



Wholesale Catalogue

April 2024



PSC Natural Foods

we deliver the goodness

Tel: 250-386-3880 • 1-800-663-7604

Fax: 250-386-1413 • 1-800-520-5052

Email: sales@pscnaturalfoods.com

Web: www.pscnaturalfoods.com



PSC Natural Foods

we deliver the goodness

Office & Order Desk Hours:

Monday - Thursday 8:30AM - 4:30PM

Friday 8:30AM - 3:00PM

Pick-ups | Monday - Thursday 8:30AM - 4:00PM

Friday 8:30AM - 2:30PM

Warehouse | Unit 117-2924 Jacklin Road

Victoria BC

V9B 3Y5

Tel 250.386.3880 • 1.800.663.7604

Fax 250.386.1413 • 1.800.520.5052

Orders: sales@pscnaturalfoods.com

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PSC NATURAL FOODS Wholesale Catalogue

Accounting Information Payment

- All shipments are C.O.D. unless prearranged otherwise
- Please ask for a credit application.
- **Drivers cannot process credit cards, please contact the office if credit card is your preferred method of payment**

Past Due Accounts

- 1.5% interest per month (18% per year) will be charged on past due accounts.

Delivery & Pick-up Information

- Please check with your sales representative for your delivery day or see next page.
- **Please check your order carefully before signing for it.**
- **We will assume that you have signed for a complete order, or have noted any discrepancies.**
- All prices shown include freight and shipping on established routes, subject to minimum order.
- We will ship via commercial carrier with freight collect or freight prepaid with a minimum order (see below for more information).

Order Pick-ups

- Monday–Thursday 8:30AM–4:00PM
- Friday 8:30AM-2:30PM
- Minimum 24 hours notice required.
- Call by 12:00PM, pick up next business day after 12PM.
- Please note that our minimum order for pick-up is \$100.

Quick Pick-Up Policy

- Order a maximum of ten cases before 10AM and you can pick up your order the same day after 2:00PM.

Back Order Policy

- PSC makes every attempt to ensure full orders but with so many suppliers we cannot guarantee 100% full orders. Please note short ships will not be back ordered. You must re-order with your next delivery, and reach the required minimums.

Ordering Information

* prices subject to change without notice

Order Lead Time - Please see next pg.

Split Cases

- 1/2 case minimum. Frozen items are sold in full cases only.
- Items that may not be split are marked "X" in the catalogue listings.

Minimum Order Amounts

– on scheduled days, where applicable.

- \$100 Pick Ups
- \$300 Delivery in Greater Victoria. This includes Saanich, Sidney, Westshore and Sooke.
- \$500 Delivery outside Greater Victoria. This includes Saltspring Island, Mill Bay and all points north to Campbell River.
- \$500 Delivery to Greater Vancouver.
- \$1500 As of April 1st, our minimum order for prepaid freight, for customers outside our established Delivery routes, will increase to \$1500.
This includes Gabriola, Hornby/Denman, Port Alberni, Tofino and all Vancouver Island points north of Campbell River.

Claims

If you are not satisfied with your purchase, credits will be issued under the following guidelines:

All Claims>Returns

- Credit can only be issued for claims made within 7 days of delivery.
- Please quote your invoice number when making a claim; this will enable us to respond more efficiently.
- There are **NO** returns on frozen products, perishable, discontinued/clearance or special order items. These must be paid in full.
- Products **MUST** be returned in **sellable condition** (eg. price stickers removed and packaging intact).
- **There is a 10% restocking charge on goods returned due to customer error. Or if no one is there to receive order scheduled for delivery.**
- **No returns on disco'd or clearance items unless due to PSC error**

Pricing/Shipping Errors

- Credit can only be given for claims made within 7 days of delivery.
- If an error has been made in billing, please make no changes on your invoice - **DO NOT DEDUCT CLAIMS.**
- Notify us promptly and proper adjustments will be made by credit/debit memo.

Guaranteed Sales

- New listings are guaranteed for no more than three months - please review your shelves periodically. All products claims must be made during this period. Guaranteed sales for products other than new listings require that a special arrangement be made at the time of purchase.

Damaged/Dated Items and Items Not Received

- Please check your order before signing for it and let the driver know immediately.

PSC Freight Rates

Highly competitive freight rates.

We deliver the goodness for less.

Vancouver Island and Other Islands

Vancouver Island, Saltspring Island *Minimum order, no charge*

Gabriola/Denman, Hornby, Port Alberni, Tofino & points north of Campbell River *Orders < \$1500, freight collect
Orders > \$1500, prepaid*

Mainland

Greater Vancouver *Minimum order, no charge*

Zone 1

Lower Fraser Valley, Sunshine Coast *Orders < \$1,000, freight collect
Orders > \$1,000, prepaid*

Zone 2

Other BC and Alberta points, Kelowna, Prince George, Revelstoke, Penticton, Calgary, Edmonton *Refer to Zone 2 and 3 Table*

Zone 3

Regina, Saskatoon, Winnipeg *Refer to Zone 2 and 3 Table*

For orders of unusual size or location, we will negotiate freight charges on an individual basis. We reserve the right to put accounts located off main routes into another geographical zone. Orders with frozen and/or refrigerated goods may be subject to a small surcharge.

PSC Minimum Order Levels for Zone 2 and 3 Shipping

Lower Minimum Orders for Prepaid Freight

Take advantage of our Partnership with Horizon Distributors for the Lower Minimum Order Requirements for Prepaid Freight.

Place your PSC order by the following cut-off times for shipping with your Horizon order.

Order placed by 3:00PM Thursday

Shipped from Horizon on Tuesday

Please ensure that your Horizon order is placed with an enclosure notice informing Horizon of your PSC order.

Your PSC order will arrive at Horizon the day before ship out.

Please note: Orders to be co-shipped with Horizon are delivered on the 'M' run only.

Zone 2

See locations in Freight Rates Table (left)

If shipped with Horizon order \$500 min.
If shipped separately \$2,500, prepaid
Under \$2,500 will be shipped freight collect

Zone 3

See locations in Freight Rates Table (left)

If shipped with Horizon order \$500 min.
If shipped separately \$4,000, prepaid
Under \$4,000 will be shipped freight collect

Please note: Add-on orders must be limited to 10 cases or less

| DELIVERY DAYS | RUN | Overflow | LOCATION | MIN \$ | CUT-OFF TIMES |
|---------------|-----|----------|----------------------------------|--------|--|
| MONDAY | M | V | VANCOUVER | \$500 | Main Orders 1:00PM Thursday Add-ons 10:00AM Friday |
| TUESDAY | B | | UP ISLAND | \$500 | Main Orders 12:00PM Friday Add-ons 10:00AM Monday |
| TUESDAY | C | F | IN TOWN | \$300 | Main Orders 10:00AM Monday Add-ons 12:00PM Monday |
| WEDNESDAY | K | | VANCOUVER <i>*thriflys only*</i> | \$500 | Main Orders 8:00AM Tuesday Add-ons 10:00AM Tuesday |
| WEDNESDAY | D | | SALTSPRING ISLAND | \$500 | Main Orders 2:00PM Monday Add-ons 10:00AM Tuesday |
| WEDNESDAY | E | L | IN TOWN | \$300 | Main Orders 10:00AM Tuesday Add-ons 12:00PM Tuesday |
| THURSDAY | A | T | CAMPBELL RIVER | \$500 | Main Orders 2:00PM Tuesday Add-ons 10:00AM Wednesday |
| THURSDAY | G | | SOOKE | \$300 | Main Orders 10:00AM Wednesday Add-ons 12:00PM Wednesday |
| THURSDAY | R | | RED BARN (excluding RED0001) | \$300 | Main Orders 4:00PM Tuesday Add-ons 10:00AM Wednesday |
| FRIDAY | J | N | UP ISLAND | \$500 | Main Orders 2:00PM Wednesday Add-ons 10:00AM Thursday |
| FRIDAY | H | P or Y | PENNINSULA | \$300 | Main Orders 10:00AM Thursday Add-ons 12:00PM Thursday |

SHIP OUT \$1500 MINIMUM (Free Freight)

BUY GROUP \$650 MINIMUM

***NO SHIP OUTS TO PENDER ISLAND**

Split Cases

• 1/2 case minimum.

Frozen items are sold in full cases only.

Order Pick-ups

- Monday–Thursday 9:00AM–4:00PM
- Friday 9:00AM–2:30PM
- Minimum 24 hours notice required.
- Call by 10:00AM, pick up next business day after 12PM.
- Please note that our minimum order for pick-up is \$100.
- Order a maximum of ten cases before 10AM and you can pick up your order the same day after 2:00PM

Please note: Some delivery routes are done more than once a week (Greater Victoria & Nanaimo), however, this does not mean you will get multiple deliveries each week. We will attempt to accommodate your preferred request but we reserve the right to designate your delivery day. Please check when you set up your account.

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GMØ = Verified NON-GMO / B = Bulk / GF = Certified Gluten Free / V = Certified Vegan / * = Certified Organic

@ = Fair Trade / + = Made in Canada / BC = BC Product / P = Canadian Company / X = NO SPLITS

G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

UPC CODE | **CODE** | **GMØ** | **B** | **GF** | **V** | **@** | **+** | **P** | **X** | **PACK** | **SIZE** | **G** | **P** | **U**

BAKING & PRESERVING

Baking Mixes

BOB'S RED MILL | BAKING MIX

| | | | | | |
|---------------|--------------|-----|----|---|----------|
| 039978 002006 | 34213 | GF | | X Baking Mix, Brownie | 4 / 595g |
| 039978 002075 | 34214 | GF | | X Baking Mix, Cookie, Chocolate Chip | 4 / 624g |
| 039978 001993 | 34212 | GF | | X Baking Mix, Cornbread | 4 / 567g |
| 039978 003003 | 34251 | GMØ | GF | X Baking Mix, Grain Free Blueberry Muffin | 5 / 255g |
| 039978 003225 | 34248 | GMØ | GF | X Baking Mix, Grain Free Brownie | 5 / 340g |
| 039978 003188 | 34249 | GMØ | GF | X Baking Mix, Grain Free Chocolate Cake | 5 / 300g |
| 039978 003294 | 34250 | GMØ | GF | X Baking Mix, Grain Free Flatbread | 5 / 200g |
| 039978 002266 | 34245 | GF | | X Baking Mix, Muffin | 4 / 454g |
| 039978 002082 | 34215 | GF | | X Baking Mix, Pizza Crust | 4 / 454g |

CLOUD 9 | GLUTEN-FREE BAKING MIX

| | | | | | |
|---------------|--------------|----|------|-------------------------------|------------|
| 816512 000045 | 21056 | GF | BC P | Brownie Mix | 8 / 550g |
| 816512 001776 | 21060 | GF | BC P | Cake & Cupcake Mix, Vanilla | 8 / 600g |
| 816512 000298 | 21055 | GF | BC P | Cake & Cupcake Mix, Chocolate | 8 / 600g |
| 816512 000052 | 21054 | GF | BC P | Cookie Mix, Chocolate Chip | 8 / 405g |
| 816512 000502 | 21037 | GF | BC P | All Purpose Baking Mix | 6 / 1.25kg |

HOME GROWN LIVING FOODS | EASY U-BAKE MIX

| | | | | | | |
|---------------|--------------|-----|---|------|---|-----------|
| 628110 072702 | 16254 | GMØ | * | BC P | U-BAKE Mix, Bread & Buns, Pumpkin Chia, Organic | 8 / 500g |
| 628110 072719 | 16253 | GMØ | * | BC P | U-BAKE Mix, Bread & Buns, Sunflower Chia, Organic | 8 / 500g |
| 628110 072955 | 16282 | GMØ | * | BC P | U-BAKE Mix, Cookies, Chocolate Chip, Organic | 12 / 330g |
| 628110 072733 | 16280 | GMØ | * | BC P | U-BAKE Mix, Cookies, Double Chocolate, Organic | 12 / 330g |
| 628110 072726 | 16281 | GMØ | * | BC P | U-BAKE Mix, Cookies, Pumpkin Spice, Organic | 12 / 330g |
| 628110 072931 | 16302 | GMØ | * | BC P | U-BAKE Mix, Cracker, Savoury, Organic | 12 / 330g |
| 628110 072948 | 16303 | GMØ | * | BC P | U-BAKE Mix, Cracker, Spicy, Organic | 12 / 330g |
| 628110 072825 | 16290 | GMØ | * | BC P | U-BAKE Mix, Pizza Crust, Garlic Rosemary, Organic | 12 / 330g |

Baking Supplies

IF YOU CARE | ENVIRONMENT FRIENDLY BAKING CUPS

| | | | | | | |
|---------------|--------------|--|--|--------------------|-----------|-----|
| 770009 010484 | 46382 | | | Baking Cups, Large | 24 / 60ct | G P |
|---------------|--------------|--|--|--------------------|-----------|-----|

PAPERCHEF | CULINARY PARCHMENT BAKING PRODUCTS

| | | | | | | | |
|---------------|--------------|--|---|---|--------------------------|-----------|-----|
| 628689 700303 | 47014 | | + | P | Baking Cups, Extra Large | 12 / 30ct | G P |
| 628689 700600 | 47013 | | + | P | Baking Cups, Large | 12 / 60ct | G P |
| 628689 700907 | 47015 | | + | P | Baking Cups, Mini | 12 / 90ct | G P |
| 628689 700129 | 21010 | | + | P | Baking Cups, Lotus | 6 / 12ct | G P |
| 628689 700143 | 21011 | | + | P | Baking Cups, Tulip | 6 / 12ct | G P |

Baking Ingredients

BAKERS SUPPLY HOUSE | BAKING INGREDIENTS

| | | | | | | |
|---------------|--------------|---|---|--------|--|------------|
| 055853 001803 | 02218 | | * | BC P | Baking Powder, Organic (aluminum free) (corn free) | 24 / 210g |
| 055853 001759 | 02240 | | * | BC P | Corn Starch, Organic | 6 / 250g |
| 055853 001506 | 02217 | | * | BC P | Pure Vanilla Extract, Organic | 12 / 100ml |
| 055853 001308 | 02176 | | | BC P X | Pure Vanilla Extract | 1 / 500ml |
| 055853 002206 | 02266 | B | * | BC P | X Baking Powder, Organic (aluminum free) (corn free) (S/O) | 1 / 10kg |

BOB'S RED MILL | BAKING INGREDIENTS

| | | | | | | |
|---------------|--------------|-----|----|--|---------------------------------|-------------|
| 039978 313928 | 34200 | GMØ | GF | | X Baking Powder (aluminum free) | 4 / 397g |
| 039978 323910 | 34201 | GMØ | GF | | X Baking Soda (aluminum free) | 4 / 454g |
| 039978 306203 | 34204 | GMØ | GF | | X Gluten Free Egg Replacer | 5 / 340g |
| 039978 325259 | 20374 | GMØ | GF | | X Potato Starch, Unmodified | 4 / 624g |
| 039978 002174 | 34230 | GMØ | | | X Wheat Bran | 4 / 227g |
| 039978 002167 | 34231 | GMØ | | | X Wheat Germ | 4 / 340g |
| 039978 355553 | 34205 | GMØ | GF | | X Xanthan Gum | 5 / 227g |
| 039978 315250 | 20421 | GMØ | B | | X Potato Starch, Unmodified | 1 / 11.34kg |

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| UPC CODE | CODE | GMØ | B | GF | V | * | @ | + | BC | P | X | PACK | SIZE | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|---|------|------|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|---|------|------|---|---|---|

EAGLE INSTAFERM | BAKING INGREDIENTS

| | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-------------------------|-----------|
| 067031 | 109096 | 02180 | | | | | | | | | | | | | | | Instaferm Instant Yeast | 20 / 450g |
|--------|--------|-------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-------------------------|-----------|

KINNIKINNICK | GRAHAM STYLE CRUMBS

| | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|--|----|--|--|--|--|--|--|--|--|--|--|--|--|----------------------|----------|
| 620133 | 004340 | 55052 | | GF | | | | | | | | | | | | | Crumbs, Graham Style | 6 / 300g |
|--------|--------|-------|--|----|--|--|--|--|--|--|--|--|--|--|--|--|----------------------|----------|

LET'S DO...ORGANIC | BAKING INGREDIENTS

| | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|---|----|---|---|--|--|--|--|--|--|--|--|--|--|--------------------------------|----------|
| 043182 | 005296 | 20114 | | GF | * | | | | | | | | | | | | Cornstarch, Organic | 6 / 170g |
| 043182 | 005272 | 70340 | | | | | | | | | | | | | | | Tapioca, Granules, Organic | 6 / 170g |
| 043182 | 005937 | 02008 | | GF | * | | | | | | | | | | | | X Sprinklez, Confetti, Organic | 12 / 28g |
| 043182 | 095297 | 14542 | B | | | * | | | | | | | | | | | X Cornstarch, Organic (S/O) | 1 / 25kg |

ORCHID REAL FLAVOUR | BAKING INGREDIENTS

| | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|--|--|--|---|--|--|----|---|--|--|--|--|--|--|---------------------------|------------|
| 062932 | 001005 | 02056 | | | | | | | BC | P | | | | | | | Pure Vanilla Extract | 12 / 100ml |
| 062932 | 001807 | 02074 | | | | * | | | BC | P | | | | | | | Vanilla Extract, Organic | 12 / 100ml |
| 062932 | 002002 | 02071 | | | | | | | BC | P | | | | | | | Pure Vanilla Extract | 6 / 500ml |
| 062932 | 001876 | 02228 | | | | * | | | BC | P | | | | | | | Vanilla Extract, Organic | 6 / 500ml |
| 062932 | 006017 | 02057 | | | | | | | BC | P | | | | | | | Pure Almond Extract (S/O) | 12 / 100ml |

SIMPLY ORGANIC | FLAVOURINGS & EXTRACTS

| | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|-----------|
| 089836 | 186188 | 02156 | | | | * | | | | | | | | | | | Almond Extract, Organic | 6 / 59ml |
| 089836 | 186201 | 02157 | | | | * | | | | | | | | | | | Lemon Flavour, Organic (no alcohol) | 6 / 59ml |
| 089836 | 186225 | 02159 | | | | * | | | | | | | | | | | Peppermint Flavour, Organic (no alcohol) | 6 / 59ml |
| 089836 | 195302 | 02326 | | | | * | | | | | | | | | | | Vanilla Extract, Organic (no alcohol) | 6 / 59ml |
| 089836 | 186232 | 02154 | | | | * | | | | | | | | | | | Vanilla Extract, Organic | 6 / 59ml |
| 089836 | 186195 | 02172 | | | | * | | | | | | | | | | | Almond Extract, Organic | 6 / 118ml |
| 089836 | 195319 | 02328 | | | | * | | | | | | | | | | | Vanilla Extract, Organic (no alcohol) | 6 / 118ml |
| 089836 | 186249 | 02155 | | | | * | | | | | | | | | | | Vanilla Extract, Organic | 6 / 118ml |

Preserving Supplies

POMONA'S | UNIVERSAL PECTIN

| | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|--|--|--|--|--|--|---|--|--|--|--|--|--|--|-------------------------------------|----------|
| 019356 | 551111 | 02195 | | | | | | | | | | | | | | | Pectin, Low Methoxyl (sugar free) | 24 / 31g |
| 019356 | 551135 | 02196 | | | | | | | B | | | | | | | | X Pectin, Low Methoxyl (sugar free) | 1 / 454g |

Cocoa & Chocolate

CAMINO | CHOCOLATE BAKING PRODUCTS

| | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|-----|--|--|---|---|---|---|--|--|--|--|--|--|--|---|-----------|
| 752612 | 230039 | 02243 | | | | * | @ | P | | | | | | | | | Baking Chocolate, Semi-Sweet, 56% Cacao, Organic | 10 / 200g |
| 752612 | 230015 | 02245 | | | | * | @ | P | | | | | | | | | Baking Chocolate, Unsweetened, 100% Cacao, Organic | 10 / 200g |
| 752612 | 240137 | 37014 | GMØ | | | * | @ | P | | | | | | | | | Baking Chips, White, 40% Cacao, Organic | 8 / 225g |
| 752612 | 240021 | 02337 | | | | * | @ | P | | | | | | | | | Chocolate Chips, Bittersweet, 71% Cacao, Organic | 8 / 225g |
| 752612 | 240014 | 02338 | | | | * | @ | P | | | | | | | | | Chocolate Chips, Semi-Sweet, 55% Cacao, Organic | 8 / 225g |
| 752612 | 240106 | 06920 | | | | * | @ | P | | | | | | | | | Chocolate Chips, Unsweetened, 100% Cacao, Organic | 8 / 225g |
| 752612 | 000113 | 02002 | | | | * | @ | P | | | | | | | | | Cocoa Powder, Dutch Processed, Organic | 6 / 224g |
| 752612 | 000212 | 02281 | | | | * | @ | P | | | | | | | | | Cocoa Powder, Natural, 100% Cacao, Organic | 6 / 224g |
| 752612 | 300336 | 90371 | | | | * | @ | | B | | | | | | | | Cocoa Powder, Dutch Processed, Organic (S/O) | 1 / 25kg |
| 752612 | 300147 | 02336 | | | | * | @ | | B | | | | | | | | Chocolate Chips, Semi-Sweet, 55% Cacao, Organic (S/O) | 1 / 10kg |

CRAVE | STEVIA CHOCOLATE CHIPS

| | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|-----|--|--|--|--|----|---|--|--|--|--|--|--|--|-----------------|----------|
| 884063 | 000692 | 23032 | GMØ | | | | | BC | P | | | | | | | | Chocolate Chips | 6 / 200g |
|--------|--------|-------|-----|--|--|--|--|----|---|--|--|--|--|--|--|--|-----------------|----------|

ENDANGERED SPECIES | OAT MILK BAKING CHIPS

| | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|-----|----|---|---|--|--|--|--|--|--|--|--|--|--|---|----------|
| 037014 | 400014 | 36210 | GMØ | GF | V | @ | | | | | | | | | | | Baking Chips, Oat Milk + Dark Chocolate (55% cocoa) | 6 / 285g |
|--------|--------|-------|-----|----|---|---|--|--|--|--|--|--|--|--|--|--|---|----------|

ENJOY LIFE | BAKING CHOCOLATE

| | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|-----|----|---|--|--|--|--|--|--|--|--|--|--|--|--|-----------|
| 819597 | 013825 | 02501 | GMØ | GF | V | | | | | | | | | | | | Mini Chips, White Chocolate | 12 / 255g |
| 819597 | 010213 | 02325 | GMØ | GF | V | | | | | | | | | | | | Morsels, Dark | 12 / 255g |
| 819597 | 013474 | 02500 | GMØ | GF | V | | | | | | | | | | | | Morsels, Chocilateriz, Smooth & Creamy | 12 / 255g |
| 853522 | 000313 | 02271 | GMØ | GF | V | | | | | | | | | | | | Mega Chunks, Semi-Sweet | 12 / 283g |
| 853522 | 000306 | 02250 | GMØ | GF | V | | | | | | | | | | | | Mini Chips, Semi-Sweet | 12 / 283g |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

KRISDA | SUGAR-FREE CHOCOLATELY CHIPS

| | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------------|--|----------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----|------------------------------------|---|--------|
| 688120 200113 | 23019 | | | | | | | | | | | | | | | | | | | + P | Chocolatey Chips, Semi-Sweet | 6 | / 285g |
| 1068812 0200226 | 93040 | | B | | | | | | | | | | | | | | | | | + X | Chocolatey Chips, Semi-Sweet (S/O) | 1 | / 5kg |

PRANA ORGANIC | CHOCOLATE CHUNKS

| | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|---|---|---|--------|
| 877693 001559 | 26142 | GMO | | GF | | * | | | | | | | | | | | | | | P | Dark Chocolate Chunks, 70% Cacao, Organic | 6 | / 300g |
|---------------|--------------|-----|--|----|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|---|---|---|--------|

Flours

ANITA'S ORGANIC MILL | FLOUR

| | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|----------|----|--|-----|----|-----|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|--------|--------|
| 623636 995351 | 22912 | GMO | | GF | | * | BC | P | | | | | | | | | | | | | | | | 4 | / 375g | |
| 623636 993340 | 22252 | | | GF | | * | | P | | | | | | | | | | | | | | | | | 4 | / 680g |
| 623636 998970 | 22134 | GMO | | GF | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 850g |
| 623636 710053 | 22924 | | | GF | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 900g |
| 623636 993395 | 22251 | GMO | | | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 998956 | 22133 | GMO | | GF | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 101202 | 22138 | | | | | * | | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 998550 | 20261 | | | | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 995504 | 22913 | | | | | * | | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 993302 | 22239 | | | | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 993104 | 22240 | | | | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 500005 | 22128 | | | | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 200004 | 22127 | | | | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 120203 | 20101 | | | | | * | | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 600705 | 27000 | | | | | * | | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 400008 | 22126 | | | | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 300056 | 22129 | GMO | | | | V * | BC | P | | | | | | | | | | | | | | | | | 4 | / 1kg |
| 623636 998895 | 21018 | GMO | | | | * | | + P | | | | | | | | | | | | | | | | | 4 | / 2kg |
| 623636 200011 | 20069 | | | | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 2kg |
| 623636 400015 | 20068 | | | | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 2kg |
| 623636 200028 | 22922 | | B | | | * | BC | P | | | | | | | | | | | | | | | | | 4 | / 5kg |
| 623636 400022 | 22923 | | B | | | * | | + P | | | | | | | | | | | | | | | | | 4 | / 5kg |
| 623636 502139 | 20111 | | B | | | * | BC | P | X | | | | | | | | | | | | | | | | 1 | / 10kg |
| 623636 221146 | 20201 | | B | | | * | BC | P | X | | | | | | | | | | | | | | | | 1 | / 10kg |
| 623636 999038 | 20112 | GMO | B | GF | | * | | + P | | | | | | | | | | | | | | | | | 1 | / 10kg |
| 623636 400039 | 20202 | | B | | | * | BC | P | X | | | | | | | | | | | | | | | | 1 | / 10kg |
| 623636 500036 | 20110 | | B | | | * | BC | P | X | | | | | | | | | | | | | | | | 1 | / 10kg |
| 623636 200035 | 22124 | GMO | B | | | V * | BC | P | | | | | | | | | | | | | | | | | 1 | / 10kg |
| 623636 300032 | 20059 | | B | | | * | BC | P | X | | | | | | | | | | | | | | | | 1 | / 10kg |
| 623636 200042 | 20048 | | B | | | * | BC | P | X | | | | | | | | | | | | | | | | 1 | / 20kg |
| 623636 400046 | 20073 | | B | | | * | BC | P | X | | | | | | | | | | | | | | | | 1 | / 20kg |
| 623636 200301 | 20108 | | B | | | * | BC | P | X | | | | | | | | | | | | | | | | 1 | / 10kg |
| 623636 999519 | 28083 | | B | | | * | | | X | | | | | | | | | | | | | | | | 1 | / 20kg |

AVENA FOODS | OAT FLOUR

| | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|----------|----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|----------|
| 663780 100447 | 20117 | | B | GF | | | | | | | | | | | | | | | | | | | | | | 1 | / 22.7kg |
|---------------|--------------|--|----------|----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|----------|

BLUE DIAMOND | ALMOND FLOUR

| | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|--------|
| 041570 147245 | 16184 | GMO | | | | | | | | | | | | | | | | | | | | | | | | 4 | / 454g |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|--------|

Almond Flour, finely sifted

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| UPC CODE | CODE | GMQ | B | GF | V | @ | + | P | X | PACK | SIZE | | | | G | P | U |
|---|-------|-----|---|----|---|---|---|---|---|------|-----------------------------------|-------------|--|--|---|---|---|
| SPARKMOUTH SPARKLING WATER & TONIC | | | | | | | | | | | | | | | | | |
| 818278 003469 | 11417 | | | | | | | | | BC P | Sparkling Water, Grapefruit (can) | 3 / 8x355ml | | | G | | U |
| 818278 003445 | 11415 | | | | | | | | | BC P | Sparkling Water, Lemon (can) | 3 / 8x355ml | | | G | | U |
| 818278 003452 | 11416 | | | | | | | | | BC P | Sparkling Water, Lime (can) | 3 / 8x355ml | | | G | | U |
| 818278 003476 | 11418 | | | | | | | | | BC P | Sparkling Water, Strawberry (can) | 3 / 8x355ml | | | G | | U |
| 818278 004787 | 11432 | | | | | | | | | BC P | Tonic, Artisanal Dry (can) | 6 / 4x355ml | | | G | P | U |
| 818278 005128 | 11433 | | | | | | | | | BC P | Tonic, Cucumber Mint (can) | 6 / 4x355ml | | | G | P | U |
| 818278 004824 | 11434 | | | | | | | | | BC P | Tonic, Lime Zest (can) | 6 / 4x355ml | | | G | P | U |

THIRSTY BUDDHA | SPARKLING COCONUT WATER

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|-----|---|--------------------------|-------------|-------------|---|---|---|
| 852953 001654 | 72521 | GMQ | | | | | | | | P X | Sparkling Coconut Water with Pineapple (can) | 12 / 330ml | | | G | P | U |
| 852953 001357 | 72522 | GMQ | | | | | | | | P X | Sparkling Coconut Water with Watermelon (can) | 12 / 330ml | | | G | P | U |
| | | | | | | | | | | | | Buy 50-99 cases | Save | 1.50 | | | |
| | | | | | | | | | | | | Buy 100-199 cases | Save | 2.25 | | | |
| | | | | | | | | | | | | Buy 200+ cases | Save | 3.00 | | | |

WIZE | ICED TEA

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|-----|--|------------|--|--|---|---|---|
| 628250 387469 | 13656 | | | | | | | | | P X | Sparkling Iced Tea, Honeycrisp Apple (can) | 12 / 355ml | | | G | P | U |
| 628250 387360 | 13653 | | | | | | | | | P X | Sparkling Iced Tea, Mango (can) | 12 / 355ml | | | G | P | U |
| 628250 387445 | 13654 | | | | | | | | | P X | Sparkling Iced Tea, Wild Raspberry (can) | 12 / 355ml | | | G | P | U |

ZEVIA | ZERO SUGAR SODA

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|--|--|--|--|---|------------------------------|-------------|--|--|---|---|---|
| 849429 001249 | 07158 | GMQ | | GF | | | | | | | Soda, Black Cherry (can) | 4 / 6x355ml | | | G | P | U |
| 849429 001201 | 07106 | GMQ | | GF | | | | | | | Soda, Cola (can) | 4 / 6x355ml | | | G | P | U |
| 849429 001287 | 07111 | GMQ | | GF | | | | | | | Soda, Cream Soda (can) | 4 / 6x355ml | | | G | P | U |
| 849429 000013 | 07160 | GMQ | | GF | | | | | | | Soda, Creamy Root Beer (can) | 4 / 6x355ml | | | G | P | U |
| 849429 001263 | 07161 | GMQ | | GF | | | | | | | Soda, Dr. Zevia (can) | 4 / 6x355ml | | | G | P | U |
| 849429 001256 | 07110 | GMQ | | GF | | | | | | | Soda, Ginger Ale (can) | 4 / 6x355ml | | | G | P | U |
| 849429 001232 | 07109 | GMQ | | GF | | | | | | | Soda, Ginger Root Beer (can) | 4 / 6x355ml | | | G | P | U |
| 849429 001270 | 07159 | GMQ | | GF | | | | | | | Soda, Grape (can) | 4 / 6x355ml | | | G | P | U |
| 849429 001218 | 07107 | GMQ | | GF | | | | | | | Soda, Lemon Lime Twist (can) | 4 / 6x355ml | | | G | P | U |
| 849429 001225 | 07108 | GMQ | | GF | | | | | | | Soda, Orange (can) | 4 / 6x355ml | | | G | P | U |
| 849429 001300 | 72024 | GMQ | | GF | | | | | | | Soda, Cherry Cola (can) | 4 / 6x355ml | | | G | P | U |
| 849429 003694 | 72025 | GMQ | | GF | | | | | | | Soda, Vanilla Cola (can) | 4 / 6x355ml | | | G | P | U |
| 849429 004097 | 72060 | GMQ | | GF | | | | | | X | Soda Sleek Can, Cola | 12 / 355ml | | | G | P | U |
| 849429 004110 | 72061 | GMQ | | GF | | | | | | X | Soda Sleek Can, Ginger Ale | 12 / 355ml | | | G | P | U |
| 849429 004103 | 72062 | GMQ | | GF | | | | | | X | Soda Sleek Can, Orange | 12 / 355ml | | | G | P | U |
| 849429 004127 | 72063 | GMQ | | GF | | | | | | X | Soda Sleek Can, Root Beer | 12 / 355ml | | | G | P | U |

Functional Beverages

BUCHA BREW | KOMBUCHA

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|---|----|---|--|--|--|------------------------------------|-------------|--|--|---|---|---|
| 628110 435354 | 17252 | GMQ | | | * | BC | P | | | | Kombucha Lite, Grapefruit, Organic | 6 / 4x355ml | | | G | P | U |
| 628110 435347 | 17251 | GMQ | | | * | BC | P | | | | Kombucha Lite, Lemon, Organic | 6 / 4x355ml | | | G | P | U |

