V	BC P X Cheezecake, Strawberry (FROZEN)	8 / 400g
871459 001197	50143	GMO	GF V	BC P Creamy Spread, Chive & Onion (REFRIGERATED)	6 / 227g
871459 001203	50500	GMO	GF V	BC P Creamy Spread, Garlic & Herb (REFRIGERATED)	6 / 227g
871459 001173	50141	GMO	GF V	BC P Creamy Spread, Plain (REFRIGERATED)	6 / 227g
871459 002347	50162	GMO	GF V	BC P Deluxe Mac & Cheeze, Alfredo Flavour	8 / 300g
871459 002330	50161	GMO	GF V	BC P Deluxe Mac & Cheeze, Cheddar Flavour	8 / 300g
871459 002354	50163	GMO	GF V	BC P Deluxe Mac & Cheeze, White Cheddar Flavour	8 / 300g
871459 002255	50326	GMO	GF V	P NEW! DAIRY-FREE MAC & CHEESE, Cheddar	12 / 156g
871459 002279	50327	GMO	GF V	P NEW! DAIRY-FREE MAC & CHEESE, White Cheddar	12 / 156g
DANDIES VEGAN MARSHMALLOWS - \$4.00 OFF					
897581 000372	02370	GMO	V	X Marshmallows, Mini Vanilla Flavoured	12 / 283g G
897581 000365	02260	GMO	V	X Marshmallows, Vanilla Flavoured	12 / 283g G
DEEBEE'S ORGANICS FREEZER POPS - UP TO \$5.38 OFF					
838913 001100	39092	GMO	*	P X NEW! Gelato Pops, Organic (made w/coconut milk) (shelf-stable)	12 / 8x40ml G
838913 000202	39099	GMO	*	P X SUPERFRUIT Freezie, Organic (shelf stable)	18 / 10x40ml G
8389130 00509	39094	GMO	*	P X SUPERFRUIT Freezie, Tropical, Organic (shelf stable)	18 / 10x40ml G
DIVINE CHOCOLATE BAR - 15% OFF					
852749 004074	35606		V @	X Dark Chocolate w/Ginger & Orange, 70% Cocoa	12 / 85g G
852749 004067	35601	GMO	V @	X Dark Chocolate w/Mint, 70% Cocoa	12 / 85g G
852749 004050	35608	GMO	V @	X Dark Chocolate w/Pink Himalayan Salt, 60% Cocoa	12 / 85g G
852749 004081	35605	GMO	V @	X Dark Chocolate w/Raspberries, 70% Cocoa	12 / 85g G
852749 004043	35600	GMO	V @	X Dark Chocolate, 70% Cocoa	12 / 85g G
852749 004036	35607	GMO	V @	X Dark Chocolate, 85% Cocoa	12 / 85g G
852749 004012	35602		@	X Milk Chocolate	12 / 85g G
852749 004029	35604		@	X Milk Chocolate w/ Sea Salt and Toffee	12 / 85g G
852749 004791	35603		@	X White Chocolate w/Strawberries	12 / 85g G
DUMET OLIVES - 10% OFF					
817861 010044	48030			A La Grecque Moroccan Black (pouch)	10 / 200g
817861 010631	48039	GMO	*	Amphisola Green Greek, Pitted, Organic	10 / 270g
817861 010662	48054		*	Chergnola Green Italian, Organic (pouch)	10 / 270g
817861 010181	48034			Chalkidiki Greek (pouch)	10 / 200g
817861 010051	48031			Chalkidiki Greek, Almond Stuffed (pouch)	10 / 150g
817861 010068	48032			Chalkidiki Greek, Garlic Stuffed (pouch)	10 / 150g
817861 010006	48035			Hojiblanca Black Spanish, Pitted (pouch)	10 / 150g
817861 010013	48036			Hojiblanca Green Spanish, Pitted (pouch)	10 / 150g
817861 010037	48037			Kalamata Greek (pouch)	10 / 200g
817861 010617	48040	GMO	*	Kalamata Greek, Organic (pouch)	10 / 270g
817861 010686	48055			Leccino Black Italian (pouch)	10 / 150g
817861 010020	48038			Manzanilla Green Spanish, Pimento Stuffed (pouch)	10 / 200g
EARTH BALANCE SPREAD (REFRIGERATED) - \$5.00 OFF					
033776 111700	51110		V	Traditional Spread, Olive Oil	6 / 368g
033776 011840	51100		V *	Traditional Spread, Organic	12 / 368g
033776 011727	42003		V	Traditional Spread, Original	12 / 425g
033776 011697	51104		V	Traditional Spread, Soy Free	12 / 425g
EARTH FRIENDLY DISHWASHING PRODUCTS - \$1.53 OFF					
749174 097217	80737			Dishmate™ Free & Clear Dish Liquid	6 / 739ml G P
749174 097224	80672			Dishmate™ Grapefruit Dish Liquid	6 / 739ml G P
EARTHBOUND FARM ORGANIC FRUIT & VEGETABLES (FROZEN) - 10% OFF					
032601 954154	63040	GMO	*	X Blueberries, Organic (bag)	6 / 900g
032601 954192	63044	GMO	*	X Broccoli Florets, Organic	6 / 750g
032601 954208	63045	GMO	*	X Corn, Sweet, Organic (bag)	6 / 900g
032601 954161	63041	GMO	*	X Mango Chunks, Organic (bag)	6 / 900g
032601 954215	63046	GMO	*	X Peas, Green, Organic (bag)	6 / 900g
032601 954185	63043	GMO	*	X Strawberries, Sliced, Organic (bag)	6 / 900g
032601 954178	63042	GMO	*	X Triple Berry Blend - blueberries/blackberries/raspberries, Organic (bag)	6 / 900g

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EARTH'S OWN NON-DAIRY BEVERAGE - 10% OFF							
626027 814071	07345	BC	Ⓟ	Barista Oat (Tetra Pak)	12 / 946ml		_____
626027 700121	07145 GMO	+	Ⓟ	Almond, Unsweetened Original (Tetra Pak)	12 / 946ml	U	_____
626027 114041	08316 GMO	BC	Ⓟ	Almond, Unsweetened Vanilla (Tetra Pak)	12 / 946ml	U	_____
626027 814057	07347 GMO	@ BC	Ⓟ	Oat, Chocolate (Tetra Pak)	12 / 946ml	U	_____
626027 814026	07343 GMO	BC	Ⓟ	Oat, Original (Tetra Pak)	12 / 946ml	U	_____
626027 814040	07344 GMO	BC	Ⓟ	Oat, Vanilla (Tetra Pak)	12 / 946ml	U	_____
626027 087703	06917	BC	Ⓟ	SO NICE Barista Soy (Tetra Pak)	12 / 946ml		_____
626027 087819	07233 GMO	*	BC	SO NICE Almond Unsweetened, Original, Organic (gable top) (REFRIGERATED)	6 / 1.75L	U	_____
626027 871029	07353 GMO	*	BC	NAKED Oat, Original, Organic (gable top)	6 / 1.75L	U	_____
626027 811056	07346 GMO	@ BC	Ⓟ	Oat, Chocolate (gable top) (REFRIGERATED)	6 / 1.75L	U	_____
626027 811025	07327 GMO	BC	Ⓟ	Oat Original (gable top) (REFRIGERATED)	6 / 1.75L	U	_____
626027 811049	07328 GMO	BC	Ⓟ	Oat Vanilla (gable top) (REFRIGERATED)	6 / 1.75L	U	_____
626027 087802	07232 GMO	*	BC	SO NICE Almond Original, Organic (gable top)	6 / 1.75L	U	_____
626027 121049	07602 GMO	*	BC	SO NICE Almond Unsweetened, Vanilla, Organic (gable top) (REFRIGERATED)	6 / 1.75L	U	_____
626027 221015	08331 GMO	*	BC	NEW! Soy, Original, Organic (gable ctn) (REFRIGERATED)	6 / 1.75L	U	_____
626027 221022	08330 GMO	*	BC	NEW! Soy, Unsweetened, Original, Organic (gable ctn) (REFRIGERATED)	6 / 1.75L	U	_____
626027 700015	06901 GMO	BC	Ⓟ	Almond, Original (gable top) (REFRIGERATED)	6 / 1.89L	U	_____
626027 700039	06905 GMO	BC	Ⓟ	Almond Unsweetened, Original (gable top) (REFRIGERATED)	6 / 1.89L	U	_____
626027 700060	07248 GMO	BC	Ⓟ	Almond Unsweetened, Vanilla (gable top) (REFRIGERATED)	6 / 1.89L	U	_____
626027 700022	06903 GMO	BC	Ⓟ	Almond, Vanilla (gable top) (REFRIGERATED)	6 / 1.89L	U	_____
EARTH'S OWN NON-DAIRY CREAMERS (REFRIGERATED) - 20% OFF							
626027 712179	08321 GMO	BC	Ⓟ	Oat Creamer, French Vanilla	6 / 946ml		_____
626027 712155	08320 GMO	BC	Ⓟ	Oat Creamer, Original	6 / 946ml		_____
626027 712186	08322 GMO	BC	Ⓟ	Oat Creamer, Salted Caramel	6 / 946ml		_____
ECO-MAX LAUNDRY PRODUCTS - \$12.00 OFF							
853907 001058	80701	+	Ⓟ	Laundry Wash, Hypoallergenic (scent free)	4 / 3L	G P	_____
853907 001065	80702	+	Ⓟ	Laundry Wash, Natural Lavender	4 / 3L	G P	_____
853907 001171	80707	+	Ⓟ	Laundry Wash, Natural Orange	4 / 3L	G P	_____
EDEN PRODUCTS - UP TO \$5.41 OFF							
024182 157693	24004	GF		X Sushi Nori (7ct)	6 / 17g		_____
024182 020847	35061	GF	*	X Pumpkin Seeds, Dry Roasted, Organic	15 / 113g	G	_____
EDWARD & SONS EXOTIC RICE TOAST - \$3.67 OFF							
043182 000628	16543	GF		EXOTIC RICE TOAST, Purple Rice & Black Sesame	12 / 65g		_____
ELIAS HONEY - 10% OFF							
055013 000318	44069	+	Ⓟ	Liquid Squeeze Honey Bear, Unpasteurized, Canada #1 White	12 / 375g		_____
055013 000226	44068	BC	Ⓟ	Liquid Squeeze Honey, Canada #1 White	12 / 500g		_____
055013 000127	44067	BC	Ⓟ	Liquid Squeeze Honey, Canada #1 White	12 / 1kg		_____
EVIVE SMOOTHIE CUBES (FROZEN) - 10% OFF							
628110 947048	24703 GMO	+	Ⓟ	X Asana	8 / 405g		_____
628110 947246	24708 GMO	+	Ⓟ	X Azteque	8 / 405g		_____
628110 947055	24704 GMO	*	+	X Pure, Organic	8 / 405g		_____
628110 947017	24700 GMO	+	Ⓟ	X Samourai	8 / 405g		_____
628110 947239	24707 GMO	+	Ⓟ	X Saphir	8 / 405g		_____
628110 947253	24709 GMO	+	Ⓟ	X Sunrize	8 / 405g		_____
628110 947024	24701 GMO	*	+	X Touk-Touk, Organic	8 / 405g		_____
628110 947079	24706 GMO	+	Ⓟ	X Viva	8 / 405g		_____
628110 947031	24702 GMO	*	+	X Yogi, Organic	8 / 405g		_____
EVIVE BLENDER FREE SMOOTHIE CUBES & SMOOTHIE POPS (FROZEN) - 10% OFF							
628110 947680	24714 GMO	+	Ⓟ	X NEW! Probiotic, Mango Kiwi Lemonade	10 / 150g		_____
628110 947673	24713 GMO	+	Ⓟ	X NEW! Protein, Mocha Frappe	10 / 150g		_____
628110 947550	24715 GMO	+	Ⓟ	X NEW! Smoothie Pops, Strawberry Mango	8 / 5x50g	G	_____
628110 947543	24716 GMO	+	Ⓟ	X NEW! Smoothie Pops, Peach	8 / 5x50g	G	_____
628110 947536	24717 GMO	+	Ⓟ	X NEW! Smoothie Pops, Dragon Fruit	8 / 5x50g	G	_____
FATSO PEANUT BUTTER - 10% OFF							
627843 710691	42077 GMO	GF V	+	Ⓟ Peanut Butter, Classic	12 / 500g		_____
627987 075830	42079 GMO	GF V	+	Ⓟ Peanut Butter, Crunchy Salted Caramel	12 / 500g		_____
627987 075847	42080 GMO	GF V	+	Ⓟ Peanut Butter, Maple	12 / 500g		_____
FERIDIES PEANUTS - 15% OFF							
045518 001125	34702 GMO			Virginia Peanuts, Salted	12 / 255g	G	_____

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FIELD ROAST CO. CHAO SLICES & PLANT BASED MEAT ALTERNATIVES (REFRIGERATED) - 15% OFF										
638031 705702	65115		V			X CHAO slices, Creamy Original (10 slices)	8 / 200g			
638031 606504	65250	GMO	V			X FIELDBURGER (4pk)	12 / 368g			
638031 612284	65251	GMO	V			X Frankfurters (4pk)	12 / 340g			
638031 612154	65252	GMO	V			X Sausages, Italian (4pk)	12 / 368g			
638031 612161	65254	GMO	V			X Sausages, Mexican Chipotle (4pk)	12 / 368g			
638031 612178	65253	GMO	V			X Sausages, Smoked Apple Sage (4pk)	12 / 368g			
FLOW ALKALINE SPRING WATER - UP TO \$1.88 OFF										
628055 429883	06021	GMO	*	+	Ⓟ	X Spring Water, Blackberry Hibiscus, Organic (Tetra)	12 / 500ml	G	U	
628055 429258	06022	GMO	*	+	Ⓟ	X Spring Water, Cucumber Mint, Organic (Tetra)	12 / 500ml	G	U	
840277 000903	06023	GMO	*	+	Ⓟ	X Spring Water, Peach Blueberry, Organic (Tetra)	12 / 500ml	G	U	
628055 429579	06024	GMO	*	+	Ⓟ	X Spring Water, Strawberry Rose, Organic (Tetra)	12 / 500ml	G	U	
627843 463757	06020			+	Ⓟ	X Spring Water, Original (Tetra)	12 / 500ml		U	
627843 463788	06025			+	Ⓟ	X Spring Water, Original (Tetra)	12 / 1L		U	
FOUR O'CLOCK TEA - 10% OFF										
779192 402229	12972	GMO	*	@	+	Ⓟ	NEW! Green Tea, Jasmine, Organic	6 / 16ct		
779192 202225	12975	GMO	*	@	+	Ⓟ	NEW! Herbal Tea, Peppermint, Organic	6 / 16ct		
GARDEIN MEAT-FREE ALTERNATIVE (FROZEN) - \$2.50 OFF										
842234 000889	54274	GMO				X Barbecue Wings, Sweet and Tangy	8 / 255g			
842234 001091	65000	GMO				X Beefless Ground	8 / 390g			
842234 401976	65040	GMO				X Bowl, Chick'n Teriyaki	8 / 241g			
842234 401990	65041	GMO				X Breakfast Saus'age Patties, Maple	8 / 190g			
842234 402003	65042	GMO				X Breakfast Saus'age Patties, Original	8 / 190g			
842234 001350	65052	GMO		+		X Chick'n Nuggets	8 / 245g			
842234 001411	65006	GMO				X Chick'n Sliders Mini Burgers w/buns	6 / 320g			
842234 003200	54270	GMO				X Chick'n Strips	8 / 225g			
842234 001374	65050	GMO		+		X Chick'n Tenders, Nashville-Style Hot	8 / 230g			
842234 000872	54273	GMO				X Crispy Chick'n, Mandarin Orange	8 / 300g			
842234 000896	54275	GMO				X Crispy Fingers, Chipotle Lime	8 / 270g			
842234 000643	54534	GMO				X Crispy Tenders, Seven Grain	8 / 255g			
842234 002227	65037	GMO				X Fish-Free Crabless Cakes	8 / 205g			
842234 001701	65009	GMO				X Fish-Free Golden Fillets	8 / 288g			
842234 001718	65028	GMO		+		X Meatless Meatballs, Classic	8 / 360g			
842234 003224	54271	GMO		+		X Porkless Bites, Sweet & Sour	8 / 255g			
842234 007147	65013	GMO		+		X SUPREME Burger (2pk)	8 / 226g			
842234 001756	65014	GMO		+		X SUPREME Burger, Black Bean (2pk)	8 / 226g			
842234 001824	65015	GMO		+		X SUPREME Burger, Falafel (2pk)	8 / 226g			
842234 001145	65036	GMO				X Turk'y Cutlets w/Gravy	8 / 300g			
GIMME ORGANIC ROASTED SEAWEED - \$4.80 OFF										
855463 005273	24165	GMO	GF	V	*	X Roasted Seaweed, Sea Salt & Avocado Oil, Organic	12 / 9g	G		
851093 004679	24162	GMO	GF	*		X Roasted Seaweed Snacks, Sesame, Organic	12 / 10g	G		
851093 004662	25163	GMO	GF	*		X Roasted Seaweed Snacks, Sea Salt, Organic	12 / 10g	G		
851093 004693	24169	GMO	GF	*		X Roasted Seaweed Snacks, Teriyaki, Organic	12 / 10g	G		
GLUTINO PRODUCTS - UP TO \$6.00 OFF										
678523 070345	16493		GF		+	X Cookies, Chocolate Chip	12 / 245g			
678523 038451	16422		GF			X Crackers (Rounds), Cheddar	6 / 125g			
678523 038475	16423		GF			X Crackers (Rounds), Multigrain	6 / 125g			
678523 038512	16421		GF			X Crackers (Rounds), Original	6 / 125g			
678523 070321	16495		GF		+	X Cream Sandwich Cookies, Chocolate Vanilla Crème Dreams	12 / 300g			
678523 070307	16494		GF		+	X Cream Sandwich Cookies, Vanilla Crème Dreams	12 / 300g			
678523 040119	37333		GF		+	X Pretzel Sticks	12 / 400g	G		
678523 040072	36160		GF		+	X Pretzels	12 / 400g	G		
678523 040225	37310		GF		+	X Pretzels, Chocolate Covered	12 / 156g	G		
678523 040249	37311		GF		+	X Pretzels, Yogurt Covered	12 / 156g	G		
678523 010402	38533		GF		+	X Wafer Cookies, Chocolate, Milk Chocolate Coated	12 / 130g			
678523 010419	38535		GF		+	X Wafer Cookies, Lemon	12 / 200g			
678523 010426	38534		GF		+	X Wafer Cookies, Vanilla, Milk Chocolate Coated	12 / 130g			
GOBIO! PRODUCTS - 10% OFF										
687789 051111	45301	GMO	*		Ⓟ	Bouillon Cubes, Beef, Organic	15 / 66g			
687789 051005	45306	GMO	*		Ⓟ	Bouillon Cubes, Chicken (no salt), Organic	15 / 54g			
687789 051159	45302	GMO	*		Ⓟ	Bouillon Cubes, Chicken, Organic	15 / 66g			
687789 051135	45304	GMO	*		Ⓟ	Bouillon Cubes, Mushroom (yeast free), Organic	15 / 66g			
687789 051128	45303	GMO	*		Ⓟ	Bouillon Cubes, Onion (yeast free), Organic	15 / 66g			
687789 051012	45307	GMO	*		Ⓟ	Bouillon Cubes, Vegetable (no salt), Organic	15 / 54g			
687789 051142	45305	GMO	*		Ⓟ	Bouillon Cubes, Vegetable (yeast free), Organic	15 / 66g			
687789 051203	45300	GMO	*		Ⓟ	Bouillon Cubes, Vegetable, Organic	15 / 66g			