GINGER PEOPLE | GINGER SOOTHER

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|---|-------------------------------|------------|--|--|---|--|---|
| 734027 995017 | 06177 | GMQ | | | | | | | | X | GINGER SOOTHER, Lemon & Honey | 24 / 355ml | | | G | | U |
|---------------|-------|-----|--|--|--|--|--|--|--|---|-------------------------------|------------|--|--|---|--|---|

GOODVIBES JUICE CO | GOODVIBES SHOTS+

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|---|-----|---|-----------|--|--|--|---|
| 628250 941272 | 80732 | | | | | | | | | + | P X | Shots, Get Well + Elderberry/Ginger/Hibiscus | 12 / 50ml | | | | U |
| 628250 941180 | 80731 | | | | | | | | | + | P X | Shots, Sick Day + Echinaces/Ginger/Cayenne | 12 / 50ml | | | | U |
| 628250 941296 | 80733 | | | | | | | | | + | P X | Shots, Turmeric Daily + Turmeric/Ginger/Chamomile | 12 / 50ml | | | | U |

GUAYAKI | YERBA MATE BEVERAGE

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|---|---|--|--|--|---|--|------------|--|--|---|---|---|
| 632432 000398 | 07176 | GMQ | | | * | @ | | | | X | Berry Lemonade, Organic (can) | 12 / 458ml | | | G | | U |
| 632432 000190 | 07332 | GMQ | | | * | @ | | | | X | Bluephoria, Organic (can) | 12 / 458ml | | | G | | U |
| 632432 000114 | 07153 | GMQ | | | * | @ | | | | X | Enlighten Mint, Organic (can) | 12 / 458ml | | | G | | U |
| 632432 000121 | 07151 | GMQ | | | * | @ | | | | X | Lemon Elation, Organic (can) | 12 / 458ml | | | G | | U |
| 632432 000374 | 07175 | GMQ | | | * | @ | | | | X | Peach, Organic (can) | 12 / 458ml | | | G | | U |
| 632432 000138 | 07152 | GMQ | | | * | @ | | | | X | Revel Berry, Organic (can) | 12 / 458ml | | | G | | U |
| 632432 000145 | 04032 | GMQ | | | * | @ | | | | X | Sparkling Classic Gold, Organic (can) | 12 / 355ml | | | G | P | U |
| 632432 000152 | 04033 | GMQ | | | * | @ | | | | X | Sparkling Cranberry Pomegranate, Organic (can) | 12 / 355ml | | | G | P | U |
| 632432 000169 | 04000 | GMQ | | | * | @ | | | | X | Sparkling Grapefruit Ginger, Organic (can) | 12 / 355ml | | | G | P | U |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | BC | P | X | PACK | SIZE | | | | G | P | U |
|---------------|-------|-----|---|----|---|---|---|---|----|---|---|------|------------|--|--|--|---|---|---|
| 632432 000206 | 06838 | GMO | | | | | * | @ | | | | | 12 / 473ml | | | | G | | U |
| 632432 000220 | 06839 | GMO | | | | | * | @ | | | | | 12 / 473ml | | | | G | | U |
| 632432 000244 | 06837 | GMO | | | | | * | @ | | | | | 12 / 473ml | | | | G | | U |
| 632432 000268 | 06870 | GMO | | | | | * | @ | | | | | 12 / 473ml | | | | G | | U |

MATEINA | READY-TO-DRINK YERBA MATE

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|---|---|---|---|--|--|------------|--|--|--|--|--|-------|
| 628504 157374 | 20811 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | U |
| 628504 157046 | 20810 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | U |
| 628504 157305 | 20803 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | U |
| 628504 157329 | 20805 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | U |
| 628504 157381 | 20812 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | G P U |

ROAR ORGANIC | VITAMIN ENHANCED BEVERAGE

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|----|---|---|--|--|--|------------|--|--|--|--|--|-----|
| 628250 053258 | 19904 | GMO | | | | | GF | V | * | | | | 12 / 532ml | | | | | | G U |
| 628250 053227 | 19901 | GMO | | | | | GF | V | * | | | | 12 / 532ml | | | | | | G U |
| 628250 053265 | 19905 | GMO | | | | | GF | V | * | | | | 12 / 532ml | | | | | | G U |
| 628250 053241 | 19903 | GMO | | | | | GF | V | * | | | | 12 / 532ml | | | | | | G U |
| 628250 053326 | 19906 | GMO | | | | | | | * | | | | 12 / 532ml | | | | | | G U |

RVIITA | ENERGY TEA

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|----|---|---|------------|--|--|--|--|--|---|
| 627987 111873 | 01200 | | | | | | | | | BC | P | X | 10 / 355ml | | | | | | U |
| 627987 111880 | 01201 | | | | | | | | | BC | P | X | 10 / 355ml | | | | | | U |
| 627987 111903 | 01202 | | | | | | | | | BC | P | X | 10 / 355ml | | | | | | U |
| 627987 111897 | 01203 | | | | | | | | | BC | P | X | 10 / 355ml | | | | | | U |

SAPSUCKER | SPARKLING TREE WATER

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|---|---|---|---|--|--|-------------|--|--|--|--|--|-----|
| 898171 000161 | 56411 | GMO | | | | | * | + | P | X | | | 6 / 4x355ml | | | | | | G U |
| 898171 000208 | 56409 | GMO | | | | | * | + | P | X | | | 6 / 4x355ml | | | | | | G U |
| 898171 000192 | 56410 | GMO | | | | | * | + | P | X | | | 6 / 4x355ml | | | | | | G U |
| 898171 000154 | 56417 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | G U |
| 898171 000024 | 56415 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | G U |
| 898171 000031 | 56414 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | G U |
| 898171 000178 | 56418 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | G U |
| 898171 000017 | 56413 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | G U |
| 898171 000284 | 56416 | GMO | | | | | * | + | P | X | | | 12 / 355ml | | | | | | G U |

SOTA SPARKLING TEA + ADAPTOGENS

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|---|---|---|---|--|--|-------------|--|--|--|--|--|-----|
| 628176 390932 | 35450 | GMO | | | | | * | + | P | X | | | 4 / 6x355ml | | | | | | G U |
| 628176 390949 | 35451 | GMO | | | | | * | + | P | X | | | 4 / 6x355ml | | | | | | G U |
| 628176 390956 | 35452 | GMO | | | | | * | + | P | X | | | 4 / 6x355ml | | | | | | G U |

SPERRI | PLANT-BASED MEAL REPLACEMENT SHAKE

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|---|---|---|---|--|--|-------------|--|--|--|--|--|--|
| 627987 473766 | 13953 | GMO | | | | | * | + | P | X | | | 3 / 4x330ml | | | | | | |
| 832365 000025 | 13955 | GMO | | | | | * | + | P | X | | | 3 / 4x330ml | | | | | | |
| 627987 473759 | 13952 | GMO | | | | | * | + | P | X | | | 3 / 4x330ml | | | | | | |

THRIVE REMEDIES | ADAPTOGENIC TEA

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|---|----|---|---|--|--|------------|--|--|--|--|--|---|
| 628176 390048 | 11608 | | | | | | * | BC | P | X | | | 12 / 475ml | | | | | | U |
| 628176 390062 | 11609 | | | | | | * | BC | P | X | | | 12 / 475ml | | | | | | U |
| 628176 390017 | 11610 | | | | | | * | BC | P | X | | | 12 / 475ml | | | | | | U |
| 628176 390055 | 11611 | | | | | | * | BC | P | X | | | 12 / 475ml | | | | | | U |
| 628176 390000 | 11612 | | | | | | * | BC | P | X | | | 12 / 475ml | | | | | | U |

ZEVI | ZERO SUGAR ENERGY DRINK

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|----|--|--|--|--|--|------------|--|--|--|--|--|-------|
| 849429 000693 | 72080 | GMO | | | | | GF | | | | | | 12 / 355ml | | | | | | G P U |
| 849429 000723 | 72083 | GMO | | | | | GF | | | | | | 12 / 355ml | | | | | | G P U |
| 849429 000709 | 72081 | GMO | | | | | GF | | | | | | 12 / 355ml | | | | | | G P U |
| 849429 003045 | 72084 | GMO | | | | | GF | | | | | | 12 / 355ml | | | | | | G P U |
| 849429 000716 | 72082 | GMO | | | | | GF | | | | | | 12 / 355ml | | | | | | G P U |
| 849429 003052 | 72085 | GMO | | | | | GF | | | | | | 12 / 355ml | | | | | | G P U |

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|--|-------|-----|---|----|---|---|---|----|---|-------|---|-------------|--|--|---|---|---|
| WAKEWATER CAFFEINATED SPARKLING WATER | | | | | | | | | | | | | | | | | |
| 628693 083072 | 25115 | | | | | | | | | + P | Caffeinated Sparkling Water, Blackberry | 6 / 4x355ml | | | G | | U |
| 628693 083058 | 25113 | | | | | | | | | + P | Caffeinated Sparkling Water, Grapefruit | 6 / 4x355ml | | | G | | U |
| 628693 083065 | 25114 | | | | | | | | | + P | Caffeinated Sparkling Water, Lemon | 6 / 4x355ml | | | G | | U |
| 628693 083003 | 25112 | | | | | | | | | + P X | Caffeinated Sparkling Water, Blackberry | 12 / 355ml | | | G | | U |
| 628055 980896 | 25110 | | | | | | | | | + P X | Caffeinated Sparkling Water, Grapefruit | 12 / 355ml | | | G | | U |
| 628055 980278 | 25111 | | | | | | | | | + P X | Caffeinated Sparkling Water, Lemon | 12 / 355ml | | | G | | U |
| 628693 083096 | 25109 | | | | | | | | | + P X | Caffeinated Sparkling Water, Peach | 12 / 355ml | | | G | | U |
| WILD TEA KOMBUCHA | | | | | | | | | | | | | | | | | |
| 628055 948445 | 23727 | GMO | | | | | * | | | + P X | Kombucha, Cream Soda, Organic (can) | 12 / 355ml | | | G | P | U |
| 628055 948469 | 23726 | GMO | | | | | * | | | + P X | Kombucha, Rootbeer, Organic (can) | 12 / 355ml | | | G | P | U |

Juices & Non - Carbonated Beverages

| | | | | | | | | | | | | | | | | | |
|---|-------|--|--|--|--|--|---|--|--|-------|-----------------------------------|------------|--|--|--|--|-----|
| BLACK RIVER JUICE & LEMONADE | | | | | | | | | | | | | | | | | |
| 771344 001014 | 02377 | | | | | | | | | + P X | Cider, Sweet Apple | 12 / 300ml | | | | | U |
| 771344 001045 | 02371 | | | | | | | | | + P X | Juice, Apple + Cranberry | 12 / 300ml | | | | | U |
| 771344 001083 | 02372 | | | | | | | | | + P X | Juice, Apple + Mango | 12 / 300ml | | | | | U |
| 771344 001137 | 02373 | | | | | | | | | + P X | Juice, Bartlett Pear | 12 / 300ml | | | | | U |
| 771344 001090 | 02375 | | | | | | | | | + P X | Juice, Pure Orange | 12 / 300ml | | | | | U |
| 771344 001069 | 02376 | | | | | | | | | + P X | Juice, Pure Red Grapefruit | 12 / 300ml | | | | | U |
| 771344 001120 | 02374 | | | | | | | | | + P X | Lemonade, Classic | 12 / 300ml | | | | | G U |
| 771344 004091 | 02361 | | | | | | | | | + P | Juice, Apple Cranberry | 12 / 1L | | | | | U |
| 771344 004114 | 02363 | | | | | | | | | + P | Juice, Apple Mango | 12 / 1L | | | | | U |
| 771344 004237 | 02380 | | | | | | | | | + P | Juice, Bartlett Pear | 12 / 1L | | | | | U |
| 771344 004053 | 02358 | | | | | | | | | + P | Juice, Black Cherry | 12 / 1L | | | | | U |
| 771344 004121 | 02364 | | | | | | | | | + P | Juice, Pineapple | 12 / 1L | | | | | U |
| 771344 004138 | 02365 | | | | | | | | | + P | Juice, Pomegranate | 12 / 1L | | | | | U |
| 771344 004220 | 02390 | | | | | | | | | + P | Juice, Pure Cranberry | 12 / 1L | | | | | U |
| 771344 004251 | 02383 | | | | | | | | | + P | Juice, Pure Red Grapefruit | 12 / 1L | | | | | U |
| 771344 004060 | 02359 | | | | | | | | | + P | Juice, Tart Cherry | 12 / 1L | | | | | U |
| 771344 004176 | 02392 | | | | | | * | | | + P | Juice, Sweet Apple Cider, Organic | 12 / 1L | | | | | U |
| 771344 004015 | 02394 | | | | | | | | | + P | Juice, Sweet Apple Cider (S/O) | 12 / 1L | | | | | U |
| 771344 004213 | 02381 | | | | | | | | | + P | Lemonade, Classic (S/O) | 12 / 1L | | | | | G U |

| | | | | | | | | | | | | | | | | | |
|---|-------|-----|--|--|--|--|---|--|--|-----|---|------------|--|--|--|--|---|
| BLUE MONKEY PURE COCONUT WATER & JUICE | | | | | | | | | | | | | | | | | |
| 059654 510014 | 07337 | GMO | | | | | | | | P X | Juice, 100% Watermelon (can) | 12 / 330ml | | | | | U |
| 059654 170034 | 06896 | GMO | | | | | | | | P X | Pure Coconut Water (can) | 24 / 330ml | | | | | U |
| 059654 133336 | 07072 | GMO | | | | | * | | | P X | Pure Coconut Water, Organic (can) | 12 / 500ml | | | | | U |
| 059654 170027 | 06907 | GMO | | | | | | | | P X | Pure Coconut Water with Pulp (can) | 24 / 520ml | | | | | U |
| 059654 170010 | 07060 | GMO | | | | | | | | P X | Pure Coconut Water (can) | 24 / 520ml | | | | | U |
| 059654 120213 | 05536 | GMO | | | | | | | | P X | Pure Coconut Water (can) | 12 / 520ml | | | | | U |
| 059654 120220 | 05537 | GMO | | | | | | | | P X | Pure Coconut Water with Pulp (can) | 12 / 520ml | | | | | U |
| 059654 222221 | 07241 | GMO | | | | | * | | | P X | Pure Coconut Water, Organic (Tetra Pak) | 12 / 1L | | | | | U |

| | | | | | | | | | | | | | | | | | |
|--------------------------|-------|--|--|--|--|--|---|----|---|--------------------------------------|------------|--|--|--|--|--|---|
| BREMNER'S JUICE | | | | | | | | | | | | | | | | | |
| 834644 003208 | 05239 | | | | | | * | BC | P | Juice, Blueberry, Organic (bottle) | 12 / 946ml | | | | | | U |
| 834644 003222 | 05249 | | | | | | * | BC | P | Juice, Cranberry, Organic (bottle) | 12 / 946ml | | | | | | U |
| 834644 003055 | 05086 | | | | | | * | BC | P | Juice, Pomegranate, Organic (bottle) | 12 / 946ml | | | | | | U |

| | | | | | | | | | | | | | | | | | |
|--------------------------------|-------|-----|--|--|--|--|--|--|--|----|---|------------|--|--|--|--|---|
| GOODDRINK BOTTLED TEA | | | | | | | | | | | | | | | | | |
| 853790 001029 | 04104 | GMO | | | | | | | | GF | X Green Tea with Lemon & Honey (glass bottle) | 12 / 473ml | | | | | U |
| 853790 001012 | 04105 | GMO | | | | | | | | GF | X Iced Tea with Lemon (glass bottle) | 12 / 473ml | | | | | U |
| 853790 001067 | 04106 | GMO | | | | | | | | GF | X Lemonade Tea, Lemonade & Black Tea (glass bottle) | 12 / 473ml | | | | | U |
| 853790 001036 | 04107 | GMO | | | | | | | | GF | X Mango Tea with Hibiscus & Vanilla (glass bottle) | 12 / 473ml | | | | | U |
| 853790 001050 | 04108 | GMO | | | | | | | | GF | X Peach Tea with Apple (glass bottle) | 12 / 473ml | | | | | U |
| 853790 001043 | 04109 | GMO | | | | | | | | GF | X White Tea with Blueberry (glass bottle) | 12 / 473ml | | | | | U |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|---|--------------|-----|---|----|---|---|---|---|----|---|------|------------------------|-------------|------------|--|---|---|-----|
| ITO EN UNSWEETENED READY TO DRINK TEA | | | | | | | | | | | | | | | | | | |
| 835143 016928 | 10020 | | | | | | | | | | | 12 / 500ml | | | | | | U |
| 835143 006950 | 10021 | | | | | | | | | | | 12 / 500ml | | | | | | U |
| 835143 001412 | 10066 | | | | | | | | | | | 12 / 500ml | | | | | | U |
| 835143 005922 | 10022 | | | | | | | | | | | 24 / 340ml | | | | | | U |
| 835143 016829 | 10023 | | | | | | | | | | | 6 / 2L | | | | | | U |
| KIJU ORGANIC BEVERAGE | | | | | | | | | | | | | | | | | | |
| 189727 000279 | 06768 | GMO | | | | * | | + | FJ | | | 8 / 4x200ml | | | | | | U |
| 189727 000262 | 06770 | GMO | | | | * | | + | FJ | | | 8 / 4x200ml | | | | | | U |
| 189727 000217 | 06944 | GMO | | | | * | | + | FJ | | | 8 / 4x200ml | | | | | | U |
| 189727 000224 | 06955 | GMO | | | | * | | + | FJ | | | 8 / 4x200ml | | | | | | U |
| 189727 000231 | 06956 | GMO | | | | * | | + | FJ | | | 8 / 4x200ml | | | | | | U |
| 189727 000248 | 06969 | GMO | | | | * | | + | FJ | | | 8 / 4x200ml | | | | | | U |
| 189727 000255 | 06975 | GMO | | | | * | | + | FJ | | | 8 / 4x200ml | | | | | | U |
| 189727 001016 | 06757 | GMO | | | | * | | + | FJ | | | 12 / 1L | | | | | | U |
| 189727 000460 | 07252 | GMO | | | | * | | + | FJ | | | 12 / 1L | | | | | | U |
| 189727 001023 | 06758 | GMO | | | | * | | + | FJ | | | 12 / 1L | | | | | | U |
| 189727 001047 | 06759 | GMO | | | | * | | + | FJ | | | 12 / 1L | | | | | | U |
| 189727 001054 | 06760 | GMO | | | | * | | + | FJ | | | 12 / 1L | | | | | | U |
| 189727 001078 | 06761 | GMO | | | | * | | + | FJ | | | 12 / 1L | | | | | | U |
| KING ISLAND COCONUT WATER | | | | | | | | | | | | | | | | | | |
| 8850813 300031 | 07130 | | | | | | | | | | | 12 / 1L | | | | | | U |
| MORNIN' GLORY PRUNE JUICE | | | | | | | | | | | | | | | | | | |
| 093778 888819 | 05001 | | | | | * | | | | | | 12 / 946ml | | | | | | U |
| NATURAL CABANA LEMON & LIMEADE | | | | | | | | | | | | | | | | | | |
| 856190 003020 | 04081 | | | | | | | | | | | 12 / 591ml | | | | | | G U |
| 853790 001722 | 04087 | | | | | | | | | | | 12 / 591ml | | | | | | G U |
| 856190 003006 | 04082 | | | | | | | | | | | 12 / 591ml | | | | | | G U |
| 853790 001715 | 04088 | | | | | | | | | | | 12 / 591ml | | | | | | G U |
| 856190 003013 | 04083 | | | | | | | | | | | 12 / 591ml | | | | | | G U |
| 856190 003037 | 04084 | | | | | | | | | | | 12 / 591ml | | | | | | G U |
| 856190 003136 | 04085 | | | | | | | | | | | 12 / 591ml | | | | | | G U |
| 856190 003204 | 04086 | | | | | | | | | | | 12 / 591ml | | | | | | G U |
| PATIENCE FRUIT & CO FRUIT JUICE | | | | | | | | | | | | | | | | | | |
| 662166 221103 | 18209 | GMO | | | | | | + | | | | 6 / 946ml | | | | | | U |
| 662166 222209 | 18233 | GMO | | | | | | + | FJ | | | 6 / 946ml | | | | | | U |
| 662166 223305 | 18232 | GMO | | | | | | + | FJ | | | 6 / 946ml | | | | | | U |
| 662166 001002 | 18210 | GMO | | | | | | + | | | | 6 / 1L | | | | | | U |
| | | | | | | | | | | | | Buy 12-19 cases | Save | 15% | | | | |
| | | | | | | | | | | | | Buy 20+ cases | Save | 20% | | | | |
| R.W. KNUDSEN FRUIT JUICE & VEGETABLE JUICE | | | | | | | | | | | | | | | | | | |
| 074682 000146 | 07446 | GMO | | | | * | | | | | | 6 / 946ml | | | | | | U |
| 074682 000115 | 07447 | GMO | | | | * | | | | | | 6 / 946ml | | | | | | U |
| 074682 123098 | 06303 | GMO | | | | | | | | | | 6 / 946ml | | | | | | U |
| 074682 123241 | 06363 | | | | | | | | | | | 6 / 946ml | | | | | | U |
| 074682 123500 | 06361 | GMO | | | | | | | | | | 6 / 946ml | | | | | | U |
| 074682 123357 | 06582 | GMO | | | | * | | | | | | 6 / 946ml | | | | | | U |
| 074682 200645 | 07445 | GMO | | | | * | | | | | | 6 / 946ml | | | | | | U |
| 074682 123296 | 06365 | | | | | | | | | | | 6 / 946ml | | | | | | U |
| 074682 123180 | 06580 | | | | | * | | | | | | 6 / 946ml | | | | | | U |
| 074682 000122 | 07448 | GMO | | | | | | | | | | 6 / 946ml | | | | | | U |
| 074682 123128 | 06581 | | | | | * | | | | | | 6 / 946ml | | | | | | U |

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| UPC CODE | CODE | GMQ | B | GF | V | @ | + | BC | P | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|----|---|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|----|---|---|------|------|--|--|--|---|---|---|

SANTA CRUZ ORGANIC | LEMONADE

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|---|--|--|------------------------------|------------|--|--|--|---|---|
| 036192 127843 | 06819 | GMQ | | | | | | | | * | | | Lemonade, Mango, Organic | 12 / 946ml | | | | G | U |
| 036192 123135 | 06383 | GMQ | | | | | | | | * | | | Lemonade, Organic | 12 / 946ml | | | | G | U |
| 036192 123142 | 06384 | GMQ | | | | | | | | * | | | Lemonade, Raspberry, Organic | 12 / 946ml | | | | G | U |

TASTE NIRVANA | COCONUT WATER

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|----|--|--|--|--|--|--|---|--|------------------------------|------------|--|--|--|--|---|
| 011259 806862 | 05920 | | | GF | | | | | | | X | | Coconut Water (glass bottle) | 12 / 280ml | | | | | U |
| 011259 904247 | 05923 | | | GF | | | | | | | | | Coconut Water (glass bottle) | 6 / 700ml | | | | | U |

THIRSTY BUDDHA | COCONUT WATER

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|--|--|--|--|--|---|--|-------------------------------------|------------------|--|--|--|--|---|
| 852953 001432 | 72505 | GMQ | | GF | | | | | | | X | | Coconut Water, Natural w/Pulp (can) | 12 / 490ml | | | | | U |
| 852953 001418 | 07165 | GMQ | | GF | | | | | | | X | | Coconut Water, Natural (can) | 12 / 490ml | | | | | U |
| | | | | | | | | | | | | | Buy 30-69 cases | Save 2.15 | | | | | |
| | | | | | | | | | | | | | Buy 70-139 cases | Save 3.25 | | | | | |
| | | | | | | | | | | | | | Buy 140+ cases | Save 4.30 | | | | | |
| 852953 001173 | 07213 | GMQ | | GF | | | | | | | | | Coconut Water, Natural (tetrapak) | 12 / 1L | | | | | U |
| | | | | | | | | | | | | | Buy 70-139 cases | Save 6.60 | | | | | |
| | | | | | | | | | | | | | Buy 140+ cases | Save 8.00 | | | | | |

TRIPLE JIM'S | ALL NATURAL JUICE MADE FROM BC FRUIT

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|---|--|----|---|--|---|---|--------------------------------------|------------|--|--|--|--|---|
| 059105 550941 | 18123 | | | | | | | | | | + | P | Black Cherry, Pure (glass bottle) | 12 / 946ml | | | | | U |
| 059105 650757 | 18133 | | | | | | | | | | + | P | Cranberry, Pure (glass bottle) | 12 / 946ml | | | | | U |
| 059105 351005 | 18132 | | | | | * | | BC | P | | | | Juice, Pear, Organic (glass bottle) | 12 / 946ml | | | | | U |
| 059105 150905 | 18102 | | | | | | | BC | P | | | | Cider, Apple (glass bottle) | 12 / 946ml | | | | | U |
| 059105 001009 | 18135 | | | | | * | | BC | P | | | | Cider, Apple, Organic (glass bottle) | 12 / 946ml | | | | | U |
| 059105 153784 | 18131 | | | | | | | BC | P | | | | Cider, Apple (glass bottle) | 4 / 3.78L | | | | | U |
| 059105 003782 | 18121 | | | | | * | | BC | P | | | | Cider, Apple, Organic (glass bottle) | 4 / 3.78L | | | | | U |

TWO BEARS | COLD BREW COFFEE & OAT MILK TEA LATTE

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|---|---|---|---|--|---|-----------|--|--|--|--|-----|
| 628504 309414 | 10000 | | | | | | | @ | + | P | X | | Flash Brew, Black Coffee, Unsweetened (can) | 6 / 207ml | | | | | U |
| 628504 309322 | 10001 | | | | | | | @ | + | P | X | | Flash Brew, Hazelnut Sea Salt Coffee (can) | 6 / 207ml | | | | | P U |
| 628504 309407 | 10002 | | | | | | | @ | + | P | X | | Flash Brew, Mocha Coffee (can) | 6 / 207ml | | | | | P U |
| 628504 309353 | 10005 | | | | | | | | + | P | X | | Tea Latte, Chai (can) | 6 / 207ml | | | | | P U |
| 628504 309384 | 10006 | | | | | | | | + | P | X | | Tea Latte, Matcha (can) | 6 / 207ml | | | | | P U |
| 628504 309339 | 10003 | | | | | | | | + | P | X | | Oat Latte, Black Coffee (can) | 6 / 207ml | | | | | P U |
| 628504 309421 | 10010 | | | | | | | | + | P | X | | Oat Latte, Mocha Coffee (can) | 6 / 207ml | | | | | P U |
| 628504 309377 | 10007 | | | | | | | | + | P | X | | Oat Latte, Salted Caramel Coffee (can) | 6 / 207ml | | | | | P U |
| 628504 309438 | 10009 | | | | | | | | + | P | X | | Oat Latte, Triple Shot (can) | 6 / 207ml | | | | | P U |
| 628504 309346 | 10004 | | | | | | | | + | P | X | | Oat Latte, Vanilla Coffee (can) | 6 / 207ml | | | | | P U |
| 628504 309063 | 10057 | | | | | | | | + | P | | | Oat Latte, Vanilla Coffee (Tetra) | 6 / 946ml | | | | | U |

ZEVIA | STEVIA SWEETENED TEA BEVERAGE

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|---|---|--|--|--|---|--|--------------------------------------|------------|--|--|--|--|---|
| 849429 001539 | 72030 | GMQ | | GF | | * | @ | | | | X | | Black Tea, Lemon, Organic | 12 / 355ml | | | | | U |
| 849429 001546 | 72031 | GMQ | | GF | | * | @ | | | | X | | Black Tea, Raspberry, Organic | 12 / 355ml | | | | | U |
| 849429 001560 | 72032 | GMQ | | GF | | * | @ | | | | X | | Earl Grey Tea, Blood Orange, Organic | 12 / 355ml | | | | | U |
| 849429 001577 | 72033 | GMQ | | GF | | * | @ | | | | X | | Hibiscus Tea, Passionfruit, Organic | 12 / 355ml | | | | | U |

Non-Dairy Beverages (shelf stable)

BLUE DIAMOND | ALMOND BREEZE ALMOND BEVERAGE

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|--|--------------------------------------|------------|--|--|--|--|---|
| 041570 052747 | 06183 | GMQ | | | | | | | | | | | ALMOND BREEZE, Chocolate | 12 / 946ml | | | | | U |
| 041570 052723 | 16671 | GMQ | | | | | | | | | | | ALMOND BREEZE, Original | 12 / 946ml | | | | | U |
| 041570 059609 | 06731 | GMQ | | | | | | | | | | | ALMOND BREEZE, Unsweetened Chocolate | 12 / 946ml | | | | | U |
| 041570 055311 | 06088 | GMQ | | | | | | | | | | | ALMOND BREEZE, Unsweetened Original | 12 / 946ml | | | | | U |
| 041570 055830 | 06613 | GMQ | | | | | | | | | | | ALMOND BREEZE, Unsweetened Vanilla | 12 / 946ml | | | | | U |
| 041570 052730 | 06181 | GMQ | | | | | | | | | | | ALMOND BREEZE, Vanilla | 12 / 946ml | | | | | U |

EARTH'S OWN | NON-DAIRY BEVERAGE

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|----|---|--|---|---|--|------------|--|--|--|--|---|
| 626027 700121 | 07145 | GMQ | | | | | | | | | + | P | Almond, Unsweetened Original (Tetra Pak) | 12 / 946ml | | | | | U |
| 626027 114041 | 08316 | GMQ | | | | | | BC | P | | | | Almond, Unsweetened Vanilla (TetraPak) | 12 / 946ml | | | | | U |
| 626027 814071 | 07345 | | | | | | | BC | P | | | | Barista Oat (Tetra Pak) | 12 / 946ml | | | | | U |

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GMO = Verified NON-GMO / B = Bulk / GF = Certified Gluten Free / V = Certified Vegan / * = Certified Organic

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | G | P | U |
|---------------|--------------|-----|---|----|---|---|---|---|----|---|------|------------|--|--|--|---|---|---|
| 626027 814057 | 07347 | GMO | | | | | @ | | BC | P | | 12 / 946ml | | | | | | U |
| 626027 814026 | 07343 | GMO | | | | | | | BC | P | | 12 / 946ml | | | | | | U |
| 626027 814040 | 07344 | GMO | | | | | | | BC | P | | 12 / 946ml | | | | | | U |
| 626027 844023 | 08317 | GMO | | | | | | | BC | P | | 12 / 946ml | | | | | | U |
| 626027 844047 | 08318 | GMO | | | | | | | BC | P | | 12 / 946ml | | | | | | U |
| 626027 087703 | 06917 | | | | | | | | BC | P | | 12 / 946ml | | | | | | U |
| 626027 221015 | 08331 | GMO | | | | * | | | BC | P | | 6 / 1.75L | | | | | | U |
| 626027 221022 | 08330 | GMO | | | | * | | | BC | P | | 6 / 1.75L | | | | | | U |

EDEN | EDENSOY SOYMILK

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|--|--|--|--|------------|--|--|--|--|--|---|
| 024182 025101 | 06604 | GMO | | | | * | | | | | | 12 / 946ml | | | | | | U |
| 024182 027051 | 06602 | GMO | | | | * | | | | | | 12 / 946ml | | | | | | U |
| 024182 027068 | 06609 | GMO | | | | * | | | | | | 12 / 946ml | | | | | | U |
| 024182 027259 | 06603 | GMO | | | | * | | | | | | 12 / 946ml | | | | | | U |

NATIVE FOREST | DAIRY FREE MILK POWDER

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|
| 043182 011013 | 24134 | | | | | | | | | | | 6 / 150g | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|

NATURA | DAIRY-FREE BEVERAGE

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|----|---|---|---|--|--|--|-------------|--|--|--|--|--|---|
| 063667 090463 | 07276 | | | | V | | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 090012 | 07119 | | | | V | | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 090067 | 07121 | | | | V | | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 090265 | 07275 | | | | V | | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 201098 | 06405 | GMO | | | GF | * | + | P | | | | 6 / 946ml | | | | | | |
| 063667 201081 | 06404 | GMO | | | GF | * | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 201012 | 06402 | GMO | | | GF | * | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 201029 | 06403 | GMO | | | GF | * | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 006013 | 06378 | GMO | | | V | * | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 006020 | 06379 | GMO | | | V | * | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 301859 | 06374 | GMO | | | V | * | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 301408 | 06371 | GMO | | | V | * | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 511005 | 06375 | GMO | | | V | * | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 301705 | 06373 | GMO | | | V | * | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 301552 | 06372 | GMO | | | V | * | + | P | | | | 12 / 946ml | | | | | | U |
| 063667 508012 | 06392 | GMO | | | V | * | + | P | | | | 8 / 3x200ml | | | | | | U |

OATLY | OAT DRINK

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|----|---|--|--|--|--|--|------------|--|--|--|--|--|---|
| 190646 631390 | 35506 | GMO | | | GF | V | | | | | | 12 / 946ml | | | | | | |
| 190646 631369 | 35508 | GMO | | | GF | V | | | | | | 12 / 946ml | | | | | | U |
| 190646 631376 | 35509 | GMO | | | GF | V | | | | | | 12 / 946ml | | | | | | U |
| 190646 631352 | 35507 | GMO | | | GF | V | | | | | | 12 / 946ml | | | | | | U |

TWO BEARS | DAIRY-FREE BEVERAGE

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|---|---|--|--|--|-----------|--|--|--|--|--|---|
| 628504 309391 | 10008 | | | | | | + | P | | | | 6 / 946ml | | | | | | |
| 628504 309308 | 10059 | | | | | | + | P | | | | 6 / 946ml | | | | | | |
| 628504 309575 | 10012 | | | | | | + | P | | | | 6 / 946ml | | | | | | U |

Alcohol-free Alternatives

AELO | ALCOHOL FREE BEVERAGE

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|----|---|--|--|--|-------------|--|--|--|--|--|-------|
| 628634 740170 | 13945 | | | | | | BC | P | | | | 6 / 4x355ml | | | | | | G P U |
| 628634 740156 | 13944 | | | | | | BC | P | | | | 6 / 4x355ml | | | | | | G P U |
| 628634 740323 | 13947 | | | | | | BC | P | | | | 6 / 4x355ml | | | | | | G P U |
| 628634 740088 | 13946 | | | | | | BC | P | | | | 6 / 4x355ml | | | | | | G P U |

BREMNER'S | CAESAR MIXER

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|---|--|----|---|--|--|--|------------|--|--|--|--|--|---|
| 834644 002652 | 91842 | | | | | | BC | P | | | | 12 / 300ml | | | | | | U |
| 834644 002669 | 91843 | | | | V | | BC | P | | | | 12 / 300ml | | | | | | U |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|---|---|---|

CLEVER | PREMIUM MOCKTAIL

| | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|-------|---|-------------|--|--|--|--|---|---|---|
| 854531 000707 | 17556 | | | | | | | | | | + P X | Mocktail, Mix Pack - Pink Gin & Tonic, Moscow Mule, Mojito, Sangria (can) | 3 / 8x355ml | | | | | G | P | U |
| 854531 000240 | 17550 | | | | | | | | | | + P X | Mocktail, G & Tonic (can) | 12 / 355ml | | | | | G | P | U |
| 854531 000349 | 17552 | | | | | | | | | | + P X | Mocktail, G & Tonic, Pink (can) | 12 / 355ml | | | | | G | P | U |
| 854531 000837 | 17555 | | | | | | | | | | + P X | Mocktail, Margarita (can) | 12 / 355ml | | | | | G | P | U |
| 854531 000264 | 17551 | | | | | | | | | | + P X | Mocktail, Mojito (can) | 12 / 355ml | | | | | G | P | U |
| 854531 000097 | 17554 | | | | | | | | | | + P X | Mocktail, Sangria (can) | 12 / 355ml | | | | | G | P | U |

FENTIMANS | BOTANICALLY BREWED BEVERAGE

| | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|--|--|--|--|--|--|--|--|--|--|--|-------------|--|--|--|--|---|---|---|
| 5029396 002257 | 04997 | | | | | | | | | | | Tonic Water, Connoisseurs (glass) | 6 / 4x200ml | | | | | G | P | U |
| 5029396 002233 | 04998 | | | | | | | | | | | Tonic Water, Pink Grapefruit (glass) | 6 / 4x200ml | | | | | G | P | U |
| 5029396 002240 | 04999 | | | | | | | | | | | Tonic Water, Valencian Orange (glass) | 6 / 4x200ml | | | | | G | P | U |
| 5029396 002226 | 05000 | | | | | | | | | | | Traditional Ginger Beer (glass) | 6 / 4x200ml | | | | | G | P | U |
| 5029396 000260 | 07127 | | | | | | | | | | | Cherry Cola (glass) | 6 / 4x275ml | | | | | G | P | U |
| 5029396 000246 | 06881 | | | | | | | | | | | Curiosity Cola, Botanically Brewed Beverage (glass) | 6 / 4x275ml | | | | | G | P | U |
| 5029396 000307 | 04989 | | | | | | | | | | | Elderflower (glass) | 6 / 4x275ml | | | | | G | P | U |
| 5029396 000239 | 07081 | | | | | | | | | | | Rose Lemonade (glass) | 6 / 4x275ml | | | | | G | P | U |
| 5029396 000253 | 07082 | | | | | | | | | | | Tonic Water (glass) | 6 / 4x275ml | | | | | G | P | U |
| 5029396 000222 | 06878 | | | | | | | | | | | Traditional Ginger Beer, Botanically Brewed Beverage (glass) | 6 / 4x275ml | | | | | G | P | U |
| 5029396 000291 | 06877 | | | | | | | | | | | Victorian Lemonade, Botanically Brewed Beverage (glass) | 6 / 4x275ml | | | | | G | P | U |
| 5029396 000451 | 04993 | | | | | | | | | | | Rose Lemonade (glass) | 8 / 500ml | | | | | G | P | U |
| 5029396 000437 | 04995 | | | | | | | | | | | Tonic Water, Pink Grapefruit (glass) | 8 / 500ml | | | | | G | P | U |

FEVER-TREE | DRINK MIXER

| | | | | | | | | | | | | | | | | | | | | |
|----------------|-------|--|--|--|--|--|--|--|--|--|--|--------------------------------------|-------------|--|--|--|--|---|---|---|
| 812136 030208 | 07806 | | | | | | | | | | | Ginger Ale, Premium (can) | 3 / 8x150ml | | | | | G | P | U |
| 812136 030963 | 07810 | | | | | | | | | | | Ginger Beer, Premium (can) | 3 / 8x150ml | | | | | G | P | U |
| 812136 030215 | 07807 | | | | | | | | | | | Club Soda, Premium (can) | 3 / 8x150ml | | | | | G | P | U |
| 898195 001755 | 07808 | | | | | | | | | | | Tonic Water Soda, Premium (can) | 3 / 8x150ml | | | | | G | P | U |
| 898195 001762 | 07809 | | | | | | | | | | | Tonic Water, Premium, Light (glass) | 3 / 8x150ml | | | | | G | P | U |
| 812136 030185 | 07805 | | | | | | | | | | | Tonic Water, Cucumber, Light (glass) | 6 / 4x200ml | | | | | G | P | U |
| 898195 001090 | 06787 | | | | | | | | | | | Ginger Ale, Premium (glass) | 6 / 4x200ml | | | | | G | P | U |
| 898195 001274 | 07209 | | | | | | | | | | | Ginger Beer, Premium (glass) | 6 / 4x200ml | | | | | G | P | U |
| 898195 001687 | 07804 | | | | | | | | | | | Ginger Beer, Light (glass) | 6 / 4x200ml | | | | | G | P | U |
| 5060108 450058 | 06786 | | | | | | | | | | | Lemon Tonic, Premium (glass) | 6 / 4x200ml | | | | | G | P | U |
| 5060108 450171 | 07262 | | | | | | | | | | | Sicilian Lemonade, Sparkling (glass) | 6 / 4x200ml | | | | | G | P | U |
| 898195 001137 | 07208 | | | | | | | | | | | Club Soda, Premium (glass) | 6 / 4x200ml | | | | | G | P | U |
| 812136 031335 | 06792 | | | | | | | | | | | Lime & Yuzu, Sparkling (glass) | 6 / 4x200ml | | | | | G | P | U |
| 812136 030925 | 06790 | | | | | | | | | | | Pink Grapefruit, Sparkling (glass) | 6 / 4x200ml | | | | | G | P | U |
| 898195 001014 | 06785 | | | | | | | | | | | Tonic Water, Premium (glass) | 6 / 4x200ml | | | | | G | P | U |
| 898195 001656 | 07212 | | | | | | | | | | | Tonic Water, Elderflower (glass) | 6 / 4x200ml | | | | | G | P | U |
| 5060108 450232 | 06789 | | | | | | | | | | | Tonic Water, Premium, Light (glass) | 6 / 4x200ml | | | | | G | P | U |
| 5060108 450515 | 07259 | | | | | | | | | | | Tonic Water, Mediterranean (glass) | 6 / 4x200ml | | | | | G | P | U |
| 506010 8450287 | 07210 | | | | | | | | | | | Ginger Ale, Premium (glass) | 8 / 500ml | | | | | G | P | U |
| 898195 001427 | 07141 | | | | | | | | | | | Ginger Beer, Premium (glass) | 8 / 500ml | | | | | G | P | U |
| 898195 001441 | 07802 | | | | | | | | | | | Ginger Beer, Light (glass) | 8 / 500ml | | | | | G | P | U |
| 898195 001342 | 07092 | | | | | | | | | | | Tonic Water Soda, Premium (glass) | 8 / 500ml | | | | | G | P | U |
| 898195 001403 | 07803 | | | | | | | | | | | Tonic Water, Premium, Light (glass) | 8 / 500ml | | | | | G | P | U |

PARTAKE BREWING | NON-ALCOHOLIC BEER

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|-----|---------------------------------------|-------------|--|--|--|---|---|
| 628110 465092 | 06010 | | | | | | | | | | | + P | Non-Alcoholic Beer, Blonde (can) | 6 / 4x355ml | | | | G | U |
| 628110 465283 | 06015 | | | | | | | | | | | + P | Non-Alcoholic Beer, Gose, Peach (can) | 6 / 4x355ml | | | | G | U |
| 628110 465672 | 06017 | | | | | | | | | | | + P | Non-Alcoholic Beer, Hazy IPA (can) | 6 / 4x355ml | | | | G | U |
| 628110 465085 | 06011 | | | | | | | | | | | + P | Non-Alcoholic Beer, IPA (can) | 6 / 4x355ml | | | | G | U |
| 628110 465078 | 06012 | | | | | | | | | | | + P | Non-Alcoholic Beer, Pale (can) | 6 / 4x355ml | | | | G | U |
| 628110 465153 | 06014 | | | | | | | | | | | + P | Non-Alcoholic Beer, Red (can) | 6 / 4x355ml | | | | G | U |

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| UPC CODE | CODE | GMO | B | GF | V | @ | + | fj | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|----|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|----|---|------|------|--|--|--|---|---|---|

PHILLIPS | IOTA NON-ALCOHOLIC CRAFT BEER

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|-------|----------------------------------|-------------|--|--|---|--|---|
| 818278 005166 | 11452 | | | | | | | | | BC fj | iOTA, Blackberry Lemon Ale (can) | 6 / 4x355ml | | | G | | U |
| 818278 009683 | 11446 | | | | | | | | | BC fj | iOTA, Hazy IPA (can) | 6 / 4x355ml | | | G | | U |
| 818278 005180 | 11451 | | | | | | | | | BC fj | iOTA, Mixed Pack (can) | 4 / 6x355ml | | | G | | U |
| 818278 009706 | 11445 | | | | | | | | | BC fj | iOTA, Pale Ale (can) | 6 / 4x355ml | | | G | | U |
| 818278 009690 | 11444 | | | | | | | | | BC fj | iOTA, Pilsner (can) | 6 / 4x355ml | | | G | | U |

SOBER CARPENTER | NON-ALCOHOLIC CRAFT BEER & CIDER

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|--|--|--|---|----------------------------------|-------------|--|--|---|--|---|
| 854531 000868 | 17110 | | | | | | | | | + | fj Beer, Blonde, (can) | 6 / 4x355ml | | | G | | U |
| 854531 000882 | 17108 | | | | | | | | | + | fj Beer, IPA, (can) | 6 / 4x355ml | | | G | | U |
| 854531 000905 | 17109 | | | | | | | | | + | fj Beer, Irish Red (can) | 6 / 4x355ml | | | G | | U |
| 854531 000417 | 17103 | | | | | | | | | + | fj XBeer, Blonde Ale (can) | 12 / 473ml | | | G | | U |
| 854531 000042 | 17101 | | | | | | | | | + | fj XBeer, IPA (can) | 12 / 473ml | | | G | | U |
| 854531 000554 | 17104 | GMO | | | | * | | | | + | fj X Beer, IPA, Organic (can) | 12 / 473ml | | | G | | U |
| 854531 000226 | 17102 | | | | | | | | | + | fj XBeer, Irish Red (can) | 12 / 473ml | | | G | | U |
| 854531 000103 | 17111 | | | | | | | | | + | fj X Beer, Raspberry, Sour (can) | 12 / 473ml | | | G | | U |
| 854531 000035 | 17100 | | | | | | | | | + | fj XBeer, White (can) | 12 / 473ml | | | G | | U |
| 854531 000745 | 17105 | | | | | | | | | + | fj X Craft Cider (can) | 12 / 473ml | | | G | | U |

SPARKMOUTH | MOCKTAILS

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|-------|----------------------------------|-------------|--|--|---|---|---|
| 818278 009980 | 11420 | | | | | | | | | BC fj | Mocktails, Margarita (can) | 6 / 4x355ml | | | G | P | U |
| 818278 009973 | 11421 | | | | | | | | | BC fj | Mocktails, Mimosa Mocktail (can) | 6 / 4x355ml | | | G | P | U |
| 818278 009997 | 11422 | | | | | | | | | BC fj | Mocktails, Moscow Mule (can) | 6 / 4x355ml | | | G | P | U |

TWO BEARS | DRINK MIXER

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|---|---|-------------|--|--|--|--|---|---|
| 628504 309551 | 10011 | | | | | | | | | + | fj X Cocktail Mixer, Espresso Martini (can) | 3 / 4x207ml | | | | | P | U |
|---------------|-------|--|--|--|--|--|--|--|--|---|---|-------------|--|--|--|--|---|---|

Waters

FLOW | ALKALINE SPRING WATER

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|--|--|--|---|---|------------|--|--|---|--|---|
| 628055 429883 | 06021 | GMO | | | | * | | | | + | fj X Spring Water, Blackberry Hibiscus, Organic (Tetra) | 12 / 500ml | | | G | | U |
| 628055 429258 | 06022 | GMO | | | | * | | | | + | fj X Spring Water, Cucumber Mint, Organic (Tetra) | 12 / 500ml | | | G | | U |
| 840277 000903 | 06023 | GMO | | | | * | | | | + | fj X Spring Water, Peach Blueberry, Organic (Tetra) | 12 / 500ml | | | G | | U |
| 628055 429579 | 06024 | GMO | | | | * | | | | + | fj X Spring Water, Strawberry Rose, Organic (Tetra) | 12 / 500ml | | | G | | U |
| 627843 463757 | 06020 | | | | | | | | | + | fj X Spring Water, Original (Tetra) | 12 / 500ml | | | | | U |
| 627843 463788 | 06025 | | | | | | | | | + | fj Spring Water, Original (Tetra) | 12 / 1L | | | | | U |

ICEFIELD | GLACIAL SPRING WATER

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|----|-----------------------------------|---------|--|--|--|--|--|
| 777311 016036 | 03009 | | | | | | | | | BC | X Glacial Alkaline Water (9.6 PH) | 12 / 1L | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|----|-----------------------------------|---------|--|--|--|--|--|

WHISTLER WATER

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|-------|-----------------------------------|-----------|--|--|--|--|---|
| 620791 000104 | 06068 | | | | | | | | | BC fj | Glacial Spring Water w/Sports Cap | 12 / 1L | | | | | U |
| 620791 000159 | 06067 | | | | | | | | | BC fj | Glacial Spring Water | 12 / 1.5L | | | | | U |
| 620791 000401 | 06065 | | | | | | | | | BC fj | Glacial Spring Water | 4 / 4L | | | | | U |

BREAKFAST FOODS

Cereals - Hot & Overnight

ALIMENTS TRIGONE | CEREAL

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|---|--|--|--|---|--|----------|--|--|--|--|--|
| 056142 006134 | 22290 | | | | | * | | | | + | fj Cream of the Crop Buckwheat Cereal, Organic | 6 / 400g | | | | | |
|---------------|-------|--|--|--|--|---|--|--|--|---|--|----------|--|--|--|--|--|

BOB'S RED MILL | HOT CEREAL

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|----|---|--|--|--|---|----------|--|--|--|--|--|
| 039978 001191 | 22866 | | | | | | | | | | X Hot Cereal, 10 Grain | 4 / 709g | | | | | |
| 039978 001153 | 22821 | GMO | | | | | | | | | X Hot Cereal, 5 Grain | 4 / 454g | | | | | |
| 039978 001184 | 22827 | | | | | GF | | | | | X Hot Cereal, 8 Grain | 4 / 709g | | | | | |
| 039978 001214 | 22806 | GMO | | | | GF | | | | | X Hot Cereal, Creamy Brown Rice | 4 / 737g | | | | | |
| 039978 001061 | 20362 | GMO | | | | GF | * | | | | X Hot Cereal, Creamy Buckwheat, Organic | 4 / 510g | | | | | |
| 039978 001177 | 20340 | | | | | GF | | | | | X Hot Cereal, Mighty Tasty | 4 / 680g | | | | | |
| 039978 341433 | 30533 | | | | | GF | | | | | X Hot Cereal, Oat Bran | 4 / 510g | | | | | |
| 039978 329554 | 30517 | GMO | | | | | * | | | | X Hot Cereal, Oat Bran, Organic | 4 / 510g | | | | | |

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| UPC CODE | CODE | GMQ | B | GF | V* | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|---------------|--------------|-----|---|----|----|---|---|---|---|------|----------|--|--|--|--|---|---|---|
| 039978 323668 | 22851 | GMQ | | GF | | | | | | | 4 / 453g | | | | | | | |
| 039978 341037 | 22850 | GMQ | | | | | | | | | 4 / 510g | | | | | | | |
| 039978 341211 | 30532 | | | | | | | | | | 4 / 567g | | | | | | | |
| 039978 329561 | 30519 | GMQ | | | | | | | * | | 4 / 567g | | | | | | | |

HOLY CRAP | SUPERSEED CEREAL & OATMEAL

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|---|------|--|-----------------------------------|-----------|--|--|--|--|--|--|
| 883831 100008 | 22226 | GMQ | | | | | | * | BC P | | Cereal, Apple Cinnamon, Organic | 12 / 225g | | | | | | |
| 883831 200005 | 22227 | GMQ | | | | | | * | BC P | | Cereal, Natural Skinny B, Organic | 12 / 225g | | | | | | |
| 883831 900028 | 22228 | GMQ | | GF | | | | | BC P | | Oatmeal, Apple Cinnamon | 12 / 320g | | | | | | |
| 883831 900035 | 22229 | GMQ | | GF | | | | | BC P | | Oatmeal, Blueberry Cocoa | 12 / 320g | | | | | | |

NATURE'S PATH | INSTANT OATMEAL

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|---|---|--|---|-----------|--|--|--|--|--|--|
| 058449 450696 | 22882 | GMQ | | GF | | | | * | P | | Gluten Free Oatmeal, Brown Sugar Maple, Organic | 6 / 8x40g | | | | | | |
| 058449 450719 | 22884 | GMQ | | GF | | | | * | P | | Gluten Free Oatmeal, Variety Pack, Organic | 6 / 8x40g | | | | | | |
| 058449 450047 | 22784 | GMQ | | | | | | * | P | | Oatmeal, Apple Cinnamon, Organic | 6 / 8x50g | | | | | | |
| 058449 450023 | 22786 | GMQ | | | | | | * | P | | Oatmeal, FLAX PLUS, Organic | 6 / 8x50g | | | | | | |
| 058449 450030 | 22785 | GMQ | | | | | | * | P | | Oatmeal, Maple Nut, Organic | 6 / 8x50g | | | | | | |
| 058449 450016 | 22787 | GMQ | | | | | | * | P | | Oatmeal, Original, Organic | 6 / 8x40g | | | | | | |
| 058449 450009 | 22752 | GMQ | | | | | | * | P | | Oatmeal, Variety Pack, Organic | 6 / 8x50g | | | | | | |
| 058449 154006 | 25065 | GMQ | | | | | | * | P | | QI'A Oatmeal, Superseeds & Grains, Organic | 6 / 228g | | | | | | |
| 058449 154020 | 25066 | GMQ | | | | | | * | P | | QI'A Oatmeal, Creamy Coconut, Organic | 6 / 228g | | | | | | |
| 058449 154044 | 25067 | GMQ | | | | | | * | P | | QI'A Oatmeal, Cinnamon Pumpkin Seed, Organic | 6 / 228g | | | | | | |
| 058449 204084 | 55730 | GMQ | | | | | | * | P | | Superfood Oatmeal, Golden Turmeric, Organic | 6 / 210g | | | | | | |
| 058449 204091 | 55731 | GMQ | | | | | | * | P | | Superfood Oatmeal, Cacao, Organic | 6 / 210g | | | | | | |

PRANA ORGANIC | OVERNIGHT CHIA & OAT MIX

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|-----|---|---|--------------------------------------|---|--|-----------|--|--|--|--|
| 877693 002495 | 26164 | GMQ | | | | | | * | + | P | Overnight Chia, Berry Fairy, Organic | 8 / 5x50g | | | | | | |
| 877693 002501 | 26165 | GMQ | | | | | | * | @ | + | P | Overnight Chia, Chocolatey Dream, Organic | 8 / 5x50g | | | | | |
| 877693 004697 | 26167 | GMQ | | | | | | V * | @ | + | P | X | Overnight Chia w/Oats, Apple Crumble, Organic | 8 / 5x50g | | | | |
| 877693 004680 | 26166 | GMQ | | | | | | V * | @ | + | P | X | Overnight Chia w/Oats, Strawberry Shortcake, Organic | 8 / 5x50g | | | | |
| 877693 004710 | 26169 | GMQ | | | | | | V * | @ | + | P | | Overnight Chia w/Oats, Strawberry Shortcake | 8 / 300g | | | | |
| 877693 004703 | 26168 | GMQ | | | | | | V * | @ | + | P | | Overnight Chia w/Oats, Berry Fairy, Organic | 8 / 300g | | | | |

Cereals - Ready To Eat

BOB'S RED MILL | CEREAL & GRANOLA

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|--|--|----------------------------|----------|--|--|--|--|--|--|
| 039978 003638 | 34264 | GMQ | | GF | | | | | | | X Granola, Blueberry Lemon | 6 / 312g | | | | | | |
| 039978 003614 | 34263 | GMQ | | GF | | | | | | | X Granola, Maple Sea Salt | 6 / 312g | | | | | | |
| 039978 003706 | 34265 | GMQ | | GF | | | | | | | X Granola, Peanut Butter | 6 / 312g | | | | | | |
| 039978 303509 | 22385 | | | GF | | | | | | | X Muesli, Paleo Style | 4 / 396g | | | | | | |

FOOD FOR LIFE | EZEKIEL 4:9 CEREAL

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|---|--|--|---|----------|--|--|--|--|--|--|
| 073472 002551 | 22051 | | | | | | | * | | | Original Sprouted Grain Cereal, Organic | 6 / 454g | | | | | | |
|---------------|--------------|--|--|--|--|--|--|---|--|--|---|----------|--|--|--|--|--|--|

KIND | WHOLE GRAINS GRANOLA

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|
| 602652 183119 | 37494 | GMQ | | | | | | | | | X Granola, Cinnamon Oat w/Flax Seeds | 6 / 312g | | | | | | |
| 602652 433177 | 37498 | GMQ | | | | | | | | | X Granola, Oats & Dark Chocolate | 6 / 312g | | | | | | |
| 602652 183133 | 37496 | GMQ | | | | | | | | | X Granola, Oats & Honey w/Toasted Coconut | 6 / 312g | | | | | | |
| 602652 183126 | 37495 | GMQ | | | | | | | | | X Granola, Vanilla Oat, Blueberry w/Flax Seeds | 6 / 312g | | | | | | |
| 602652 183102 | 37493 | GMQ | | | | | | | | | X Granola, Whole Grain & Peanut Butter | 6 / 312g | | | | | | |

MANITOBA HARVEST | HEMP YEAH! GRANOLA

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|-----|---|---|---|--------------------------------|----------|--|--|--|--|--|
| 697658 692260 | 36626 | GMQ | | | | | | V * | + | P | X | Granola, Blueberry, Organic | 6 / 283g | | | | | |
| 697658 692253 | 36628 | GMQ | | | | | | * | + | P | X | Granola, Honey & Oats, Organic | 6 / 283g | | | | | |

NATURE'S PATH | CEREAL

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|---|---|---|---|----------|--|--|--|--|--|--|
| 058449 600565 | 22760 | GMQ | | GF | | | | * | P | X | Cereal, Corn Flakes, Fruit Juice, Organic | 6 / 750g | | | | | | |
| 058449 770947 | 22765 | GMQ | | GF | | | | * | P | X | Cereal, Corn Flakes, Honey'd, Organic | 6 / 750g | | | | | | |
| 058449 550020 | 22761 | GMQ | | GF | | | | * | P | X | Cereal, Crispy Rice, Organic | 6 / 750g | | | | | | |
| 058449 870081 | 22767 | GMQ | | | | | | * | P | | Cereal, ENVIROKIDZ, Gorilla Munch, Organic | 6 / 650g | | | | | | |
| 058449 870104 | 22772 | GMQ | | GF | | | | * | P | X | Cereal, ENVIROKIDZ, Koala Crisp, Organic | 6 / 725g | | | | | | |
| 058449 212416 | 22771 | GMQ | | GF | | | | * | P | X | Cereal, ENVIROKIDZ, Leapin' Lemurs, Organic | 6 / 650g | | | | | | |

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| UPC CODE | CODE | GMO | B | GF | V | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|---------------|--------------|-----|---|----|---|---|---|---|---|------|--|----|--------|--|--|---|---|---|
| 058449 870098 | 22770 | GMO | | GF | * | | | | | P X | Cereal, ENVIROKIDZ, Panda Puffs, Organic | 6 | / 700g | | | | | |
| 058449 771630 | 22847 | GMO | | | * | | | | | P X | Cereal, FLAX PLUS Cinnamon Flakes, Organic | 6 | / 907g | | | | | |
| 058449 189107 | 22650 | GMO | | GF | * | | | | | P | Cereal, Golden Turmeric, Organic | 6 | / 300g | | | | | |
| 058449 770213 | 22780 | GMO | | | * | | | | | P X | Cereal, HERITAGE Flakes, Organic | 6 | / 907g | | | | | |
| 058449 770015 | 22758 | GMO | | | * | | | | | P X | Cereal, HERITAGE O's, Organic | 6 | / 907g | | | | | |
| 058449 770695 | 22782 | GMO | | | * | | | | | P X | Cereal, Kamut Khorasan Wheat Flakes, Organic | 6 | / 750g | | | | | |
| 058449 620044 | 22044 | GMO | | | * | | | | | P X | Cereal, Kamut Khorasan Wheat Puffs, Organic | 12 | / 170g | | | | | |
| 058449 771616 | 22846 | GMO | | GF | * | | | | | P X | Cereal, MESA SUNRISE with Raisins, Organic | 6 | / 825g | | | | | |
| 058449 779018 | 22773 | GMO | | GF | * | | | | | P X | Cereal, MESA SUNRISE, Organic | 6 | / 750g | | | | | |
| 058449 770084 | 22766 | GMO | | | * | | | | | P X | Cereal, Millet Rice, Organic | 6 | / 907g | | | | | |
| 058449 602316 | 22762 | GMO | | | * | | | | | P X | Cereal, Multigrain Oatbran Flakes, Organic | 6 | / 907g | | | | | |
| 058449 620013 | 22047 | GMO | | | * | | | | | P X | Cereal, Rice Puffs, Organic | 12 | / 170g | | | | | |
| 058449 771524 | 22641 | GMO | | GF | * | | | | | P | Cereal, SUNRISE Crunchy Maple, Organic | 12 | / 300g | | | | | |
| 058449 181125 | 22699 | GMO | | GF | * | | | | | P X | Cereal, SUNRISE Crunchy Maple, Organic | 6 | / 675g | | | | | |
| 058449 779124 | 22260 | GMO | | GF | * | | | | | P X | Cereal, Whole O's, Organic | 6 | / 750g | | | | | |

NATURE'S PATH | GRANOLA

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|--|--|-----|--|---|--------|--|--|--|--|--|
| 058449 172048 | 22886 | GMO | | | * | | | | | P X | Granola, Coconut & Cashew Butter, Organic | 8 | / 312g | | | | | |
| 058449 890171 | 22733 | GMO | | | * | | | | | P X | Granola, Hemp Hearts, Organic | 6 | / 750g | | | | | |
| 058449 890195 | 22734 | GMO | | | * | | | | | P X | Granola, Pumpkin Seed + Flax, Organic | 6 | / 750g | | | | | |
| 058449 192145 | 22146 | GMO | | | * | | | | | P | Granola, Coconut Chia, Organic | 6 | / 800g | | | | | |
| 058449 779063 | 22139 | GMO | | | * | | | | | P | Granola, Pumpkin Seed + Flax, Organic | 6 | / 800g | | | | | |
| 058449 221364 | 25077 | GMO | | | * | | | | | X | LOVE CRUNCH Granola, Dark Chocolate & Hazelnut Butter, Organic | 6 | / 300g | | | | | |
| 058449 162063 | 25069 | GMO | | | * | | | | | P X | LOVE CRUNCH Granola, Dark Chocolate & Peanut Butter, Organic | 6 | / 325g | | | | | |
| 058449 771760 | 25029 | GMO | | | * | | | | | P X | LOVE CRUNCH Granola, Dark Chocolate & Red Berries, Organic | 6 | / 325g | | | | | |
| 058449 772019 | 25055 | GMO | | | * | | | | | P X | LOVE CRUNCH Granola, Dark Chocolate & Coconut, Organic | 6 | / 325g | | | | | |
| 058449 202233 | 25054 | GMO | | | * | | | | | P X | LOVE CRUNCH Granola, Espresso Vanilla Cream, Organic | 6 | / 325g | | | | | |

PRANA ORGANIC | GRANOLOVE GRANOLA CEREAL

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|---|--|--|--|-----|---|---|---------|--|--|--|--|--|
| 877693 002488 | 26173 | GMO | | | * | + | | | | P | GRANOLOVE On The Go, Brownie Crunch, Organic | 8 | / 5x60g | | | | | |
| 877693 002471 | 26172 | GMO | | | * | + | | | | P | GRANOLOVE On The Go, Oatmeal Cookie Crunch, Organic | 8 | / 5x60g | | | | | |
| 877693 002945 | 26174 | GMO | | | * | + | | | | P X | GRANOLOVE, Brownie Crunch, Organic | 8 | / 300g | | | | | |
| 877693 004659 | 26185 | GMO | | | * | + | | | | P X | GRANOLOVE Gourmet, Almond Butter Crunch, Organic | 8 | / 300g | | | | | |
| 877693 004666 | 26186 | GMO | | | * | + | | | | P X | GRANOLOVE Gourmet, Choco Chips Cookie, Organic | 8 | / 300g | | | | | |
| 877693 004673 | 26187 | GMO | | | * | + | | | | P X | GRANOLOVE Gourmet, Chocolate Strawberry, Organic | 8 | / 300g | | | | | |
| 877693 001696 | 26171 | GMO | | | * | + | | | | P X | GRANOLOVE, Maple Spice Crunch, Organic | 8 | / 300g | | | | | |
| 877693 002952 | 26175 | GMO | | | * | + | | | | P X | GRANOLOVE, Mixed Berry Crunch, Organic | 8 | / 300g | | | | | |
| 877693 001689 | 26170 | GMO | | | * | + | | | | P X | GRANOLOVE, Oatmeal Cookie Crunch, Organic | 8 | / 300g | | | | | |
| 877693 003904 | 26184 | GMO | | | * | + | | | | P X | GRANOLOVE, Mixed Berry Crunch, Organic | 6 | / 750g | | | | | |
| 877693 002969 | 26180 | GMO | | | * | + | | | | P X | GRANOLOVE, Oatmeal Cookie Crunch, Organic | 6 | / 750g | | | | | |

TERRA BREADS | SMALL BATCH GRANOLA

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|----------|--|--|----|---|--|--|--|--------------------------|---|--------|--|--|--|--|--|
| 779324 009371 | 40150 | GMO | | | | BC | P | | | | Granola, Pure Crunch | 8 | / 340g | | | | | |
| 779324 009227 | 40163 | GMO | | | | BC | P | | | | Granola, Original | 8 | / 340g | | | | | |
| 779324 009272 | 40164 | GMO | | | | BC | P | | | | Granola, Pistachio | 8 | / 340g | | | | | |
| 779324 009388 | 40159 | GMO | | | | BC | P | | | | Granola, Pure Crunch | 8 | / 850g | | | | | |
| 779324 002389 | 40161 | GMO | | | | BC | P | | | | Granola, Original | 8 | / 800g | | | | | |
| 779324 009562 | 40162 | GMO | | | | BC | P | | | | Granola, Pistachio | 8 | / 800g | | | | | |
| 779324 009531 | 40153 | GMO | B | | | BC | P | | | | Granola, Original (S/O) | 1 | / 5kg | | | | | |
| 779324 009548 | 40154 | GMO | B | | | BC | P | | | | Granola, Pistachio (S/O) | 1 | / 5kg | | | | | |

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| UPC CODE | CODE | GMO | B | GF | V | @ | + | BC | P | X | PACK | SIZE | G | P | U |
|----------|------|-----|---|----|---|---|---|----|---|---|------|------|---|---|---|
|----------|------|-----|---|----|---|---|---|----|---|---|------|------|---|---|---|