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687789 051234	45312	GMO	*	Ⓟ	Broth Powder, Chicken (low sodium), Organic (jar)	6 / 75g			
687789 051241	45313	GMO	*	Ⓟ	Broth Powder, Chicken (low sodium), Organic (pkt)	8 / 150g			
687789 051210	45310	GMO	*	Ⓟ	Broth Powder, Vegetable (yeast free), Organic (jar)	6 / 100g			
687789 051227	45311	GMO	*	Ⓟ	Broth Powder, Vegetable (yeast free), Organic (pkt)	8 / 200g			
687789 021138	45330	GMO	*	Ⓟ	Gravy Cubes, Brown, Organic	15 / 60g			
687789 021121	45331	GMO	*	Ⓟ	Gravy Cubes, Poultry, Organic	15 / 60g			
GOMACRO MACROBAR - UP TO \$2.40 OFF + VOLUME PRICING									
853555 006689	10910	GMO	GF V *	X	MACROBAR Everlasting Joy - coconut + almond butter + chocolate chips, Organic	12 / 65g	G		
810039 910115	10912	GMO	GF V *	X	MACROBAR Heartwarming Retreat - oatmeal chocolate chip, Organic	12 / 65g	G		
181945 000154	10908	GMO	GF V *	X	MACROBAR Prolonged Power - banana + almond butter, Organic	12 / 65g	G		
853555 006412	10914	GMO	GF V *	X	MACROBAR Protein Decadence - dark chocolate + almonds, Organic	12 / 65g	G		
181945 000062	10900	GMO	GF V *	X	MACROBAR Protein Pleasure - peanut butter chocolate chip, Organic	12 / 65g	G		
181945 000147	10905	GMO	GF V *	X	MACROBAR Protein Replenishment - peanut butter, Organic	12 / 65g	G		
810039 910085	10911	GMO	GF V *	X	MACROBAR Pure Promise - maple sea salt, Organic	12 / 65g	G		
810039 910146	10913	GMO	GF V *	X	MACROBAR Smooth Sanctuary - double chocolate + peanut butter chips, Organic	12 / 65g	G		
Buy 8+ cases						Save	0.40		
GOODVIBES JUICE CO GOODVIBES SHOTS+ - 10% OFF									
628250 941272	80732			+ Ⓟ X	Shots, Get Well + Elderberry/Ginger/Hibiscus	12 / 50ml	U		
628250 941180	80731			+ Ⓟ X	Shots, Sick Day + Echinaces/Ginger/Cayenne	12 / 50ml	U		
628250 941296	80733			+ Ⓟ X	Shots, Turmeric Daily + Turmeric/Ginger/Chamomile	12 / 50ml	U		
GREEN TABLE FERMENTS CONDIMENTS (REFRIGERATED) - 10% OFF									
180071 000274	19606			+ Ⓟ	NEW! Dill Pickles	6 / 750ml			
GTS ALIVE ANCIENT MUSHROOM ELIXIR & SYNERGY RAW KOMBUCHA (REFRIGERATED) - UP TO \$6.21 OFF									
722430 160214	05120	GMO			ALIVE Mushroom Elixir, Cola (glass)	12 / 480ml	G P U		
722430 160238	05121	GMO			ALIVE Mushroom Elixir, Lemon Lime (glass)	12 / 480ml	G P U		
722430 170039	05186	GMO			ALIVE Mushroom Elixir, Root Beer (glass)	12 / 480ml	G P U		
722430 300177	05138	GMO			SYNERGY Kombucha, Cosmic Cranberry (glass)	12 / 480ml	G P U		
722430 800172	05137	GMO			SYNERGY Kombucha, Divine Grape (glass)	12 / 480ml	G P U		
722430 200170	05135	GMO			SYNERGY Kombucha, Gingerade (glass)	12 / 480ml	G P U		
722430 600178	05182	GMO			SYNERGY Kombucha, Gingerberry (glass)	12 / 480ml	G P U		
722430 420172	05400	GMO			SYNERGY Kombucha, Golden Pineapple (glass)	12 / 480ml	G P U		
722430 900179	05215	GMO			SYNERGY Kombucha, Guava Goddess (glass)	12 / 480ml	G P U		
722430 710174	05405	GMO			SYNERGY Kombucha, Lemon Berry (glass)	12 / 480ml	G P U		
722430 140179	05136	GMO			SYNERGY Kombucha, Multi-Green (glass)	12 / 480ml	G P U		
722430 500171	05214	GMO			SYNERGY Kombucha, Mystic Mango (glass)	12 / 480ml	G P U		
722430 750170	05130	GMO			SYNERGY Kombucha, Peach Paradise (glass)	12 / 480ml	G P U		
722430 000176	05134	GMO			SYNERGY Kombucha, Pure (glass)	12 / 480ml	G P U		
722430 920177	05187	GMO			SYNERGY Kombucha, Sacred Life (glass)	12 / 480ml	G P U		
722430 910178	05403	GMO			SYNERGY Kombucha, Strawberry Lemonade (glass)	12 / 480ml	G P U		
722430 400174	05131	GMO			SYNERGY Kombucha, Strawberry Serenity (glass)	12 / 480ml	G P U		
722430 110172	05139	GMO			SYNERGY Kombucha, Trilogy(raspberrylemon/ginger) (glass)	12 / 480ml	G P U		
722430 340173	05258	GMO			SYNERGY Kombucha, Watermelon Wonder (glass)	12 / 480ml	G P U		
722430 800479	05267	GMO			SYNERGY Kombucha, Divine Grape (glass)	6 / 1.4L	G P U		
722430 200477	05260	GMO			SYNERGY Kombucha, Gingerade (glass)	6 / 1.4L	G P U		
722430 600475	05263	GMO			SYNERGY Kombucha, Gingerberry (glass)	6 / 1.4L	G P U		
722430 900476	05264	GMO			SYNERGY Kombucha, Guava Goddess (glass)	6 / 1.4L	G P U		
722430 500478	05266	GMO			SYNERGY Kombucha, Mystic Mango (glass)	6 / 1.4L	G P U		
722430 110479	05261	GMO			SYNERGY Kombucha, Trilogy(raspberrylemon/ginger) (glass)	6 / 1.4L	G P U		

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GUAYAKI YERBA MATE BEVERAGE - 10% OFF								
632432 000398	07176	GMO	* @	X Berry Lemonade, Organic (can)	12 / 458ml		G U	
632432 000190	07332	GMO	* @	X Bluephoria, Organic (can)	12 / 458ml		G U	
632432 000114	07153	GMO	* @	X Enlighten Mint, Organic (can)	12 / 458ml		G U	
632432 000121	07151	GMO	* @	X Lemon Elation, Organic (can)	12 / 458ml		G U	
632432 000374	07175	GMO	* @	X Peach, Organic (can)	12 / 458ml		G U	
632432 000138	07152	GMO	* @	X Revel Berry, Organic (can)	12 / 458ml		G U	
HARDBITE HANDCRAFTED STYLE CHIPS - \$3.92 OFF								
673513 240500	37459	GMO		BC <input type="checkbox"/> X Potato Chips, All Natural	30 / 50g		G	
673513 242504	37461	GMO		BC <input type="checkbox"/> X Potato Chips, Rock Salt & Vinegar	30 / 50g		G	
673513 241507	37460	GMO		BC <input type="checkbox"/> X Potato Chips, Smokin' BBQ	30 / 50g		G	
HEALTH-ADE KOMBUCHA (REFRIGERATED) - \$3.66 OFF								
811184 031885	17709	GMO	GF V *	NEW! Berry Lemonade, Organic	12 / 473ml		G P U	
811184 031892	17708	GMO	GF V *	NEW! Passion Fruit-Tangerine, Organic	12 / 473ml		G P U	
HEE-HAW HORSERADISH - 10% OFF								
628110 106087	11171			BC <input type="checkbox"/> Horseradish, Damn Hot	12 / 250ml			
628110 106094	11172			BC <input type="checkbox"/> Horseradish, Double Damn Hot	12 / 250ml			
HUMBLE POTATO CHIPS - UP TO 10% OFF + VOLUME PRICING								
628678 211247	34309	GMO	GF *	+ <input type="checkbox"/> X Potato Chips, Creamy Dill, Organic	12 / 135g		G	
628678 211261	34310	GMO	GF *	+ <input type="checkbox"/> X Potato Chips, Honey Mustard, Organic	12 / 135g		G	
628678 211223	34307	GMO	GF *	+ <input type="checkbox"/> X Potato Chips, Sea Salt and Cider Vinegar, Organic	12 / 135g		G	
628678 211230	34308	GMO	GF *	+ <input type="checkbox"/> X Potato Chips, Smokey BBQ, Organic	12 / 135g		G	
628678 211216	34306	GMO	GF *	+ <input type="checkbox"/> X Potato Chips, The Original, Organic	12 / 135g		G	
				Buy 5-9 cases	Save 3.00			
				Buy 10-14 cases	Save 4.00			
				Buy 15+ cases	Save 5.00			
628678 211353	34311	GMO	*	+ <input type="checkbox"/> X NEW! Potato Chips, Ketchup, Organic	12 / 135g		G	
IF YOU CARE PRODUCTS - 20% OFF								
770009 120114	46385			Aluminum Foil, 100% Recycled	12 / 50ft ²		G P	
770009 250897	46390			Automatic Dishwasher Tablets, Free & Clear, Biodegradable (40 tabs)	8 / 520g		G P	
770009 010484	46382			Baking Cups, Large	24 / 60ct		G P	
770009 050046	46384		*	Cheesecloth, Unbleached, Organic	24 / 1.67m ²		G P	
770009 010200	46380			Parchment Baking Paper	12 / 70ft ²		G P	
770009 011924	46388			Parchment Baking Sheets (12.5" x 16")	12 / 24ct		G P	
770009 250286	46394		@	Rubber Gloves, Medium (Certified Natural Rubber)	12 / 1pr		G P	
770009 250262	60346			Sandwich Bags, Paper Snack & Sandwich	12 / 48ct		G P	
770009 250613	46396			Sponge Cloths (Machine Washable)	12 / 5ct		G P	
770009 250255	46387			Unbleached Waxed Paper	12 / 75ft ²		G P	
ILIADA GREEK OLIVES - 10% OFF								
5201043 004047	40928	GMO	*	NEW! Olives, Kalamata Pitted, Organic	12 / 370g			
ITO EN UNSWEETENED READY TO DRINK TEA - 40% OFF								
835143 016928	10020			X Golden Oolong Tea, Unsweetened (plastic bottle)	12 / 500ml		U	
JASON BODY CARE PRODUCTS - 10% OFF								
078522 800255	80240			X Shampoo, 84% Aloe Vera	1 / 473ml		G P	
078522 800057	80241			X Shampoo, Apricot	1 / 473ml		G P	
078522 870050	80245			X Shampoo, Biotin	1 / 473ml		G P	
078522 800781	80263			X Shampoo, Normalizing, Tea Tree Scalp	1 / 517ml		G P	
078522 850052	80257			X Shampoo, Sea Kelp	1 / 473ml		G P	
078522 800293	80227			X Conditioner, 84% Aloe Vera	1 / 473ml		G P	
078522 800095	80229			X Conditioner, Apricot Keratin	1 / 473ml		G P	
078522 870098	80236			X Conditioner, Biotin	1 / 473ml		G P	
078522 090250	80259			X Deodorant, Aloe Vera (stick)	1 / 71g		G P	
078522 090656	80797			X Deodorant, Lavender (stick)	1 / 71g		G P	
078522 090458	80261			X Deodorant, Tea Tree (stick)	1 / 71g		G P	
078522 015154	80266			X Toothpaste, Healthy Mouth	1 / 119g		G P	
078522 015109	80185			X Toothpaste, Sea Fresh	1 / 170g		G P	
JYOTI NATURAL FOODS INDIAN CUISINE - 15% OFF + VOLUME PRICING								
077502 016105	38545			Delhi Saag, Spinach & Mustard Greens w/ Ginger & Peppers (can)	12 / 425g			
077502 156153	38542			Madras Sambar, Lentils w/ Vegetables (can)	12 / 425g			
077502 036103	38546		*	Matar Paneer, Peas & Home Style Cheese (can)	12 / 425g			
077502 146154	38541		*	Punjabi Chhole, Chickpeas w/ Potato & Onions (can)	12 / 425g			
				Buy 10+ cases	Save 5%			
KETTLE BRAND POTATO CHIPS - 10% OFF								
084114 902917	39243	GMO	GF	X Potato Chips, Air Fried, Himalayan Salt.	12 / 156g		G	
084114 902924	39244	GMO	GF	X Potato Chips, Air Fried, Sea Salt & Vinegar	12 / 156g		G	

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Order
KIND | BREAKFAST BARS, HEALTHY GRAINS BARS & CHOCOLATE DIPPED CLUSTERS - UP TO \$5.00 OFF + VOLUME PRICING

602652 204050	39346			Breakfast Bar, Almond Butter (2pk)	5 / 4x50g	G	
602652 204067	39347			Breakfast Bar, Dark Chocolate Cocoa (2pk)	5 / 4x50g	G	
602652 201066	39348			Breakfast Bar, Peanut Butter (2pk)	5 / 4x50g	G	
				Buy 8-15 cases	Save 1.00		
				Buy 16+ cases	Save 2.00		
602652 184178	37609	GMO		HEALTHY GRAINS, Dark Chocolate Chunk	8 / 5x35g	G	
602652 184154	37607	GMO		HEALTHY GRAINS, Oats & Honey	8 / 5x35g	G	
602652 184185	37610	GMO		HEALTHY GRAINS, Peanut Butter Dark	8 / 5x35g	G	
602652 296574	37600	GMO		HEALTHY GRAINS, Vanilla Blueberry	8 / 5x35g	G	
				Buy 8-15 cases	Save 1.00		
				Buy 16+ cases	Save 2.00		
602652 430527	39342		X	DIPPED CLUSTERS, Dark Chocolate Almond Butter	8 / 113g	G	
602652 430503	39343		X	DIPPED CLUSTERS, Dark Chocolate Nuts & Berries	8 / 113g	G	
602652 430558	39344		X	DIPPED CLUSTERS, Dark Chocolate Vanilla Cashew	8 / 113g	G	

KINDRED CULTURES | PROBIOTIC WATER KEFIR (REFRIGERATED) - 10% OFF

628504 073377	23632	BC	P	X Water Kefir, Cranberry Turmeric (can)	12 / 355ml	G P U	
628504 073391	23633	BC	P	X Water Kefir, Lemon Ginger Turmeric (can)	12 / 355ml	G P U	
628504 073414	23634	BC	P	X Water Kefir, Power Green (can)	12 / 355ml	G P U	
628504 073438	23635	BC	P	X Water Kefir, Strawberry Rosehip (can)	12 / 355ml	G P U	

KOYO | RAMEN - 10% OFF

065493 064335	39106		X	Ramen, Asian Vegetables	12 / 60g		
065493 064359	39100		X	Ramen, Garlic Pepper	12 / 60g		
065493 064342	39101		X	Ramen, Lemongrass Ginger	12 / 60g		
065493 064304	39102		X	Ramen, Mushroom	12 / 57g		
065493 064311	39103		X	Ramen, Seaweed	12 / 57g		
065493 064366	39104		X	Ramen, Soba Buckwheat Noodles	12 / 60g		
065493 064328	39105		X	Ramen, Tofu & Miso	12 / 57g		

KRINOS | GREEK OLIVES - 10% OFF

055498 045200	48011	GMO	*	Olives, Stuffed Cocktail, Garlic, Organic	6 / 375ml		
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KRISDA | SUGAR-FREE CHOCOLATELY CHIPS & SWEETENER - 15% OFF

688120 200113	23019		+	P	Chocolatey Chips, Semi-Sweet	6 / 285g	
688120 024542	23022			P	Sweetener, Monk Fruit	6 / 454g	
688120 034541	23021			P	Sweetener, Xylitol	6 / 454g	

L'ANCÊTRE | BUTTER & CHEESE (REFRIGERATED) - UP TO \$6.50 OFF

778177 106961	43000	GMO	*	+	P	Butter, 84% MF, Salted, Organic	12 / 250g
778177 106978	43001	GMO	*	+	P	Butter, 84% MF, Unsalted, Organic	12 / 250g
778177 107968	43002		*	+	P	Butter, Salted, Organic	12 / 250g
778177 107975	43003		*	+	P	Butter, Unsalted, Organic	12 / 250g
778177 499919	50097	GMO		+	P	Artisan Goat Cheese, Firm Ripened	8 / 190g
778177 009057	50106	GMO	*	+	P	Baluchon, Organic	8 / 145g
778177 499803	50400	GMO	*	+	P	Cheddar, Mild, Sliced, Organic	8 / 180g
778177 499834	50402	GMO	*	+	P	Mozzarella, (28% MF), Sliced, Organic	8 / 180g
778177 499704	50027	GMO	*	+	P	Parmesan, Grated, Organic (raw milk)	8 / 125g
778177 499728	50023	GMO	*	+	P	Parmesan, Organic (raw milk)	8 / 200g
778177 499810	50401	GMO	*	+	P	Swiss, Sliced, Organic (raw milk)	8 / 180g

LE GRAND PRODUCTS (REFRIGERATED) - UP TO 25% OFF

773798 012028	19482	GMO	GF	V	*	+	P	Cheese Spread, Chive & Onion, Organic	4 / 227g
773798 012004	19480	GMO	GF	V	*	+	P	Cheese Spread, Creamy Original, Organic	4 / 227g
773798 100220	19451	GMO		V		+	P	Pesto, Classic (spoutPak)	6 / 170g
773798 100121	19450	GMO		V		+	P	Pesto, Garden (spoutPak)	6 / 170g
773798 101562	19483	GMO						NEW! Mac 'N Cheeze Sauce, Original (spoutPak)	6 / 227g

LET'S DO...ORGANIC PRODUCTS - UP TO \$6.01 OFF

043182 002103	24098	GMO		*				Coconut Cream, Heavy (30% Fat), Organic	12 / 398ml
043182 015226	02264		GF		*			Coconut Flakes, Unsweetened, Organic	12 / 200g
043182 022057	24099	GMO		*				Coconut Milk, Sweetened Condensed, Organic	6 / 195ml
043182 015202	02083		GF		*			Coconut, Fine Shredded, Unsweetened, Organic	12 / 250g
043182 005296	20114		GF		*			Cornstarch, Organic	6 / 170g
043182 005258	02246	GMO		*				Creamed Coconut, Unsweetened, Organic	6 / 200g
043182 005937	02008		GF		*	X		Sprinklez, Confetti, Organic	12 / 28g
043182 005272	70340							Tapioca, Granules, Organic	6 / 170g

LOOP MISSION | COLD-PRESSED JUICE & PROBIOTIC SODA (REFRIGERATED) - UP TO 35% OFF

056719 900186	11220	GMO		+	P			NEW! Juice, Morning Glory (clementine, orange, strawberry)	6 / 1L	U
056719 900452	11226	GMO		+	P			NEW! Juice, Orange	6 / 1L	U
056719 900087	11233			+	P	X		Soda, Sparkling Grapefruit (can)	12 / 355ml	G P U

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LOTUS FOODS RICE - 15% OFF						
708953 508610	39909	GMO	GF	*	Rice, White Basmati, Organic	6 / 850g
708953 507613	39908	GMO	GF	*	Rice, White Jasmine, Organic	6 / 850g
LOVE GOOD FATS KETO BAR - \$4.00 OFF						
840659 001405	11545	GMO		+ P X	CHEWY NUTTY Keto Bar, Dark Chocolate Cranberry Almond	12 / 40g G
840659 000729	11533	GMO		+ P X	CHEWY NUTTY Keto Bar, Dark Chocolate Sea Salt Almond	12 / 40g G
840659 000774	11534	GMO		+ P X	CHEWY NUTTY Keto Bar, Peanut Chocolatey	12 / 40g G
840659 000675	11532	GMO		+ P X	CHEWY NUTTY Keto Bar, Salted Caramel	12 / 40g G
840659 001450	11546	GMO		+ P X	CHEWY NUTTY Keto Bar, White Chocolate Strawberry	12 / 40g G
628055 997320	11505	GMO		+ P X	Keto Bar, Chocolate Chip Cookie Dough	12 / 39g G
628055 997009	11502	GMO		+ P X	Keto Bar, Coconut Chocolate Chip	12 / 39g G
840659 000118	11507	GMO		+ P X	Keto Bar, Lemon Mousse	12 / 39g G
628055 997115	11500	GMO		+ P X	Keto Bar, Mint Chocolate Chip	12 / 39g G
628055 997030	11503	GMO		+ P X	Keto Bar, Peanut Butter Chocolatey	12 / 39g G
LUNDBERG PRODUCTS - UP TO \$3.25 OFF						
073416 570900	16336	GMO	GF	*	X Rice Cake Minis, Apple Pie, Organic	6 / 142g
073416 571006	16337	GMO	GF	*	X Rice Cake Minis, Sea Salt, Organic	6 / 142g
073416 570801	16338	GMO	GF	*	X Rice Cake Minis, White Cheddar, Organic	6 / 142g
073416 200395	16334	GMO	GF	*	X Rice Cakes, Cinnamon Toast, Organic	6 / 269g
073416 200142	16331	GMO	GF	*	X Rice Cakes, Plain, Organic	6 / 241g
073416 200159	16332	GMO	GF	*	X Rice Cakes, Unsalted, Organic	6 / 241g
073416 200173	16333	GMO	GF	*	X Rice Cakes, Wild Rice, Organic	6 / 241g
073416 532700	31225	GMO	GF	*	THIN STACKERS, Lightly Salted, Organic	6 / 168g
073416 532809	31227	GMO	GF	*	THIN STACKERS, Red Rice & Quinoa, Organic	6 / 168g
073416 532403	31224	GMO	GF	*	THIN STACKERS, Salt Free, Organic	6 / 168g
073416 561601	31230	GMO	GF	*	THIN STACKERS, Sea Salt & Fine Herbs, Organic	6 / 168g
073416 579101	32104	GMO		* @	Ready to Heat Rice, Thai Jasmine Brown, Regenerative Organic	6 / 227g
073416 579804	32105	GMO		* @	Ready to Heat Rice, Thai Jasmine Cilantro Lime, Regenerative Organic	6 / 227g
073416 579002	32103	GMO		* @	Ready to Heat Rice, Thai Jasmine White, Regenerative Organic	6 / 227g
073416 250109	31231	GMO	GF	*	Rice, Long Grain White, Regenerative Organic	6 / 907g
MACKELLAR FARMS EDAMAME (FROZEN) - \$3.30 OFF						
185820 000017	63026	GMO		+ P X	Edamame, Whole Pods (Product of Canada)	12 / 400g
MADEGOOD PRODUCTS - UP TO 10% OFF						
687456 223711	64049	GMO	GF	V *	+ P Crunchy Oat Bites, Vanilla Drizzled Cookies & Cream, Organic	6 / 5x24g G
687456 213170	64021	GMO	GF	V *	+ P Granola Bars, Strawberry, Organic	6 / 5x24g G
687456 214313	64063	GMO	GF	V *	+ P MORNINGS Soft Baked Oat Bars, Blueberry, MORNINGS Soft Baked Oat Bars, Chocolate Chip, Organic	6 / 5x30g G
687456 214306	64062	GMO	GF	V *	+ P MORNINGS Soft Baked Oat Bars, Cinnamon Bun, Organic	6 / 5x30g G
687456 214320	64064	GMO	GF	V *	+ P Cookies, Soft Baked Mini, Chocolate Banana, Organic	6 / 5x24g G
687456 283111	64018	GMO	GF	V *	+ P Cookies, Soft Baked Mini, Chocolate Chip, Organic	6 / 5x24g G
687456 283104	64017	GMO	GF	V *	+ P Cookies, Soft Baked Mini, Double Chocolate, Organic	6 / 5x24g G
687456 283098	64016	GMO	GF	V *	+ P Cookies, Soft Baked Mini, Red Velvet, Organic	6 / 5x24g G
687456 283449	64027	GMO	GF	V *	+ P Cookies, Soft Baked Mini, Sweet Cinnamon, Organic	6 / 5x24g G
687456 283432	64026	GMO	GF	V *	+ P X Cookies, Chocolate Chip, Organic	6 / 200g
687456 284330	64067	GMO	GF	V *	+ P X Cookies, Double Chocolate, Organic	6 / 200g
687456 284323	64068	GMO	GF	V *	+ P X Cookies, Vanilla, Organic	6 / 200g
687456 284309	64069	GMO	GF	V *	+ P X STAR PUFFED CRACKERS, Cheddar, Organic	6 / 121g
687456 230016	64080	GMO	GF	V *	+ P X STAR PUFFED CRACKERS, Pizza Flavour, Organic	6 / 121g
687456 230030	64082	GMO	GF	V *	+ P X STAR PUFFED CRACKERS, Sea Salt, Organic	6 / 121g
687456 230023	64081	GMO	GF	V *	+ P X NEW! Crunchy Oat Bites, Vanilla Drizzled Birthday Cake, Organic	6 / 100g G
687456 224428	64046	GMO	GF	V *	+ P X NEW! Crunchy Oat Bites, Vanilla Drizzled Cookies & Cream, Organic	6 / 100g G
MAISON ORPHEE CULINARY OIL - 15% OFF						
069593 122087	30212			+	Oil, The Perfect Oil - Virgin Vegetable Oil Blend (Keto certified)	6 / 500ml

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MANITOBA HARVEST PRODUCTS - UP TO \$7.20 OFF				
697658 201554	37352	GMO	+ P	Ground Hemp Seed (Keto certified) 8 / 227g
697658 201615	36351	GMO	+ P	Hemp Culinary Oil 6 / 500ml
697658 201196	37349	GMO GF V	+ P	Hemp Hearts 6 / 454g
697658 410765	37351	GMO GF V	+ P	HEMP HEARTS (Paleo Certified) 6 / 700g
697658 000027	36353	GMO	+ P	Hemp Seed Oil 12 / 355ml
697658 200014	36603	GMO *	+ P	Hemp Seed Oil, Organic 12 / 250ml
697658 200021	36897	GMO *	+ P	Hemp Seed Oil, Organic 6 / 500ml
697658 692260	36626	GMO V *	+ P X	HEMP YEAH, Granola, Blueberry, Organic 6 / 283g
697658 692253	36628	GMO *	+ P X	HEMP YEAH, Granola, Honey & Oats, Organic 6 / 283g
697658 690044	37199	GMO *	+ P	HEMP YEAH, Max Protein Powder, Unsweetened, Organic 6 / 454g
697658 000010	36348	GMO GF V	+ P	Shelled Hemp Hearts 8 / 227g
697658 000034	36352	GMO GF V	+ P	Shelled Hemp Hearts 12 / 60g
697658 691164	37026	GMO B GF V	+ P X	Shelled Hemp Hearts 1 / 2.27kg
697658 000072	37197	GMO GF V *	+ P	Shelled Hemp Hearts, 100% Organic 8 / 200g
697658 220012	36907	GMO GF V *	+ P	Shelled Hemp Hearts, 100% Organic 6 / 340g
MANNA ORGANICS MIGHTY MANNA BREAD (FROZEN) - \$1.55 OFF				
058449 000037	54814	GMO *	X	MIGHTY MANNA, Carrot Raisin, Organic 8 / 400g
058449 708018	54819	GMO *	X	MIGHTY MANNA, Cinnamon Date, Organic 8 / 400g
058449 000266	54832	GMO *	X	MIGHTY MANNA, Fig Fennel & Flax, Organic 8 / 350g
058449 000099	54818	GMO *	X	MIGHTY MANNA, Fruit & Nut, Organic 8 / 400g
058449 000051	54816	GMO *	X	MIGHTY MANNA, Whole Rye, Organic 8 / 400g
MATEINA READY-TO-DRINK YERBA MATE - 10% OFF				
628504 157374	20811	GMO *	+ P X	Energy Infusion, Blueberry Haskap, Organic (can) 12 / 355ml
628504 157046	20810	GMO *	+ P X	Energy Infusion, Grapefruit Guava, Organic (can) 12 / 355ml
628504 157305	20803	GMO *	+ P X	Energy Infusion, Lemon Original, Organic (car) 12 / 355ml
628504 157329	20805	GMO *	+ P X	Energy Infusion, Peach Passion, Organic (can) 12 / 355ml
628504 157381	20812	GMO *	+ P X	Sparkling Energy Infusion, Mango Key Lime, Organic (can) 12 / 355ml
MATEINA YERBA MATE - 10% OFF				
628504 157152	20815	GMO *	P	NEW! Yerba Mate, Loose Leaf, Organic 10 / 454g
MELT ORGANIC PLANT BUTTER (REFRIGERATED) (available April.10th) - 10% OFF				
856014 002024	10760	GMO *		NEW! Buttery Spread, Organic 12 / 368g
856014 002079	10761	GMO *		NEW! Buttery Sticks, Salted, Organic (4pk) 12 / 454g
MID-DAY SQUARES FUNCTIONAL CHOCOLATE (REFRIGERATED) - 10% OFF				
877977 000292	50259	GMO V @ + P		NEW! Square, Cookie Dough 5 / 4x33g
877977 000278	50258	GMO V @ + P		NEW! Square, Peanut Butta 5 / 4x33g
MOLISANA ORGANIC ROASTED PEPPERS - 10% OFF				
058723 000463	40929	GMO *		NEW! Roasted Peppers, Whole, Organic 12 / 340g
NAAM COOKING SAUCE - 15% OFF				
689499 100042	14460	GMO @ BC P		Coconut Curry Sauce 12 / 350ml
689499 100011	14000	GMO BC P		Miso Gravy (bottle) 12 / 350ml
689499 100080	14459	GMO @ BC P		Miso Hot Sauce 12 / 350ml
689499 100066	14461	GMO @ BC P		Peanut Sauce 12 / 350ml
689499 100059	14463	GMO @ BC P		Thai Sauce 12 / 350ml
NAKED & SAUCY PRODUCTS - 15% OFF				
890104 001726	40103	GMO *	BC P	NOOCH Caesar, Organic 12 / 250ml
890104 001702	40104	GMO *	BC P	NOOCH O.G. (Original), Organic 12 / 250ml
890104 001719	40105	GMO *	BC P	NOOCH Sesame Ginger, Organic 12 / 250ml
890104 001733	40107	GMO *	BC P	NOOCH Sweet & Spicy Mustard, Organic 12 / 250ml
890104 001078	40118	GMO *	BC P	Sauce, Chili Garlic, Organic 6 / 296ml
890104 001313	40122	GMO *	BC P	Sauce, Peanut, Organic 6 / 296ml
890104 001337	40124	GMO *	BC P	Sauce, Sweet & Sour, Organic 6 / 296ml
890104 001306	40121	GMO *	BC P	Sauce, Sweet Thai Chili, Organic 6 / 296ml
890104 001320	40123	GMO *	BC P	Sauce, Teriyaki, Keto, Organic 6 / 296ml
890104 001061	40117	GMO *	BC P	Sauce, Teriyaki, Sesame Ginger, Organic 6 / 296ml
890104 001290	40120	GMO V *	P	Sauce, Vegan Oyster, Organic 6 / 296ml
890104 001528	40125	GMO *	BC P	Simmer Sauce, Butterless Chicken, Organic 12 / 350g
890104 001535	40128	GMO *	BC P	Simmer Sauce, Mild Vindaloo, Organic 12 / 350g
890104 001559	40127	GMO *	BC P	Simmer Sauce, Thai Curry, Organic 12 / 350g
890104 001283	40119	GMO *	P	Soy Sauce Substitute, Keto, Organic 6 / 296ml
890104 001115	85315	GMO *	P	Soy Sauce Substitute, Lightly Sweet, Organic 6 / 296ml
NATIVE FOREST PRODUCTS - UP TO \$3.19 OFF				
043182 008945	10217	GMO GF		Artichoke Hearts, Marinated 6 / 170g
043182 008914	10428	GMO GF		Artichoke Hearts, Quartered 6 / 400g
043182 008921	10215	GMO GF		Artichoke Hearts, Whole 6 / 280g
043182 011013	24134	GMO		Instant Milk Powder, Coconut 6 / 150g