Pancake & Waffle Mixes

ANITA'S ORGANIC MILL | PANCAKE & WAFFLE MIX

| | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|---|--|--|----|---|---|--|--|---|--------|
| 623636 999069 | 02042 | | | GF | * | | | BC | P | | | | 4 | / 800g |
| 623636 999847 | 02043 | GMO | | | | | | | | * | | | 4 | / 900g |
| 623636 100014 | 02041 | | | | | | | | | * | | | 4 | / 1kg |

BOB'S RED MILL | PANCAKE & WAFFLE MIX

| | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|--|--|--|--|---|--------|
| 039978 322043 | 30580 | | | | | | | | | | | | 4 | / 680g |
| 039978 318817 | 30583 | GMO | | | | | | | | | | | 4 | / 680g |
| 039978 328809 | 30582 | | | | | | | | | | | | 4 | / 680g |
| 039978 324627 | 30581 | GMO | | GF | | | | | | | | | 4 | / 623g |
| 039978 001856 | 22839 | GMO | | | | | | | | | | | 4 | / 368g |
| 039978 001832 | 22840 | | | | | | | | | | | | 4 | / 397g |

CLOUD 9 | PANCAKE & WAFFLE MIX

| | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|---|--|--|----|---|--|--|--|---|-------|
| 816512 000908 | 21058 | | | GF | V | | | BC | P | | | | 8 | / 1kg |
|---------------|--------------|--|--|----|---|--|--|----|---|--|--|--|---|-------|

KINNIKINNICK | PANCAKE & WAFFLE MIX

| | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|--|---|---|--|---|--------|
| 620133 105122 | 55051 | | | GF | | | | | | + | P | | 6 | / 454g |
|---------------|--------------|--|--|----|--|--|--|--|--|---|---|--|---|--------|

NUNWEILER'S | PANCAKE & WAFFLE MIX

| | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|---|--|--|--|--|---|---|--|---|-------|
| 067785 010440 | 02190 | | | | * | | | | | + | P | | 4 | / 1kg |
| 067785 011041 | 02191 | | | | * | | | | | + | P | | 4 | / 1kg |
| 067785 010341 | 02192 | | | | * | | | | | + | P | | 4 | / 1kg |
| 067785 010044 | 02189 | | | | * | | | | | + | P | | 4 | / 1kg |

PAMELA'S | PANCAKE MIX

| | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|--|--|--|--|---|----------|
| 093709 201106 | 22950 | | | GF | | | | | | | | | 6 | / 680g |
| 093709 201144 | 22949 | | | GF | | | | | | | | | 3 | / 1.81kg |

BUTTER ALTERNATIVES, NUT BUTTERS & FRUIT SPREADS

Jams, Jellies & Fruit Spreads

CROFTER'S ORGANIC | FRUIT SPREAD

| | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|--|--|---|---|---|---|---------|
| 067275 000661 | 42662 | GMO | | | * | | | | | + | P | X | 6 | / 235ml |
| 067275 000623 | 42660 | GMO | | | * | | | | | + | P | X | 6 | / 235ml |
| 067275 000586 | 42119 | GMO | | | * | | | | | + | P | X | 6 | / 235ml |
| 067275 000616 | 42658 | GMO | | | * | | | | | + | P | X | 6 | / 235ml |
| 067275 000654 | 42659 | GMO | | | * | | | | | + | P | X | 6 | / 235ml |
| 067275 006106 | 42677 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006052 | 42670 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006113 | 42678 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006120 | 42676 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006137 | 42680 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006144 | 42679 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006083 | 42674 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006014 | 42654 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006021 | 42652 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006045 | 42672 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006069 | 42671 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |
| 067275 006076 | 42673 | GMO | | | * | | | | | + | P | X | 6 | / 383ml |

EDEN | APPLE BUTTER

| | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|---|--|--|--|--|--|--|--|----|--------|
| 024182 003697 | 42160 | | | GF | * | | | | | | | | 12 | / 482g |
|---------------|--------------|--|--|----|---|--|--|--|--|--|--|--|----|--------|

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UPC CODE | **CODE** | **GMO** | **B** | **GF** | **V** | **@** | **+** | **P** | **X** | **PACK** | **SIZE** | **G** | **P** | **U**

Nut & Seed Butters and Alternatives

EDEN | TAHINI

024182 003925 **42185** GMO GF * Roasted Tahini, Organic 12 / 454g

ELIMENTO | NUT & SEED BUTTERS

059443 607826 **35380** GMO * BC P Cashew Butter, Organic 12 / 365g
 059443 607550 **35381** GMO * BC P Hazelnut Butter, Smooth Roasted, Organic 12 / 365g
 059443 607499 **35382** GMO * BC P Pumpkin Seed Butter, Raw, Organic 12 / 365g
 059443 607406 **35384** GMO * BC P Sesame Tahini, Roasted, Organic 12 / 365g
 059443 607758 **35383** GMO * BC P Sunflower Seed Butter, Roasted, Organic 12 / 365g
 059443 607383 **35370** B BC P Cashew Butter 1 / 4kg
 059443 607178 **35371** GMO B * BC P Sesame Tahini, Roasted, Organic 1 / 3.5kg

ISLAND NUT ROASTERY | FRESH ROAST NUT BUTTER

859805 000056 **15754** BC P Almond Butter 12 / 250g
 859805 000025 **15751** BC P Peanut Butter, Crunchy 12 / 375g
 859805 000001 **15750** BC P Peanut Butter, Smooth 12 / 375g
 859805 000032 **15753** BC P Peanut Butter, Crunchy 12 / 750g
 859805 000018 **15752** BC P Peanut Butter, Smooth 12 / 750g

FATSO | PEANUT BUTTER

627843 710691 **42077** GMO GF V + P Peanut Butter, Classic 12 / 500g
 627987 075830 **42079** GMO GF V + P Peanut Butter, Crunchy Salted Caramel 12 / 500g
 627987 075847 **42080** GMO GF V + P Peanut Butter, Maple 12 / 500g

NATURE'S NUTS | NUT & SEED BUTTER

682264 660604 **35356** BC P Cashew Butter 6 / 340g
 682264 650001 **35336** GMO * BC P Almond Butter, Smooth, Organic 12 / 340g
 682264 600112 **35335** BC P Almond Butter, Crunchy 12 / 500g
 682264 600013 **35334** BC P Almond Butter, Smooth 12 / 500g
 682264 660406 **35352** GMO * BC P Peanut Butter, Crunchy, Organic 6 / 500g
 682264 660208 **35351** GMO * BC P Peanut Butter, Smooth, Organic 6 / 500g
 1068226 4600058 **35344** GMO B BC P Almond Butter, Smooth 1 / 4.09kg
 1068226 4600768 **35342** GMO B * BC P Peanut Butter, Smooth, Organic 1 / 4.09kg

NUTIVA | COCONUT MANNA CREAMY SPREAD

692752 110054 **35250** * Coconut Manna, Organic (Glass Jar) 6 / 425g

OMEGA NUTRITION | PUMPKIN SEED BUTTER

055358 335021 **85060** GF * P Pumpkin Seed Butter, Organic (plastic jar) 6 / 341g
 055358 335014 **85059** GF * P Pumpkin Seed Butter, Organic (plastic jar) 6 / 568g

WOWBUTTER | NUT FREE BUTTER

773948 200008 **42075** GF Creamy, Wowbutter (Peanut Butter Replacement) 6 / 500g
 773948 200015 **42076** GF Crunchy, Wowbutter (Peanut Butter Replacement) 6 / 500g

CANNED & PACKAGED GOODS

Look for "canned soups" in Soups & Broths Section

Canned Beans

BIOITALIA | CANNED BEANS

661475 004575 **33167** GMO * Beans, Black, Organic 12 / 398ml
 661475 114458 **33164** GMO * Beans, Cannellini, Organic 12 / 398ml
 661475 114410 **33162** GMO * Beans, Red Kidney, Organic 12 / 398ml
 661475 114427 **33165** GMO * Chick Peas, Organic 12 / 398ml

EAT WHOLESOME | CANNED BEANS

628110 454003 **33300** GMO * P Beans, Black, Organic 12 / 398ml
 628110 454430 **33303** GMO * P Beans, Red Kidney, Organic 12 / 398ml
 628110 454423 **33302** GMO * P Chick Peas, Organic 12 / 398ml

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

EDEN | CANNED BEANS

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|---|--|--|--|--|--|------------|--|--|--|--|--|--|--|
| 024182 003529 | 10456 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 003536 | 10458 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 003574 | 10461 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 003208 | 10455 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 003598 | 10449 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 003581 | 10475 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 003512 | 10450 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 003871 | 10448 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 003543 | 10452 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 003550 | 10460 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 003505 | 10454 | GMO | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
| 024182 283532 | 10440 | | | GF | | * | | | | | | 12 / 796ml | | | | | | | |
| 024182 283587 | 10444 | GMO | | GF | | * | | | | | | 12 / 796ml | | | | | | | |
| 024182 283549 | 10442 | GMO | | GF | | * | | | | | | 12 / 796ml | | | | | | | |
| 024182 283518 | 10441 | | | GF | | * | | | | | | 12 / 796ml | | | | | | | |
| 024182 283501 | 10443 | GMO | | GF | | * | | | | | | 12 / 796ml | | | | | | | |

UNICO | CHICKPEAS

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|
| 067800 002474 | 10107 | | | | | | | | | | | 6 / 2.84L | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|

Canned Fruits & Vegetables

BIOITALIA | TOMATOES

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|--|--|--|--|--|------------|--|--|--|--|--|--|--|
| 661475 310010 | 33068 | GMO | | | | * | | | | | | 12 / 398ml | | | | | | | |
| 661475 003387 | 33108 | GMO | | | | * | | | | | | 12 / 300ml | | | | | | | |
| 661475 105708 | 33069 | GMO | | | | * | | | | | | 12 / 700ml | | | | | | | |
| 661475 317040 | 33071 | GMO | | | | * | | | | | | 12 / 418ml | | | | | | | |
| 661475 324048 | 33070 | GMO | | | | * | | | | | | 12 / 418ml | | | | | | | |
| 661475 300011 | 33049 | GMO | | | | * | | | | | | 12 / 398ml | | | | | | | |

CHA'S ORGANICS | CANNED FRUIT

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|--|--|---|--|--|------------|--|--|--|--|--|--|--|
| 806253 310220 | 15255 | GMO | | | | * | | | P | | | 12 / 400ml | | | | | | | |
| 806253 310237 | 15256 | GMO | | | | * | | | P | | | 12 / 400ml | | | | | | | |

EAT WHOLESOME | TOMATOES & VEGETABLES

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|--|--|---|--|--|------------|--|--|--|--|--|--|--|
| 628110 454539 | 33612 | GMO | | | | * | | | P | | | 12 / 341ml | | | | | | | |
| 628110 454546 | 33613 | GMO | | | | * | | | P | | | 12 / 398ml | | | | | | | |
| 628110 454119 | 33249 | GMO | | | | | | | P | | | 24 / 398ml | | | | | | | |
| 628110 454409 | 33230 | GMO | | | | * | | | P | | | 12 / 796ml | | | | | | | |
| 628110 454379 | 33231 | GMO | | | | * | | | P | | | 12 / 796ml | | | | | | | |
| 628110 454386 | 33232 | GMO | | | | * | | | P | | | 12 / 796ml | | | | | | | |
| 628110 454393 | 33233 | GMO | | | | * | | | P | | | 12 / 680ml | | | | | | | |

EDEN | APPLE SAUCE

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|----|--|---|--|--|--|--|--|------------|--|--|--|--|--|--|--|
| 024182 003499 | 31020 | | | GF | | * | | | | | | 12 / 398ml | | | | | | | |
|---------------|-------|--|--|----|--|---|--|--|--|--|--|------------|--|--|--|--|--|--|--|

FARMER'S MARKET | CANNED PUMPKIN

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|--|--|--|--|--|------------|--|--|--|--|--|--|--|
| 638882 002043 | 10105 | GMO | | | | * | | | | | | 12 / 398ml | | | | | | | |
| 638882 002005 | 10103 | GMO | | | | * | | | | | | 12 / 398ml | | | | | | | |

NATIVE FOREST | CANNED FRUIT & VEGETABLES

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|----|--|---|--|---|--|--|--|-----------|--|--|--|--|--|--|--|
| 043182 008945 | 10217 | | | GF | | | | | | | | 6 / 170g | | | | | | | |
| 043182 008914 | 10428 | | | GF | | | | | | | | 6 / 400g | | | | | | | |
| 043182 008921 | 10215 | | | GF | | | | | | | | 6 / 280g | | | | | | | |
| 043182 008303 | 10429 | | | GF | | * | | | | | | 6 / 400g | | | | | | | |
| 043182 018685 | 10228 | | | GF | | * | | + | | | | 6 / 284ml | | | | | | | |
| 043182 018517 | 10219 | | | GF | | * | | | | | | 6 / 398ml | | | | | | | |
| 043182 018524 | 10220 | | | GF | | * | | | | | | 6 / 398ml | | | | | | | |
| 043182 018593 | 10227 | | | GF | | * | | | | | | 6 / 398ml | | | | | | | |

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

UPC CODE | **CODE** | **GMQ** | **B** | **GF** | **V*** | **@** | **+** | **FJ** | **X** | **PACK** | **SIZE** | **G** | **P** | **U**

Canned Seafood & Alternatives

RAINCOAST GLOBAL | MSC CERTIFIED SUSTAINABLE SEAFOOD

| | | | | |
|---------------|--------------|----|--|-----------|
| 810757 003977 | 16873 | | GLOBAL Tuna, Albacore, Chunk in Water, No Salt | 24 / 142g |
| 810757 003878 | 16872 | | GLOBAL Tuna, Albacore, Chunk in Water, Sea Salt | 24 / 142g |
| 810757 000624 | 16814 | BC | Salmon, Pink | 12 / 160g |
| 810757 005629 | 16815 | BC | Salmon, Pink, No Salt | 12 / 160g |
| 810757 006626 | 16817 | BC | Salmon, Pink, Skinless Boneless | 12 / 150g |
| 810757 000525 | 16811 | BC | Salmon, Sockeye | 12 / 160g |
| 810757 005520 | 16812 | BC | Salmon, Sockeye, No Salt | 12 / 160g |
| 810757 006510 | 16813 | BC | Salmon, Sockeye, Skinless Boneless | 12 / 150g |
| 810757 009160 | 16819 | | Sardines, in spring water | 12 / 120g |
| 810757 003953 | 16875 | | GLOBAL Tuna, Wild Yellowfin, No Salt (chunk in water) | 24 / 142g |
| 810757 003854 | 16874 | | GLOBAL Tuna, Wild Yellowfin, Sea Salt (chunk in water) | 24 / 142g |
| 810757 000112 | 16808 | BC | Tuna, Albacore | 12 / 150g |
| 810757 005117 | 16809 | BC | Tuna, Albacore, No Salt | 12 / 150g |
| 810757 003892 | 16826 | | GLOBAL Tuna, Skipjack, chunk in water, Sea Salt | 24 / 142g |
| 810757 003991 | 16827 | | GLOBAL Tuna, Skipjack, chunk in water, No Salt | 24 / 142g |

SAFE CATCH | LOW MERCURY CANNED SEAFOOD

| | | | | |
|---------------|--------------|-----|---|-----------|
| 859480 006428 | 68511 | GMQ | Wild Pink Salmon | 6 / 142g |
| 859480 006442 | 68510 | GMQ | Wild Pink Salmon, No Salt | 6 / 142g |
| 859480 006541 | 68520 | GMQ | Wild Yellowfin Ahi Tuna in Extra Virgin Olive Oil | 6 / 142g |
| 859480 006053 | 68501 | GMQ | Wild Albacore Tuna, Solid | 12 / 142g |
| 859480 006060 | 68500 | GMQ | Wild Albacore Tuna, Solid, No Salt | 12 / 142g |
| 859480 006732 | 68530 | | Wild Sardines, in Water | 12 / 125g |
| 859480 006725 | 68531 | | Wild Sardines, in Extra Virgin Olive Oil | 12 / 125g |
| 859480 006008 | 68502 | GMQ | Elite Wild Skipjack Tuna, Solid | 12 / 142g |
| 859480 006268 | 68503 | GMQ | Elite Wild Skipjack Tuna, Cajun | 6 / 142g |
| 859480 006275 | 68505 | GMQ | Elite Wild Skipjack Tuna, Chili Lime | 6 / 142g |
| 859480 006282 | 68504 | GMQ | Elite Wild Skipjack Tuna, Citrus Pepper | 6 / 142g |
| 859480 006305 | 68507 | GMQ | Elite Wild Skipjack Tuna, Garlic Herb | 6 / 142g |

Ready to Serve Canned Meals

AMY'S | CANNED MEALS

| | | | | | |
|---------------|--------------|-----|---|-------------------------------------|------------|
| 042272 905171 | 10218 | GMQ | V | Baked Beans, Organic | 12 / 398ml |
| 042272 905119 | 38222 | GMQ | V | Chili, Medium w/Vegetables, Organic | 12 / 398ml |
| 042272 905102 | 38221 | GMQ | V | Chili, Medium, Organic | 12 / 398ml |
| 042272 905126 | 38223 | GMQ | V | Chili, Spicy, Organic | 12 / 398ml |

AUGA | READY TO EAT ORGANIC CURRY

| | | | | | |
|----------------|--------------|-----|---|--|-----------|
| 4779039 732348 | 40916 | GMQ | * | Curry, Green w/Mung Beans & Black Rice (mild-med), Organic (pouch) | 12 / 283g |
| 4779039 732355 | 40915 | GMQ | * | Curry, Red w/Lentils & Shiitake Mushrooms (mild), Organic (pouch) | 12 / 283g |
| 4779039 732331 | 40917 | GMQ | * | Curry, Yellow w/Chickpeas & Chestnut Mushrooms (mild), Organic (pouch) | 12 / 283g |

EAT WHOLESOME | BAKED BEANS

| | | | | | |
|---------------|--------------|-----|---|--------------------------------------|------------|
| 628110 454447 | 33305 | GMQ | * | Baked Beans in Tomato Sauce, Organic | 12 / 398ml |
|---------------|--------------|-----|---|--------------------------------------|------------|

EDEN | CANNED BEANS

| | | | | | |
|---------------|--------------|-----|---|---|------------|
| 024182 003857 | 10451 | GMQ | * | Baked Beans w/Sweet Sorghum, Organic | 12 / 398ml |
| 024182 003888 | 10476 | GMQ | * | Green Lentils w/Onion & Bay Leaf, Organic | 12 / 398ml |

PACIFIC FOODS | PLANT-BASED CHILI

| | | | | | |
|---------------|--------------|-----|---|--|-----------|
| 052603 287135 | 38121 | GMQ | * | Chili, Fire-Roasted Vegetable, Organic | 12 / 468g |
| 052603 287128 | 38119 | GMQ | * | Chili, Harvest Black Bean, Organic | 12 / 468g |
| 052603 287142 | 38120 | GMQ | * | Chili, White Bean Verde, Organic | 12 / 468g |

Buy 15+ cases (Mix & Match Plant Based Chili Only)

Save 3.86

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| UPC CODE | CODE | GMQ | B | GF | V | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

NAKED & SAUCY | COOKING SAUCE

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|-----|--|--|------|--|--|--|--|--|--|--|--|--|--|---|-----------|
| 890104 001078 | 40118 | GMQ | | | | * | | | BC P | | | | | | | | | | | Sauce, Chili Garlic, Organic | 6 / 296ml |
| 890104 001313 | 40122 | GMQ | | | | * | | | BC P | | | | | | | | | | | Sauce, Peanut, Organic | 6 / 296ml |
| 890104 001337 | 40124 | GMQ | | | | * | | | BC P | | | | | | | | | | | Sauce, Sweet & Sour, Organic | 6 / 296ml |
| 890104 001306 | 40121 | GMQ | | | | * | | | BC P | | | | | | | | | | | Sauce, Sweet Thai Chili, Organic | 6 / 296ml |
| 890104 001320 | 40123 | GMQ | | | | * | | | BC P | | | | | | | | | | | Sauce, Teriyaki, Keto, Organic | 6 / 296ml |
| 890104 001061 | 40117 | GMQ | | | | * | | | BC P | | | | | | | | | | | Sauce, Teriyaki, Sesame Ginger, Organic | 6 / 296ml |
| 890104 001290 | 40120 | GMQ | | | | V * | | | P | | | | | | | | | | | Sauce, Vegan Oyster, Organic | 6 / 296ml |

NAKED & SAUCY | SIMMER SAUCE

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|--|------|--|--|--|--|--|--|--|--|--|--|---|-----------|
| 890104 001528 | 40125 | GMQ | | | | * | | | BC P | | | | | | | | | | | Simmer Sauce, Butterless Chicken, Organic | 12 / 350g |
| 890104 001535 | 40128 | GMQ | | | | * | | | BC P | | | | | | | | | | | Simmer Sauce, Mild Vindaloo, Organic | 12 / 350g |
| 890104 001559 | 40127 | GMQ | | | | * | | | BC P | | | | | | | | | | | Simmer Sauce, Thai Curry, Organic | 12 / 350g |

SAN-J | COOKING SAUCE

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---------------------------------|-----------|
| 075810 150269 | 40659 | GMQ | | GF | | | | | | | | | | | | | | | | Hoisin Sauce | 6 / 296ml |
| 075810 180266 | 40630 | GMQ | | GF | | | | | | | | | | | | | | | | Orange Sauce | 6 / 296ml |
| 075810 230268 | 40647 | GMQ | | GF | | | | | | | | | | | | | | | | Mongolian Sauce | 6 / 296ml |
| 075810 160268 | 40636 | GMQ | | GF | | | | | | | | | | | | | | | | Sweet & Tangy Polynesian Sauce | 6 / 296ml |
| 075810 120262 | 40635 | GMQ | | GF | | | | | | | | | | | | | | | | Szechuan Sauce | 6 / 296ml |
| 075810 113264 | 40628 | GMQ | | GF | | | | | | | | | | | | | | | | Teriyaki Sauce, 50% Less Sodium | 6 / 296ml |
| 075810 112267 | 40625 | GMQ | | GF | | | | | | | | | | | | | | | | Teriyaki Sauce | 6 / 296ml |
| 075810 140260 | 40645 | GMQ | | GF | | | | | | | | | | | | | | | | Thai Peanut Sauce | 6 / 296ml |

SEOUL | KOREAN BBQ SAUCE

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|------------------|-----------|
| 026396 501013 | 31046 | GMQ | | GF | | | | | | | | | | | | | | | | BBQ Sauce, Kalbi | 6 / 350ml |
|---------------|--------------|-----|--|----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|------------------|-----------|

UMI'S KITCHEN | COOKING SAUCE

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|------|--|--|--|--|--|--|--|--|--|--|------------------------------|------------|
| 627761 820250 | 51363 | | | | | | | | BC P | | | | | | | | | | | Marinade, Tandoori | 12 / 450ml |
| 627761 820106 | 51360 | | | | | | | | BC P | | | | | | | | | | | Simmer Sauce, Butter Chicken | 12 / 450ml |
| 627761 820359 | 51361 | | | | | | | | BC P | | | | | | | | | | | Simmer Sauce, Coconut Curry | 12 / 450ml |
| 627761 820205 | 51362 | | | | | | | | BC P | | | | | | | | | | | Simmer Sauce, Jeera Cumin | 12 / 450ml |

WHITEWATER COOKS | MARINADE

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|------|--|--|--|--|--|--|--|--|--|--|----------------------|------------|
| 627843 382164 | 77800 | | | | | | | | BC P | | | | | | | | | | | Miso Ginger Marinade | 12 / 350ml |
|---------------|--------------|--|--|--|--|--|--|--|------|--|--|--|--|--|--|--|--|--|--|----------------------|------------|

Sauce Mixes & Cubes

GOBIO! | GRAVY & PESTO CUBES

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|--|---|--|--|--|--|--|--|--|--|--|--|--------------------------------|----------|
| 687789 021138 | 45330 | GMQ | | | | * | | | P | | | | | | | | | | | Gravy Cubes, Brown, Organic | 15 / 60g |
| 687789 021121 | 45331 | GMQ | | | | * | | | P | | | | | | | | | | | Gravy Cubes, Poultry, Organic | 15 / 60g |
| 687789 032233 | 45332 | GMQ | | | | * | | | P | | | | | | | | | | | Pesto Cubes, Genovese, Organic | 15 / 54g |

SIMPLY ORGANIC | GRAVY MIX

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|--|---|--|--|--|--|--|--|--|--|--|--|---|----------|
| 089836 188731 | 70741 | | | | | * | | | X | | | | | | | | | | | Gravy Mix, Brown, Organic (sachets) | 12 / 28g |
| 089836 188755 | 70751 | | | | | * | | | X | | | | | | | | | | | Gravy Mix, Mushroom Sauce, Organic (sachets) | 12 / 24g |
| 089836 188748 | 70744 | | | | | * | | | X | | | | | | | | | | | Gravy Mix, Roasted Chicken, Organic (sachets) | 12 / 24g |
| 089836 188762 | 70745 | | | | | * | | | X | | | | | | | | | | | Gravy Mix, Roasted Turkey, Organic (sachets) | 12 / 24g |
| 089836 200075 | 70761 | | | | | * | | | X | | | | | | | | | | | Gravy Mix, Brown, Vegetarian, Organic (sachets) | 12 / 28g |

Mayonnaise, Salad Dressings

See Cooler section for more Mayonnaise Alternatives

CHOSEN FOODS | AVOCADO OIL DRESSING

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----------------------------------|-----------|
| 815074 022441 | 32300 | GMQ | | GF | | | | | | | | | | | | | | | | Dressing, Apple Cider Vinaigrette | 6 / 237ml |
| 815074 022496 | 32301 | GMQ | | GF | | | | | | | | | | | | | | | | Dressing, Caesar | 6 / 237ml |
| 815074 021444 | 32302 | GMQ | | GF | | | | | | | | | | | | | | | | Dressing, Chipotle Ranch | 6 / 237ml |
| 815074 021437 | 32303 | GMQ | | GF | | | | | | | | | | | | | | | | Dressing, Lemon Garlic | 6 / 237ml |
| 815074 022830 | 32304 | GMQ | | GF | | | | | | | | | | | | | | | | Dressing, Ranch | 6 / 237ml |

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

CHOSEN FOODS | CLASSIC MAYO

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|
| 815074 020010 | 32326 | GMO | | GF | | | | | | | | | 6 / 332ml | | | | | | | |
| 815074 020003 | 32313 | GMO | | GF | | | | | | | | | 6 / 355ml | | | | | | | |

DAIYA | DAIRY-FREE SALAD DRESSING

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|---|--|--|--|---|---|--|--|--|-----------|-------------|-------------|--|--|--|--|--|
| 871459 009117 | 50171 | GMO | | V | | | | + | P | | | | 6 / 237ml | | | | | | | |
| 871459 009100 | 50170 | GMO | | V | | | | + | P | | | | 6 / 237ml | | | | | | | |
| | | | | | | | | | | | | | | Save | 2.08 | | | | | |
| | | | | | | | | | | | | | | Save | 3.12 | | | | | |
| | | | | | | | | | | | | | | Save | 4.16 | | | | | |

MAISON ORPHEE | VINAIGRETTE

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|---|---|--|--|--|------------|--|--|--|--|--|--|--|
| 069593 120816 | 33489 | GMO | | | | | | + | P | | | | 12 / 250ml | | | | | | | |
| 069593 120823 | 33490 | GMO | | | | | | + | P | | | | 12 / 250ml | | | | | | | |
| 069593 120854 | 33493 | GMO | | | | | | + | P | | | | 12 / 250ml | | | | | | | |
| 069593 121653 | 32393 | GMO | | | | | | + | P | | | | 12 / 240ml | | | | | | | |
| 069593 120861 | 33494 | GMO | | | | | | + | P | | | | 12 / 250ml | | | | | | | |

NAKED & SAUCY | NOOCH NUTRITIONAL YEAST DRESSING

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|----|---|--|--|--|------------|--|--|--|--|--|--|--|
| 890104 001726 | 40103 | GMO | | | * | | | BC | P | | | | 12 / 250ml | | | | | | | |
| 890104 001702 | 40104 | GMO | | | * | | | BC | P | | | | 12 / 250ml | | | | | | | |
| 890104 001719 | 40105 | GMO | | | * | | | BC | P | | | | 12 / 250ml | | | | | | | |
| 890104 001733 | 40107 | GMO | | | * | | | BC | P | | | | 12 / 250ml | | | | | | | |

SPECTRUM | MAYONNAISE

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|---|---|--|---|--|--|--|--|------------|--|--|--|--|--|--|--|
| 022506 201286 | 14015 | | | GF | | | | X | | | | | 4 / 3.78L | | | | | | | |
| 078755 000262 | 14035 | | | GF | V | | | | | | | | 12 / 473ml | | | | | | | |
| 022506 203044 | 14003 | | | GF | | * | | | | | | | 12 / 473ml | | | | | | | |

WHITWATER COOKS | DRESSING & VINAIGRETTE

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|----|---|--|--|--|------------|--|--|--|--|--|--|--|
| 627843 382140 | 77801 | | | | | | | BC | P | | | | 12 / 350ml | | | | | | | |
| 627843 382133 | 77803 | | | | | | | BC | P | | | | 12 / 350ml | | | | | | | |
| 627843 382157 | 77802 | | | | | | | BC | P | | | | 12 / 350ml | | | | | | | |

Pasta & Pizza Sauces

BIOITALIA | TOMATO SAUCE

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|--|--|--|--|--|------------|--|--|--|--|--|--|--|
| 661475 523045 | 33078 | GMO | | | * | | | | | | | | 8 / 660ml | | | | | | | |
| 661475 115509 | 33043 | GMO | | | * | | | | | | | | 12 / 358ml | | | | | | | |
| 661475 505010 | 33048 | GMO | | | * | | | | | | | | 12 / 358ml | | | | | | | |
| 661475 521041 | 33080 | GMO | | | * | | | | | | | | 8 / 660ml | | | | | | | |
| 661475 115530 | 33045 | GMO | | | * | | | | | | | | 12 / 358ml | | | | | | | |
| 661475 522048 | 33079 | GMO | | | * | | | | | | | | 8 / 660ml | | | | | | | |

EDEN | PIZZA & PASTA SAUCE

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|---|--|--|--|--|--|--|--|------------|--|--|--|--|--|--|--|
| 024182 003178 | 33251 | | | GF | * | | | | | | | | 12 / 398ml | | | | | | | |
| 024182 033137 | 33271 | | | | * | | | | | | | | 12 / 398ml | | | | | | | |

PERFECT CHEF | TOMATO PASTA SAUCE

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|---|---|--|--|--|-----------|-------------|-------------|--|--|--|--|--|
| 620988 050387 | 42402 | GMO | | | * | | | + | P | | | | 6 / 740ml | | | | | | | |
| 620988 050431 | 42404 | GMO | | | * | | | + | P | | | | 6 / 740ml | | | | | | | |
| 620988 050370 | 42401 | GMO | | | * | | | + | P | | | | 6 / 740ml | | | | | | | |
| | | | | | | | | | | | | | | Save | 3.00 | | | | | |
| | | | | | | | | | | | | | | Save | 5.00 | | | | | |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|

Granola & Snack Bars

CLIF KID | ORGANIC ZBARS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|---|--|--|--|--|--|--|--|--|------------------------------|------------|---|
| 722252 194336 | 37599 | GMO | | | | | | | | * | | | | | | | | | Chocolate Brownie, Organic | 6 / 5x36g | G |
| 722252 194343 | 37611 | GMO | | | | | | | | * | | | | | | | | | Chocolate Chip, Organic | 6 / 5x36g | G |
| 722252 195326 | 37612 | GMO | | | | | | | | * | | | | | | | | | Iced Oatmeal Cookie, Organic | 6 / 5x36g | G |
| 722252 921086 | 91666 | GMO | | | | | | | | * | | | | | | | | | Shipper, Organic (S/O) | 56 / 5x36g | G |

KIND | BREAKFAST BARS, HEALTHY GRAINS BARS & THINS NUT BARS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|------------|---|
| 602652 204050 | 39346 | | | | | | | | | | | | | | | | | | Breakfast Bar, Almond Butter (2pk) | 5 / 4x50g | G |
| 602652 204067 | 39347 | | | | | | | | | | | | | | | | | | Breakfast Bar, Dark Chocolate Cocoa (2pk) | 5 / 4x50g | G |
| 602652 201066 | 39348 | | | | | | | | | | | | | | | | | | Breakfast Bar, Peanut Butter (2pk) | 5 / 4x50g | G |
| 602652 184178 | 37609 | GMO | | | | | | | | | | | | | | | | | HEALTHY GRAINS, Dark Chocolate Chunk | 8 / 5x35g | G |
| 602652 184154 | 37607 | GMO | | | | | | | | | | | | | | | | | HEALTHY GRAINS, Oats & Honey | 8 / 5x35g | G |
| 602652 184185 | 37610 | GMO | | | | | | | | | | | | | | | | | HEALTHY GRAINS, Peanut Butter Dark Chocolate | 8 / 5x35g | G |
| 602652 296574 | 37600 | GMO | | | | | | | | | | | | | | | | | HEALTHY GRAINS, Vanilla Blueberry | 8 / 5x35g | G |
| 602652 429538 | 39337 | | | | | | | | | | | | | | | | | | THINS Nut Bar, Almond Caramel & Sea Salt | 6 / 10x21g | G |
| 602652 429422 | 39336 | | | | | | | | | | | | | | | | | | THINS Nut Bar, Nuts Sea Salt & Dark Chocolate | 6 / 10x21g | G |