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043182 018685	10228	GF *	+			Mandarin Oranges, Organic	6 / 284ml	
043182 018517	10219	GF *				Pineapple, Chunks, Organic	6 / 398ml	
043182 018524	10220	GF *				Pineapple, Slices, Organic	6 / 398ml	
043182 018593	10227	GF *				Sliced Peaches, Organic	6 / 398ml	
NATURA DAIRY-FREE BEVERAGE - 30% OFF								
063667 090463	07276	V	+	Ⓟ		Almond & Coconut, Unsweetened (tetra pak)	12 / 946ml	U
063667 090012	07119	V	+	Ⓟ		Almond, Original (tetra pak)	12 / 946ml	U
063667 090067	07121	V	+	Ⓟ		Almond, Unsweetened (tetra pak)	12 / 946ml	U
063667 090265	07275	V	+	Ⓟ		Almond, Unsweetened, Vanilla (tetra pak)	12 / 946ml	U
063667 201098	06405	GMO GF *	+	Ⓟ		Barista, Oat, Organic (tetra pak)	6 / 946ml	
063667 201081	06404	GMO GF *	+	Ⓟ		Oat, Chocolate, Organic (tetra pak)	12 / 946ml	U
063667 201012	06402	GMO GF *	+	Ⓟ		Oat, Unsweetened Original, Organic (tetra pak)	12 / 946ml	U
063667 201029	06403	GMO GF *	+	Ⓟ		Oat, Unsweetened Vanilla, Organic (tetra pak)	12 / 946ml	U
063667 006013	06378	GMO V *	+	Ⓟ		Rice, Original, Organic (tetra pak)	12 / 946ml	U
063667 006020	06379	GMO V *	+	Ⓟ		Rice, Vanilla, Organic (tetra pak)	12 / 946ml	U
063667 301859	06374	GMO V *	+	Ⓟ		Soy, Chocolate, Organic (tetra pak)	12 / 946ml	U
063667 301408	06371	GMO V *	+	Ⓟ		Soy, Original, Organic (tetra pak)	12 / 946ml	U
063667 511005	06375	GMO V *	+	Ⓟ		Soy, Unsweetened, Organic (tetra pak)	12 / 946ml	U
063667 301552	06372	GMO V *	+	Ⓟ		Soy, Vanilla, Organic (tetra pak)	12 / 946ml	U
063667 508012	06392	GMO V *	+	Ⓟ		Soy, Chocolate, Organic (tetra pak)	8 / 3x200ml	U
NATUREBEE REUSABLE SPONGE CLOTHS - 5% OFF								
628176 082912	30613					Ⓟ X NEW! Sponge Cloths (17cm x 20cm / 8" x 9.5")	12 / 1ea	G P
NATURE CLEAN HOUSEHOLD PRODUCTS - UP TO 10% OFF								
058951 403364	80443		+	Ⓟ		Dish Soap, Fragrance Free	4 / 3.63L	G P
058951 380207	80835		+	Ⓟ		Dishwasher Pods (60ct)	4 / 1.08kg	G P
058951 197409	80581		+	Ⓟ		Dishwashing Liquid, Lavender Tea-Tree	6 / 740ml	G P
058951 403784	80583		+	Ⓟ		Dishwashing Liquid, Lemon Verbena	6 / 740ml	G P
058951 187400	80582		+	Ⓟ		Dishwashing Liquid, Mandarin Grapefruit	6 / 740ml	G P
058951 307556	81122		+	Ⓟ		Face & Body Bar, Fragrance Free/Hypoallergenic	12 / 99g	G P
058951 140252	80473			Ⓟ X		Floor Cleaner Strips, Fresh Lemon (Plastic-Free)	12 / 36ct	G P
058951 184652	80489		+	Ⓟ		Foaming Dish Spray, Fragrance-Free	6 / 500ml	G P
058951 225003	80490		+	Ⓟ		Fruit & Veggie Wash Spray	6 / 500ml	G P
058951 308881	80475			Ⓟ X		Laundry Detergent Sheets, White Linen	12 / 32ct	G P
058951 308850	80471		+	Ⓟ X		Laundry Detergent Strips, Fragrance Free (32 Loads)	12 / 32ea	G P
058951 308867	80472		+	Ⓟ X		Laundry Detergent Strips, WildFlower (32 Loads)	12 / 32ea	G P
058951 308959	80476			Ⓟ X		Laundry Stain Remover Sheets, Fragrance Free	12 / 32ct	G P
058951 395157	80145		+	Ⓟ		Liquid Hand Soap Refill, Citrus	6 / 1L	G P
058951 395119	80144		+	Ⓟ		Liquid Hand Soap Refill, Fragrance Free	6 / 1L	G P
058951 395027	80543		+	Ⓟ		Liquid Hand Soap, Citrus	6 / 500ml	G P
058951 395010	80486		+	Ⓟ		Liquid Hand Soap, Fragrance Free	6 / 500ml	G P
058951 309307	80439		+	Ⓟ		Oxygen Stain Powder	6 / 700g	G P
058951 308904	80474			Ⓟ X		Toilet Bowl Cleaner Strips, Fresh Lime (Plastic-Free)	12 / 36ct	G P
058951 807001	80450		+	Ⓟ		NEW! All Purpose Cleaning Lotion	12 / 1L	G P
058951 351825	80400		+	Ⓟ		NEW! Dishwasher Gel	6 / 1.8L	G P
058951 308638	80734		+	Ⓟ		NEW! Laundry Liquid, Lemon Verbena	4 / 3L	G P
NATURE'S BAKERY SNACK BARS - UP TO \$2.50 OFF + VOLUME PRICING								
047495 210200	13146	GMO V				Fig Bar, Apple Cinnamon	6 / 6x57g	
047495 210217	13147	GMO V				Fig Bar, Blueberry	6 / 6x57g	
047495 210224	13148	GMO V				Fig Bar, Original Fig	6 / 6x57g	
047495 210248	13149	GMO V				Fig Bar, Raspberry	6 / 6x57g	
						Buy 25-49 cases	Save 1.98	
						Buy 50+ cases	Save 2.97	
047495 410167	13343	GMO V				Brownie, Double Chocolate	6 / 6x45g	G
NATURE'S PATH PRODUCTS - UP TO \$7.50 OFF								
058449 600565	22760	GMO GF *		Ⓟ X		Cereal, Corn Flakes, Fruit Juice, Organic	6 / 750g	
058449 770947	22765	GMO GF *		Ⓟ X		Cereal, Corn Flakes, Honey'd, Organic	6 / 750g	
058449 550020	22761	GMO GF *		Ⓟ X		Cereal, Crispy Rice, Organic	6 / 750g	
058449 870081	22767	GMO *		Ⓟ		Cereal, ENVIROKIDZ, Gorilla Munch, Organic	6 / 650g	
058449 870104	22772	GMO GF *		Ⓟ X		Cereal, ENVIROKIDZ, Koala Crisp, Organic	6 / 725g	
058449 212416	22771	GMO GF *		Ⓟ X		Cereal, ENVIROKIDZ, Leapin' Lemurs, Organic	6 / 650g	
058449 870098	22770	GMO GF *		Ⓟ X		Cereal, ENVIROKIDZ, Panda Puffs, Organic	6 / 700g	
058449 771630	22847	GMO *		Ⓟ X		Cereal, FLAX PLUS Cinnamon Flakes,	6 / 907g	

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058449 189107	22650 GMO	GF	*	☞	Cereal, Golden Turmeric, Organic	6 / 300g	_____
058449 770213	22780 GMO		*	☞ X	Cereal, HERITAGE Flakes, Organic	6 / 907g	_____
058449 770015	22758 GMO		*	☞ X	Cereal, HERITAGE O's, Organic	6 / 907g	_____
058449 770695	22782 GMO		*	☞ X	Cereal, Kamut Khorasan Wheat Flakes, Organic	6 / 750g	_____
058449 620044	22044 GMO		*	☞ X	Cereal, Kamut Khorasan Wheat Puffs, Organic	12 / 170g	_____
058449 771616	22846 GMO	GF	*	☞ X	Cereal, MESA SUNRISE with Raisins, Organic	6 / 825g	_____
058449 779018	22773 GMO	GF	*	☞ X	Cereal, MESA SUNRISE, Organic	6 / 750g	_____
058449 770084	22766 GMO		*	☞ X	Cereal, Millet Rice, Organic	6 / 907g	_____
058449 602316	22762 GMO		*	☞ X	Cereal, Multigrain Oatbran Flakes, Organic	6 / 907g	_____
058449 620013	22047 GMO		*	☞ X	Cereal, Rice Puffs, Organic	12 / 170g	_____
058449 771524	22641 GMO	GF	*	☞	Cereal, SUNRISE Crunchy Maple, Organic	12 / 300g	_____
058449 181125	22699 GMO	GF	*	☞ X	Cereal, SUNRISE Crunchy Maple, Organic	6 / 675g	_____
058449 779124	22260 GMO	GF	*	☞ X	Cereal, Whole O's, Organic	6 / 750g	_____
058449 300007	34015 GMO		*	☞	Flax Seed Meal, Organic	6 / 425g	_____
058449 300014	34016 GMO		*	☞	Flax Seeds, Organic	6 / 425g	_____
058449 450696	22882 GMO	GF	*	☞	Gluten Free Oatmeal, Brown Sugar Maple, Organic	6 / 8x40g	_____
058449 450719	22884 GMO	GF	*	☞	Gluten Free Oatmeal, Variety Pack, Organic	6 / 8x40g	_____
058449 172048	22886 GMO		*	☞ X	Granola, Coconut & Cashew Butter, Organic	8 / 312g	_____
058449 192145	22146 GMO		*	☞	Granola, Coconut Chia, Organic	6 / 800g	_____
058449 890171	22733 GMO		*	☞ X	Granola, Hemp Hearts, Organic	6 / 750g	_____
058449 890195	22734 GMO		*	☞ X	Granola, Pumpkin Seed + Flax, Organic	6 / 750g	_____
058449 779063	22139 GMO		*	☞	Granola, Pumpkin Seed + Flax, Organic	6 / 800g	_____
058449 772019	25055 GMO		*	☞ X	LOVE CRUNCH Granola, Dark Chocolate & Coconut, Organic	6 / 325g	_____
058449 221364	25077 GMO		*	X	LOVE CRUNCH Granola, Dark Chocolate & Hazelnut Butter, Organic	6 / 300g	_____
058449 162063	25069 GMO		*	☞ X	LOVE CRUNCH Granola, Dark Chocolate & Peanut Butter, Organic	6 / 325g	_____
058449 771760	25029 GMO		*	☞ X	LOVE CRUNCH Granola, Dark Chocolate & Red Berries, Organic	6 / 325g	_____
058449 202233	25054 GMO		*	☞ X	LOVE CRUNCH Granola, Espresso Vanilla Cream, Organic	6 / 325g	_____
058449 450047	22784 GMO		*	☞	Oatmeal, Apple Cinnamon, Organic	6 / 8x50g	_____
058449 450023	22786 GMO		*	☞	Oatmeal, FLAX PLUS, Organic	6 / 8x50g	_____
058449 450030	22785 GMO		*	☞	Oatmeal, Maple Nut, Organic	6 / 8x50g	_____
058449 450016	22787 GMO		*	☞	Oatmeal, Original, Organic	6 / 8x40g	_____
058449 450009	22752 GMO		*	☞	Oatmeal, Variety Pack, Organic	6 / 8x50g	_____
729906 410019	22074 GMO		*	☞	Oats, Steel Cut, Coarsely Cut, Organic	6 / 840g	_____
729906 410033	22175 GMO		*	☞	Oats, Steel Cut, Quick Cook, Organic	6 / 680g	_____
058449 154044	25067 GMO		*	☞	Q!A Oatmeal, Cinnamon Pumpkin Seed, Organic	6 / 228g	_____
058449 154020	25066 GMO		*	☞	Q!A Oatmeal, Creamy Coconut, Organic	6 / 228g	_____
058449 154006	25065 GMO		*	☞	Q!A Oatmeal, Superseeds & Grains, Organic	6 / 228g	_____
058449 204091	55731 GMO		*	☞	Superfood Oatmeal, Cacao, Organic	6 / 210g	_____
058449 204084	55730 GMO		*	☞	Superfood Oatmeal, Golden Turmeric, Organic	6 / 210g	_____
058449 188087	55721 GMO		*	☞	Toaster Pastries, Berry Strawberry, Frosted, Organic	6 / 312g	_____
058449 188070	55720 GMO		*	☞	Toaster Pastries, Cherry Pomegranate, Frosted, Organic	6 / 312g	_____
058449 590576	55702 GMO	GF	*	BC ☞ X	Waffles, Buckwheat Wildberry, Organic (6pk) (FROZEN)	12 / 210g	_____
058449 590743	55708 GMO	GF	*	BC ☞ X	Waffles, Chia Plus, Organic (6pk) (FROZEN)	12 / 210g	_____
058449 167006	55711 GMO	GF	*	BC ☞ X	Waffles, Dark Chocolate Chip, Organic (6pk) (FROZEN)	12 / 210g	_____
058449 590521	55699 GMO	GF	*	BC ☞ X	Waffles, Homestyle, Organic (6pk) (FROZEN)	12 / 210g	_____

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NATURSOURCE | SNACKS - 10% OFF

068110 500032	58111	GF	Ⓟ	Almonds, Maple Praline Crunch	8 / 150g	G	_____
068110 500018	58109	GF	Ⓟ	Almonds, Olio d'Oliva - Olive Oil & Sea Salt	8 / 150g	G	_____
068110 500001	58108	GF	Ⓟ	Almonds, Tamari	8 / 150g	G	_____
068110 330615	58105	GF	Ⓟ	Nut Mix, Pecan Pie Flavoured	8 / 500g	G	_____
068110 530046	58106	GF	Ⓟ	Nut Mix, Salted Hot Cocoa - Chocolate & Cinnamon	8 / 500g	G	_____
068110 530015	58110	GF	Ⓟ	Nut Mix, So Smart Trail Mix - Dark Chocolate & Wild Blueberries	8 / 135g	G	_____
068110 330325	58103	GF	Ⓟ	Nut Mix, Weekend Tamari - w/Pretzels & Sesame Sticks	6 / 550g	G	_____

NAVITAS ORGANICS | PLANT-BASED SUPERFOOD - 20% OFF

858847 000291	37365	GMO	*	Açaí Powder, Organic	1 / 113g		_____
858847 000680	29023	GMO	* @	Cacao Nibs, Organic	1 / 227g		_____
858847 000871	21004	GMO	* @	Cacao Powder, Organic	1 / 227g		_____
858847 000840	21003	GMO	* @	Cacao Powder, Organic	1 / 454g		_____
858847 000703	26116	GMO	*	Goji Berries, Sun-Dried, Organic	1 / 227g		_____
811961 023232	24422	GMO	*	SUPERFOOD+, Adaptogen Blend, Maca+Reishi+Ashwagandha, Organic	1 / 180g		_____
811961 023249	24423	GMO	*	SUPERFOOD+, Berry Blend, Acai+Goji+Blueberry, Organic	1 / 150g		_____
811961 023256	24424	GMO	*	SUPERFOOD+, Greens Blend, Moringa+Kale+Wheatgrass, Organic	1 / 180g		_____

NOOCHPOP! | VEGAN CHEESY POPCORN - 10% OFF

627843 956624	17800	GMO	GF V	BC Ⓟ X Popcorn, Kinda Cheesy	12 / 120g	G	_____
628504 091005	17808	GMO	GF V	BC Ⓟ X Popcorn, Kinda Chili Lime & Cheesy	12 / 120g	G	_____
627843 956655	17802	GMO	GF V	BC Ⓟ X Popcorn, Kinda Garlic 'n Cheesy	12 / 120g	G	_____
627843 956631	17801	GMO	GF V	BC Ⓟ X Popcorn, Kinda Nacho	12 / 120g	G	_____
627843 956648	17803	GMO	GF V	BC Ⓟ X Popcorn, Kinda Sweet 'n Savoury	12 / 120g	G	_____

NORA | SEAWEED SNACKS - 15% OFF

855258 006225	19100	GMO		X Crispy Seaweed, Original	12 / 32g	G	_____
855258 006584	19103	GMO		X Crispy Seaweed, Spicy	12 / 32g	G	_____
855258 006232	19102	GMO		X Tempura Seaweed, Original	12 / 45g	G	_____
855258 006249	19101	GMO		X Tempura Seaweed, Spicy	12 / 45g	G	_____

NORA'S | DAIRY-FREE DESSERT (FROZEN) - 10% OFF

627843 814214	32924		GF V	BC Ⓟ X Cashew Frozen Dessert, Cookies & Crème	8 / 500ml		_____
627843 814245	32920		V	BC Ⓟ X Cashew Frozen Dessert, Mint Chip	8 / 500ml		_____
627843 814221	32921		V	BC Ⓟ X Cashew Frozen Dessert, Peanut Butter & Chocolate	8 / 500ml		_____
627843 814207	32922		V	BC Ⓟ X Cashew Frozen Dessert, Strawberries & Crème	8 / 500ml		_____
627843 814238	32923		V	BC Ⓟ X Cashew Frozen Dessert, Vanilla Bean	8 / 500ml		_____

NUTS FOR CHEESE | NUTS FOR BUTTER CULTURED CASHEW PRODUCT (REFRIGERATED) - \$5.50 OFF

842232 008023	18660	GMO	*	+ Ⓟ Cashew Butter, Salted Original, Organic (2 sticks)	6 / 227g		_____
842232 009020	18661	GMO	*	+ Ⓟ Cashew Butter, Herb & Garlic, Organic (2 sticks)	6 / 227g		_____

NUTS FOR CHEESE | FERMENTED CASHEW PRODUCT (REFRIGERATED) - UP TO \$8.00 OFF

627843 729624	18652	GMO	*	+ Ⓟ Artichoke and Herb, Organic	6 / 120g		_____
842232 006012	18655	GMO	*	+ Ⓟ Black Garlic, Organic	6 / 120g		_____
627843 729600	18653	GMO	*	+ Ⓟ Cheddar Style, Chipotle, Organic	6 / 120g		_____
842232 020018	18656	GMO	*	+ Ⓟ Sharp Cheddar, Organic	6 / 120g		_____
627843 729631	18651	GMO	*	+ Ⓟ Super Blue, Organic	6 / 120g		_____
627843 729594	18654	GMO	*	+ Ⓟ Un-brie-lievable, Organic	6 / 120g		_____
842232 013027	18664	GMO	V *	+ Ⓟ Cream Cheese Style Spread, Garlic & Herb, Organic	6 / 210g		_____
842232 014024	18665	GMO	V *	+ Ⓟ Cream Cheese Style Spread, Lemon Dill, Organic	6 / 210g		_____
842232 012020	18663	GMO	V *	+ Ⓟ Cream Cheese Style Spread, Original, Organic	6 / 210g		_____

NUUN HYDRATION | DRINK TABLETS - \$4.00 OFF

811660 022482	40740	GMO		X Immunity, Blueberry Tangerine	8 / 10ct	G	_____
811660 022499	40741	GMO		X Immunity, Orange Citrus	8 / 10ct	G	_____
811660 021089	40717	GMO		X Sport, Citrus Fruit	8 / 10ct	G	_____
811660 021072	40716	GMO		X Sport, Lemon Lime	8 / 10ct	G	_____
811660 021065	40718	GMO		X Sport, Tri-Berry	8 / 10ct	G	_____
811660 021096	40719	GMO		X Sport, Strawberry Lemonade	8 / 10ct	G	_____
811660 021935	40724	GMO		X Vitamins, Blueberry Pomegranate	8 / 12ct	G	_____
811660 021942	40725	GMO		X Vitamins, Tangerine Lime	8 / 12ct	G	_____

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OATLY OAT DRINK - 10% OFF								
190646 631390	35506	GMO	GF V		Barista Edition (TetraPak)	12 / 946ml		
190646 631369	35508	GMO	GF V		Chocolate (TetraPak)	12 / 946ml	U	
190646 631376	35509	GMO	GF V		Extra Creamy (TetraPak)	12 / 946ml	U	
190646 631352	35507	GMO	GF V		Original (TetraPak)	12 / 946ml	U	
OMEGA 3 NUTRACLEANSE FIBRE BLEND - UP TO \$16.00 OFF								
839266 000024	21851	GMO	GF *	BC	Omega 3 Nutracleanse, Organic	8 / 420g	G	
839266 000017	21850	GMO	GF *	BC	Omega 3 Nutracleanse, Organic	6 / 1kg	G	
OOMIE SMOKED TOFU (REFRIGERATED) - 11% OFF								
627987 908923	40340	GMO		BC	Smoked Tofu, Greek	6 / 220g		
627987 908947	40341	GMO		BC	Smoked Tofu, Just Smoke	6 / 220g		
627987 908978	40342	GMO		BC	Smoked Tofu, Maple Soy	6 / 220g		
ORIGO FREEZE DRIED FRUIT - \$1.25 OFF								
628693 376006	18030	GMO		BC	X 100% Freeze-Dried Apple	6 / 20g	G	
628693 376020	18031	GMO		BC	X 100% Freeze-Dried Blueberry	6 / 25g	G	
628693 376044	18032	GMO		BC	X 100% Freeze-Dried Raspberry	6 / 20g	G	
628693 376051	18033	GMO		BC	X 100% Freeze-Dried Strawberry	6 / 20g	G	
PACIFIC FOODS PLANT-BASED CHILI - VOLUME PRICING								
052603 287135	38121	GMO	*		Chili, Fire-Roasted Vegetable, Organic	12 / 468g		
052603 287128	38119	GMO	*		Chili, Harvest Black Bean, Organic	12 / 468g		
052603 287142	38120	GMO	*		Chili, White Bean Verde, Organic	12 / 468g		
					Buy 5+ cases (Chili Skus only)	Save 5.52		
PAMELA'S COOKIES - UP TO \$4.97 OFF								
093709 281016	13220		GF		Figgies & Jammies, Mission Fig	6 / 255g		
093709 230014	16648	GMO	GF		Graham Style Crackers, Honey Grahams	6 / 213g		
PAPERCHEF CULINARY PARCHMENT BAKING PRODUCTS - 10% OFF								
628689 700303	47014			+	Baking Cups, Extra Large	12 / 30ct	G P	
628689 700600	47013			+	Baking Cups, Large	12 / 60ct	G P	
628689 700907	47015			+	Baking Cups, Mini	12 / 90ct	G P	
628689 700129	21010			+	Baking Cups, Lotus	6 / 12ct	G P	
628689 700143	21011			+	Baking Cups, Tulip	6 / 12ct	G P	
628689 000014	47011				Parchment Paper, FSC Certified (roll) (41 square feet)	12 / 41ft ²	G P	
628689 700983	47010				Parchment Paper, FSC Certified (roll) (123 Square Feet)	12 / 123ft ²	G P	
PARTAKE BREWING NON-ALCOHOLIC BEER - \$3.20 OFF								
628110 465092	06010			+	Non-Alcoholic Beer, Blonde (can)	6 / 4x355ml	G U	
628110 465283	06015			+	Non-Alcoholic Beer, Gose, Peach (can)	6 / 4x355ml	G U	
628110 465672	06017			+	Non-Alcoholic Beer, Hazy IPA (can)	6 / 4x355ml	G U	
628110 465085	06011			+	Non-Alcoholic Beer, IPA (can)	6 / 4x355ml	G U	
628110 465078	06012			+	Non-Alcoholic Beer, Pale (can)	6 / 4x355ml	G U	
628110 465153	06014			+	Non-Alcoholic Beer, Red (can)	6 / 4x355ml	G U	
PHILLIPS IOTA NON-ALCOHOLIC CRAFT BEER & SODA WORKS - 10% OFF								
818278 005180	11451			BC	iOTA, Mixed Pack (can)	4 / 6x355ml	G U	
818278 009058	11450			BC	Soda, Dare Devil Orange Cream (can)	6 / 4x355ml	G P U	
818278 009034	11448			BC	Soda, Intergalactic Root Beer (can)	6 / 4x355ml	G P U	
818278 009065	11447			BC	Soda, Speed King Craft Cola (can)	6 / 4x355ml	G P U	
818278 009041	11449			BC	Soda, Spitfire Ginger Ale (can)	6 / 4x355ml	G P U	
PLUMM GOOD PRODUCTS - UP TO \$3.75 OFF								
069372 006201	16697		GF *	BC	Brown Rice Breeding Crumbs, Organic	6 / 100g		
069372 007901	16611	GMO	*	BC	RICE THINS, Ancient Grains w/Pink Salt, Organic	12 / 95g		
069372 007666	16668	GMO	*	BC	RICE THINS, Brown Rice Cakes, Canadian Wild Rice, Organic	12 / 95g		
069372 007703	16733	GMO	*	BC	RICE THINS, Brown Rice Cakes, Chia, Unsalted, Organic	12 / 95g		
069372 007307	16610	GMO	*	BC	RICE THINS, Brown Rice Cakes, Multigrain, Unsalted, Organic	12 / 95g		
069372 007628	16666	GMO	*	BC	RICE THINS, Brown Rice Cakes, Quinoa, Unsalted, Organic	12 / 95g		
069372 007208	16609	GMO	*	BC	RICE THINS, Brown Rice Cakes, Sea-Salt, Organic	12 / 95g		
069372 007505	16614	GMO	*	BC	RICE THINS, Brown Rice Cakes, Sesame, Unsalted, Organic	12 / 95g		
069372 007109	16608	GMO	*	BC	RICE THINS, Brown Rice Cakes, Unsalted, Organic	12 / 95g		

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PORTOFINO BAKERY BREAD (FROZEN) - 10% OFF				
661172 023022	40193	BC	Ⓟ X	Artisan Loaf, French White, sliced 5/8" (food service loaf) 8 / 970g
PRANA ORGANIC PRODUCTS - UP TO 10% OFF				
877693 001504	26141	GMO	GF *	Ⓟ Cacao Nibs, Organic 6 / 250g
877693 003850	26177	GMO	* +	Ⓟ Chewy Granola Bars, Berry Blast, Organic (safe for school) 12 / 5x24g G
877693 003843	26176	GMO	* +	Ⓟ Chewy Granola Bars, Choco Bongo, Organic (safe for school) 12 / 5x24g G
877693 003867	26178	GMO	* +	Ⓟ Chewy Granola Bars, Magic Rainbow, Organic (safe for school) 12 / 5x24g G
877693 003331	26151	GMO	GF * @ +	Ⓟ X CHIC CHOC Bites, Chocolate Caramel, Organic 8 / 125g G
877693 003355	26153	GMO	GF * @ +	Ⓟ X CHIC CHOC Bites, Double Chocolate, Organic 8 / 125g G
877693 003348	26152	GMO	GF * +	Ⓟ X CHIC CHOC Bites, Vanilla Almond, Organic 8 / 125g G
877693 003195	26086	GMO	GF * @ +	Ⓟ X Chocolate Barks, Algarve (almonds & sea salt), Organic 8 / 100g G
877693 003201	26087	GMO	GF * @ +	Ⓟ X Chocolate Barks, Carazel (caramelized nuts & sea salt), Organic 8 / 100g G
877693 003232	26091	GMO	GF * @ +	Ⓟ X Chocolate Barks, Matcha Magic (sesame, crispy rice & matcha), Organic 8 / 100g G
877693 003225	26089	GMO	GF * @ +	Ⓟ X Chocolate Barks, No Mylk'n hazelnuts & crispy rice, Organic 8 / 95g G
877693 003614	26183	GMO	GF * +	Ⓟ X GRANOLOVE Cookies, Berries, Organic 8 / 120g G
877693 003607	26182	GMO	GF * +	Ⓟ X GRANOLOVE Cookies, Brownie, Organic 8 / 120g G
877693 003591	26181	GMO	GF * +	Ⓟ X GRANOLOVE Cookies, Chocolate Chip, Organic 8 / 120g G
877693 004659	26185	GMO	* +	Ⓟ X GRANOLOVE Gourmet, Almond Butter Crunch, Organic 8 / 300g
877693 004666	26186	GMO	* +	Ⓟ X GRANOLOVE Gourmet, Choco Chips Cookie, Organic 8 / 300g
877693 004673	26187	GMO	* +	Ⓟ X GRANOLOVE Gourmet, Chocolate Strawberry, Organic 8 / 300g
877693 002945	26174	GMO	* +	Ⓟ X GRANOLOVE, Brownie Crunch, Organic 8 / 300g
877693 001696	26171	GMO	* +	Ⓟ X GRANOLOVE, Maple Spice Crunch, Organic 8 / 300g
877693 002952	26175	GMO	* +	Ⓟ X GRANOLOVE, Mixed Berry Crunch, Organic 8 / 300g
877693 003904	26184	GMO	* +	Ⓟ X GRANOLOVE, Mixed Berry Crunch, Organic 6 / 750g
877693 001689	26170	GMO	* +	Ⓟ X GRANOLOVE, Oatmeal Cookie Crunch, Organic 8 / 300g
877693 002969	26180	GMO	* +	Ⓟ X GRANOLOVE, Oatmeal Cookie Crunch, Organic 6 / 750g
877693 001641	26108	GMO	GF * +	Ⓟ Nuts, Alegria Hickory BBQ Almonds, Organic 8 / 150g G
877693 000033	26102	GMO	GF * +	Ⓟ Nuts, Amandine Maple Almonds, Organic 8 / 150g G
877693 000118	26105	GMO	GF * +	Ⓟ Nuts, Extaze Sea Salted Cashews, Organic 8 / 150g G
877693 000019	26103	GMO	GF * +	Ⓟ Nuts, Kabana, Maple Sea Salt Nuts, Organic 8 / 150g G
877693 000149	26107	GMO	GF * +	Ⓟ Nuts, Nirvana Sea Salted Almonds, Organic 8 / 150g G
877693 000132	26106	GMO	GF * +	Ⓟ Nuts, Samadhi Tamari Almonds, Organic 8 / 150g G
877693 004710	26169	GMO	V * @ +	Ⓟ Overnight Chia w/Oats, Strawberry 8 / 300g
877693 004697	26167	GMO	V * @ +	Ⓟ X Overnight Chia w/Oats, Apple Crumble, Organic 8 / 5x50g
877693 004703	26168	GMO	V * @ +	Ⓟ Overnight Chia w/Oats, Berry Fairy, Organic 8 / 300g
877693 004680	26166	GMO	V * @ +	Ⓟ X Overnight Chia w/Oats, Strawberry Shortcake, Organic 8 / 5x50g
877693 002495	26164	GMO	* +	Ⓟ Overnight Chia, Berry Fairy, Organic 8 / 5x50g
877693 002501	26165	GMO	* @ +	Ⓟ Overnight Chia, Chocolatey Dream, 8 / 5x50g
877693 003096	34092	GMO	GF *	Ⓟ PROACTIVChia +Probiotics, Ground Black, Organic 6 / 200g
877693 003089	34091	GMO	GF *	Ⓟ PROACTIVChia +Probiotics, Whole Black, Organic 6 / 284g
877693 000330	34063	GMO	GF *	Ⓟ Seeds, Chia, Ground Black, Organic 6 / 200g
877693 000316	34061	GMO	GF *	Ⓟ Seeds, Chia, Ground White, Organic 6 / 200g
877693 000323	34062	GMO	GF *	Ⓟ Seeds, Chia, Whole Black, Organic 6 / 300g
877693 000293	34060	GMO	GF *	Ⓟ Seeds, Chia, Whole White, Organic 6 / 300g
877693 001863	26109	GMO	GF @ +	Ⓟ SUMSUMA Chocolate Sesame Bites, Organic 8 / 150g G
877693 000071	26101	GMO	GF * @ +	Ⓟ SUMSUMA Sesame Squares, Organic 8 / 150g G
877693 001672	34102	GMO	GF *	Ⓟ SUMSUMA Sesame Squares, Organic 6 / 325g G