MADEGOOD | BARS & BITES

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|------------|---|
| 687456 216119 | 64009 | GMO | | | | | | | | | | | | | | | | | Bars, Chocolate Chip, Organic | 4 / 15x24g | G |
| 687456 214139 | 64055 | GMO | | | | | | | | | | | | | | | | | Chocolate Drizzled Granola Bars, Birthday Cake, | 6 / 5x24g | G |
| 687456 214146 | 64056 | GMO | | | | | | | | | | | | | | | | | Chocolate Drizzled Granola Bars, Cookie Crumble, | 6 / 5x24g | G |
| 687456 214122 | 64054 | GMO | | | | | | | | | | | | | | | | | Chocolate Drizzled Granola Bars, Vanilla, Organic | 6 / 5x24g | G |
| 687456 223650 | 64048 | GMO | | | | | | | | | | | | | | | | | Crunchy Oat Bites, Chocolate Drizzled Birthday Cake, Organic | 6 / 5x24g | G |
| 687456 224428 | 64046 | GMO | | | | | | | | | | | | | | | | | Crunchy Oat Bites, Chocolate Drizzled Birthday Cake, Organic | 6 / 100g | G |
| 687456 223711 | 64049 | GMO | | | | | | | | | | | | | | | | | Crunchy Oat Bites, Vanilla Drizzled Cookies & Cream, Organic | 6 / 5x24g | G |
| 687456 224435 | 64047 | GMO | | | | | | | | | | | | | | | | | Crunchy Oat Bites, Vanilla Drizzled Cookies & Cream, Organic | 6 / 100g | G |
| 687456 213040 | 64020 | GMO | | | | | | | | | | | | | | | | | Granola Bars, Chocolate Banana, Organic | 6 / 5x24g | G |
| 687456 213019 | 64023 | GMO | | | | | | | | | | | | | | | | | Granola Bars, Chocolate Chip, Organic | 6 / 5x24g | G |
| 687456 213750 | 64029 | GMO | | | | | | | | | | | | | | | | | Granola Bars, Cookies & Cream, Organic | 6 / 5x24g | G |
| 687456 213026 | 64024 | GMO | | | | | | | | | | | | | | | | | Granola Bars, Mixed Berry, Organic | 6 / 5x24g | G |
| 687456 213170 | 64021 | GMO | | | | | | | | | | | | | | | | | Granola Bars, Strawberry, Organic | 6 / 5x24g | G |
| 687456 223490 | 64094 | GMO | | | | | | | | | | | | | | | | | Granola Minis, Apple Cinnamon, Organic | 6 / 5x24g | G |
| 687456 223476 | 64093 | GMO | | | | | | | | | | | | | | | | | Granola Minis, Chocolate Banana, Organic | 6 / 5x24g | G |
| 687456 223506 | 64090 | GMO | | | | | | | | | | | | | | | | | Granola Minis, Chocolate Chip, Organic | 6 / 5x24g | G |
| 687456 223513 | 64091 | GMO | | | | | | | | | | | | | | | | | Granola Minis, Cookies N Crème, Organic | 6 / 5x24g | G |
| 687456 223483 | 64092 | GMO | | | | | | | | | | | | | | | | | Granola Minis, Strawberry, Organic | 6 / 5x24g | G |
| 687456 214313 | 64063 | GMO | | | | | | | | | | | | | | | | | MORNINGS Soft Baked Oat Bars, Blueberry, Organic | 6 / 5x30g | G |
| 687456 214306 | 64062 | GMO | | | | | | | | | | | | | | | | | MORNINGS Soft Baked Oat Bars, Chocolate Chip, Organic | 6 / 5x30g | G |
| 687456 214320 | 64064 | GMO | | | | | | | | | | | | | | | | | MORNINGS Soft Baked Oat Bars, Cinnamon Bun, Organic | 6 / 5x30g | G |

NATURE'S BAKERY | SNACK BARS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--------------------------|-----------|---|
| 047495 410167 | 13343 | GMO | | | | | | | | | | | | | | | | | Brownie, Double Chocoate | 6 / 6x45g | G |
| 047495 210200 | 13146 | GMO | | | | | | | | | | | | | | | | | Fig Bar, Apple Cinnamon | 6 / 6x57g | G |
| 047495 210217 | 13147 | GMO | | | | | | | | | | | | | | | | | Fig Bar, Blueberry | 6 / 6x57g | G |
| 047495 210224 | 13148 | GMO | | | | | | | | | | | | | | | | | Fig Bar, Original Fig | 6 / 6x57g | G |
| 047495 210248 | 13149 | GMO | | | | | | | | | | | | | | | | | Fig Bar, Raspberry | 6 / 6x57g | G |

PRANA ORGANIC | GRANOLA BARS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|------------|---|
| 877693 003850 | 26177 | GMO | | | | | | | | | | | | | | | | | Chewy Granola Bars, Berry Blast, Organic (safe for school) | 12 / 5x24g | G |
| 877693 003843 | 26176 | GMO | | | | | | | | | | | | | | | | | Chewy Granola Bars, Choco Bongo, Organic (safe for school) | 12 / 5x24g | G |
| 877693 003867 | 26178 | GMO | | | | | | | | | | | | | | | | | Chewy Granola Bars, Magic Rainbow, Organic (safe for school) | 12 / 5x24g | G |

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| UPC CODE | CODE | GMØ | B | GF | V | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

Toaster Pastries

NATURE'S PATH | TOASTER PASTRIES

| | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|--|--|----|--|----------|
| 058449 188087 | 55721 | GMØ | | | | * | | | | Pa | Toaster Pastries, Berry Strawberry, Frosted, Organic | 6 / 312g |
| 058449 188070 | 55720 | GMØ | | | | * | | | | Pa | Toaster Pastries, Cherry Pomegranate, Frosted, Organic | 6 / 312g |

CRACKERS & PUFFED GRAIN CAKES

Crackers

AK-MAK | SESAME CRACKERS

| | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|------------------------|-----------|
| 071105 000011 | 16005 | | | | | | | | | | Ak-Mak Sesame Crackers | 12 / 118g |
|---------------|--------------|--|--|--|--|--|--|--|--|--|------------------------|-----------|

BLUE DIAMOND | NUT THINS CRACKERS

| | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|--|--|-------------------------------------|-----------|
| 041570 054192 | 16178 | GMØ | | GF | | | | | | | Nut Thins, Almond | 12 / 120g |
| 041570 099162 | 16568 | GMØ | | GF | | | | | | | Nut Thins, Almond, Hint of Sea Salt | 12 / 120g |
| 041570 054291 | 16179 | | | GF | | | | | | | Nut Thins, Pecan | 12 / 120g |

CRICH | CRACKERS WITH EXTRA VIRGIN OLIVE OIL

| | | | | | | | | | | | | |
|----------------|--------------|-----|--|----|--|---|--|--|--|--|---|-----------|
| 8008620 071006 | 40924 | | | GF | | | | | | | X Crackers, Gluten-Free (6pkt) | 10 / 200g |
| 8008620 050506 | 40925 | GMØ | | | | * | | | | | X Crackers, Salted, Organic (8pkt) | 12 / 250g |
| 8008620 050544 | 40926 | GMØ | | | | * | | | | | X Crackers, Sesame & Rosemary, Organic (8pkt) | 12 / 250g |
| 8008620 050537 | 40927 | GMØ | | | | * | | | | | X Crackers, Tomato & Oregano, Organic (8pkt) | 12 / 250g |

EDWARD & SONS | EXOTIC RICE TOASTS & BAKED BROWN RICE SNAPS

| | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|---|--|--|--|--|--|-----------|
| 039631 000462 | 16159 | GMØ | | GF | | * | | | | | X Brown Rice Snaps, Black Sesame, Organic | 12 / 100g |
| 011206 000350 | 16068 | | | | | | | | | | X Brown Rice Snaps, Tamari Seaweed | 12 / 100g |
| 039631 000417 | 16024 | GMØ | | GF | | * | | | | | X Brown Rice Snaps, Unsalted Plain Rice, Organic | 12 / 100g |
| 039631 000448 | 16027 | GMØ | | GF | | * | | | | | X Brown Rice Snaps, Vegetable Rice, Organic | 12 / 100g |
| 043182 000628 | 16543 | | | GF | | | | | | | EXOTIC RICE TOAST, Purple Rice & Black Sesame | 12 / 65g |

EVE'S CRACKERS

| | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|-------|---------------------------------------|-----------|
| 627843 724971 | 56100 | | | GF | | | | | BC Pa | X Crackers, Black Sesame | 12 / 108g |
| 627843 724964 | 56101 | | | GF | | | | | BC Pa | X Crackers, Chili Pepper Pumpkin Seed | 12 / 108g |
| 627843 724988 | 56103 | | | GF | | | | | BC Pa | X Crackers, Cracked Pepper | 12 / 108g |
| 627843 724957 | 56102 | | | GF | | | | | BC Pa | X Crackers, Savoury Sunflower | 12 / 108g |

FREYUMM | CRACKERS

| | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|-------|----------------------------|----------|
| 816695 004069 | 10323 | GMØ | | GF | | | | | BC Pa | X Cracker Bites, Cheezy | 6 / 120g |
| 816695 004076 | 10324 | GMØ | | GF | | | | | BC Pa | X Cracker Bites, Pizza | 6 / 120g |
| 816695 004038 | 10322 | GMØ | | GF | | | | | BC Pa | X Crackers, Herb & Seed | 6 / 120g |
| 816695 004014 | 10320 | GMØ | | GF | | | | | BC Pa | X Crackers, Himalayan Salt | 6 / 120g |
| 816695 004021 | 10321 | GMØ | | GF | | | | | BC Pa | X Crackers, Zesty Cheese | 6 / 120g |

Buy 20+ cases

Save 3.00

GLUTINO | CRACKERS

| | | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|--|--|-------------------------------|----------|
| 678523 038451 | 16422 | | | GF | | | | | | | Crackers (Rounds), Cheddar | 6 / 125g |
| 678523 038512 | 16421 | | | GF | | | | | | | Crackers (Rounds), Original | 6 / 125g |
| 678523 038475 | 16423 | | | GF | | | | | | | Crackers (Rounds), Multigrain | 6 / 125g |

HOME GROWN LIVING FOODS | RAWGLES SPROUTED LIVING BAGELS

| | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|--|-------|------------------------------------|----------|
| 628110 072023 | 16251 | GMØ | | | | * | | | BC Pa | X RAWgles, Apple Cinnamon, Organic | 8 / 150g |
| 628110 072849 | 16291 | GMØ | | | | * | | | BC Pa | X RAWgles, Sunflower Dill, Organic | 8 / 120g |

HOT KID | RICE CRACKERS

| | | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|--|--|-----------------------|-----------|
| 686352 807063 | 16236 | | | GF | | | | | | | X Cheese Rice Crisps | 20 / 100g |
| 686352 807070 | 16261 | | | GF | | | | | | | X Natural Rice Crisps | 20 / 100g |
| 686352 804895 | 16199 | | | GF | | | | | | | X Sesame Rice Crisps | 20 / 100g |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | P | BC | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|----|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|----|---|---|------|------|--|--|--|--|---|---|---|

LE PAIN DES FLEURS | CRISPBREAD

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|---|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|
| 848206 059565 | 16606 | GMO | | GF | V | * | | | | | | | | 12 / 150g | | | | | | | |
| 848206 059572 | 16607 | GMO | | GF | V | * | | | | | | | | 12 / 150g | | | | | | | |
| 848206 059596 | 16643 | GMO | | GF | V | * | | | | | | | | 12 / 150g | | | | | | | |
| 848206 059589 | 16641 | GMO | | GF | V | * | | | | | | | | 12 / 150g | | | | | | | |

MADEGOOD | STAR PUFFED CRACKERS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|---|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|--|
| 687456 230016 | 64080 | GMO | | GF | V | * | | | | | | | + P X STAR PUFFED CRACKERS, Cheddar, Organic | 6 / 121g | | | | | | | |
| 687456 230030 | 64082 | GMO | | GF | V | * | | | | | | | + P X STAR PUFFED CRACKERS, Pizza Flavour, Organic | 6 / 121g | | | | | | | |
| 687456 230023 | 64081 | GMO | | GF | V | * | | | | | | | + P X STAR PUFFED CRACKERS, Sea Salt, Organic | 6 / 121g | | | | | | | |

MARY'S ORGANIC | CRACKERS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|---|--|--|--|--|--|--|---|-----------|--|--|--|--|--|--|--|
| 853665 005862 | 17620 | GMO | | GF | V | * | | | | | | | CHEEZEE Crackers, Cheddar Flavour, Organic | 6 / 120g | | | | | | | |
| 853665 005879 | 17621 | GMO | | GF | V | * | | | | | | | CHEEZEE Crackers, Cheese & Herb Flavour, Organic | 6 / 120g | | | | | | | |
| 853665 005602 | 16837 | GMO | | GF | V | * | | | | | | | REAL THIN CRACKERS, Garlic Rosemary, Organic | 6 / 142g | | | | | | | |
| 853665 005664 | 17604 | GMO | | GF | V | * | | | | | | | REAL THIN CRACKERS, Olive Oil & Black Pepper, Organic | 6 / 142g | | | | | | | |
| 853665 005596 | 16838 | GMO | | GF | V | * | | | | | | | REAL THIN CRACKERS, Sea Salt, Organic | 6 / 142g | | | | | | | |
| 853665 005114 | 16833 | GMO | | GF | V | * | | | | | | | SUPER SEED Crackers, Basil & Garlic, Organic | 6 / 156g | | | | | | | |
| 897580 000168 | 16832 | GMO | | GF | V | * | | | | | | | SUPER SEED Crackers, Classic, Organic | 6 / 156g | | | | | | | |
| 853665 005091 | 16834 | GMO | | GF | V | * | | | | | | | SUPER SEED Crackers, Everything, Organic | 6 / 156g | | | | | | | |
| 853665 005107 | 16835 | GMO | | GF | V | * | | | | | | | SUPER SEED Crackers, Seaweed & Black Sesame, Organic | 6 / 156g | | | | | | | |
| 897580 000151 | 16376 | GMO | | GF | V | * | | | | | | | Crackers, Black Pepper, Organic | 12 / 184g | | | | | | | |
| 897580 000137 | 16187 | GMO | | GF | V | * | | | | | | | Crackers, Herb, Organic | 12 / 184g | | | | | | | |
| 897580 000106 | 16185 | GMO | | GF | V | * | | | | | | | Crackers, Original, Organic | 12 / 184g | | | | | | | |

SAN-J | RICE CRACKERS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|--|--|--|--|--|--|--|---------------------------------|-----------|--|--|--|--|--|--|--|
| 075810 000151 | 16350 | GMO | | GF | | | | | | | | | X Crackers, Tamari Black Sesame | 12 / 105g | | | | | | | |
| 075810 000168 | 16352 | GMO | | GF | | | | | | | | | X Crackers, Tamari Brown Sesame | 12 / 105g | | | | | | | |

Puffed Grain Cakes

LUNDBERG | WHOLE GRAIN RICE CAKES

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|---|--|--|--|--|--|--|---|----------|--|--|--|--|--|--|--|
| 073416 200395 | 16334 | GMO | | GF | | * | | | | | | | X Rice Cakes, Cinnamon Toast, Organic | 6 / 269g | | | | | | | |
| 073416 200142 | 16331 | GMO | | GF | | * | | | | | | | X Rice Cakes, Plain, Organic | 6 / 241g | | | | | | | |
| 073416 200159 | 16332 | GMO | | GF | | * | | | | | | | X Rice Cakes, Unsalted, Organic | 6 / 241g | | | | | | | |
| 073416 200173 | 16333 | GMO | | GF | | * | | | | | | | X Rice Cakes, Wild Rice, Organic | 6 / 241g | | | | | | | |
| 073416 532700 | 31225 | GMO | | GF | | * | | | | | | | THIN STACKERS, Lightly Salted, Organic | 6 / 168g | | | | | | | |
| 073416 532809 | 31227 | GMO | | GF | | * | | | | | | | THIN STACKERS, Red Rice & Quinoa, Organic | 6 / 168g | | | | | | | |
| 073416 532403 | 31224 | GMO | | GF | | * | | | | | | | THIN STACKERS, Salt Free, Organic | 6 / 168g | | | | | | | |
| 073416 561601 | 31230 | GMO | | GF | | * | | | | | | | THIN STACKERS, Sea Salt & Fine Herbs, Organic | 6 / 168g | | | | | | | |

PLUMM GOOD | WHOLE GRAIN RICE CAKES

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|
| 069372 007901 | 16611 | GMO | | | | * | | | | | | | BC P X RICE THINS, Ancient Grains w/Pink Salt, Organic | 12 / 95g | | | | | | | |
| 069372 007666 | 16668 | GMO | | | | * | | | | | | | BC P X RICE THINS, Brown Rice Cakes, Canadian Wild Rice, Organic | 12 / 95g | | | | | | | |
| 069372 007703 | 16733 | GMO | | | | * | | | | | | | BC P X RICE THINS, Brown Rice Cakes, Chia, Unsalted, Organic | 12 / 95g | | | | | | | |
| 069372 007307 | 16610 | GMO | | | | * | | | | | | | BC P X RICE THINS, Brown Rice Cakes, Multigrain, Unsalted, Organic | 12 / 95g | | | | | | | |
| 069372 007628 | 16666 | GMO | | | | * | | | | | | | BC P X RICE THINS, Brown Rice Cakes, Quinoa, Unsalted, Organic | 12 / 95g | | | | | | | |
| 069372 007208 | 16609 | GMO | | | | * | | | | | | | BC P X RICE THINS, Brown Rice Cakes, Sea-Salt, Organic | 12 / 95g | | | | | | | |
| 069372 007505 | 16614 | GMO | | | | * | | | | | | | BC P X RICE THINS, Brown Rice Cakes, Sesame, Unsalted, Organic | 12 / 95g | | | | | | | |
| 069372 007109 | 16608 | GMO | | | | * | | | | | | | BC P X RICE THINS, Brown Rice Cakes, Unsalted, Organic | 12 / 95g | | | | | | | |
| 069372 002111 | 16445 | GMO | | | | * | | | | | | | BC P X Rice Cakes, Sea Salt, Organic | 12 / 185g | | | | | | | |
| 069372 002159 | 16441 | GMO | | | | * | | | | | | | BC P X Rice Cakes, Multigrain, Salted, Organic | 12 / 185g | | | | | | | |
| 069372 002173 | 16446 | GMO | | | | * | | | | | | | BC P X Rice Cakes, Sesame, Salted, Organic | 12 / 185g | | | | | | | |
| 069372 001114 | 16450 | GMO | | | | * | | | | | | | BC P X Rice Cakes, Multigrain, Unsalted, Organic | 12 / 185g | | | | | | | |
| 069372 001046 | 16425 | GMO | | | | * | | | | | | | BC P X Rice Cakes, Unsalted, Organic | 12 / 185g | | | | | | | |

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

UPC CODE | **CODE** | **GMO** | **B** | **GF** | **V** | **@** | **+** | **BC** | **P** | **X** | **PACK** | **SIZE** | **G** | **P** | **U**

DRIED BEANS, GRAINS, OATS, POPCORN, RICE & SEEDS

Dried Beans, Legumes & Seeds

BULK BEANS

| | | | | | |
|---------------|--------------|----------|---|---|-------------|
| 775768 04065 | 04065 | B | * | X Black Beans, Organic | 1 / 11.34kg |
| | 04150 | B | * | X Garbanzo Beans (Chick Peas), Organic | 1 / 11.34kg |
| 623636 394093 | 20054 | B | * | X Lentils, Green, Small French, Organic | 1 / 11.34kg |

Popcorns

ANGIE'S | BOOMCHICKAPOP MICROWAVE POPCORN

| | | | | | |
|---------------|--------------|------------|--|--|-----------|
| 018780 017347 | 59520 | | | BOOMCHICKAPOP Microwave Popcorn, Real Butter | 6 / 4x93g |
| 018780 017354 | 59521 | GMO | | BOOMCHICKAPOP Microwave Popcorn, Sea Salt | 6 / 4x93g |

EDEN | ORGANIC POPCORN

| | | | | | | |
|---------------|--------------|------------|-----------|---|--------------------------|-----------|
| 024182 003864 | 36787 | GMO | GF | * | Popcorn, Yellow, Organic | 12 / 566g |
|---------------|--------------|------------|-----------|---|--------------------------|-----------|

WHOLE ALTERNATIVES | POPCORN

| | | | | | | |
|---------------|--------------|------------|--|---|--|------------|
| 796259 150497 | 36297 | | | * | Microwave Popcorn, Butter Flavour, Organic | 12 / 3x99g |
| 796259 150480 | 36299 | GMO | | * | Microwave Popcorn, Low Fat, Organic | 12 / 3x85g |
| 796259 151845 | 37497 | | | * | Popping Corn, Yellow, Organic | 12 / 454g |

BULK POPPING CORN

| | | | | | |
|---------------|--------------|----------|---|-------------------------|-------------|
| 000000 041332 | 22070 | B | * | X Popping Corn, Organic | 1 / 11.34kg |
|---------------|--------------|----------|---|-------------------------|-------------|

Grains

ANITA'S ORGANIC MILL | BULK GRAINS

| | | | | | |
|---------------|--------------|----------|---|--|-------------|
| 623636 180061 | 22148 | B | * | X Corn Meal, Medium Grind, Organic | 1 / 11.34kg |
| 623636 200097 | 22105 | B | * | + X Hard Red Spring Wheat Kernels, Organic | 1 / 20kg |

BOB'S RED MILL | GRAINS

| | | | | | | |
|---------------|--------------|------------|-----------|---|----------------------|----------|
| 039978 001894 | 34208 | GMO | GF | * | X Buckwheat, Organic | 4 / 454g |
| 039978 002488 | 34219 | GMO | | * | X Bulgur | 4 / 680g |
| 039978 002570 | 34241 | GMO | | * | X Polenta, Organic | 4 / 680g |
| 039978 002112 | 34217 | GMO | | * | X Farro, Organic | 4 / 680g |
| 039978 002532 | 34223 | GMO | GF | * | X Millet | 4 / 794g |

BULK GRAINS

| | | | | | |
|---------------|--------------|----------|---|-------------------|-------------|
| 775768 22045 | 22045 | B | * | X Millet, Organic | 1 / 11.34kg |
| 000000 041064 | 41064 | B | * | X Quinoa, Organic | 1 / 11.34kg |

Oats

ANITA'S ORGANIC MILL | OATS

| | | | | | | |
|---------------|--------------|------------|-----------|-----------|--|-------------|
| 623636 998994 | 20103 | GMO | GF | * | + X Gluten Free Rolled Oats, Old Fashioned, Organic | 4 / 900g |
| 623636 999014 | 28074 | GMO | GF | * | + X Gluten Free Steel Cut Oats, Organic | 4 / 900g |
| 623636 700016 | 20067 | GMO | | * | + X Rolled Oats, Old Fashioned, Organic | 4 / 1kg |
| 623636 700061 | 20104 | GMO | | * | + X Rolled Oats, Quick, Organic | 4 / 1kg |
| 623636 700207 | 28073 | GMO | | * | + X Steel Cut Oats, Organic | 4 / 1kg |
| 623636 998925 | 28059 | GMO | B | GF | + X Gluten Free, Rolled Oats, Old Fashioned, Organic | 1 / 11.34kg |
| 623636 710046 | 20071 | GMO | B | * | + X Oat Groats, Organic | 1 / 11.34kg |
| 623636 700030 | 22040 | GMO | B | * | + X Rolled Oats, Old Fashioned, Organic | 1 / 11.34kg |
| 623636 700245 | 28058 | GMO | B | * | + X Steel Cut Oats, Organic | 1 / 11.34kg |
| 623636 700023 | 22921 | GMO | B | * | + X Rolled Oats, Old Fashioned, Organic | 4 / 2.5kg |

AVENA FOODS | OATS

| | | | | | | |
|---------------|--------------|----------|-----------|---|-------------|------------|
| 663780 100225 | 22197 | B | GF | + | Rolled Oats | 1 / 22.7kg |
|---------------|--------------|----------|-----------|---|-------------|------------|

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | BC | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|---|------|------|--|--|--|--|---|---|---|

BOB'S RED MILL | OATS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|---|----|--|--|--|--|--|--|---|--|--|---|---|-----------|--|--|--|--|--|
| 039978 349545 | 30510 | GMO | | | | | | | | | * | | | X Rolled Oats, Extra Thick, Organic | 4 | / 454g | | | | | |
| 039978 349521 | 30514 | GMO | | | | | | | | | * | | | X Rolled Oats, Old Fashioned, Organic | 4 | / 454g | | | | | |
| 039978 339539 | 30512 | GMO | | | | | | | | | * | | | X Rolled Oats, Quick Cooking, Organic | 4 | / 454g | | | | | |
| 039978 341402 | 30534 | GMO | | | | | | | | | | | | X Steel Cut Oats | 4 | / 680g | | | | | |
| 039978 323736 | 30541 | GMO | | GF | | | | | | | | | | X Gluten Free Steel Cut Oats | 4 | / 680g | | | | | |
| 039978 329578 | 30518 | GMO | | | | | | | | | * | | | X Steel Cut Oats, Organic | 4 | / 680g | | | | | |
| 039978 323767 | 30530 | GMO | | GF | | | | | | | | | | X Gluten Free Rolled Oats, Quick Cooking | 4 | / 794g | | | | | |
| 039978 323866 | 30552 | GMO | | GF | | | | | | | * | | | X Gluten Free Rolled Oats, Extra Thick, Organic | 4 | / 907g | | | | | |
| 039978 323750 | 30540 | GMO | | GF | | | | | | | | | | X Gluten Free Rolled Oats, Old Fashioned | 4 | / 907g | | | | | |
| 039978 323873 | 30551 | GMO | | GF | | | | | | | * | | | X Gluten Free Rolled Oats, Old Fashioned, Organic | 4 | / 907g | | | | | |
| 039978 351555 | 34270 | GMO | | | | | | | | | | | | X Rolled Oats, Extra Thick | 4 | / 907g | | | | | |
| 039978 359544 | 30511 | GMO | | | | | | | | | * | | | X Rolled Oats, Extra Thick, Organic | 4 | / 907g | | | | | |
| 039978 003799 | 34271 | GMO | | | | | | | | | | | | X Rolled Oats, Old Fashioned | 4 | / 907g | | | | | |
| 039978 359520 | 34252 | GMO | | | | | | | | | * | | | X Rolled Oats, Old Fashioned (regular), Organic | 4 | / 907g | | | | | |
| 039978 003843 | 34272 | GMO | | | | | | | | | | | | X Rolled Oats, Quick Cooking | 4 | / 907g | | | | | |
| 039978 313751 | 20243 | GMO | B | GF | | | | | | | | | | X Gluten Free Rolled Oats, Old Fashioned | 1 | / 11.34kg | | | | | |
| 039978 103734 | 20244 | GMO | B | GF | | | | | | | | | | X Gluten Free Steel Cut Oats | 1 | / 11.34kg | | | | | |

NATURE'S PATH | WHOLE GRAIN OATS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|---|---|--|--|---|--------|--|--|--|--|--|
| 729906 410033 | 22175 | GMO | | | | | | | | | * | P | | Oats, Steel Cut, Quick Cook, Organic | 6 | / 680g | | | | | |
| 729906 410019 | 22074 | GMO | | | | | | | | | * | P | | Oats, Steel Cut, Coarsely Cut, Organic | 6 | / 840g | | | | | |

Rice

GIA BASMATI | RICE IN A BAG

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|---|--|--|--|--|--|--|--|--|--|--|----------------------|---|-------|--|--|--|--|--|
| 882369 110329 | 38601 | | B | | | | | | | | | | | X White Basmati Rice | 1 | / 8lb | | | | | |
|---------------|--------------|--|---|--|--|--|--|--|--|--|--|--|--|----------------------|---|-------|--|--|--|--|--|

LUNDBERG FAMILY FARMS | RICE

| | | | | | | | | | | | | | | | | | | | | | |
|-----------------|--------------|-----|---|----|--|--|--|--|--|--|---|--|--|--|----|-----------|--|--|--|--|--|
| 073416 004337 | 31215 | GMO | | GF | | | | | | | | | | Rice, Wild Blend, Nutra-Farmed | 6 | / 454g | | | | | |
| 073416 051911 | 31205 | | | GF | | | | | | | | | | Rice, Arborio, White, Nutra-Farmed | 6 | / 907g | | | | | |
| 073416 405523 | 31202 | GMO | | GF | | | | | | | | | | Rice, Basmati, Brown, Nutra-Farmed | 6 | / 907g | | | | | |
| 073416 406032 | 31209 | GMO | | GF | | | | | | | * | | | Rice, Basmati, Brown, Organic | 6 | / 907g | | | | | |
| 073416 403536 | 31203 | GMO | | GF | | | | | | | | | | Rice, Basmati, White, Nutra-Farmed | 6 | / 907g | | | | | |
| 073416 404045 | 31210 | GMO | | GF | | | | | | | * | | | Rice, Basmati, White, Organic | 6 | / 907g | | | | | |
| 073416 040502 | 31211 | GMO | | GF | | | | | | | * | | | Rice, Jasmine, California Brown, Organic | 6 | / 907g | | | | | |
| 073416 040427 | 31204 | GMO | | GF | | | | | | | | | | Rice, Jasmine, White, Nutra-Farmed | 6 | / 907g | | | | | |
| 073416 040489 | 31212 | | | GF | | | | | | | * | | | Rice, Jasmine, White, Organic | 6 | / 907g | | | | | |
| 073416 199644 | 31208 | GMO | | GF | | | | | | | * | | | Rice, Long Grain Brown, Organic | 6 | / 907g | | | | | |
| 073416 250109 | 31231 | GMO | | GF | | | | | | | * | | | Rice, Long Grain White, Regenerative Organic | 6 | / 907g | | | | | |
| 073416 199637 | 31206 | GMO | | GF | | | | | | | * | | | Rice, Short Grain, Brown, Organic | 6 | / 907g | | | | | |
| 073416 040434 | 31207 | GMO | | GF | | | | | | | * | | | Rice, Sushi, White, Organic | 6 | / 907g | | | | | |
| 073416 402010 | 32098 | | B | GF | | | | | | | * | | | X Rice, Basmati, Brown, Organic | 1 | / 11.34kg | | | | | |
| 073416 401518 | 32050 | GMO | B | GF | | | | | | | | | | X Rice, Basmati, White, Eco-Farmed | 1 | / 11.34kg | | | | | |
| 073416 402027 | 32102 | GMO | B | GF | | | | | | | * | | | X Rice, Basmati, White, Organic | 1 | / 11.34kg | | | | | |
| 073416 040298 | 32043 | GMO | B | | | | | | | | * | | | Rice, Jasmine White, Organic | 1 | / 11.34kg | | | | | |
| 073416 401341 | 32039 | | B | GF | | | | | | | * | | | X Rice, Long Grain White, Organic | 1 | / 11.34kg | | | | | |
| 073416 401327 | 32074 | GMO | B | GF | | | | | | | * | | | X Rice, Long Grain, Brown, Organic | 1 | / 11.34kg | | | | | |
| 073416 401228 | 32076 | GMO | B | GF | | | | | | | * | | | X Rice, Short Grain, Brown, Organic | 1 | / 11.34kg | | | | | |
| 073416 401617 | 32097 | GMO | B | GF | | | | | | | * | | | X Rice, Sushi, White, Organic | 1 | / 11.34kg | | | | | |
| 30073416 142207 | 91334 | | | GF | | | | | | | | | | X Wild Blend Shipper (S/O) | 36 | / 454g | | | | | |

LOTUS FOODS | RICE

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|--|--|---|--|--|------------------------------|---|--------|--|--|--|--|--|
| 708953 508610 | 39909 | GMO | | GF | | | | | | | * | | | Rice, White Basmati, Organic | 6 | / 850g | | | | | |
| 708953 507613 | 39908 | GMO | | GF | | | | | | | * | | | Rice, White Jasmine, Organic | 6 | / 850g | | | | | |

FUNCTIONAL FOODS

BOB'S RED MILL | NUTRITIONAL YEAST

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|--|--|--|--|--|---------------------------------|---|--------|--|--|--|--|--|
| 039978 325464 | 34203 | | | GF | | | | | | | | | | X Large Flake Nutritional Yeast | 4 | / 142g | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|--|--|--|--|--|---------------------------------|---|--------|--|--|--|--|--|

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | BC | FJ | X | PACK | SIZE | | | | | | G | P | U |
|---|--------------|-----|---|----|---|---|---|---|----|----|---|------|---|----|---|-------|--|--|---|---|---|
| 806253 000527 | 70200 | GMO | | GF | V | * | | | | | | Ⓟ X | Cumin, Ground, Organic (S/O) | 1 | / | 500g | | | | | |
| 806253 000336 | 91299 | GMO | | GF | V | * | @ | | | | | Ⓟ X | Ginger, Ground, Organic (S/O) | 1 | / | 500g | | | | | |
| 806253 000466 | 91317 | GMO | | GF | V | * | @ | | | | | Ⓟ X | Turmeric, Ground, Organic (S/O) | 1 | / | 500g | | | | | |
| FRONTIER HERBS & SPICES | | | | | | | | | | | | | | | | | | | | | |
| 089836 210210 | 70559 | | | | | | | | | | * | | X Cinnamon, Sticks, Organic | 6 | / | 22g | | | | | |
| MAISON ORPHEE HAND-HARVESTED GREY SEA SALT | | | | | | | | | | | | | | | | | | | | | |
| 069593 100832 | 33483 | | | | | | | | | | | Ⓟ | Grey Sea Salt, Coarse | 12 | / | 1kg | | | | | |
| 069593 100849 | 33484 | | | | | | | | | | | Ⓟ | Grey Sea Salt, Fine | 12 | / | 500g | | | | | |
| MODERN PRODUCTS SEASONINGS | | | | | | | | | | | | | | | | | | | | | |
| 075820 000004 | 70450 | | | GF | | | | | | | | | Spike Seasoning | 24 | / | 85g | | | | | |
| 075820 204082 | 70451 | | | GF | | | | | | | | | Spike Seasoning | 12 | / | 198g | | | | | |
| REDMOND REAL SALT | | | | | | | | | | | | | | | | | | | | | |
| 018788 905004 | 15605 | | | | | | | | | | | | REAL SALT Ancient Seasalt, Fine (shaker) | 6 | / | 284g | | | | | |
| 018788 992615 | 15600 | | | | | | | | | | | | REAL SALT Ancient Seasalt, Fine (refill pouch) | 12 | / | 737g | | | | | |
| SIMPLY ORGANIC PASTA SAUCE MIX | | | | | | | | | | | | | | | | | | | | | |
| 089836 200068 | 70740 | | | | | | | | | | * | | X Seasoning Mix, Pasta Sauce, Alfredo, Organic (sachets) | 12 | / | 42g | | | | | |
| SIMPLY ORGANIC BOTTLED SPICES & GRINDERS | | | | | | | | | | | | | | | | | | | | | |
| 089836 192080 | 70789 | | | | | | | | | | * | | Basil Leaf, c/s Organic (glass bottle) | 6 | / | 15g | | | | | |
| 089836 192240 | 70358 | | | | | | | | | | * | | Cayenne Pepper, Organic (glass bottle) | 6 | / | 71g | | | | | |
| 089836 192332 | 70842 | | | | | | | | | | * | | Ceylon Cinnamon, Organic (glass bottle) | 6 | / | 59g | | | | | |
| 089836 192257 | 70359 | | | | | | | | | | * | | Chili Powder, Organic (glass bottle) | 6 | / | 82g | | | | | |
| 089836 192363 | 70840 | | | | | | | | | | * | | Chipotle Ground, Organic (glass bottle) | 6 | / | 75g | | | | | |
| 089836 192110 | 70791 | | | | | | | | | | * | | Cinnamon, Ground, Organic (glass bottle) | 6 | / | 69g | | | | | |
| 089836 192486 | 70804 | GMO | | | | | | | | | * | | Coriander, Ground, Organic (glass bottle) | 6 | / | 65g | | | | | |
| 089836 192127 | 70792 | | | | | | | | | | * | | Cumin Seed, Ground, Organic (glass bottle) | 6 | / | 65g | | | | | |
| 089836 192264 | 70360 | | | | | | | | | | * | | Curry Powder, Organic (glass bottle) | 6 | / | 85g | | | | | |
| 089836 092502 | 70806 | GMO | | | | | | | | | * | | Dill Weed, Organic (glass bottle) | 6 | / | 23g | | | | | |
| 089836 192141 | 70793 | | | | | | | | | | * | | Garlic Powder, Organic (glass bottle) | 6 | / | 103g | | | | | |
| 089836 192479 | 70803 | GMO | | | | | | | | | * | | Garlic Salt, Organic (glass bottle) | 6 | / | 113g | | | | | |
| 089836 192158 | 70794 | | | | | | | | | | * | | Ginger Root, Ground, Organic (glass bottle) | 6 | / | 46g | | | | | |
| 089836 192271 | 70361 | | | | | | | | | | * | | Italian Seasoning, Organic (glass bottle) | 6 | / | 22g | | | | | |
| 089836 192288 | 70362 | | | | | | | | | | * | | Onion, Minced, Organic (glass bottle) | 6 | / | 79g | | | | | |
| 089836 192165 | 70795 | | | | | | | | | | * | | Oregano Leaf c/s, Organic (glass bottle) | 6 | / | 21g | | | | | |
| 089836 192295 | 70363 | | | | | | | | | | * | | Paprika Ground, Organic (glass bottle) | 6 | / | 74g | | | | | |
| 089836 192097 | 70796 | | | | | | | | | | * | | Pepper, Black, Medium, Organic (glass bottle) | 6 | / | 65.5g | | | | | |
| 089836 192134 | 70798 | | | | | | | | | | * | | Pepper, Red, Crushed, Organic (glass bottle) | 6 | / | 45g | | | | | |
| 089836 192196 | 70801 | | | | | | | | | | * | | Peppercorn Blend, Organic (glass bottle) | 6 | / | 75g | | | | | |
| 089836 192189 | 70800 | | | | | | | | | | * | | Peppercorns, Black, Organic (glass bottle w/adjustable grinder) | 6 | / | 75g | | | | | G |
| 089836 192103 | 70797 | | | | | | | | | | * | | Peppercorns, Black, Organic (glass bottle) | 6 | / | 75g | | | | | |
| 089836 192462 | 70802 | | | | | | | | | | * | | Pumpkin Spice, Organic (glass bottle) (S/O) | 6 | / | 55g | | | | | |
| 089836 192493 | 70805 | GMO | | | | | | | | | * | | Rosemary, Organic (glass bottle) | 6 | / | 35g | | | | | |
| 089836 192349 | 70839 | | | | | | | | | | * | | Smoked Paprika, Organic (glass bottle) | 6 | / | 77g | | | | | |
| 089836 192318 | 70365 | | | | | | | | | | * | | Thyme Leaf, Organic (glass bottle) | 6 | / | 31g | | | | | |
| 089836 192172 | 70799 | | | | | | | | | | * | | Turmeric Root, Ground, Organic (glass bottle) | 6 | / | 46g | | | | | |
| SIMPLY ORGANIC SEASONING MIX | | | | | | | | | | | | | | | | | | | | | |
| 089836 188700 | 70750 | | | | | | | | | | * | | X Seasoning Mix, Chili, Veggie, Organic (sachets) | 12 | / | 28g | | | | | |
| 089836 200020 | 70742 | | | | | | | | | | * | | X Seasoning Mix, Fajita, Organic (sachets) | 12 | / | 28g | | | | | |
| 089836 200037 | 70763 | | | | | | | | | | * | | X Seasoning Mix, Spicy Taco, Organic (sachets) | 12 | / | 32g | | | | | |
| 089836 200013 | 70747 | | | | | | | | | | * | | X Seasoning Mix, Taco, Organic (sachets) | 12 | / | 32g | | | | | |

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G = GST / **P** = PST / **U** = Container Recycling Fee / **(S/O)** = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V | @ | + | P | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|---|---|---|

SUNDHED | SEA SALT & PURE HIMALAYAN SALT

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|----------|--|--|--|--|--|--|---|------------------------------------|---|--------|--|--|--|--|
| 873778 006174 | 06169 | | | | | | | | | P | Sea Salt Grinder | 6 | / 250g | | | | |
| 873778 006778 | 06171 | | | | | | | | | P | Sea Salt, Coarse | 6 | / 750g | | | | |
| 873778 006730 | 06174 | | | | | | | | | P | Sea Salt, Fine Iodized | 6 | / 750g | | | | |
| 873778 006099 | 02252 | | | | | | | | | P | Himalayan Pink Salt Grinder | 6 | / 250g | | | | |
| 873778 006082 | 02251 | | | | | | | | | P | Himalayan Pink Salt, Fine | 6 | / 250g | | | | |
| 873778 006679 | 02253 | | | | | | | | | P | Himalayan Pink Salt Grinder | 6 | / 390g | | | | |
| 873778 006129 | 02255 | | | | | | | | | P | Himalayan Pink Salt, Coarse | 6 | / 750g | | | | |
| 873778 006112 | 02254 | | | | | | | | | P | Himalayan Pink Salt, Fine | 6 | / 750g | | | | |
| 873778 006143 | 02257 | | | | | | | | | P | Himalayan White Salt, Fine Iodized | 6 | / 750g | | | | |
| 873778 006549 | 93037 | | B | | | | | | | P | Himalayan Pink Salt, Coarse (S/O) | 1 | / 10kg | | | | |
| 873778 006525 | 93036 | | B | | | | | | | P | Himalayan Pink Salt, Fine (S/O) | 1 | / 10kg | | | | |

BULK SEA SALT

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|----------|--|--|--|--|--|--|---|--------------------------------------|---|--------|--|--|--|--|
| 038400 138542 | 02179 | | B | | | | | | | X | Sea Salt, Refined (solar evaporated) | 1 | / 50lb | | | | |
|---------------|--------------|--|----------|--|--|--|--|--|--|---|--------------------------------------|---|--------|--|--|--|--|

INTERNATIONAL CUISINE

Caribbean

MAUREEN'S | COOKING SAUCE

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|------|---------------------------|----|---------|--|--|--|--|
| 627987 503753 | 14902 | | | | | | | | | BC P | Sauce, Mild Coconut Curry | 12 | / 350ml | | | | |
| 841307 000313 | 14900 | | | | | | | | | BC P | Sauce, The Original Jerk | 12 | / 350ml | | | | |

Indian

See Frozen Entrées for Vij's

JYOTI NATURAL FOODS | INDIAN CUISINE

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|--|--|--|--|-------------|------------|--|--|--|--|
| 077502 016105 | 38545 | | | | | | | | | | Delhi Saag, Spinach & Mustard Greens w/ Ginger & Peppers (can) | 12 | / 425g | | | | |
| 077502 156153 | 38542 | | | | | | | | | | Madras Sambar, Lentils w/ Vegetables (can) | 12 | / 425g | | | | |
| 077502 036103 | 38546 | | | | | * | | | | | Matar Paneer, Peas & Home Style Cheese (can) | 12 | / 425g | | | | |
| 077502 146154 | 38541 | | | | | * | | | | | Punjabi Chhole, Chickpeas w/ Potato & Onions (can) | 12 | / 425g | | | | |
| | | | | | | | | | | | Buy 10-14 cases | Save | 15% | | | | |
| | | | | | | | | | | | Buy 15+ cases | Save | 20% | | | | |

NANAK | GHEE CLARIFIED BUTTER

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|---|-----------------|----|--------|--|--|--|--|
| 797677 707300 | 24902 | | | | | | | | | P | Ghee, Grass Fed | 12 | / 400g | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|---|-----------------|----|--------|--|--|--|--|

Japanese

ATLANTIC MARICULTURE | DULSE

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|--|--|-----|----------------|----|-------|--|--|--|--|
| 067835 774056 | 24200 | | | | | * | | | | + P | Dulse, Organic | 12 | / 40g | | | | |
|---------------|--------------|--|--|--|--|---|--|--|--|-----|----------------|----|-------|--|--|--|--|

CANADIAN KELP RESOURCES | SEA VEGETABLES

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--------|------------|----|-------|--|--|--|--|
| 776128 000030 | 32851 | | | | | | | | | BC P X | Kombu | 16 | / 42g | | | | |
| 776128 000047 | 32850 | | | | | | | | | BC P X | Macro Kelp | 16 | / 21g | | | | |

EAT WHOLESOME | BEAN VERMICELLI

| | | | | | | | | | | | | | | | | | |
|----------------|--------------|--|--|--|--|--|--|--|--|-----|--------------------------------------|----|--------|--|--|--|--|
| 5060844 590285 | 33631 | | | | | | | | | P X | Mung Bean Vermicelli (glass noodles) | 20 | / 180g | | | | |
|----------------|--------------|--|--|--|--|--|--|--|--|-----|--------------------------------------|----|--------|--|--|--|--|

EDEN | JAPANESE PRODUCTS

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|------------|--|--|--|----|---|--|--|--|---|----|---------|--|--|--|--|
| 024182 003093 | 24052 | | | | | GF | * | | | | Gomasio, Seaweed, Organic | 12 | / 100g | | | | |
| 024182 000481 | 24069 | GMO | | | | GF | | | | | Mirin, Rice Cooking Wine | 12 | / 300ml | | | | |
| 024182 425901 | 02119 | | | | | GF | | | | | Ume Plum Vinegar | 12 | / 296ml | | | | |
| 024182 002188 | 24067 | | | | | | | | | | Wasabi Powder, Japanese horseradish (contains genuine wasabi) | 6 | / 25g | | | | |

EDEN | SEA VEGETABLES

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|----|--|--|--|---|------------------|---|-------|--|--|--|--|
| 024182 157693 | 24004 | | | | | GF | | | | X | Sushi Nori (7ct) | 6 | / 17g | | | | |
|---------------|--------------|--|--|--|--|----|--|--|--|---|------------------|---|-------|--|--|--|--|

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMØ | B | GF | V | * | @ | + | f | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

EDWARD & SONS | MISO SOUP

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|--|
| 043182 000987 | 38689 | | | GF | | | | | | | | 6 / 82g | | | | | | | |
| 043182 000925 | 38261 | | | | | | | | | | | 12 / 36g | | | | | | | |

GIMME ORGANIC | ROASTED SEAWEED

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|---|---|--|--|--|--|--|------------|--|--|--|--|--|--|---|
| 855463 005273 | 24165 | GMØ | | GF | V | * | | | | | | 12 / 9g | | | | | | | G |
| 855463 005280 | 24166 | GMØ | | GF | V | * | | | | | | 8 / 6x4.5g | | | | | | | G |

GIMME ORGANIC | ROASTED SEAWEED SNACKS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|---|--|--|--|--|--|----------|--|--|--|--|--|--|---|
| 851093 004327 | 24135 | GMØ | | GF | | * | | | | | | 8 / 6x5g | | | | | | | G |
| 851093 004303 | 24136 | GMØ | | GF | | * | | | | | | 8 / 6x5g | | | | | | | G |
| 851093 004310 | 24137 | GMØ | | GF | | * | | | | | | 8 / 6x5g | | | | | | | G |
| 851093 004679 | 24162 | GMØ | | GF | | * | | | | | | 12 / 10g | | | | | | | G |
| 851093 004662 | 25163 | GMØ | | GF | | * | | | | | | 12 / 10g | | | | | | | G |
| 851093 004693 | 24169 | GMØ | | GF | | * | | | | | | 12 / 10g | | | | | | | G |

GIMME ORGANIC | ROASTED SUSHI NORI

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|---|---|--|--|--|--|--|----------|--|--|--|--|--|--|--|
| 851093 004372 | 24164 | GMØ | | GF | V | * | | | | | | 12 / 23g | | | | | | | |
|---------------|--------------|-----|--|----|---|---|--|--|--|--|--|----------|--|--|--|--|--|--|--|

GINGER PEOPLE | MINCED GINGER

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|---|--|--|--|--|--|-----------|--|--|--|--|--|--|--|
| 734027 904064 | 14196 | | | GF | | * | | | | | | 12 / 190g | | | | | | | |
| 734027 904071 | 14197 | | | GF | | * | | | | | | 12 / 190g | | | | | | | |

KOYO | JAPANESE PRODUCTS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|---------|--|--|--|--|--|--|--|
| 021009 229025 | 24019 | | | | | | | | | | | 6 / 25g | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|---------|--|--|--|--|--|--|--|

LOTUS FOODS | RICE RAMEN NOODLES

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|---|--|--|--|--|--|----------|--|--|--|--|--|--|--|
| 708953 622125 | 39904 | GMØ | | GF | | * | | | | | | 6 / 283g | | | | | | | |
| 708953 622132 | 39905 | GMØ | | GF | | * | | | | | | 6 / 283g | | | | | | | |

MARUKAN | PONZU SAUCE

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|
| 070641 066314 | 24039 | GMØ | | | | | | | | | | 6 / 355ml | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|

MISHIMA | INSTANT SOUP

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|--|
| 830757 000325 | 38551 | | | | | | | | | | | 12 / 27g | | | | | | | |
| 830757 000219 | 38821 | | | | | | | | | | | 12 / 30g | | | | | | | |
| 830757 000233 | 38822 | | | | | | | | | | | 12 / 30g | | | | | | | |
| 830757 000226 | 38655 | | | | | | | | | | | 12 / 30g | | | | | | | |

NIKKEI RAMEN YA | RAMEN SEASONING SAUCE

Note: for Seasoning "Ramen Building Blocks" available in Frozen Broth & Soup Noodles section

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|---|--|--|--|--|--|--|------------|--|--|--|--|--|--|--|
| 628693 494212 | 39191 | | | BC | f | | | | | | | 12 / 145ml | | | | | | | |
| 628693 494052 | 39188 | | | BC | f | | | | | | | 12 / 145ml | | | | | | | |

NORA | SEAWEED SNACKS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|---|
| 855258 006225 | 19100 | GMØ | | | | | | | | | | 12 / 32g | | | | | | | G |
| 855258 006584 | 19103 | GMØ | | | | | | | | | | 12 / 32g | | | | | | | G |
| 855258 006232 | 19102 | GMØ | | | | | | | | | | 12 / 45g | | | | | | | G |
| 855258 006249 | 19101 | GMØ | | | | | | | | | | 12 / 45g | | | | | | | G |

SEASNAX | SEAWEED PRODUCTS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|---|--|--|--|--|--|----------|--|--|--|--|--|--|---|
| 811201 020014 | 24132 | GMØ | | GF | | * | | | | | | 12 / 10g | | | | | | | G |
| 811201 020021 | 24141 | GMØ | | GF | | * | | | | | | 12 / 10g | | | | | | | G |
| 728028 023183 | 24120 | GMØ | | | | * | | | | | | 16 / 5g | | | | | | | G |
| 609722 798372 | 24121 | GMØ | | | | * | | | | | | 16 / 5g | | | | | | | G |
| 609722 798839 | 24123 | GMØ | | | | * | | | | | | 16 / 5g | | | | | | | G |

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| UPC CODE | CODE | GMØ | B | GF | V | * | @ | + | BC | P | X | PACK | SIZE | | | | G | P | U |
|---------------|--------------|-----|---|----|---|---|---|---|----|---|---|------|--|-------------|--|------------|---|---|---|
| 728028 023237 | 24094 | GMØ | | GF | | * | | | | | | | 16 / 28g | | | | | | |
| 728028 012217 | 24083 | GMØ | | GF | | * | | | | | | | 4 / 4x15g | | | | | | G |
| 728028 012200 | 24080 | GMØ | | GF | | * | | | | | | | 16 / 15g | | | | | | G |
| 728028 023213 | 24081 | GMØ | | GF | | * | | | | | | | 16 / 15g | | | | | | G |
| | | | | | | | | | | | | | Buy 10-49 cases (mix & match allowed) | Save | | 10% | | | |
| | | | | | | | | | | | | | Buy 50-99 cases (mix & match allowed) | Save | | 15% | | | |
| | | | | | | | | | | | | | Buy 100-119 cases (mix & match allowed) | Save | | 20% | | | |
| | | | | | | | | | | | | | Buy 120+ cases (mix & match allowed) | Save | | 25% | | | |

SOBAYA | PASTA

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|---|--|--|--|--|-----------|--|--|--|--|--|--|
| 057443 307029 | 30160 | | | | | * | | + | | | | | 12 / 230g | | | | | | |
| 057443 309023 | 30169 | | | | | * | | + | | | | | 12 / 230g | | | | | | |
| 057443 309047 | 30154 | | | | | * | | + | | | | | 12 / 230g | | | | | | |

Mediterranean

CASBAH | AUTHENTIC GRAIN

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|--|--|--|--|--|-----------|--|--|--|--|--|--|
| 072934 692477 | 38528 | GMØ | | | | | | | | | | | 12 / 340g | | | | | | |
| 072934 000081 | 38531 | GMØ | | | | | | | | | | | 8 / 180g | | | | | | |
| 072934 000111 | 38530 | GMØ | | | | * | | | | | | | 6 / 600g | | | | | | |

CASBAH | AUTHENTIC MIX

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|
| 072934 692309 | 33051 | GMØ | | | | | | | | | | | 12 / 284g | | | | | | |
| 072934 692279 | 33059 | GMØ | | | | | | | | | | | 12 / 170g | | | | | | |

HABIBI'S MEDITERRANEAN | LEBANESE GARLIC SAUCE

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|----|---|--|--|---------------------------------------|--|--|--|--|--|----------|
| 683830 019369 | 14323 | | | | | | | | BC | P | | | Toum - Lebanese Garlic Sauce & Spread | | | | | | 8 / 250g |
|---------------|--------------|--|--|--|--|--|--|--|----|---|--|--|---------------------------------------|--|--|--|--|--|----------|

Mexican

AMY'S | REFRIED BEANS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|---|--|--|--|--|--|------------|--|--|--|--|--|--|
| 042272 905515 | 10266 | GMØ | | | | V | * | | | | | | 12 / 398ml | | | | | | |
| 042272 905508 | 10265 | GMØ | | | | V | * | | | | | | 12 / 398ml | | | | | | |
| 042272 905522 | 10267 | GMØ | | | | V | * | | | | | | 12 / 398ml | | | | | | |

EDEN | REFRIED BEANS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|---|--|--|--|--|--|------------|--|--|--|--|--|--|
| 024182 003994 | 10413 | | | | | | * | | | | | | 12 / 398ml | | | | | | |
| 024182 003987 | 10412 | | | | | | * | | | | | | 12 / 398ml | | | | | | |

LA PREFERIDA | ORGANIC MEXICAN INGREDIENTS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|---|--|--|--|--|--|------------|--|--|--|--|--|--|
| 071524 180066 | 47206 | | | | | | * | | | | | | 12 / 398ml | | | | | | |
| 071524 180073 | 47207 | | | | | | * | | | | | | 12 / 398ml | | | | | | |
| 071524 180103 | 47210 | | | | | | * | | | | | | 12 / 118ml | | | | | | |

QUE PASA | TACO SHELLS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|---|--|--|----|---|---|--|-----------------------------------|--|--|--|--|--|-----------|
| 068826 212861 | 37825 | GMØ | | GF | | * | | | BC | P | X | | Taco Shells, Blue Corn, Organic | | | | | | 12 / 130g |
| 068826 212854 | 37824 | GMØ | | GF | | * | | | BC | P | X | | Taco Shells, Yellow Corn, Organic | | | | | | 12 / 130g |

Thai

BLUE MONKEY | COCONUT CREAM & MILK

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|---|--|--|--|--|--|--------------------------------|--|--|--|--|--|------------|
| 059654 330018 | 02297 | GMØ | | | | | * | | | | | | Coconut Cream, Organic | | | | | | 24 / 400ml |
| 059654 330025 | 02298 | GMØ | | | | | * | | | | | | X Coconut Milk, Light, Organic | | | | | | 6 / 400ml |

CHA'S ORGANICS | COCONUT CREAM & MILK

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|---|--|--|---|--|--|------------------------------------|--|--|--|--|--|------------|
| 806253 210407 | 15040 | GMØ | | | | * | @ | | | P | | | Coconut Cream, Full Cream, Organic | | | | | | 12 / 400ml |
| 806253 210414 | 15080 | GMØ | | | | * | @ | | | P | | | Coconut Milk, Premium, Organic | | | | | | 12 / 400ml |
| 806253 210421 | 15081 | GMØ | | | | * | @ | | | P | | | Coconut Milk, Light, Organic | | | | | | 12 / 400ml |
| 806253 210483 | 15041 | GMØ | | | | * | @ | | | P | | | Coconut Whipping Cream, Organic | | | | | | 6 / 400ml |

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G = GST / **P** = PST / **U** = Container Recycling Fee / **(S/O)** = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V | @ | + | P | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|---|---|---|

NUTS, SEEDS & DRIED FRUIT

Dried Fruit

BOB'S RED MILL | SHREDDED COCONUT

039978 335784 **02053** ~~GMO~~ @ X Coconut, Dried Shredded, Unsweetened 4 / 340g

CAMINO | SHREDDED COCONUT

752612 240038 **02258** * @ P Shredded Coconut, Unsweetened, Organic 8 / 200g

LET'S DO...ORGANIC | SHREDDED COCONUT

043182 015202 **02083** GF * Coconut, Fine Shredded, Unsweetened, Organic 12 / 250g

043182 015226 **02264** GF * Coconut Flakes, Unsweetened, Organic 12 / 200g

LEVEL GROUND TRADING DIRECT FAIR TRADE | DRIED FRUIT

661594 003626 **18115** * @ P Dried Banana, Organic 12 / 130g

661594 003633 **18112** * @ P Dried Golden Berry, Organic 12 / 100g

661594 905005 **18113** * @ P Dried Mango, Organic 12 / 100g

661594 904015 **18114** * @ P Dried Pineapple, Organic 12 / 100g

MORNIN' GLORY | PRUNES

093778 888826 **18333** * Prunes, Pitted, Organic 12 / 340g

NAVITAS ORGANICS | DRIED FRUIT

858847 000703 **26116** ~~GMO~~ * Goji Berries, Sun-Dried, Organic 1 / 227g

PATIENCE FRUIT & CO | DRIED BERRIES

662166 551880 **18208** ~~GMO~~ * + P Dried Fruit Blend, Sliced Three Fruit (Cranberries, Blueberries & Tart Cherries), Organic 6 / 196g G

662166 551996 **18202** ~~GMO~~ * + P Dried Sliced Cranberries, No Added Sugar, Organic 8 / 142g G

662166 551668 **18206** ~~GMO~~ * + P Dried Sliced Cranberries, Organic 6 / 283g G

662166 551774 **18207** ~~GMO~~ * + P Dried Sliced Cranberries, Sweetened w/Apple Juice, Organic 6 / 227g G

662166 551330 **18203** ~~GMO~~ * + P Dried Whole Cranberries, Organic 8 / 142g G

662166 551446 **18204** ~~GMO~~ * + P Dried Whole Cranberries, Sweetened w/Apple Juice, Organic 8 / 113g G

662166 551361 **18234** ~~GMO~~ * + P Dried Wild Blueberries, Sweetened w/Apple Juice, Organic 8 / 85g G

Buy 12+ cases

Save 15%

PRANA ORGANIC | DRIED FRUIT

877693 000224 **18111** ~~GMO~~ GF * P Dates, Medjool, Organic 6 / 250g

877693 000217 **18155** ~~GMO~~ GF * P Figs, Organic 6 / 250g

877693 000187 **18110** ~~GMO~~ GF * P Goji Berries, Organic 6 / 200g

877693 001450 **18152** ~~GMO~~ GF * P Mango Cheeks, Organic 6 / 150g

877693 001405 **18171** GF * P Mulberries, White, Organic 6 / 250g

877693 000279 **18154** ~~GMO~~ GF * P Prunes, Pitted, Organic 6 / 250g

877693 000194 **26139** ~~GMO~~ * P X Raisins, Sultana, Organic (S/O) 6 / 300g

60130 Empty Racks (S/O) 1 / ea

TRIPLE JIM'S | ORGANIC DRIED FRUIT

059105 051707 **36658** ~~GMO~~ * BC P Apple Chips, Cinnamon, Organic 24 / 70g G

059105 050755 **36657** ~~GMO~~ * BC P Apple Chips, Organic 24 / 75g G

Nuts & Seeds

BOB'S RED MILL | SEEDS

039978 308443 **34207** ~~GMO~~ GF * X Chia Seeds, Whole, Organic 5 / 340g

039978 339379 **02019** ~~GMO~~ GF * X Flaxseed Meal, Organic 4 / 453g

039978 333308 **34048** ~~GMO~~ GF X Flaxseed Meal 4 / 453g

039978 343307 **34054** ~~GMO~~ GF X Flaxseed Meal 4 / 907g

039978 336200 **34202** ~~GMO~~ GF X Flaxseed, Whole 4 / 368g

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | F | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|

HOME GROWN LIVING FOODS | SPROUTED NUTS & SEEDS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|----------|---|
| 628110 072085 | 16270 | GMO | | | | * | | | | | | | | | | | | | | 8 / 120g | |
| 628110 072450 | 16301 | GMO | | | | * | | | | | | | | | | | | | | 8 / 120g | |
| 628110 072405 | 16300 | GMO | | | | * | | | | | | | | | | | | | | 8 / 120g | |
| 628110 072108 | 16271 | GMO | | | | * | | | | | | | | | | | | | | 8 / 120g | |
| 628110 072092 | 16273 | GMO | | | | * | | | | | | | | | | | | | | 8 / 130g | |
| 628110 072122 | 16272 | GMO | | | | * | | | | | | | | | | | | | | 8 / 100g | |
| 628110 072993 | 16274 | GMO | | | | * | | | | | | | | | | | | | | 8 / 100g | G |

MANITOBA HARVEST | HEMP SEED

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|----------|------------|--|
| 697658 201554 | 37352 | GMO | | | | | | | | | | | | | | | | | | | | 8 / 227g | | |
| 697658 201196 | 37349 | GMO | | | | | | | | | | | | | | | | | | | | | 6 / 454g | |
| 697658 000034 | 36352 | GMO | | | | | | | | | | | | | | | | | | | | | 12 / 60g | |
| 697658 000010 | 36348 | GMO | | | | | | | | | | | | | | | | | | | | | 8 / 227g | |
| 697658 220012 | 36907 | GMO | | | | | | | | | | | | | | | | | | | | | 6 / 340g | |
| 697658 000072 | 37197 | GMO | | | | | | | | | | | | | | | | | | | | | 8 / 200g | |
| 697658 410765 | 37351 | GMO | | | | | | | | | | | | | | | | | | | | | 6 / 700g | |
| 697658 691164 | 37026 | GMO | B | | | | | | | | | | | | | | | | | | | | 1 / 2.27kg | |
| 697658 691157 | 37140 | GMO | B | | | | | | | | | | | | | | | | | | | | 1 / 2.27kg | |
| 697658 102189 | 60122 | GMO | | | | | | | | | | | | | | | | | | | | | 36 / 227g | |

NATURE'S PATH | FLAXPLUS FLAX SEEDS

| | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|----------|--|
| 058449 300014 | 34016 | GMO | | | | * | | | | | | | | | | | | | | | | | 6 / 425g | |
| 058449 300007 | 34015 | GMO | | | | * | | | | | | | | | | | | | | | | | 6 / 425g | |

PRANA ORGANIC | NUTS & SEEDS

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|----------|--|
| 877693 002884 | 26145 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 200g | |
| 877693 002891 | 26146 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 200g | |
| 877693 000170 | 26130 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 250g | |
| 877693 001344 | 26132 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 180g | |
| 877693 000200 | 26128 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 180g | |
| 877693 000330 | 34063 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 200g | |
| 877693 000316 | 34061 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 200g | |
| 877693 000323 | 34062 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 300g | |
| 877693 000293 | 34060 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 300g | |
| 877693 000583 | 34097 | GMO | | | | | | | | | | | | | | | | | | | | | | 4 / 1kg | |
| 877693 001375 | 26138 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 250g | |
| 877693 002907 | 34066 | GMO | | | | | | | | | | | | | | | | | | | | | | 6 / 250g | |
| | 60130 | | | | | | | | | | | | | | | | | | | | | | | 1 / ea | |

BULK NUTS

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|----------|--|
| 000000 036102 | 36700 | | B | | | | | | | | | | | | | | | | | | | | | 1 / 25lb | |
|---------------|-------|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|----------|--|

BULK SEEDS

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|-------|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-------------|--|
| | 34019 | | B | | | | | | | | | | | | | | | | | | | | | 1 / 10kg | |
| | 34029 | | B | | | | | | | | | | | | | | | | | | | | | 1 / 11.34kg | |

OILS

BIOITALIA | OIL

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----------|--|
| 661475 101052 | 33180 | GMO | | | | * | | | | | | | | | | | | | | | | | | 6 / 500ml | |
| 661475 101106 | 33182 | | | | | * | | | | | | | | | | | | | | | | | | 6 / 750ml | |
| 661475 102165 | 33181 | GMO | | | | * | | | | | | | | | | | | | | | | | | 6 / 750ml | |

CHA'S ORGANICS | COCONUT OIL

| | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----------|--|
| 806253 600505 | 15043 | GMO | | | | * | @ | | | | | | | | | | | | | | | | | 6 / 500ml | |
|---------------|-------|-----|--|--|--|---|---|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----------|--|

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| UPC CODE | CODE | GMQ | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|