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877693 000125	26104	GMO GF *	+ P	Trail Mix, ANNAPURNA, Almond Gogi	8 / 150g		G		
877693 003065	26063	GMO GF *	+ P	Cranberry Mix, Organic	8 / 150g		G		
877693 003058	26062	GMO GF *	+ P	Trail Mix, FUJI, Premium Salty Mix, Organic	8 / 150g		G		
877693 003058	26062	GMO GF *	+ P	Trail Mix, KILIMANJARO, Deluxe Chocolate Mix, Organic	8 / 150g		G		
877693 001665	34101	GMO GF *	+ P	Trail Mix, KILIMANJARO, Deluxe Chocolate Mix, Organic	6 / 310g		G		
877693 003072	26059	GMO GF *	+ P	Trail Mix, MACHU PICHU, Exotic Fruit & Nut Mix, Organic	8 / 150g		G		
PRANA SNACKS - 10% OFF									
877693 003928	26110	GMO	@ + P	Snack Mix, Chocolate - Salted Almonds/Cranberries/Raisins	12 / 350g		G		
877693 003935	26111	GMO	+ P	Snack Mix, Edamame - Almonds/Dried Fruit/Pumpkin Seeds	12 / 400g		G		
877693 003942	26112	GMO	+ P	Snack Mix, Spicy Peas & Favas - Almonds/Edamame/Pumpkin Seeds	12 / 400g		G		
PROBAR NUTRITIONAL FOOD BAR - 20% OFF									
853152 100414	37525	GMO GF		X Protein Bar, Cookie Dough	12 / 70g		G		
853152 100384	37524	GMO GF		X Protein Bar, Mint Chocolate	12 / 70g		G		
853152 100391	37522	GMO GF		X Protein Bar, Peanut Butter Chocolate	12 / 70g		G		
853152 800079	37191			X Superfood Slam Bar	12 / 85g		G		
QUE PASA TACO SHELLS - 40% OFF									
068826 212861	37825	GMO GF *	BC P	X Taco Shells, Blue Corn, Organic	12 / 130g				
REDMOND REAL SALT - 15% OFF									
018788 905004	15605			REAL SALT Ancient Seasalt, Fine (shaker)	6 / 284g				
018788 992615	15600			REAL SALT Ancient Seasalt, Fine (refill pouch)	12 / 737g				
RICEWORKS O3MG FRUIT BARS - \$4.50 OFF									
815506 010107	17890	GMO GF		X O3MG Fruit Bars, Apple Cinnamon	9 / 50g		G		
815506 010121	17891	GMO GF		X O3MG Fruit Bars, Blackberry	9 / 50g		G		
815506 010145	17892	GMO GF		X O3MG Fruit Bars, Strawberry	9 / 50g		G		
RIZOPIA RICE PASTA - 20% OFF									
833125 001153	40364	GF *	+ P	X Brown Rice Elbows, Organic	12 / 454g				
833125 001122	40361	GF *	+ P	X Brown Rice Fettuccine, Organic	12 / 454g				
833125 001139	40362	GF *	+ P	X Brown Rice Fusilli, Organic	12 / 454g				
833125 001146	40363	GF *	+ P	X Brown Rice Penne, Organic	12 / 454g				
833125 001115	40360	GF *	+ P	X Brown Rice Spaghetti, Organic	12 / 454g				
833125 001054	40377	GF	+ P	X Brown Rice Elbows	12 / 454g				
833125 001023	40374	GF	+ P	X Brown Rice Fettuccine	12 / 454g				
833125 001030	40375	GF	+ P	X Brown Rice Fusilli	12 / 454g				
833125 001085	40380	GF	+ P	X Brown Rice Lasagna	12 / 340g				
833125 001047	40376	GF	+ P	X Brown Rice Penne	12 / 454g				
833125 001016	40373	GF	+ P	X Brown Rice Spaghetti	12 / 454g				
833125 001078	40379	GF	+ P	X Brown Rice Spirals	12 / 454g				
833125 003034	40383	GF	+ P	X Vegetable Rice Fusilli	12 / 454g				
ROAR ORGANIC VITAMIN ENHANCED BEVERAGE - \$2.40 OFF									
628250 053258	19904	GMO GF V *		X Blueberry Acai, Organic	12 / 532ml		G	U	
628250 053227	19901	GMO GF V *		X Cucumber Watermelon, Organic	12 / 532ml		G	U	
628250 053265	19905	GMO GF V *		X Georgia Peach, Organic	12 / 532ml		G	U	
628250 053241	19903	GMO GF V *		X Mango Clementine, Organic	12 / 532ml		G	U	
628250 053326	19906	GMO *		X Strawberry Lemonade, Organic	12 / 532ml		G	U	
ROAR PLUS VITAMIN & ELECTROLYTE DRINK MIX - \$1.24 OFF									
628250 053340	19911			X Berry Lemonade	12 / 7.18g		G		
628250 053357	19910			X Strawberry Watermelon	12 / 7.18g		G		
RVIITA ENERGY TEA - 10% OFF + VOLUME PRICING									
627987 111873	01200		BC P	X DIVINE BERRY, Strawberry (pouch)	10 / 355ml			U	
627987 111880	01201		BC P	X MIDNIGHT, Blackberry (pouch)	10 / 355ml			U	
627987 111903	01202		BC P	X ROYAL, Elderberry (pouch)	10 / 355ml			U	
627987 111897	01203		BC P	X SPEACHLESS, Peach (pouch)	10 / 355ml			U	
					Buy 10+ cases	Save 5%			
R.W. KNUDSEN FRUIT JUICE & VEGETABLE JUICE - 10% OFF									
074682 000146	07446	GMO *		NEW! Beet Juice, Organic	6 / 946ml			U	
074682 000115	07447	GMO *		NEW! Blueberry Pomegranate Juice, Organic	6 / 946ml			U	
074682 000122	07448	GMO		NEW! Pineapple Coconut Juice	6 / 946ml			U	
SALT SPRING COFFEE - UP TO \$9.00 OFF									
628415 686635	12379	GMO	* @ BC P	Coffee Pods, Blue Heron, Medium Dark, Organic	6 / 20ct				
628415 686161	12380	GMO	* @ BC P	Coffee Pods, Decaf, Dark Roast, Organic	6 / 20ct				
628415 686413	12381	GMO	* @ BC P	Coffee Pods, French Roast, Darkest Roast, Organic	6 / 20ct				
628415 686352	12382	GMO	* @ BC P	Coffee Pods, Peru, Medium Roast, Organic	6 / 20ct				

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628415 077631	12375	GMO	* @	Ⓟ	Ground Coffee, Blue Heron, Medium Dark, Organic	8 / 284g				
628415 077419	12376	GMO	* @	Ⓟ	Ground Coffee, French Roast, Darkest Roast, Organic	8 / 284g				
628415 077167	12377	GMO	* @	Ⓟ	Ground Coffee, Decaf, Dark Roast, Organic	8 / 284g				
628415 077358	12378	GMO	* @	Ⓟ	Ground Coffee, Peru, Medium Roast, Organic	8 / 284g				
628415 878634	13301	GMO	* @	Ⓟ	Whole Bean Coffee, Blue Heron, Medium Dark Roast, Organic	8 / 400g				
628415 078317	12356	GMO	* @	Ⓟ	Whole Bean Coffee, Canopy Bird, Medium Dark Roast, Organic	8 / 400g				
628415 078416	12361	GMO	* @	Ⓟ	Whole Bean Coffee, French Roast, Darkest Roast, Organic	8 / 400g				
628415 878627	12359	GMO	* @	Ⓟ	Whole Bean Coffee, Metta Espresso, Medium Dark Roast, Organic	8 / 400g				
628415 078355	12357	GMO	* @	Ⓟ	Whole Bean Coffee, Peru, Medium Roast, Organic	8 / 400g				
628415 078270	12358	GMO	* @	Ⓟ	Whole Bean Coffee, Sumatra, Dark Roast, Organic	8 / 400g				
628415 078164	12363	GMO	* @	Ⓟ	Whole Bean Coffee, Swiss Water Decaf, Dark Roast, Organic	8 / 400g				
628415 078362	12362	GMO	* @	Ⓟ	Whole Bean Coffee, Village Trade, Dark Roast, Organic	8 / 400g				
SAN-J BREWED SOY SAUCE & ALTERNATIVES - UP TO \$2.77 OFF										
075810 041260	40609	GMO	V *		Shoyu, Organic	6 / 296ml				
075810 004265	40607	GMO	GF V *		Tamari, Reduced Sodium, Organic	6 / 296ml				
075810 001264	40600	GMO	GF V *		Tamari, Organic	6 / 296ml				
SANTA CRUZ ORGANIC LEMONADE - \$8.00 OFF + VOLUME PRICING										
036192 127843	06819	GMO	*		Lemonade, Mango, Organic	12 / 946ml	G	U		
036192 123135	06383	GMO	*		Lemonade, Organic	12 / 946ml	G	U		
036192 123142	06384	GMO	*		Lemonade, Raspberry, Organic	12 / 946ml	G	U		
Buy 50+ cases (Lemonade skus only)						Save	2.00			
SANTA CRUZ ORGANIC 100% LEMON & LIME JUICE - 10% OFF										
036192 000191	06308	GMO	*		NEW! 100% Lemon Juice, Organic	6 / 946ml				
036192 000207	06309	GMO	*		NEW! 100% Lime Juice, Organic	6 / 946ml				
SAPADILLA PRODUCTS - 10% OFF										
677141 000024	70400				Dish Soap, Grapefruit & Bergamot	6 / 473ml	G	P		
677141 010023	70381				Liquid Hand Soap, Grapefruit & Bergamot	6 / 354ml	G	P		
677141 010016	70380				Liquid Hand Soap, Rosemary & Peppermint	6 / 354ml	G	P		
677141 010030	70382				Liquid Hand Soap, Sweet Lavender & Lime	6 / 354ml	G	P		
SAUGEEN COUNTRY DAIRY KEFIR & YOGURT (REFRIGERATED) - 5% OFF										
778716 065018	52303		* +	Ⓟ	Yogurt, Organic	6 / 650g				
778716 090812	52305		* +	Ⓟ	Yogurt, 4% MF, Organic	6 / 908g				
778716 090829	52306		* +	Ⓟ	Kefir, Organic	6 / 908g				
	52301	B	* +	Ⓟ	Yogurt, 4% MF, Organic	1 / 3.5kg				
SAY WHEN ORGANIC CHAI CONCENTRATE - 20% OFF										
801009 000042	30805	GMO	* BC	Ⓟ	Chai Concentrate, Dirty, Organic	12 / 946ml				
801009 000011	30806	GMO	* BC	Ⓟ	Chai Concentrate, Golden, Organic	12 / 946ml				
801009 000035	30807	GMO	* BC	Ⓟ	Chai Concentrate, Spicy, Organic	12 / 946ml				
SIMPLY ORGANIC PRODUCTS - 15% OFF										
089836 186188	02156		*		Almond Extract, Organic	6 / 59ml				
089836 186195	02172		*		Almond Extract, Organic	6 / 118ml				
089836 192080	70789		*		Basil Leaf, c/s Organic (glass bottle)	6 / 15g				
089836 192240	70358		*		Cayenne Pepper, Organic (glass bottle)	6 / 71g				
089836 192332	70842		*		Ceylon Cinnamon, Organic (glass bottle)	6 / 59g				
089836 192257	70359		*		Chili Powder, Organic (glass bottle)	6 / 82g				
089836 192363	70840		*		Chipotle Ground, Organic (glass bottle)	6 / 75g				
089836 192110	70791		*		Cinnamon, Ground, Organic (glass bottle)	6 / 69g				
089836 192486	70804	GMO	*		Coriander, Ground, Organic (glass bottle)	6 / 65g				
089836 192127	70792		*		Cumin Seed, Ground, Organic (glass bottle)	6 / 65g				
089836 192264	70360		*		Curry Powder, Organic (glass bottle)	6 / 85g				
089836 092502	70806	GMO	*		Dill Weed, Organic (glass bottle)	6 / 23g				
089836 188786	70753		*	X	Dip Mix, French Onion, Organic (sachets)	12 / 31g				
089836 192141	70793		*		Garlic Powder, Organic (glass bottle)	6 / 103g				
089836 192479	70803	GMO	*		Garlic Salt, Organic (glass bottle)	6 / 113g				
089836 192158	70794		*		Ginger Root, Ground, Organic (glass bottle)	6 / 46g				
089836 188731	70741		*	X	Gravy Mix, Brown, Organic (sachets)	12 / 28g				
089836 200075	70761		*	X	Gravy Mix, Brown, Vegetarian, Organic (sachets)	12 / 28g				

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089836 188755	70751	*	X	Gravy Mix, Mushroom Sauce, Organic (sachets)	12 / 24g			
089836 188748	70744	*	X	Gravy Mix, Roasted Chicken, Organic (sachets)	12 / 24g			
089836 188762	70745	*	X	Gravy Mix, Roasted Turkey, Organic (sachets)	12 / 24g			
089836 192271	70361	*		Italian Seasoning, Organic (glass bottle)	6 / 22g			
089836 186201	02157	*		Lemon Flavour, Organic (no alcohol)	6 / 59ml			
089836 192288	70362	*		Onion, Minced, Organic (glass bottle)	6 / 79g			
089836 192165	70795	*		Oregano Leaf c/s, Organic (glass bottle)	6 / 21g			
089836 192295	70363	*		Paprika Ground, Organic (glass bottle)	6 / 74g			
089836 192097	70796	*		Pepper, Black, Medium, Organic (glass bottle)	6 / 65.5g			
089836 192134	70798	*		Pepper, Red, Crushed, Organic (glass bottle)	6 / 45g			
089836 192196	70801	*		Peppercorn Blend, Organic (glass bottle)	6 / 75g		G	
089836 192189	70800	*		Peppercorns, Black, Organic (glass bottle w/adjustable grinder)	6 / 75g		G	
089836 192103	70797	*		Peppercorns, Black, Organic (glass bottle)	6 / 75g			
089836 186225	02159	*		Peppermint Flavour, Organic (no alcohol)	6 / 59ml			
089836 192493	70805 GMO	*		Rosemary, Organic (glass bottle)	6 / 35g			
089836 188700	70750	*	X	Seasoning Mix, Chili, Veggie, Organic (sachets)	12 / 28g			
089836 200020	70742	*	X	Seasoning Mix, Fajita, Organic (sachets)	12 / 28g			
089836 200068	70740	*	X	Seasoning Mix, Pasta Sauce, Alfredo, Organic (sachets)	12 / 42g			
089836 200037	70763	*	X	Seasoning Mix, Spicy Taco, Organic (sachets)	12 / 32g			
089836 200013	70747	*	X	Seasoning Mix, Taco, Organic (sachets)	12 / 32g			
089836 192349	70839	*		Smoked Paprika, Organic (glass bottle)	6 / 77g			
089836 192318	70365	*		Thyme Leaf, Organic (glass bottle)	6 / 31g			
089836 192172	70799	*		Turmeric Root, Ground, Organic (glass bottle)	6 / 46g			
089836 186232	02154	*		Vanilla Extract, Organic	6 / 59ml			
089836 186249	02155	*		Vanilla Extract, Organic	6 / 118ml			
089836 195302	02326	*		Vanilla Extract, Organic (no alcohol)	6 / 59ml			
089836 195319	02328	*		Vanilla Extract, Organic (no alcohol)	6 / 118ml			
SOBER CARPENTER NON-ALCOHOLIC CRAFT BEER - 10% OFF								
854531 000417	17103	+	Ⓟ	XBeer, Blonde Ale (can)	12 / 473ml		G U	
854531 000042	17101	+	Ⓟ	XBeer, IPA (can)	12 / 473ml		G U	
854531 000226	17102	+	Ⓟ	XBeer, Irish Red (can)	12 / 473ml		G U	
854531 000035	17100	+	Ⓟ	XBeer, White (can)	12 / 473ml		G U	
SOTA SPARKLING TEA + ADAPTOGENS - 15% OFF								
628176 390932	35450 GMO	*	+	Ⓟ Sparkling Tea, Calm - Grapefruit + Hibiscus, Organic	4 / 6x355ml		G U	
628176 390949	35451 GMO	*	+	Ⓟ Sparkling Tea, Focus - Orange + Chamomile, Organic	4 / 6x355ml		G U	
628176 390956	35452 GMO	*	+	Ⓟ Sparkling Tea, Refresh - Lime + Dandelion, Organic	4 / 6x355ml		G U	
SPARKMOUTH MOCKTAILS - 10% OFF								
818278 009980	11420	BC	Ⓟ	Mocktails, Margarita (can)	6 / 4x355ml		G P U	
818278 009973	11421	BC	Ⓟ	Mocktails, Mimosa Mocktail (can)	6 / 4x355ml		G P U	
818278 009997	11422	BC	Ⓟ	Mocktails, Moscow Mule (can)	6 / 4x355ml		G P U	
SPERRI PLANT-BASED MEAL REPLACEMENT SHAKE - 10% OFF								
627987 473766	13953 GMO	*	+	Ⓟ Meal Replacement Shake, Chocolate, Organic	3 / 4x330ml			
832365 000025	13955 GMO	*	+	Ⓟ Meal Replacement Shake, Strawberry, Organic	3 / 4x330ml			
627987 473759	13952 GMO	*	+	Ⓟ Meal Replacement Shake, Vanilla Maple, Organic	3 / 4x330ml			
SPREAD 'EM KITCHEN CO. CASHEW CHEESE & DIP (REFRIGERATED) - 15% OFF								
6281763 37067	14662	BC	Ⓟ	Cream Cheese-Style, Creamy Original	8 / 185g			
627843 428213	14652	BC	Ⓟ	Cashew Dip, Beet & Balsamic	8 / 185g			
627843 428275	14656	BC	Ⓟ	Creamy Cashew Dip, Chives & Garlic	8 / 185g			
627843 428305	14660	BC	Ⓟ	Creamy Cashew Dip, Dill Pickle & Truffle	8 / 185g			
628176 337333	14651	BC	Ⓟ	Creamy Cashew Dip, French Onion	8 / 185g			
627843 428282	14657	BC	Ⓟ	Creamy Cashew Dip, Garlic Tzatziki	8 / 185g			
627843 428251	14655	BC	Ⓟ	Creamy Cashew Dip, Jalapeno & Lemon	8 / 185g			
627843 428299	14659	BC	Ⓟ	Creamy Cashew Dip, Spinach & Artichoke	8 / 185g			
627843 428220	14654	BC	Ⓟ	Pesto Dip, Cilantro & Pumpkin Seed	8 / 185g			
SQUAMISH WATER KEFIR PROBIOTIC SODA & WATER KEFIR (REFRIGERATED) - UP TO 15% OFF								
628451 426257	23616	BC	Ⓟ	Probiotic Soda, Cola (can)	12 / 355ml		G P U	
628451 426240	23617	BC	Ⓟ	Probiotic Soda, Cream Soda (can)	12 / 355ml		G P U	
628451 426233	23618	BC	Ⓟ	Probiotic Soda, Root Beer (can)	12 / 355ml		G P U	
628451 426066	23610	BC	Ⓟ	Water Kefir (plastic bottle)	6 / 1L		U	