SPECTRUM | OIL

Refined Oils

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|--|--|--|--|----|---------|--|--|--|--|--|--|
| 022506 255104 | 28024 | GMQ | | | | | | | | | | 6 | / 236ml | | | | | | |
| 022506 155305 | 28187 | GMQ | | | | | | | | | | 6 | / 236ml | | | | | | |
| 022506 471757 | 28175 | GMQ | | | | * | | | | | | 6 | / 750ml | | | | | | |
| 022506 974692 | 28022 | GMQ | | | | * | | | | | | 12 | / 414ml | | | | | | |
| 022506 062900 | 28026 | GMQ | | | | * | | | | | | 6 | / 473ml | | | | | | |
| 022506 068803 | 28028 | GMQ | | | | | | | | | | 6 | / 473ml | | | | | | |

Unrefined Oils

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|--|--|--|--|---|---------|--|--|--|--|--|--|
| 022506 135642 | 28044 | | | | | * | | | | | | 6 | / 857ml | | | | | | |
| 022506 662001 | 28025 | GMQ | | | | * | | | | | | 6 | / 473ml | | | | | | |
| 022506 721753 | 28135 | GMQ | | | | * | | | | | | 6 | / 750ml | | | | | | |
| 022506 063303 | 28027 | GMQ | | | | | | | | | | 6 | / 473ml | | | | | | |
| 022506 022041 | 28136 | GMQ | | | | * | | | | | | 6 | / 946ml | | | | | | |

SPECTRUM | SPRAY OIL

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|---|--------|--|--|--|--|--|--|
| 022506 065604 | 28107 | | | | | | | | | | | 6 | / 170g | | | | | | |
| 022506 265813 | 28127 | | | | | | | | | | | 6 | / 170g | | | | | | |

TERRA DELYSSA | OLIVE OIL

| | | | | | | | | | | | | | | | | | | | |
|----------------|--------------|-----|--|--|----|---|--|--|--|--|--|---|---------|--|--|--|--|--|--|
| 6191509 903641 | 05223 | GMQ | | | GF | | | | | | | 6 | / 500ml | | | | | | |
| 6191509 903726 | 05229 | GMQ | | | GF | * | | | | | | 6 | / 500ml | | | | | | |
| 6191509 903719 | 05220 | GMQ | | | GF | * | | | | | | 6 | / 750ml | | | | | | |
| 6191509 903627 | 05228 | GMQ | | | GF | | | | | | | 6 | / 1L | | | | | | |
| 6191509 903702 | 05221 | GMQ | | | GF | * | | | | | | 6 | / 1L | | | | | | |

UNICO | OLIVE OIL

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|---|------|--|--|--|--|--|--|
| 067800 002214 | 28033 | | | | | | | | | | | 6 | / 3L | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|---|------|--|--|--|--|--|--|

PACKAGED MEALS & SIDE DISHES

DAIYA | DAIRY-FREE MAC & CHEESE

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|----|---|----|---|---|--|--|------------------------|------------------|--|--|--|--|--|--|
| 871459 002347 | 50162 | GMQ | | | GF | V | BC | P | | | | 8 | / 300g | | | | | | |
| 871459 002330 | 50161 | GMQ | | | GF | V | BC | P | | | | 8 | / 300g | | | | | | |
| 871459 002354 | 50163 | GMQ | | | GF | V | BC | P | | | | 8 | / 300g | | | | | | |
| | | | | | | | | | | | | Buy 20-49 cases | Save 2.52 | | | | | | |
| | | | | | | | | | | | | Buy 50-74 cases | Save 3.78 | | | | | | |
| | | | | | | | | | | | | Buy 75+ cases | Save 5.04 | | | | | | |
| 871459 002255 | 50326 | GMQ | | | GF | V | | | P | | | 12 | / 156g | | | | | | |
| 871459 002279 | 50327 | GMQ | | | GF | V | | | P | | | 12 | / 156g | | | | | | |

LUNDBERG FAMILY FARMS | ENTREES & SIDES

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|----|--|--|--|---|---|--|---|--------|--|--|--|--|--|--|
| 073416 020252 | 38723 | GMQ | | | GF | | | | | | | 6 | / 164g | | | | | | |
| 073416 020245 | 38722 | GMQ | | | GF | | | | | | | 6 | / 156g | | | | | | |
| 073416 579101 | 32104 | GMQ | | | | | | | * | @ | | 6 | / 227g | | | | | | |
| 073416 579804 | 32105 | GMQ | | | | | | | * | @ | | 6 | / 227g | | | | | | |
| 073416 579002 | 32103 | GMQ | | | | | | | * | @ | | 6 | / 227g | | | | | | |

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UPC CODE | CODE | GMQ | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | | G | P | U

PASTAS

Pastas

See Cooler & International Cuisine Sections for more Pasta Selections

BIOITALIA | PASTA

| | | | | | | |
|---------------|--------------|-----|----|---|---|-----------|
| 661475 033148 | 30121 | GMQ | | * | X Pasta, Farfalle, Organic | 12 / 500g |
| 661475 112126 | 30104 | GMQ | | * | X Pasta, Fusilli, Organic | 12 / 500g |
| 661475 025143 | 33174 | GMQ | | * | X Pasta, Lasagne, Organic | 16 / 375g |
| 661475 112058 | 30101 | GMQ | | * | X Pasta, Linguine, Organic | 24 / 500g |
| 661475 003400 | 30102 | GMQ | | * | X Pasta, Macaroni, Organic | 12 / 500g |
| 661475 046049 | 33176 | GMQ | GF | * | X Pasta, Multigrain Fusilli, Organic | 12 / 340g |
| 661475 071041 | 33177 | GMQ | GF | * | X Pasta, Multigrain Penne Rigate, Organic | 12 / 340g |
| 661475 014048 | 33175 | GMQ | GF | * | X Pasta, Multigrain Spaghetti, Organic | 15 / 340g |
| 661475 020049 | 33173 | GMQ | | * | X Pasta, Orzo, Organic | 12 / 500g |
| 661475 112102 | 30103 | GMQ | | * | X Pasta, Penne Rigate, Organic | 12 / 500g |
| 661475 112010 | 30089 | GMQ | | * | X Pasta, Spaghetti, Organic | 24 / 500g |
| 661475 008047 | 30091 | GMQ | | * | X Pasta, Spaghettoni, Organic | 24 / 500g |
| 661475 005008 | 33171 | GMQ | | * | X Pasta, Vegetable, Fusilli, Organic | 12 / 500g |

JOVIAL | ITALIAN PASTA

| | | | | | | |
|---------------|--------------|-----|----|---|--|-----------|
| 815421 011302 | 17523 | GMQ | GF | * | Pasta, Brown Rice Egg Tagliatelle, Organic | 12 / 255g |
| 815421 011227 | 17521 | GMQ | GF | * | Pasta, Brown Rice Penne, Organic | 12 / 340g |
| 815421 011937 | 17532 | GMQ | GF | * | Pasta, Grain Free Cassava Orzo, Organic | 12 / 227g |
| 815421 011944 | 17533 | GMQ | GF | * | X Pasta, Grain Free Cassava Elbows, Organic | 6 / 227g |
| 815421 011913 | 17530 | GMQ | GF | * | Pasta, Grain Free Cassava Fusilli, Organic | 6 / 227g |
| 815421 011920 | 17531 | GMQ | GF | * | Pasta, Grain Free Cassava Penne, Organic | 6 / 227g |
| 815421 011906 | 17529 | GMQ | GF | * | Pasta, Grain Free Cassava Spaghetti, Organic | 12 / 227g |

KASLO SOURDOUGH PASTA | PASTA FERMENTATA

| | | | | | | |
|---------------|--------------|-----|--|--|---|-----------|
| 779605 022730 | 42186 | GMQ | | | BC P X PASTA FERMENTATA, Macaroni | 12 / 227g |
| 779605 022716 | 42187 | GMQ | | | BC P X PASTA FERMENTATA, Radiatori, Classic | 12 / 227g |
| 779605 022747 | 42190 | GMQ | | | BC P X PASTA FERMENTATA, Radiatori, Whole Wheat | 12 / 227g |
| 779605 022723 | 42188 | GMQ | | | BC P X PASTA FERMENTATA, Rotini | 12 / 227g |
| 779605 332273 | 42189 | GMQ | | | BC P X PASTA FERMENTATA, Spaghetti | 12 / 227g |
| 779605 336448 | 42192 | GMQ | | | BC P X PASTA FERMENTATA, Elbow Mac | 12 / 454g |
| 779605 336400 | 42178 | GMQ | | | BC P X PASTA FERMENTATA, Radiatori, Classic | 12 / 454g |
| 779605 337407 | 42183 | GMQ | | | BC P X PASTA FERMENTATA, Radiatori, Whole Wheat | 12 / 454g |
| 779605 336424 | 42179 | GMQ | | | BC P X PASTA FERMENTATA, Rotini, Classic | 12 / 454g |
| 779605 330071 | 42191 | GMQ | | | BC P X PASTA FERMENTATA, Spaghetti | 12 / 454g |

RIZOPIA | RICE PASTA

| | | | | | | |
|---------------|--------------|--|----|---|--------------------------------------|-----------|
| 833125 001153 | 40364 | | GF | * | + P X Brown Rice Elbows, Organic | 12 / 454g |
| 833125 001122 | 40361 | | GF | * | + P X Brown Rice Fettuccine, Organic | 12 / 454g |
| 833125 001139 | 40362 | | GF | * | + P X Brown Rice Fusilli, Organic | 12 / 454g |
| 833125 001146 | 40363 | | GF | * | + P X Brown Rice Penne, Organic | 12 / 454g |
| 833125 001115 | 40360 | | GF | * | + P X Brown Rice Spaghetti, Organic | 12 / 454g |
| 833125 001054 | 40377 | | GF | | + P X Brown Rice Elbows | 12 / 454g |
| 833125 001023 | 40374 | | GF | | + P X Brown Rice Fettuccine | 12 / 454g |
| 833125 001030 | 40375 | | GF | | + P X Brown Rice Fusilli | 12 / 454g |
| 833125 001085 | 40380 | | GF | | + P X Brown Rice Lasagna | 12 / 340g |
| 833125 001047 | 40376 | | GF | | + P X Brown Rice Penne | 12 / 454g |
| 833125 001016 | 40373 | | GF | | + P X Brown Rice Spaghetti | 12 / 454g |
| 833125 001078 | 40379 | | GF | | + P X Brown Rice Spirals | 12 / 454g |
| 833125 003034 | 40383 | | GF | | + P X Vegetable Rice Fusilli | 12 / 454g |

TINKYADA | RICE PASTA

| | | | | | | |
|---------------|--------------|--|----|---|------------------------------------|-----------|
| 621683 920555 | 30903 | | GF | | + P X Elbows, Brown Rice | 12 / 454g |
| 621683 010553 | 30930 | | GF | * | + P X Elbows, Brown Rice, Organic | 12 / 340g |
| 621683 920258 | 30901 | | GF | | + P X Fettuccine, Brown Rice | 12 / 397g |
| 621683 920654 | 30037 | | GF | | + P X Fusilli, Brown Rice | 12 / 454g |
| 621683 921354 | 30908 | | GF | | + P X Lasagna, Brown Rice | 12 / 283g |
| 621683 011352 | 30925 | | GF | * | + P X Lasagna, Brown Rice, Organic | 12 / 280g |

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| UPC CODE | CODE | GMO | B | GF | V | @ | + | P | X | PACK | SIZE | | | | G | P | U |
|---------------|-------|-----|---|----|---|---|---|---|---|-------|--|----|----------|--|---|---|---|
| 621683 911454 | 30918 | | | GF | | | | | | + P X | Little Dreams, Brown Rice (kids' shapes) | 12 | / 397g | | | | |
| 621683 921156 | 30907 | | | GF | | | | | | + P X | Penne, Brown Rice | 12 | / 454g | | | | |
| 621683 021153 | 30922 | | | GF | * | | | | | + P X | Penne, Brown Rice, Organic | 12 | / 340g | | | | |
| 621683 920753 | 30924 | | | GF | | | | | | + P X | Shells, Brown Rice | 12 | / 454g | | | | |
| 621683 920159 | 30900 | | | GF | | | | | | + P X | Spaghetti, Brown Rice | 12 | / 454g | | | | |
| 621683 020156 | 30920 | | | GF | * | | | | | + P X | Spaghetti, Brown Rice, Organic | 12 | / 340g | | | | |
| 621683 520151 | 30916 | | | GF | | | | | | + P X | Spaghetti, White Rice | 12 | / 454g | | | | |
| 621683 921255 | 30902 | | | GF | | | | | | + P X | Spirals, Brown Rice | 12 | / 454g | | | | |
| 621683 021252 | 30921 | | | GF | * | | | | | + P X | Spirals, Brown Rice, Organic | 12 | / 340g | | | | |
| 621683 721251 | 30923 | | | GF | | | | | | + P X | Spirals, Vegetable, Brown Rice | 12 | / 340g | | | | |
| 621683 021146 | 30039 | | B | GF | * | | | | | + P X | Penne, Brown Rice, Organic | 2 | / 2.27kg | | | | |
| 621683 020149 | 90312 | | B | GF | * | | | | | + P X | Spaghetti, Brown Rice, Organic | 2 | / 2.27kg | | | | |
| 621683 021245 | 30038 | | B | GF | * | | | | | + P X | Spirals, Brown Rice, Organic | 2 | / 2.27kg | | | | |

PET CARE

Clean up Products

ABSORBENT WCAT | LITTER

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|---|--|--|--|--|--|--|--------|---------------------|---|--------|--|--|--|---|
| 058633 000102 | 16701 | | B | | | | | | | BC P X | Cat Litter, Regular | 1 | / 10kg | | | | G |
|---------------|-------|--|---|--|--|--|--|--|--|--------|---------------------|---|--------|--|--|--|---|

ECOPOOCH | COMPOSTABLE DOGGIE BAGS

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|----|--------|--|--|--|-----|
| 678526 913014 | 46274 | | | | | | | | | | X Doggie Bags, Leash Dispenser Roll (9"x13") | 18 | / 48ct | | | | G P |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|----|--------|--|--|--|-----|

WUNDERCAT | ALL NATURAL CAT LITTER

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|---|--|--|--|--|--|--|--------|--------------------------|---|--------|--|--|--|-----|
| 058633 001918 | 16703 | | B | | | | | | | BC P X | Cat Litter, Non-Clumping | 1 | / 10kg | | | | G P |
|---------------|-------|--|---|--|--|--|--|--|--|--------|--------------------------|---|--------|--|--|--|-----|

Food & Treats

HAPPY PAWS | CAT & DOG FOOD

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--------|-------------------|----|----------|--|--|--|-----|
| 831043 000142 | 48085 | | | | | | | | | BC P | Holistic Cat Food | 12 | / 1.4kg | | | | G P |
| 831043 000159 | 48086 | | | | | | | | | BC P | Holistic Cat Food | 6 | / 3.2kg | | | | G P |
| 831043 000166 | 48084 | | | | | | | | | BC P X | Holistic Cat Food | 1 | / 7.5kg | | | | G P |
| 831043 000104 | 48017 | | | | | | | | | BC P | Holistic Dog Food | 6 | / 3.2kg | | | | G P |
| 831043 000111 | 48015 | | | | | | | | | BC P X | Holistic Dog Food | 1 | / 7.5kg | | | | G P |
| 831043 000128 | 48016 | | | | | | | | | BC P X | Holistic Dog Food | 1 | / 16.3kg | | | | G P |

HEALTHY SHORES | CANNED SEAFOOD FOR CATS & DOGS

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|------|--|----|--------|--|--|--|-----|
| 810757 001416 | 48210 | | | | | | | | | BC P | Cat Food, Minced, Albacore Tuna | 24 | / 100g | | | | G P |
| 810757 001423 | 48211 | | | | | | | | | BC P | Cat Food, Minced, Pacific Hake | 24 | / 100g | | | | G P |
| 810757 001430 | 48212 | | | | | | | | | BC P | Cat Food, Minced, Pacific Herring | 24 | / 100g | | | | G P |
| 810757 001409 | 48213 | | | | | | | | | BC P | Cat Food, Minced, Wild Salmon | 24 | / 100g | | | | G P |
| 810757 001515 | 48214 | | | | | | | | | BC P | Cat Food, Pate, Albacore Tuna | 24 | / 100g | | | | G P |
| 810757 001522 | 48215 | | | | | | | | | BC P | Cat Food, Pate, Pacific Hake | 24 | / 100g | | | | G P |
| 810757 001508 | 48217 | | | | | | | | | BC P | Cat Food, Pate, Wild Salmon | 24 | / 100g | | | | G P |
| 810757 001119 | 48222 | | | | | | | | | BC P | Dog Food, Albacore Tuna | 24 | / 170g | | | | G P |
| 810757 001126 | 48223 | | | | | | | | | BC P | Dog Food, Pacific Hake | 24 | / 170g | | | | G P |
| 810757 001133 | 48224 | | | | | | | | | BC P | Dog Food, Pacific Herring | 24 | / 170g | | | | G P |
| 810757 001102 | 48225 | | | | | | | | | BC P | Dog Food, Wild Salmon | 24 | / 170g | | | | G P |
| 810757 001010 | 48218 | | | | | | | | | BC P | Dog Food, Albacore Tuna | 12 | / 397g | | | | G P |
| 810757 001027 | 48219 | | | | | | | | | BC P | Dog Food, Pacific Hake | 12 | / 397g | | | | G P |
| 810757 001829 | 48226 | | | | | | | | | BC P | NOOTKA PURE Supplemental Food, 100% Albacore Tuna, Soft Bones & Meat | 24 | / 160g | | | | G P |
| 810757 001812 | 48227 | | | | | | | | | BC P | NOOTKA PURE Supplemental Food, 100% Black Cod Liver Pate | 24 | / 100g | | | | G P |
| 810757 001805 | 48228 | | | | | | | | | BC P | NOOTKA PURE Supplemental Food, 100% Wild Salmon, Soft Bones & Meat | 24 | / 170g | | | | G P |

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| UPC CODE | CODE | GMQ | B | GF | V | * | @ | + | BC | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|---|------|------|--|--|--|--|---|---|---|

LICK YOUR CHOPS | CAT & DOG FOOD

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|---|---|
| 032976 270026 | 48080 | | | | | | | | | | | | 24 / 85g | | | | | | | G | P |
| 032976 270033 | 48081 | | | | | | | | | | | | 24 / 85g | | | | | | | G | P |
| 032976 270019 | 48079 | | | | | | | | | | | | 24 / 85g | | | | | | | G | P |
| 032976 270002 | 48078 | | | | | | | | | | | | 24 / 85g | | | | | | | G | P |
| 032976 168569 | 48022 | | | | | | | | | | | | 12 / 369g | | | | | | | G | P |
| 032976 169726 | 48024 | | | | | | | | | | | | 12 / 369g | | | | | | | G | P |

SNACK 21 | DOG & CAT SNACKS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|----|---|---|--|----------|--|--|--|--|--|--|---|---|
| 623572 111884 | 48135 | | | | | | | | BC | P | | | 1 / 140g | | | | | | | G | P |
| 623572 102417 | 48133 | | | | | | | | BC | P | | | 1 / 200g | | | | | | | G | P |
| 623572 657023 | 48139 | | | | | | | | BC | P | X | | 8 / 65g | | | | | | | G | P |
| 623572 061295 | 48138 | | | | | | | | BC | P | X | | 12 / 25g | | | | | | | G | P |
| 623572 091599 | 48136 | | | | | | | | BC | P | X | | 12 / 25g | | | | | | | G | P |
| 623572 724251 | 48131 | | | | | | | | | P | | | 1 / 90g | | | | | | | G | P |
| 623572 429309 | 48125 | | | | | | | | | P | | | 1 / 90g | | | | | | | G | P |

YAPPETIZERS TREAT COMPANY | DOG AND CAT TREATS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|----|---|---|--|----------|--|--|--|--|--|--|---|---|
| 711841 743307 | 48062 | | | | | | | | | P | | | 1 / 85g | | | | | | | G | P |
| 799441 440727 | 48065 | | | | | | | | BC | P | | | 1 / 85g | | | | | | | G | P |
| 799441 440703 | 48060 | | | | | | | | | + | P | | 1 / 100g | | | | | | | G | P |
| 799441 440666 | 48061 | | | | | | | | | + | P | | 1 / 100g | | | | | | | G | P |
| 799441 440680 | 48063 | | | | | | | | | | P | | 1 / 100g | | | | | | | G | P |
| 799441 440697 | 48064 | | | | | | | | | | P | | 1 / 100g | | | | | | | G | P |

Health Products

BACH REMEDIES | RESCUE PET FORMULA

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|--|---|
| 741273 002529 | 03845 | | | | | | | | | | | | 1 / 10ml | | | | | | | | G |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|--|---|

SAVORY DIPS & SPREADS

SIMPLY ORGANIC | DIP MIX

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|---|--|--|--|----------|--|--|--|--|--|--|--|
| 089836 188786 | 70753 | | | | | | | | | * | | | X Dip Mix, French Onion, Organic (sachets) | 12 / 31g | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|---|--|--|--|----------|--|--|--|--|--|--|--|

SNACKS

Snack and Energy Bars & Bites

See Cooler Snacks Section for More Selections

BLISS BALLS | ENERGY TRUFFLE BALLS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|----|---|---|--|----------|--|--|--|--|--|--|--|---|
| 059443 252514 | 31400 | | | | | | | | BC | P | X | | 12 / 50g | | | | | | | | G |
| 059443 252569 | 31402 | | | | | | | | BC | P | X | | 12 / 50g | | | | | | | | G |
| 059443 251012 | 31401 | | | | | | | | BC | P | | | 6 / 150g | | | | | | | | G |
| 059443 251111 | 31403 | | | | | | | | BC | P | | | 6 / 150g | | | | | | | | G |

BOB'S RED MILL | BOB'S BAR

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|---|
| 039978 249029 | 34261 | GMQ | | | | | | | | | | | X BOB'S BAR, Peanut Butter & Chocolate | 12 / 50g | | | | | | | G |
| 039978 003713 | 34262 | GMQ | | | | | | | | | | | X BOB'S BAR, Peanut Butter & Honey | 12 / 50g | | | | | | | G |
| 039978 259028 | 34260 | GMQ | | | | | | | | | | | X BOB'S BAR, Peanut Butter & Jelly Flavour | 12 / 50g | | | | | | | G |

CLIF | ENERGY & SNACK BARS

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|--|---|------------|--|--|--|--|--|--|---|
| 722252 432018 | 37907 | | | | | | | | | | | | CLIF BAR, Chocolate Chip | 3 / 16x68g | | | | | | | |
| 722252 432070 | 37908 | | | | | | | | | | | | CLIF BAR, Crunchy Peanut Butter | 3 / 16x68g | | | | | | | |
| 722252 439864 | 37909 | | | | | | | | | | | | THINS Bars, Chocolate Chip | 6 / 7x22g | | | | | | | G |
| 722252 439925 | 37910 | | | | | | | | | | | | THINS Bars, White Chocolate Macadamia Nut | 6 / 7x22g | | | | | | | G |

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| UPC CODE | CODE | GMQ | B | GF | V | * | @ | + | BC | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|---|------|------|--|--|--|--|---|---|---|

CLIF | PERFORMANCE & SNACK BARS

| | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|---|--|----------|--|--|--|--|--|--|---|
| 722252 606426 | 37132 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 626615 | 37341 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 606440 | 37340 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 606419 | 37133 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 165176 | 91477 | | | | | | | | | | | | 96 / 68g | | | | | | | G |
| 722252 121073 | 37912 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 120229 | 36249 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 121066 | 37890 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 120045 | 36256 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 120090 | 36264 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 140036 | 36259 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 120083 | 36262 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 102706 | 36761 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 217950 | 37900 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 121097 | 37425 | | | | | | | | | | | | 12 / 68g | | | | | | | G |
| 722252 602299 | 90924 | | | | | | | | | | | | 96 / 68g | | | | | | | G |
| 722252 342997 | 37911 | GMQ | | | | | | | | | * | | 12 / 50g | | | | | | | G |
| 722252 128102 | 37735 | GMQ | | | | | | | | | * | | 12 / 50g | | | | | | | G |
| 722252 028037 | 37737 | GMQ | | | | | | | | | * | | 12 / 50g | | | | | | | G |

GOMACRO | MACROBAR

| | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|---|--|---|--|--|--|--|----------|--|--|--|--|--|--|---|
| 853555 006689 | 10910 | GMQ | | GF | | V | | * | | | | | 12 / 65g | | | | | | | G |
| 810039 910115 | 10912 | GMQ | | GF | | V | | * | | | | | 12 / 65g | | | | | | | G |
| 181945 000154 | 10908 | GMQ | | GF | | V | | * | | | | | 12 / 65g | | | | | | | G |
| 853555 006412 | 10914 | GMQ | | GF | | V | | * | | | | | 12 / 65g | | | | | | | G |
| 181945 000062 | 10900 | GMQ | | GF | | V | | * | | | | | 12 / 65g | | | | | | | G |
| 181945 000147 | 10905 | GMQ | | GF | | V | | * | | | | | 12 / 65g | | | | | | | G |
| 810039 910085 | 10911 | GMQ | | GF | | V | | * | | | | | 12 / 65g | | | | | | | G |
| 810039 910146 | 10913 | GMQ | | GF | | V | | * | | | | | 12 / 65g | | | | | | | G |

GOOD TO GO | SOFT BAKED BARS, BLONDIES & BROWNIES

| | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|---|--|--|---|---|---|--|-----------|--|--|--|--|--|--|---|
| 687456 993423 | 64138 | GMQ | | GF | | V | | | + | P | X | | 6 / 2x20g | | | | | | | G |
| 687456 993416 | 64137 | GMQ | | GF | | V | | | + | P | X | | 6 / 2x20g | | | | | | | G |
| 687456 924885 | 64116 | GMQ | | GF | | V | | | + | P | X | | 9 / 40g | | | | | | | G |
| 687456 924908 | 64117 | GMQ | | GF | | V | | | + | P | X | | 9 / 40g | | | | | | | G |
| 687456 924892 | 64115 | GMQ | | GF | | V | | | + | P | X | | 9 / 40g | | | | | | | G |
| 687456 924878 | 64114 | GMQ | | GF | | V | | | + | P | X | | 9 / 40g | | | | | | | G |

HORNBY ORGANIC | ENERGY BAR

| | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|---|----|---|---|---|-------|--|----------|--|--|--|--|--|--|---|
| 628055 058359 | 37550 | GMQ | | GF | | * | BC | P | X | O | SNACK | | 12 / 45g | | | | | | | G |
| 628055 058311 | 37551 | GMQ | | GF | | * | BC | P | X | O | SNACK | | 12 / 45g | | | | | | | G |
| 628055 058328 | 37552 | GMQ | | GF | | * | BC | P | X | O | SNACK | | 12 / 45g | | | | | | | G |
| 628055 058335 | 37553 | GMQ | | GF | | * | BC | P | X | O | SNACK | | 12 / 45g | | | | | | | G |
| 628055 058052 | 37535 | | | GF | | * | BC | P | X | | | | 12 / 80g | | | | | | | G |
| 628055 058076 | 37534 | | | GF | | * | BC | P | X | | | | 12 / 80g | | | | | | | G |
| 628055 058090 | 37538 | | | GF | | * | BC | P | X | | | | 12 / 80g | | | | | | | G |
| 628055 058083 | 37537 | | | GF | | * | BC | P | X | | | | 12 / 80g | | | | | | | G |
| 628055 058113 | 37539 | | | GF | | * | BC | P | X | | | | 12 / 80g | | | | | | | G |
| 628055 058120 | 37540 | | | GF | | * | BC | P | X | | | | 12 / 80g | | | | | | | G |

PSC Wholesale Catalogue - April 2024

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| UPC CODE | CODE | GMO | B | GF | V | @ | + | fj | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|----|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|----|---|------|------|--|--|--|---|---|---|

HUNGRY BUDDHA | KETO BAR

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|---|--|--|--|--|------------------------|-------|-------------|-------------|--|--|--|---|
| 627561 000807 | 07360 | | | | V | | | | | 12 | / 40g | | | | | | G |
| 627561 000814 | 07361 | | | | V | | | | | 12 | / 40g | | | | | | G |
| | | | | | | | | | | Buy 20-39 cases | | Save | 2.00 | | | | |
| | | | | | | | | | | Buy 40-59 cases | | Save | 3.60 | | | | |
| | | | | | | | | | | Buy 60+ cases | | Save | 4.50 | | | | |

ALGI | IMPACT BAR

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|---|----|-------|--|--|--|--|---|
| 628011 317049 | 31420 | | | | | | | | | + | 12 | / 55g | | | | | G |
| 628011 317032 | 31421 | | | | | | | | | + | 12 | / 55g | | | | | G |

KIND | NUT BAR

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|---------|----|----------|------|--|--|--|---|
| 602652 281242 | 39331 | | | | | | | | | | 10 | / 5x40g | | | | | G |
| 602652 431678 | 39339 | | | | | | | | | | 10 | / 5x40g | | | | | G |
| 602652 281112 | 39329 | | | | | | | | | | 10 | / 5x40g | | | | | G |
| 602652 431647 | 39338 | | | | | | | | | | 10 | / 5x40g | | | | | G |
| 602652 401619 | 39341 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 248535 | 37746 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 170751 | 37490 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 170942 | 37605 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 170713 | 37474 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 240232 | 37685 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 170959 | 37606 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 288104 | 37465 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 170706 | 37475 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 401565 | 39340 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 431388 | 39345 | | | | | | | | | X | 12 | / 40g | | | | | G |
| 602652 207075 | 39322 | | | | | | | | | X PLUS+ | 12 | / 50g | | | | | G |
| 602652 207082 | 39323 | | | | | | | | | X PLUS+ | 12 | / 50g | | | | | G |
| 602652 268168 | 91552 | | | | | | | | | X MINIS | 2 | / 48x20g | | | | | G |
| | 60009 | | | | | | | | | | | 1 | / ea | | | | |

LOVE GOOD FATS | KETO BAR

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|---|------------------------|-------------|-------------|--|--|--|---|
| 840659 001405 | 11545 | GMO | | | | | | | | + | 12 | / 40g | | | | | G |
| 840659 000729 | 11533 | GMO | | | | | | | | + | 12 | / 40g | | | | | G |
| 840659 000774 | 11534 | GMO | | | | | | | | + | 12 | / 40g | | | | | G |
| 840659 000675 | 11532 | GMO | | | | | | | | + | 12 | / 40g | | | | | G |
| 840659 001450 | 11546 | GMO | | | | | | | | + | 12 | / 40g | | | | | G |
| 628055 997320 | 11505 | GMO | | | | | | | | + | 12 | / 39g | | | | | G |
| 628055 997009 | 11502 | GMO | | | | | | | | + | 12 | / 39g | | | | | G |
| 840659 000118 | 11507 | GMO | | | | | | | | + | 12 | / 39g | | | | | G |
| 628055 997115 | 11500 | GMO | | | | | | | | + | 12 | / 39g | | | | | G |
| 628055 997030 | 11503 | GMO | | | | | | | | + | 12 | / 39g | | | | | G |
| | | | | | | | | | | | Buy 10-19 cases | Save | 1.80 | | | | |
| | | | | | | | | | | | Buy 20-49 cases | Save | 2.40 | | | | |
| | | | | | | | | | | | Buy 50+ cases | Save | 3.00 | | | | |

PROBAR | NUTRITIONAL FOOD BAR

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|---|----|-------|--|--|--|--|---|
| 853152 100414 | 37525 | GMO | | | | | | | | X | 12 | / 70g | | | | | G |
| 853152 100384 | 37524 | GMO | | | | | | | | X | 12 | / 70g | | | | | G |
| 853152 100391 | 37522 | GMO | | | | | | | | X | 12 | / 70g | | | | | G |
| 853152 800079 | 37191 | | | | | | | | | X | 12 | / 85g | | | | | G |

RATIO | KETO FRIENDLY SNACK BAR

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|---|----|-------|--|--|--|--|---|
| 065633 291133 | 39151 | | | | | | | | | + | 12 | / 41g | | | | | G |
| 065633 284555 | 39150 | | | | | | | | | + | 12 | / 41g | | | | | G |

RICEWORKS | O3MG FRUIT BARS

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|---|---|-------|--|--|--|--|---|
| 815506 010107 | 17890 | GMO | | | | | | | | X | 9 | / 50g | | | | | G |
| 815506 010121 | 17891 | GMO | | | | | | | | X | 9 | / 50g | | | | | G |
| 815506 010145 | 17892 | GMO | | | | | | | | X | 9 | / 50g | | | | | G |

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| UPC CODE | CODE | GMO | B | GF | V | @ | + | BC | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|----|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|----|---|---|------|------|--|--|--|--|---|---|---|

ZIMT | MACAROONS

| | | | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|--|--|--|--|--|--|---|----|---|---|--|---|-------|--|--|--|--|---|
| 628055 | 532088 | 21100 | | | | | | | * | BC | P | X | Macaroon, Double Chocolate, Organic (2 pack) | 9 | / 82g | | | | | G |
|--------|--------|-------|--|--|--|--|--|--|---|----|---|---|--|---|-------|--|--|--|--|---|