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STAHLBUSH ISLAND FARMS FRUIT & VEGETABLES (FROZEN) - UP TO \$5.32 OFF					
638882 000070	54015 GMO		X Blueberries (bag)	12 / 300g	
638882 000155	54026 GMO		X Broccoli Florets, Organic (bag)	12 / 300g	
638882 210806	54011 GMO		X Butternut Squash, Diced (bag)	12 / 284g	
638882 000704	54052 GMO		X Classic Mixed Vegetables (bag)	12 / 300g	
638882 000520	54012 GMO		X Corn, Super Sweet (bag)	12 / 350g	
638882 000179	54017 GMO	*	X Cranberries, Organic (bag)	12 / 284g	
638882 000193	54207 GMO	*	X Green Beans, Cut, Organic (bag)	12 / 300g	
638882 000544	54010 GMO		X Green Peas (bag)	12 / 350g	
638882 000599	54014 GMO		X Marion Blackberries (bag)	12 / 284g	
638882 000933	54690 GMO		X Northwest Berry Blend	12 / 300g	
638882 000575	54016 GMO		X Red Raspberries (bag)	12 / 284g	
638882 000612	54061 GMO		X Spinach, Cut (bag)	12 / 300g	
638882 000551	54013 GMO		X Strawberries, Whole (bag)	12 / 300g	
638882 000216	54027 GMO		X Sweet Potato, Organic (bag)	12 / 284g	
SWERVE SWEETENER - \$5.80 OFF					
852700 300191	32701 GMO		Granular	6 / 340g	
852700 300290	32702 GMO		Icing Sugar	6 / 340g	
852700 300399	32703 GMO		Sugar, Brown	6 / 340g	
TASTE NIRVANA COCONUT WATER - 15% OFF					
011259 806862	05920 GF		X Coconut Water (glass bottle)	12 / 280ml	U
011259 904247	05923 GF		Coconut Water (glass bottle)	6 / 700ml	U
TERRA DELYSSA OLIVE OIL - UP TO \$10.20 OFF					
6191509 903726	05229 GMO GF *		Extra Virgin Olive Oil, Organic	6 / 500ml	
6191509 903719	05220 GMO GF *		Extra Virgin Olive Oil, Select, Organic	6 / 750ml	
6191509 903702	05221 GMO GF *		Extra Virgin Olive Oil, Organic	6 / 1L	
THAYERS REMEDIES WITCH HAZEL - 10% OFF					
041507 065765	85307		Witch Hazel Astringent, Original	1 / 355ml	G P
041507 070035	85308		Witch Hazel Toner, Rose Petal	1 / 355ml	G P
041507 070066	85310		Witch Hazel Toner, Lavender	1 / 355ml	G P
THE CULTURED COCONUT PROBIOTIC (REFRIGERATED) - 15% OFF					
628250 991017	14851	* + P	Fermented Coconut Milk Probiotic (made w/organic ingredients)	6 / 460ml	G
THE GINGER PEOPLE GINGER CANDY - 15% OFF					
734027 905016	35010 GMO		Crystallized Ginger	12 / 100g	G
734027 905337	35703 GMO		X Gin Gins, Ginger Candy, Double Strength	12 / 60g	G
734027 905054	35012 GMO		Gin Gins, Ginger Candy, Hard	12 / 84g	G
734027 902039	35018 GMO		X Gin Gins, Ginger Candy, Super Strength	12 / 31g	G
734027 905023	35011 GMO		Gin Gins, Ginger Chews, Original	12 / 84g	G
734027 905320	35702 GMO		X Gin Gins, Ginger Chews, Original	12 / 60g	G
734027 902053	35025 GMO		X Gin Gins, Ginger Chews, Original	12 / 45g	G
734027 901551	35019 GMO		Gin Gins, Ginger Chews, Original	12 / 128g	G
734027 905344	35701 GMO		X Gin Gins, Ginger Chews, Spicy Turmeric	12 / 60g	G
734027 995017	06177 GMO		X GINGER SOOTHER, Lemon & Honey	24 / 355ml	G U
THRIVE REMEDIES ADAPTOGENIC TEA - 15% OFF					
628176 390048	11608	* BC P	X Adaptogenic Tea, Calm, Organic	12 / 475ml	U
628176 390062	11609	* BC P	X Adaptogenic Tea, Defense, Organic	12 / 475ml	U
628176 390017	11610	* BC P	X Adaptogenic Tea, Detox, Organic	12 / 475ml	U
628176 390055	11611	* BC P	X Adaptogenic Tea, Recovery, Organic	12 / 475ml	U
628176 390000	11612	* BC P	X Adaptogenic Tea, Stress, Organic	12 / 475ml	U
TOFINO RAW KOMBUCHA (REFRIGERATED) - 15% OFF					
628176 608136	17243 GMO	* BC P	X Kombucha, Apple Honeybush, Organic (can)	12 / 355ml	G P U
628176 608068	17233	* BC P	X Kombucha, Apricot & Rose, Organic (can)	12 / 355ml	G P U
628176 608082	17234	* BC P	X Kombucha, Blueberry & Lavender, Organic (can)	12 / 355ml	G P U
628176 608020	17235	* BC P	X Kombucha, Ginger & Lemon, Organic (can)	12 / 355ml	G P U
628176 608044	17236	* BC P	X Kombucha, Jasmine & Hibiscus, Organic (can)	12 / 355ml	G P U
628176 608112	17242		X Kombucha, Organic, Mix Pack (can)	12 / 355ml	G P U
628176 608105	17237	* BC P	X Kombucha, Raspberry, Organic (can)	12 / 355ml	G P U
628176 608150	17244 GMO	* BC P	X Kombucha, Turmeric Raspberry, Organic (can)	12 / 355ml	G P U
TOFURKY MEAT ALTERNATIVE (REFRIGERATED) - 10% OFF					
025583 004313	57072		Deli Slices, Hickory Smoked	12 / 156g	
025583 004306	57071		Deli Slices, Oven Roasted Tofurky	12 / 156g	
025583 004320	57080		Deli Slices, Peppered (pastrami-style)	12 / 156g	
TOM'S OF MAINE BODY CARE - 5% OFF					
035000 968425	80674		Deodorant For Men, Mountain Spring	1 / 79g	G P
077326 665251	81555		Deodorant, Long Lasting, Beautiful Earth	1 / 64g	G P
077326 613252	81537		Deodorant, Long Lasting, Refreshing Lemongrass	1 / 64g	G P
077326 614259	81552		Deodorant, Long Lasting, Unscented	1 / 64g	G P
077326 612255	80793		Deodorant, Long Lasting, Wild Lavender	1 / 64g	G P

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827854 012863	81527			Antiperspirant, Cucumber Aloe	1 / 92g		G P
827854 012870	81528			Antiperspirant, Men's, North Woods	1 / 92g		G P
827854 012849	81529			Deodorant, Men's, Mountain Spring	1 / 92g		G P
827854 012894	81530			Deodorant, Men's, North Woods	1 / 92g		G P
827854 012801	81531			Deodorant, Rose Vanilla	1 / 92g		G P
827854 012818	81532			Deodorant, Unscented	1 / 92g		G P
827854 004479	81510			Fluoride Toothpaste, PurActiv, Fresh & Bright	1 / 85ml		G P
077326 830031	81522			Fluoride Toothpaste, WHOLE CARE, Peppermint	1 / 85ml		G P
077326 832226	81505			Fluoride-Free Toothpaste, Children's, Silly Strawberry	1 / 90ml		G P
077326 102404	81515			Fluoride-Free Toothpaste, Clean & Fresh, Fennel	1 / 85ml		G P
077326 455562	81525			Fluoride-Free Toothpaste, Rapid Relief Sensitive, Fresh Mint	1 / 76ml		G P
077326 159408	81506			Fluoride-Free Toothpaste, SIMPLY WHITE, Peppermint	1 / 85ml		G P
077326 834176	80779			Mouthwash, WICKED FRESH, Cool Mountain Mint	1 / 473ml		G P
TRIPLE JIM'S ALL NATURAL PRODUCTS MADE FROM BC FRUIT - 10% OFF							
059105 051707	36658	GMO	*	BC 📦 Apple Chips, Cinnamon, Organic	24 / 70g		G
059105 150905	18102			BC 📦 Cider, Apple (glass bottle)	12 / 946ml		U
059105 153784	18131			BC 📦 Cider, Apple (glass bottle)	4 / 3.78L		U
VG GOURMET ARTISAN VEGAN BURGERS (FROZEN) - 10% OFF							
627843 517412	54596	GF	V	+ 📦 X Burger, Lentil & Walnut (4 pk)	12 / 400g		
627843 517375	54594	GF	V	+ 📦 X Burger, Quinoa & Chickpea (4 pk)	12 / 400g		
628110 150080	54952		V	+ 📦 X Burgers, Eggplant & Tahini (4pk)	12 / 400g		
627843 517399	54595		V	+ 📦 X Burgers, Mexican 3-Bean (4pk)	12 / 400g		
627843 517436	54644	GF	V	+ 📦 X Burgers, Sweet Potato and Black Bean (4 pk)	12 / 400g		
VIJ'S INDIAN APPETIZERS & COOKING SAUCE (FROZEN) - 5% OFF							
628011 353917	54330			+ 📦 X NEW! Cauliflower Wings w/Chilli Garlic Sauce	12 / 460g		
628011 353948	54332			+ 📦 X NEW! Masala Spring Rolls w/Spicy Szechuan Sauce (12pcs)	12 / 420g		
628011 353900	54331			+ 📦 X NEW! Samosa, Crispy Potato & Peas w/Chutney (10pcs)	12 / 460g		
628011 353924	54333			+ 📦 X NEW! Tadka Curry Sauce	12 / 300g		
WHOLESOME NATURAL & ORGANIC SWEETENER - UP TO \$6.10 OFF + VOLUME PRICING							
012511 971069	44158	GMO	GF	* @ COCONUT PALM SUGAR, Organic	6 / 454g		
				Buy 5-7 cases (Sugar Skus ONLY)	Save 1.32		
				Buy 8+ cases (Sugar Skus ONLY)	Save 2.63		
012511 320041	44018	GMO	GF	* @ ICING SUGAR, Powdered, Organic	6 / 454g		
				Buy 5-7 cases (Sugar Skus ONLY)	Save 1.02		
				Buy 8+ cases (Sugar Skus ONLY)	Save 2.05		
012511 446529	44037	GMO	GF	* @ SUGAR, Dark Brown, Organic	6 / 680g		
012511 446413	44036	GMO	GF	* @ SUGAR, Light Brown, Organic	6 / 680g		
				Buy 5-7 cases (Sugar Skus ONLY)	Save 1.17		
				Buy 8+ cases (Sugar Skus ONLY)	Save 2.34		
012511 444716	44029	GMO	GF	* @ SUGAR, Turbinado, Organic	6 / 680g		
				Buy 5-7 cases (Sugar Skus ONLY)	Save 1.25		
				Buy 8+ cases (Sugar Skus ONLY)	Save 2.49		
012511 406004	44127	GMO	GF	* @ SUGAR, Organic	6 / 907g		
				Buy 5-7 cases (Sugar Skus ONLY)	Save 1.36		
				Buy 8+ cases (Sugar Skus ONLY)	Save 2.70		
012511 470715	44198	GMO	GF	@ SUGAR, Cane, Raw	6 / 680g		
				Buy 5-7 cases (Sugar Skus ONLY)	Save 1.06		
				Buy 8+ cases (Sugar Skus ONLY)	Save 2.13		
012511 600006	44072	GMO	GF	* @ MOLASSES, Blackstrap, Organic	12 / 662g		
				Buy 2-4 cases (Molasses Skus ONLY)	Save 2.55		
				Buy 5+ cases (Molasses Skus ONLY)	Save 5.11		
012511 700003	44199	GMO	GF	* @ MOLASSES, Blackstrap, Organic	6 / 1.33kg		
				Buy 2-4 cases (Molasses Skus ONLY)	Save 1.81		
				Buy 5+ cases (Molasses Skus ONLY)	Save 3.62		
012511 976606	44182	GMO	GF	* STEVIA, Organic (jar)	6 / 170g		
				Buy 2-3 cases (Stevia Sku ONLY)	Save 2.03		
				Buy 4+ cases (Stevia Skus ONLY)	Save 4.07		
012511 471217	44091	GMO	GF	* @ BLUE AGAVE NECTAR, Organic	6 / 240ml		
				Buy 5-7 cases (Agave Skus ONLY)	Save 1.25		
				Buy 8+ cases (Agave Skus ONLY)	Save 2.50		
012511 472313	44093	GMO	GF	* @ BLUE AGAVE NECTAR, Organic	6 / 480ml		
012511 473235	44094	GF	* @ BLUE AGAVE NECTAR, Raw, Organic	6 / 480ml			
				Buy 5-7 cases (Agave Skus ONLY)	Save 1.82		
				Buy 8+ cases (Agave Skus ONLY)	Save 3.64		

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WHOLLY WHOLESOME PIE SHELLS (FROZEN) - UP TO \$8.35 OFF					
074677 990339	54589	GF		X Pie Shells, Gluten Free, 9" (2-pk)	6 / 425g
074677 990100	54590	*		X Pie Shells, Traditional, Organic, 9" (2-pk)	12 / 396g
WILD COUNTRY HONEY - 15% OFF					
621234 600165	44107		+ 🍷	Buckwheat Honey, Canada #1 Amber	12 / 500g
621234 610041	44109		+ 🍷	Pure Raw Honey, Canada #1 White	12 / 500g
621234 600400	44108		+ 🍷	Wild Blossom Honey, Canada #1 Golden	12 / 500g
WILD TEA KOMBUCHA - 15% OFF					
628055 948445	23727	GMO	* + 🍷	X Kombucha, Cream Soda, Organic (can)	12 / 355ml G P U
628055 948469	23726	GMO	* + 🍷	X Kombucha, Rootbeer, Organic (can)	12 / 355ml G P U
WILDBRINE FERMENTED SAUCE & FERMENTED VEGETABLES (REFRIGERATED) - 15% OFF					
858159 002082	32159	GMO		Salsa, Fermented Salsa Rojo	6 / 510ml
858159 002716	32238	GMO		Sriracha Sauce, Spicy Kimchi	8 / 241g
858159 002051	32156	GMO		Kimchi, Miso Horseradish	6 / 500ml
858159 002068	32157	GMO		Kimchi, Korean Style	6 / 500ml
858159 002686	32242	GMO		Kimchi, Mild w/ turmeric	6 / 500ml
858159 002020	32152	GMO	*	Kraut, Arame & Ginger, Organic	6 / 500ml
858159 002013	32151	GMO	*	Kraut, Dill & Garlic, Organic	6 / 500ml
858159 002419	32220	GMO	*	Kraut, Green, Organic	6 / 500ml
858159 002044	32154	GMO	*	Kraut, Red Beet & Cabbage, Organic	6 / 500ml
858159 002815	32245	GMO	*	Kraut, Roasted Garlic, Organic	6 / 500ml
WILDVINE PICKLED VEGETABLES (REFRIGERATED) - 10% OFF					
857859 007649	32248	GMO		NEW! Pickled Vegetables, Curtido Coleslaw	6 / 591ml
857859 007625	32247	GMO		NEW! Pickled Vegetables, Spiced Banh Mi Medley	6 / 591ml
857859 007656	32249	GMO		NEW! Pickled Vegetables, Spicy Escabeche	6 / 591ml
857859 007632	32246	GMO		NEW! Pickled Vegetables, Spicy Pickled Red Onions	6 / 591ml
WISE BITES ALLERGEN-FREE BAKED GOODS (FROZEN) - 40% OFF					
816592 000546	28511	GF V	BC 🍷	X Oat & Quinoa Super Cookie, Chocolate Chip	2 / 12x75g G
WIZE ICED TEA - 10% OFF					
628250 387469	13656			🍷 X Sparkling Iced Tea, Honeycrisp Apple (can)	12 / 355ml G P U
628250 387360	13653			🍷 X Sparkling Iced Tea, Mango (can)	12 / 355ml G P U
628250 387445	13654			🍷 X Sparkling Iced Tea, Wild Raspberry (can)	12 / 355ml G P U
WUNDERCAT ALL NATURAL CAT LITTER - 15% OFF					
058633 001918	16703	B	BC 🍷	X NEW! Cat Litter, Non-Clumping	1 / 10kg G P
YOGI HERBAL TEA - \$2.00 OFF					
076950 209374	12678	GMO	*	NEW! Medicinal Tea, Focus, Spiced Blackberry (w/caffeine), Organic	6 / 16ct
076950 209381	12679	GMO	*	NEW! Medicinal Tea, Morning Vitality (w/caffeine), Organic	6 / 16ct
076950 209367	12680	GMO	*	NEW! Medicinal Tea, Revitalize, Chai Turmeric, Organic	6 / 16ct
ZAZUBEAN CHOCOLATE BAR - \$3.00 OFF					
872227 000947	14772	*	@ 🍷 X	Coconut Sugar, Coconut Milk Breezy - Cashew & Hazelnut, Organic	12 / 85g G
872227 000367	14742	*	@ 🍷 X	Coconut Sugar, Coconut Milk Punch - Pineapple & Coconut, Organic	12 / 85g G
872227 000206	14739	*	@ 🍷 X	Coconut Sugar, Coconut Milk Sassy - Pomegranate & Hazelnut, Organic	12 / 85g G
872227 000343	14750	*	@ 🍷 X	Coconut Sugar, Dark Buff - Strong Dark Chocolate (90% Cacao), Organic	12 / 85g G
872227 000244	14741	*	@ 🍷 X	Coconut Sugar, Dark Kiki - Fig & Sea Salt (65% Cacao), Organic	12 / 85g G
872227 000183	14738	*	@ 🍷 X	Coconut Sugar, Dark Nudie - Extra Dark Chocolate (80% Cacao), Organic	12 / 85g G
872227 000220	14740	*	@ 🍷 X	Coconut Sugar, Dark Saltry - Sea Salt & Almonds (65% Cacao), Organic	12 / 85g G
872227 000145	07189	*	@ 🍷 X	Grass Fed Milk Chocolate, Smooch - Vanilla Caramel Crunch, Organic	12 / 85g G
872227 001098	14751	*	@ 🍷 X	Oat Milk Chocolate, Bestie - Almond Toffee Crunch, Organic	12 / 85g G
872227 000107	14737	*	@ 🍷 X	Superfood, Cheeky - Salted Toffee & Banana w/Maca (70% Cacao), Organic	12 / 85g G
872227 000060	14734	*	@ 🍷 X	Superfood, Flirt - Raspberry & Cherry w/Acai (70% Cacao), Organic	12 / 85g G
872227 000015	14733	*	@ 🍷 X	Superfood, Hottie - Chili & Cinnamon w/Yerba Mate (71% Cacao), Organic	12 / 85g G
872227 000046	14731	*	@ 🍷 X	Superfood, Lunatic - Mint & Cocoa Nibs w/Maca (73% Cacao), Organic	12 / 85g G

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872227 000169	14732	* @	Ⓟ X	Superfood, Nakid - Cocoa Nibs & Vanilla (73% Cacao), Organic	12 / 85g	G	
872227 000084	14735	* @	Ⓟ X	Superfood, Nutbar - Coconut & Almond w/Camu Camu (70% Cacao), Organic	12 / 85g	G	
872227 000121	14736	* @	Ⓟ X	Superfood, Squeeze - Orange & Ginger w/Turmeric (70% Cacao), Organic	12 / 85g	G	
872227 000602	14763	@	Ⓟ X	SLINKY No Added Sugar, Creamy Hazelnut (44% Cacao)	12 / 80g	G	
872227 000541	14760	@	Ⓟ X	SLINKY No Added Sugar, Grass Fed Swiss Milk (50% Cacao)	12 / 80g	G	
872227 000640	14765	@	Ⓟ X	SLINKY No Added Sugar, Hazelnut Mocha Latte (43% Cacao)	12 / 80g	G	
872227 000626	14764	@	Ⓟ X	SLINKY No Added Sugar, Super Dark Panama (85% Cacao)	12 / 80g	G	
ZEVIA ZERO SUGAR SODA - \$2.12 OFF							
849429 001249	07158	GMO	GF	Soda, Black Cherry (can)	4 / 6x355ml	G P U	
849429 001201	07106	GMO	GF	Soda, Cola (can)	4 / 6x355ml	G P U	
849429 001287	07111	GMO	GF	Soda, Cream Soda (can)	4 / 6x355ml	G P U	
849429 000013	07160	GMO	GF	Soda, Creamy Root Beer (can)	4 / 6x355ml	G P U	
849429 001263	07161	GMO	GF	Soda, Dr. Zevia (can)	4 / 6x355ml	G P U	
849429 001256	07110	GMO	GF	Soda, Ginger Ale (can)	4 / 6x355ml	G P U	
849429 001232	07109	GMO	GF	Soda, Ginger Root Beer (can)	4 / 6x355ml	G P U	
849429 001270	07159	GMO	GF	Soda, Grape (can)	4 / 6x355ml	G P U	
849429 001218	07107	GMO	GF	Soda, Lemon Lime Twist (can)	4 / 6x355ml	G P U	
849429 001225	07108	GMO	GF	Soda, Orange (can)	4 / 6x355ml	G P U	
849429 001300	72024	GMO	GF	Soda, Cherry Cola (can)	4 / 6x355ml	G P U	
849429 003694	72025	GMO	GF	Soda, Vanilla Cola (can)	4 / 6x355ml	G P U	
ZORAW CHOCOLATES FUNCTIONAL CHOCOLATE BAR - \$3.00 OFF							
627987 164503	27020		+ Ⓟ X	Dark Chocolate, 60% Cacao	12 / 52g	G	
627987 164510	27021		+ Ⓟ X	Milk Chocolate with Almonds	12 / 52g	G	
627987 164527	27022		+ Ⓟ X	Milk Chocolate	12 / 52g	G	
CLEARANCE <i>Discontinued and Clearance items are final sale</i>							
AURA CACIA BODY CARE - 40% OFF							
051381 382612	83001			Aromatherapy Bubble Bath, Tranquility	1 / 384ml	G P	
BIOITALIA PASTA - 25% OFF							
661475 006807	33172	GMO	*	X Pasta, Vegetable, Penne, Organic	12 / 500g		
BOB'S RED MILL FLOUR - 30% OFF							
039978 333490	30570	GMO	GF	X Paleo Baking Flour w/almond & coconut flour	4 / 454g		
BULK BEANS - 40% OFF							
	04055	B	*	X Pinto Beans, Organic	1 / 11.34kg		
CAMINO CHOCOLATE BARS - 30% OFF							
	90702		X	Cranberry Orange Ginger - Dark Chocolate (65% cacao) (S/O)	14 / 80g		
	90703		X	Crispy Gingerbread Spice - Milk Chocolate (37% cacao) (S/O)	14 / 80g		
	90704		X	White Cocoa Crunch - White Chocolate (S/O)	14 / 80g		
CHIWIS SUPERFRUIT SNACK - 35% OFF							
628451 225010	11307			Kiwi Chips, Original	12 / 50g		
CHOSEN FOODS PRODUCTS - 35% OFF							
815074 021857	32320	GMO		Oil Spray, Avocado Oil, Garlic Infused	6 / 134g		
DAIYA CHEEZECAKE (FROZEN) - 30% OFF							
	91948		X	Cheezecake, Pumpkin Spice (S/O)	8 / 400g		
DANDIES VEGAN MARSHMALLOWS - 50% OFF							
	91756		X	Shipper, Marshmallows, Mini, Vanilla Flavoured (S/O)	48 / 283g		
	92233		X	Shipper, Marshmallows, Peppermint Flavoured (S/O)	40 / 142g		
EARTH'S OWN NON-DAIRY BEVERAGE - 30% OFF							
	90230		X	Oat Nog (S/O)	12 / 946ml		
ECOFORCE RECYCLED SCOURER PADS - 40% OFF							
013931 014317	80567			X White Scourer Pads (3 Pack)	10 / 3pk	G P	
FIELD ROAST CO. CHAO SLICES (REFRIGERATED) - 25% OFF							
638031 705726	65117	V		CHAO slices, Tomato Cayenne (10 slices)	8 / 200g		
GARDEIN MEAT-FREE ALTERNATIVE (FROZEN) - 30% OFF							
842234 000636	54533	GMO		X Beefless Tips	8 / 255g		
842234 003248	54272	GMO		X Burger, Veggie	8 / 255g		
GREEN TABLE FOODS CONDIMENTS (REFRIGERATED) - 25% OFF							
180071 000229	19603	GMO	GF V *	+ Ⓟ Living Beets, Organic	6 / 500ml		

CLEARANCE
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GROUND LEEF | VEGAN CRUMBLES - 30% OFF

 851335 000469 **56011**  X Soy Vegan Crumbles, Thai Curry (Keto verified) 12 / 110g

HEALTHY SHORES | CANNED SEAFOOD FOR CATS & DOGS - UP TO 50% OFF

 810757 001430 **48212** BC  Cat Food, Minced, Pacific Herring 24 / 100g G P
 810757 001133 **48224** BC  Dog Food, Pacific Herring 24 / 170g G P

HERBARIA | HERBAL TEA - 85% OFF

 5997005 343735 **40850** Herbal Tea, Agrimony Herb 10 / 25ct
 5997005 343728 **40875** Herbal Tea, Spearmint 10 / 25ct

HILARY'S | VEGGIE BURGERS (FROZEN) - 30% OFF

 854262 003398 **42501**   * X Burger, Adzuki Bean, Organic (2 patties) 12 / 181g

IF YOU CARE | ENVIROMENT FRIENDLY CLEANING PRODUCTS - 35% OFF

 770009 250279 **46393** @ Rubber Gloves, Small (Certified Natural Rubber) (S/O) 12 / 1pr G P

JASON | BODY CARE PRODUCTS - 40% OFF

 078522 901976 **80799** Dry Spray Deodorant, Fresh Cucumber 1 / 113ml G P

JUSTEA | FARMER DIRECT KENYAN TEA - 85% OFF

 628451 866268 **13716**  @ BC  Loose Leaf, Purple Chocolate (Tin) 6 / 100g
 628451 866084 **13712**  @ BC  Loose Leaf, Purple Mint (Tin) 6 / 60g

KINNIKINNICK | GLUTEN FREE BREAD PRODUCTS (FROZEN) - 30% OFF

 620133 000472 **58076** GF +  X Bread, Wide Loaf, Seeded 6 / 615g
 620133 000465 **58077** GF +  X Bread, Wide Loaf, White 6 / 615g

KOMO COMFORT FOODS | PLANT BASED MEALS (FROZEN) - 35% OFF

 628678 993099 **57006** BC  X Mac & Greens (family size) 6 / 1.42kg





LILY'S | NO SUGAR ADDED CHOCOLATE BAR - 30% OFF

 810003 460929 **21363** GF @ X Extremely Dark Chocolate Style (85% Cocoa) 12 / 80g G

LUCKY FOODS | SPRING ROLLS (FROZEN) - 30% OFF

 078487 452780 **31028**  V X Spring Rolls, Curry 8 / 241g

MOCOLATE | MUSHROOM SUPERFOOD POWDER - 75% OFF

 627843 997405 **36004** BC  Mushroom Superfood Powder, Chaga 12 / 70g G
 628693 021067 **36005** BC  Mushroom Superfood Powder, Cordyceps 12 / 70g G
 627843 997382 **36006** BC  Mushroom Superfood Powder, Lion's Mane 12 / 70g G
 627843 997450 **36007** BC  Mushroom Superfood Powder, Reishi 12 / 70g G

NATURA | DAIRY-FREE BEVERAGE - 50% OFF

 063667 090081 **07122** V +  Almond, Chocolate (tetra pak) 12 / 946ml U

NATURE CLEAN | LAUNDRY PRODUCTS - 30% OFF

 058951 308614 **80725** +  Laundry Liquid, White Lily & Moroccan Myrrh, HE (High Efficiency) Certified 4 / 3L G P

NOBLE JERKY | VEGAN JERKY - 30% OFF

 851335 000933 **30380**  V BC  X Vegan Jerky, Original 12 / 70g G


OM MUSHROOM SUPERFOOD | MUSHROOM POWDER - 55% OFF

 856210 008622 **74001**  * Mushroom Powder, Reishi, Organic 6 / 60g G

ORCHID REAL FLAVOUR | BAKING INGREDIENTS - 35% OFF

 062932 006017 **02057** BC  Pure Almond Extract (S/O) 12 / 100ml

PAPERCHEF | CULINARY PARCHMENT PAPER - 30% OFF

 628689 700242 **47016**  Parchment Paper, Pre-cut Sheets, FSC Certified (41 Square Feet) 12 / 24ct G P

PRANA | NUTS - 30% OFF

92100 X Baking Nuts Display 72 units - 18 Almonds, 18 Cashews, 18 Walnuts, 18 Brazil Nuts 72 / 1ea

SANTA CRUZ ORGANIC | LIMEADE - 40% OFF

06818 Limeade (S/O) 12 / 946ml

SEASNAX SEAWEED PRODUCTS - 50% OFF

 609722 798402 **24122**  GF * X GRAB & GO, SeaSnax, Roasted Seasoned Seaweed, Spicy Chipotle, Organic 16 / 5g G

SEVENTH GENERATION | DIAPERS - 30% OFF

 732913 448715 **15100** Diapers, Newborn (up to 10lb) (disposable) 4 / 31ct G P
 732913 448722 **15101** Diapers, Stage 1 (8-14lb) (disposable) 4 / 31ct G P
 732913 448739 **15102** Diapers, Stage 2 (12-18lb) (disposable) 4 / 31ct G P
 732913 448746 **15103** Diapers, Stage 3 (16-28lb) (disposable) 4 / 27ct G P
 732913 448814 **15107** X Value (3) Pack Disposable Diapers, Size 3 (16-28 pounds) 1 / 72ct G P

SEVENTH GENERATION | HOUSEHOLD PRODUCTS - UP TO 35% OFF

 732913 449859 **46183** Dish Liquid, Lemongrass & Clementine Zest 6 / 561ml G P
 732913 447381 **47006** Laundry Liquid, EASYDOSE Ultra Concentrate, Fresh Lavender 6 / 683ml G P
 732913 450800 **47071** Laundry Liquid, EASYDOSE Ultra Concentrated, Mango & Mandarin 6 / 683ml G P
 732913 228287 **46198** Laundry Liquid, 4X Concentrate, Geranium Blossoms & Vanilla (fibre pack) 6 / 1.47L G P

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CLEARANCE
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SUNDHED | SALT LAMP - 35% OFF

93021	Salt Lamp Tea 3H (S/O)	1 / ea	_____
96422	Salt Lamp Tea Triangle (S/O)	1 / ea	_____

THEO | CHOCOLATE BARS - 30% OFF

92340	X Chocolate Bar, Peppermint (S/O)	12 / 79g	_____
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TOFURKY | MARINATED TEMPEH STRIPS (REFRIGERATED) - 30% OFF

025583 001619	57085 GMO	Marinated Tempeh Strips, Sesame Garlic	10 / 198g	_____
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TRIPLE JIM'S PRODUCTS - UP TO 35% OFF

059105 000026	18450 GMO	*	Dried Plums, Organic	6 / 175g	_____
059105 060945	18150	* BC	Juice, Cranberry, Organic (glass bottle)	12 / 946ml	U _____

UDDERLY RIDICULOUS | GOAT'S MILK ICE CREAM CO. (FROZEN) - UP TO 75% OFF

628504 859018	40950	+ PB	X Ice Cream, Vanilla Bean Lavender	8 / 473ml	G _____
628504 859025	40951	+ PB	X Ice Cream, Wine & Dark Chocolate	8 / 473ml	G _____

UDI'S PRODUCTS (FROZEN) - 60% OFF

698997 810513	54292	GF	X Pizza, Supreme	6 / 542g	_____
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VIRGIL'S | HANDCRAFTED SODA - 40% OFF

090341 372003	10963		Soda, Black Cherry (bottle)	6 / 4x355ml	G P U _____
090341 373000	10962		Soda, Orange Cream (bottle)	6 / 4x355ml	G P U _____
090341 543212	10961		Soda, Vanilla Cream (bottle)	6 / 4x355ml	G P U _____

ZAZUBEAN | CHOCOLATE BAR - 30% OFF

94739	X Dasher, White Chocolate Cranberry (S/O)	12 / 85g	_____
94738	X Prancer, Orange Ginger (S/O)	12 / 85g	_____
94731	X Vixen, Cherry Hazel (S/O)	12 / 85g	_____