Chips & Savoury Snacks

ANGIE'S | BOOMCHICKAPOP RTE POPCORN & CORN PUFFS

| | | | | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|-----|----|--|--|---|--|--|--|---|---|----|--------|--|--|--|--|--|---|---|
| 892773 | 000215 | 59508 | GMO | GF | | | + | | | | X | BOOMCHICKAPOP, Popcorn, Lightly Sweet | 8 | / 142g | | | | | | G | |
| 818780 | 015356 | 59516 | | GF | | | + | | | | X | BOOMCHICKAPOP, Popcorn, Real Butter | 8 | / 125g | | | | | | | G |
| 892773 | 000246 | 59504 | GMO | GF | | | + | | | | X | BOOMCHICKAPOP, Popcorn, Sea Salt | 8 | / 136g | | | | | | | G |
| 892773 | 000208 | 59513 | GMO | GF | | | + | | | | X | BOOMCHICKAPOP, Popcorn, Sweet & Salty Kettle Corn | 8 | / 198g | | | | | | | G |
| 818780 | 013123 | 59512 | GMO | GF | | | + | | | | X | BOOMCHICKAPOP, Puffs, Sweet Chili | 12 | / 170g | | | | | | | G |
| 818780 | 012935 | 59518 | | GF | | | + | | | | X | BOOMCHICKAPOP, Puffs, White Cheddar | 12 | / 170g | | | | | | | G |

BARBARA'S BAKERY | CHEESE PUFFS

| | | | | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|--|--|--|--|--|--|--|--|---|------------------------------------|----|--------|--|--|--|--|--|--|---|
| 070617 | 004722 | 36111 | | | | | | | | | X | Cheese Puffs, Baked, Original | 12 | / 155g | | | | | | | G |
| 070617 | 004739 | 36128 | | | | | | | | | X | Cheese Puffs, Baked, White Cheddar | 12 | / 155g | | | | | | | G |
| 070617 | 004708 | 36109 | | | | | | | | | X | Cheese Puffs, Original | 12 | / 198g | | | | | | | G |
| 070617 | 004715 | 36110 | | | | | | | | | X | Cheese Puffs, Jalapeño | 12 | / 198g | | | | | | | G |

BEANFIELDS | BEAN CHIPS

| | | | | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|-----|----|--|--|--|--|--|--|---|--------------------------------------|---|--------|--|--|--|--|--|--|-----|
| 852565 | 003343 | 10081 | GMO | GF | | | | | | | X | Bean Chips, Black Bean w/Sea Salt | 6 | / 156g | | | | | | | G P |
| 850008 | 457401 | 10019 | GMO | GF | | | | | | | X | Bean Chips, Himalayan Pink Salt | 6 | / 156g | | | | | | | G |
| 850008 | 457128 | 10018 | GMO | GF | | | | | | | X | Bean Chips, Himalayan Salt + Vinegar | 6 | / 156g | | | | | | | G |
| 852565 | 003367 | 10082 | GMO | GF | | | | | | | X | Bean Chips, Jalapeno Nacho | 6 | / 156g | | | | | | | G |
| 852565 | 003077 | 10017 | GMO | GF | | | | | | | X | Bean Chips, Nacho | 6 | / 156g | | | | | | | G |
| 852565 | 003039 | 10016 | GMO | GF | | | | | | | X | Bean Chips, Pico De Gallo | 6 | / 156g | | | | | | | G |

GLUTINO | PRETZELS

| | | | | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|--|----|--|--|---|--|--|--|---|-----------------------------|----|--------|--|--|--|--|--|--|---|
| 678523 | 040119 | 37333 | | GF | | | + | | | | X | Pretzel Sticks | 12 | / 400g | | | | | | | G |
| 678523 | 040072 | 36160 | | GF | | | + | | | | X | Pretzels | 12 | / 400g | | | | | | | G |
| 678523 | 040225 | 37310 | | GF | | | + | | | | X | Pretzels, Chocolate Covered | 12 | / 156g | | | | | | | G |
| 678523 | 040249 | 37311 | | GF | | | + | | | | X | Pretzels, Yogurt Covered | 12 | / 156g | | | | | | | G |

HARDBITE | HANDCRAFTED STYLE CHIPS

| | | | | | | | | | | | | | | | | | | | | | |
|--------|--------|-------|-----|--|--|--|--|--|--|--|----|---|---|---|----|--------|--|--|--|--|---|
| 673513 | 240500 | 37459 | GMO | | | | | | | | BC | P | X | Potato Chips, All Natural | 30 | / 50g | | | | | G |
| 673513 | 242504 | 37461 | GMO | | | | | | | | BC | P | X | Potato Chips, Rock Salt & Vinegar | 30 | / 50g | | | | | G |
| 673513 | 241507 | 37460 | GMO | | | | | | | | BC | P | X | Potato Chips, Smokin' BBQ | 30 | / 50g | | | | | G |
| 673513 | 406500 | 36427 | GMO | | | | | | | | BC | P | X | Potato Chips, Avo Oil, Apple Cider Vinegar | 15 | / 128g | | | | | G |
| 673513 | 401505 | 36420 | GMO | | | | | | | | BC | P | X | Potato Chips, Avo Oil, Black Sea Salt | 15 | / 128g | | | | | G |
| 673513 | 407002 | 36458 | GMO | | | | | | | | BC | P | X | Potato Chips, Avo Oil, Black Truffle Sea Salt | 15 | / 128g | | | | | G |
| 673513 | 400508 | 36419 | GMO | | | | | | | | BC | P | X | Potato Chips, Avo Oil, Honey Dijon | 15 | / 128g | | | | | G |
| 673513 | 404506 | 36424 | GMO | | | | | | | | BC | P | X | Potato Chips, Avo Oil, Smoked Paprika & Garlic | 15 | / 128g | | | | | G |
| 673513 | 402502 | 36421 | GMO | | | | | | | | BC | P | X | Potato Chips, Avo Oil, Sweet Ghost Pepper | 15 | / 128g | | | | | G |
| 673513 | 405503 | 36450 | GMO | | | | | | | | BC | P | X | Potato Chips, Avo Oil, Wasabi Ranch | 15 | / 128g | | | | | G |
| 673513 | 104505 | 36411 | GMO | | | | | | | | BC | P | X | Potato Chips, All Dressed | 15 | / 150g | | | | | G |
| 673513 | 001507 | 36412 | GMO | | | | | | | | BC | P | X | Potato Chips, All Natural | 15 | / 150g | | | | | G |
| 673513 | 103508 | 37748 | GMO | | | | | | | | BC | P | X | Potato Chips, Avocado & Lime | 15 | / 150g | | | | | G |
| 673513 | 101504 | 37517 | GMO | | | | | | | | BC | P | X | Potato Chips, Ketchup | 15 | / 150g | | | | | G |
| 673513 | 021505 | 36414 | GMO | | | | | | | | BC | P | X | Potato Chips, Rock Salt & Vinegar | 15 | / 150g | | | | | G |
| 673513 | 091508 | 37516 | GMO | | | | | | | | BC | P | X | Potato Chips, Sea Salt & Pepper | 15 | / 150g | | | | | G |
| 673513 | 011506 | 36413 | GMO | | | | | | | | BC | P | X | Potato Chips, Smokin' BBQ | 15 | / 150g | | | | | G |
| 673513 | 107506 | 36428 | GMO | | | | | | | | BC | P | X | Potato Chips, Southwest Chili | 15 | / 150g | | | | | G |
| 673513 | 106509 | 36425 | GMO | | | | | | | | BC | P | X | Potato Chips, Spicy Dill Pickle | 15 | / 150g | | | | | G |
| 673513 | 108503 | 36429 | GMO | | | | | | | | BC | P | X | Potato Chips, Spicy Ketchup | 15 | / 150g | | | | | G |
| 673513 | 041503 | 36417 | GMO | | | | | | | | BC | P | X | Potato Chips, Wild Onion & Yogurt | 15 | / 150g | | | | | G |
| 673513 | 113552 | 37638 | GMO | | | | | | | | BC | P | X | Vegetable Chips, 18 Carrot Gold | 15 | / 150g | | | | | G |
| 673513 | 118557 | 36422 | GMO | | | | | | | | BC | P | X | Vegetable Chips, Dressed To Dill, Dill Flavoured Carrot | 15 | / 150g | | | | | G |
| 673513 | 112555 | 37637 | GMO | | | | | | | | BC | P | X | Vegetable Chips, Drop 'N Mad Beets | 15 | / 150g | | | | | G |
| 673513 | 111558 | 37518 | GMO | | | | | | | | BC | P | X | Vegetable Chips, Eat Your Parsnips | 15 | / 150g | | | | | G |

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| UPC CODE | CODE | GMO | B | GF | V | @ | + | P | X | PACK | SIZE | | | | G | P | U |
|---------------|-------|-----|---|----|---|---|---|---|---|--------|---|-----------|--|--|---|---|---|
| 673513 114559 | 37749 | GMO | | | | | | | | BC P X | Vegetable Chips, Sweet Spud Of Mine, Sweet Potato | 15 / 150g | | | | | G |
| 673513 120550 | 36451 | GMO | | | | | | | | BC P X | Vegetable Chips, Sweet To The Beet, Sweet Potato & Beet | 15 / 150g | | | | | G |
| 673513 117550 | 36423 | GMO | | | | | | | | BC P X | Vegetable Chips, Smokin' Sweet Spud, BBQ Sweet | 15 / 150g | | | | | G |
| 673513 121557 | 36453 | GMO | | | | | | | | BC P X | Vegetable Chips, The Beet Goes On | 15 / 150g | | | | | G |
| 673513 501908 | 36457 | GMO | | GF | | | | | | BC P X | Potato Chips, RUGGED, All Dressed | 12 / 275g | | | | | G |
| 673513 501809 | 36456 | GMO | | GF | | | | | | BC P X | Potato Chips, RUGGED, All Natural | 12 / 275g | | | | | G |

HUMBLE | ORGANIC POTATO CHIPS

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|---|---|--|--|--|-----|---|-----------|--|--|--|--|---|
| 628678 211247 | 34309 | GMO | | | * | + | | | | P X | Potato Chips, Creamy Dill, Organic | 12 / 135g | | | | | G |
| 628678 211261 | 34310 | GMO | | | * | + | | | | P X | Potato Chips, Honey Mustard, Organic | 12 / 135g | | | | | G |
| 628678 211353 | 34311 | GMO | | | * | + | | | | P X | Potato Chips, Ketchup, Organic | 12 / 135g | | | | | G |
| 628678 211223 | 34307 | GMO | | | * | + | | | | P X | Potato Chips, Sea Salt and Cider Vinegar, Organic | 12 / 135g | | | | | G |
| 628678 211230 | 34308 | GMO | | | * | + | | | | P X | Potato Chips, Smokey BBQ, Organic | 12 / 135g | | | | | G |
| 628678 211216 | 34306 | GMO | | | * | + | | | | P X | Potato Chips, The Original, Organic | 12 / 135g | | | | | G |

INDIANLIFE | CHIPS & SAVOURY SNACKS

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--------|------------------------|-----------|--|--|--|--|---|
| 777762 004293 | 37601 | GMO | | | | | | | | BC P X | Chips, Masala | 12 / 170g | | | | | G |
| 777762 004378 | 10073 | GMO | | | | | | | | BC P X | Chips, Palak Spinach | 12 / 170g | | | | | G |
| 777762 004330 | 58045 | GMO | | | | | | | | BC P X | Snack Mix, Dal | 8 / 200g | | | | | G |
| 777762 004323 | 58046 | GMO | | | | | | | | BC P X | Snack Mix, Hot Punjabi | 8 / 200g | | | | | G |

KETTLE BRAND | POTATO CHIPS

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|--|--|--|--|---|---|-----------|--|--|--|--|---|
| 084114 902894 | 39240 | | | GF | | | | | | X | Potato Chips, Single Serve, Cheddar | 24 / 56g | | | | | G |
| 084114 902696 | 39239 | | | GF | | | | | | X | Potato Chips, Single Serve, Honey Dijon | 24 / 56g | | | | | G |
| 084114 902900 | 39242 | GMO | | GF | | | | | | X | Potato Chips, Single Serve, Salt & Vinegar | 24 / 56g | | | | | G |
| 084114 902887 | 39241 | GMO | | GF | | | | | | X | Potato Chips, Single Serve, Sea Salt | 24 / 56g | | | | | G |
| 084114 902917 | 39243 | GMO | | GF | | | | | | X | Potato Chips, Air Fried, Himalayan Salt. | 12 / 156g | | | | | G |
| 084114 902924 | 39244 | GMO | | GF | | | | | | X | Potato Chips, Air Fried, Sea Salt & Vinegar | 12 / 156g | | | | | G |
| 084114 902726 | 39220 | | | GF | | | | | | X | Potato Chips, Gourmet, Backyard BBQ | 12 / 198g | | | | | G |
| 084114 902931 | 39222 | | | GF | | | | | | X | Potato Chips, Gourmet, Honey Dijon | 12 / 198g | | | | | G |
| 084114 902764 | 39223 | GMO | | GF | | | | | | X | Potato Chips, Gourmet, Jalapeño | 12 / 198g | | | | | G |
| 084114 902702 | 39226 | GMO | | GF | | | | | | X | Potato Chips, Gourmet, Natural, Salted | 12 / 198g | | | | | G |
| 084114 902801 | 39224 | GMO | | GF | | | | | | X | Potato Chips, Gourmet, Natural, Low Sodium | 12 / 198g | | | | | G |
| 084114 902832 | 39232 | GMO | | GF | | | | | | X | Potato Chips, Gourmet, Parmesan Garlic | 12 / 198g | | | | | G |
| 084114 902825 | 39229 | GMO | | GF | | | | | | X | Potato Chips, Gourmet, Pepperoncini | 12 / 198g | | | | | G |
| 084114 902788 | 39231 | GMO | | GF | | | | | | X | Potato Chips, Gourmet, Ranch | 12 / 198g | | | | | G |
| 084114 902719 | 39227 | GMO | | GF | | | | | | X | Potato Chips, Gourmet, Sea Salt & Vinegar | 12 / 198g | | | | | G |
| 084114 902757 | 39228 | | | GF | | | | | | X | Potato Chips, Gourmet, Yogurt & Green Onion | 12 / 198g | | | | | G |
| 084114 902740 | 39221 | | | GF | | | | | | X | Potato Chips, Gourmet, Cheddar | 12 / 198g | | | | | G |
| 084114 902849 | 39234 | GMO | | GF | | | | | | X | Potato Chips, Krinkle Cut, Habanero Lime | 12 / 198g | | | | | G |
| 084114 902795 | 39233 | GMO | | GF | | | | | | X | Potato Chips, Krinkle Cut, Truffle & Sea Salt | 12 / 198g | | | | | G |
| 084114 902771 | 39230 | GMO | | GF | | | | | | X | Potato Chips, Krinkle Cut, Dill Pickle | 12 / 198g | | | | | G |
| 084114 902733 | 39225 | GMO | | GF | | | | | | X | Potato Chips, Krinkle Cut, Salt & Fresh Ground Pepper | 12 / 198g | | | | | G |
| 084114 902863 | 39236 | | | GF | | | | | | X | Potato Chips, Gourmet, Sea Salt & Vinegar | 9 / 368g | | | | | G |
| 084114 902870 | 39238 | GMO | | GF | | | | | | X | Potato Chips, Honey Dijon | 9 / 368g | | | | | G |
| 084114 902818 | 39235 | GMO | | GF | | | | | | X | Potato Chips, Krinkle Cut, Salt & Fresh Ground Pepper | 9 / 368g | | | | | G |
| 084114 902856 | 39237 | GMO | | GF | | | | | | X | Potato Chips, Sea Salt | 9 / 368g | | | | | G |

LUNDBERG | RICE CAKE MINIS

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|--|--|--|--|---|---|----------|--|--|--|--|--|
| 073416 570900 | 16336 | GMO | | GF | * | | | | | X | Rice Cake Minis, Apple Pie, Organic | 6 / 142g | | | | | |
| 073416 571006 | 16337 | GMO | | GF | * | | | | | X | Rice Cake Minis, Sea Salt, Organic | 6 / 142g | | | | | |
| 073416 570801 | 16338 | GMO | | GF | * | | | | | X | Rice Cake Minis, White Cheddar, Organic | 6 / 142g | | | | | |

NOOCHPOP! | VEGAN CHEESY POPCORN

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|--|--|--|--|--------|------------------------------------|-----------|--|--|--|--|---|
| 627843 956624 | 17800 | GMO | | GF | V | | | | | BC P X | Popcorn, Kinda Cheesy | 12 / 120g | | | | | G |
| 628504 091005 | 17808 | GMO | | GF | V | | | | | BC P X | Popcorn, Kinda Chili Lime & Cheesy | 12 / 120g | | | | | G |
| 627843 956655 | 17802 | GMO | | GF | V | | | | | BC P X | Popcorn, Kinda Garlic & Cheesy | 12 / 120g | | | | | G |
| 627843 956631 | 17801 | GMO | | GF | V | | | | | BC P X | Popcorn, Kinda Nacho | 12 / 120g | | | | | G |
| 627843 956648 | 17803 | GMO | | GF | V | | | | | BC P X | Popcorn, Kinda Sweet & Savoury | 12 / 120g | | | | | G |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | <i>f</i> | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----------|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----------|---|------|------|--|--|--|---|---|---|

Chocolate

ALTER ECO | CHOCOLATE TREAT

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|---|---|---|--|---|--|--|---|----------|--|--|--|---|
| 817670 011188 | 35312 | GMO | | GF | | * | @ | | | X | | | Bar, Dark Chocolate, Super Blackout, 90% Cacao, Organic | 12 / 75g | | | | G |
| 817670 012499 | 35313 | GMO | | GF | | * | @ | | | X | | | Bar, Dark Chocolate, Total Blackout, 100% Cacao, Organic | 12 / 75g | | | | G |
| 817670 012628 | 35314 | GMO | | GF | | * | @ | | | X | | | Bar, Dark Chocolate, Almond Blackout, 85% Cacao, Organic | 12 / 75g | | | | G |
| 817670 011720 | 35311 | GMO | | GF | | * | @ | | | X | | | Bar, Dark Chocolate, Mint Blackout, 90% Cacao, Organic | 12 / 75g | | | | G |
| 817670 010204 | 35232 | GMO | | GF | | V | * | @ | | X | | | Bar, Dark Chocolate, Classic Blackout, 85% Cacao, Organic | 12 / 80g | | | | G |
| 817670 010518 | 35284 | GMO | | GF | | V | * | @ | | X | | | Bar, Dark Chocolate, Sea Salt, 70% Cacao, Organic | 12 / 80g | | | | G |
| 817670 010259 | 35237 | GMO | | GF | | * | @ | | | X | | | Bar, Dark Chocolate, Coconut Toffee, 47% Cacao, Organic | 12 / 80g | | | | G |
| 817670 010242 | 35236 | GMO | | GF | | V | * | @ | | X | | | Bar, Dark Chocolate, Quinoa Crunch, 60% Cacao, Organic | 12 / 80g | | | | G |
| 817670 010525 | 35285 | GMO | | GF | | * | @ | | | X | | | Bar, Dark Chocolate, Brown Butter, 70% Cacao, Organic | 12 / 80g | | | | G |
| 817670 010532 | 35286 | GMO | | GF | | * | @ | | | X | | | Bar, Dark Chocolate, Burnt Caramel, 70% Cacao, Organic | 12 / 80g | | | | G |
| 817670 012604 | 35315 | GMO | | GF | | * | @ | | | X | | | Bar, TRUFFLE THINS, Dark Chocolate, Mint Crème, Organic | 12 / 84g | | | | G |
| 817670 012611 | 35316 | GMO | | GF | | * | @ | | | X | | | Bar, TRUFFLE THINS, Dark Chocolate, Salted Caramel, Organic | 12 / 84g | | | | G |

CAMINO | CHOCOLATE BAR

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|---|---|--|------------|--|--|---|-----------|--|--|--|---|
| 752612 100684 | 37010 | | | | | * | @ | | | <i>P</i> X | | | Dark Chocolate, 55% Cacao, Coconut Milk, Organic (Dairy Alternative) | 14 / 80g | | | | G |
| 752612 100660 | 37683 | | | | | * | @ | | | <i>P</i> X | | | Dark Chocolate, 55% Cacao, Salted Caramel Crunch, Organic | 14 / 80g | | | | G |
| 752612 100653 | 37684 | | | | | * | @ | | | <i>P</i> X | | | Dark Chocolate, 88% Cacao, Intensely Dark, Organic | 14 / 80g | | | | G |
| 752612 100691 | 37011 | | | | | * | @ | | | <i>P</i> X | | | Dark Chocolate, 92% Cacao, Night Fall, Organic | 14 / 80g | | | | G |
| 752612 100677 | 37009 | | | | | * | @ | | | <i>P</i> X | | | Dark Chocolate, 55% Cacao, Almond & Sea Salt, Organic | 12 / 100g | | | | G |
| 752612 100165 | 36476 | | | | | * | @ | | | <i>P</i> X | | | Dark Chocolate, 55% Cacao, Almonds, Organic | 12 / 100g | | | | G |
| 752612 100240 | 37007 | | | | | * | @ | | | <i>P</i> X | | | Dark Chocolate, 65% Cacao, Orange, Organic | 12 / 100g | | | | G |
| 752612 100202 | 36735 | | | | | * | @ | | | <i>P</i> X | | | Dark Chocolate, 67% Cacao, Mint, Organic | 12 / 100g | | | | G |
| 752612 100172 | 36475 | | | | | * | @ | | | <i>P</i> X | | | Dark Chocolate, 71% Cacao, Bittersweet, Organic | 12 / 100g | | | | G |
| 752612 100349 | 37258 | | | | | * | @ | | | <i>P</i> X | | | Dark Chocolate, 80% Cacao, Extra Dark, Organic | 12 / 100g | | | | G |
| 752612 100356 | 37259 | | | | | * | @ | | | <i>P</i> X | | | Milk Chocolate, Sea Salt, Organic | 12 / 100g | | | | G |
| 752612 100158 | 36474 | | | | | * | @ | | | <i>P</i> X | | | Milk Chocolate, Organic | 12 / 100g | | | | G |
| 752612 100806 | 37012 | GMO | | | | V | * | @ | | X | | | Milk-Style Chocolate (oat-based), Creamy Chocol-Oat, Organic | 14 / 80g | | | | G |
| 752612 100813 | 37013 | GMO | | | | V | * | @ | | X | | | Milk-Style Chocolate (oat-based), Hazelnuts & Salted Caramel, Organic | 14 / 80g | | | | G |

DIVINE | CHOCOLATE BAR

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|---|--|--|---|--|--|---|----------|--|--|--|---|
| 852749 004074 | 35606 | | | | | V | @ | | | X | | | Dark Chocolate w/Ginger & Orange, 70% Cocoa | 12 / 85g | | | | G |
| 852749 004067 | 35608 | GMO | | | | V | @ | | | X | | | Dark Chocolate w/Mint, 70% Cocoa | 12 / 85g | | | | G |
| 852749 004050 | 35608 | GMO | | | | V | @ | | | X | | | Dark Chocolate w/Pink Himalayan Salt, 60% Cocoa | 12 / 85g | | | | G |
| 852749 004081 | 35605 | GMO | | | | V | @ | | | X | | | Dark Chocolate w/Raspberries, 70% Cocoa | 12 / 85g | | | | G |
| 852749 004043 | 35600 | GMO | | | | V | @ | | | X | | | Dark Chocolate, 70% Cocoa | 12 / 85g | | | | G |
| 852749 004036 | 35607 | GMO | | | | V | @ | | | X | | | Dark Chocolate, 85% Cocoa | 12 / 85g | | | | G |
| 852749 004012 | 35602 | | | | | @ | | | | X | | | Milk Chocolate | 12 / 85g | | | | G |
| 852749 004029 | 35604 | | | | | @ | | | | X | | | Milk Chocolate w/ Sea Salt and Toffee | 12 / 85g | | | | G |
| 852749 004791 | 35603 | | | | | @ | | | | X | | | White Chocolate w/Strawberries | 12 / 85g | | | | G |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | FJ | X | PACK | SIZE | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|---|---|---|

ENDANGERED SPECIES | CHOCOLATE BAR

| | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|--|---|--|--|--|--|----------|--|--|---|
| 037014 242379 | 36219 | GMO | | GF | V | | @ | | | | X Dark Chocolate Chimp Bar (72% Cocoa) | 12 / 85g | | | G |
| 037014 000528 | 37745 | GMO | | GF | | | @ | | | | X Dark Chocolate Eagle Bar, Caramel & Sea Salt (60% Cocoa) | 12 / 85g | | | G |
| 037014 242287 | 36213 | GMO | | GF | V | | @ | | | | X Dark Chocolate Grizzly Bar, Raspberries (72% Cocoa) | 12 / 85g | | | G |
| 037014 000139 | 37450 | GMO | | GF | V | | @ | | | | X Dark Chocolate Owl Bar, Sea Salt & Almonds (72% Cocoa) | 12 / 85g | | | G |
| 037014 242478 | 36661 | GMO | | GF | V | | @ | | | | X Dark Chocolate Panther Bar (88% Cocoa) | 12 / 85g | | | G |
| 037014 242263 | 36212 | GMO | | GF | V | | @ | | | | X Dark Chocolate Rainforest, Forest Mint (72% Cocoa) | 12 / 85g | | | G |
| 037014 100136 | 37451 | GMO | | GF | | | @ | | | | X Dark Chocolate Rhino Bar, Hazelnut Toffee (72% Cocoa) | 12 / 85g | | | G |
| 037014 242300 | 36221 | GMO | | GF | V | | @ | | | | X Dark Chocolate Wolf Bar, Cranberries & Almonds (72% Cocoa) | 12 / 85g | | | G |
| 037014 242317 | 36216 | GMO | | GF | | | @ | | | | X Milk Chocolate Otter Bar (48% Cocoa) | 12 / 85g | | | G |
| 037014 321029 | 36224 | GMO | | GF | V | | @ | | | | X Oat Milk Dark Chocolate Bumble Bee Bar, Sea Salt & Almonds (55% Cocoa) | 12 / 85g | | | G |
| 037014 321012 | 36223 | GMO | | GF | V | | @ | | | | X Oat Milk Dark Chocolate Gorilla Bar, Rice Crisp (55% Cocoa) | 12 / 85g | | | G |
| 037014 321050 | 36214 | GMO | | GF | V | | @ | | | | X Oat Milk Dark Chocolate Koala Bar, Coconut & Almonds (75% cocoa) | 12 / 85g | | | G |

FREE2B | ALLERGEN-FREE CHOCOLATE CUPS

| | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|--|--|--|--|--|---|-----------|--|--|---|
| 687785 001400 | 43121 | GMO | | GF | | | | | | | X Chocolate Sunflower Butter Cups (2pk) | 12 / 40g | | | G |
| 687785 001417 | 43120 | GMO | | GF | | | | | | | X Chocolate Sunflower Butter Cups, Dark Chocolate (2pk) | 12 / 40g | | | G |
| 687785 001424 | 43122 | GMO | | GF | | | | | | | X Dark Chocolate Mint Cups (2pk) | 12 / 30g | | | G |
| 687785 001240 | 43128 | GMO | | GF | | | | | | | X Mini Cups, Chocolate Sunflower Butter | 8 / 119g | | | G |
| 687785 001233 | 43125 | GMO | | GF | | | | | | | X Mini Cups, Dark Chocolate Sunflower Butter | 12 / 119g | | | G |

JUSTIN'S | NUT BUTTER CUPS

| | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|---|--|--|--|--|--|----------|--|--|---|
| 840379 153668 | 10562 | GMO | | GF | | * | | | | | Peanut Butter Cups, Mini Dark Chocolate, Organic | 6 / 120g | | | G |
| 840379 128451 | 10563 | GMO | | GF | | * | | | | | Peanut Butter Cups, Mini Milk Chocolate, Organic | 6 / 120g | | | G |
| 840379 188455 | 10561 | GMO | | GF | | * | | | | | X Cashew Butter Cups, Dark Chocolate, Organic | 12 / 40g | | | G |
| 840379 100051 | 10560 | GMO | | GF | | * | | | | | X Peanut Butter Cups, Dark Chocolate, Organic | 12 / 40g | | | G |

KIND | CHOCOLATE DIPPED CLUSTERS

| | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|----------|--|--|---|
| 602652 430527 | 39342 | | | | | | | | | | X DIPPED CLUSTERS, Dark Chocolate Almond Butter | 8 / 113g | | | G |
| 602652 430503 | 39343 | | | | | | | | | | X DIPPED CLUSTERS, Dark Chocolate Nuts & Berries | 8 / 113g | | | G |
| 602652 430558 | 39344 | | | | | | | | | | X DIPPED CLUSTERS, Dark Chocolate Vanilla Cashew | 8 / 113g | | | G |

PRANA ORGANIC | CHOCOLATE TREATS

| | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|---|---|---|--|--|---|----------|--|--|---|
| 877693 003331 | 26151 | GMO | | GF | | * | @ | + | | | X CHIC CHOC Bites, Chocolate Caramel, Organic | 8 / 125g | | | G |
| 877693 003355 | 26153 | GMO | | GF | | * | @ | + | | | X CHIC CHOC Bites, Double Chocolate, Organic | 8 / 125g | | | G |
| 877693 003348 | 26152 | GMO | | GF | | * | @ | + | | | X CHIC CHOC Bites, Vanilla Almond, Organic | 8 / 125g | | | G |
| 877693 003195 | 26086 | GMO | | GF | | * | @ | + | | | X Chocolate Barks, Algarve (almonds & sea salt), Organic | 8 / 100g | | | G |
| 877693 003201 | 26087 | GMO | | GF | | * | @ | + | | | X Chocolate Barks, Carazel (caramelized nuts & sea salt), Organic | 8 / 100g | | | G |
| 877693 003232 | 26091 | GMO | | GF | | * | @ | + | | | X Chocolate Barks, Matcha Magic (sesame, crispy rice & matcha), Organic | 8 / 100g | | | G |
| 877693 003225 | 26089 | GMO | | GF | | * | @ | + | | | X Chocolate Barks, No Mylk'n hazelnuts & crispy rice, Organic | 8 / 95g | | | G |
| | 60130 | | | | | | | | | | Empty Racks (S/O) | 1 / ea | | | |

THEO | CHOCOLATE

| | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|---|---|--|--|--|--|----------|--|--|---|
| 874492 002411 | 11981 | GMO | | | | * | @ | | | | X Dark Chocolate 85%, Pure Dark, Organic | 12 / 85g | | | G |
| 874492 002459 | 11978 | GMO | | | | * | @ | | | | X Dark Chocolate 70%, Salted Almond, Organic | 12 / 85g | | | G |
| 874492 003258 | 11993 | GMO | | | | * | @ | | | | X Dark Chocolate 70%, Sea Salt, Organic | 12 / 85g | | | G |
| 874492 004200 | 11995 | GMO | | | | * | @ | | | | X Dark Chocolate 70%, Coffee Toffee, Organic | 12 / 85g | | | G |
| 874492 002633 | 11987 | GMO | | | | * | @ | | | | X Dark Chocolate 70%, Coconut, Organic | 12 / 85g | | | G |
| 874492 002534 | 11985 | GMO | | | | * | @ | | | | X Dark Chocolate 70%, Mint, Organic | 12 / 85g | | | G |
| 874492 002558 | 11986 | GMO | | | | * | @ | | | | X Dark Chocolate 70%, Orange, Organic | 12 / 85g | | | G |
| 874492 003814 | 11994 | GMO | | | | * | @ | | | | X Dark Chocolate 55%, Salted Toffee, Organic | 12 / 85g | | | G |
| 874492 005405 | 11997 | GMO | | | | * | @ | | | | X Extra Dark Chocolate 85%, Salted Cashew, Organic | 12 / 85g | | | G |

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| UPC CODE | CODE | GMØ | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | G | P | U |
|---------------|-------|-----|---|----|---|---|---|---|---|---|------|----------|----------------------|--|--|---|---|------------------|
| 874492 005375 | 11996 | GMØ | | | | | * | @ | | | | 12 / 85g | | | | | | G |
| 874492 002374 | 11979 | GMØ | | | | | * | @ | | | | 12 / 85g | | | | | | G |
| 874492 002510 | 11984 | GMØ | | | | | * | @ | | | | 12 / 85g | | | | | | G |
| | | | | | | | | | | | | | Buy 15+ cases | | | | | Save 7.02 |
| 874492 003210 | 11991 | GMØ | | | | | * | @ | | | | 12 / 38g | | | | | | G |
| 874492 003227 | 11992 | GMØ | | | | | * | @ | | | | 12 / 38g | | | | | | G |
| | | | | | | | | | | | | | Buy 15+ cases | | | | | Save 4.21 |

ZAZUBEAN | CHOCOLATE BAR

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|---|---|--|-----|--|--|----------|--|--|--|--|---|
| 872227 000947 | 14772 | | | | | | * | @ | | P X | | Coconut Sugar, Coconut Milk Breezy - Cashew & Hazelnut, Organic | 12 / 85g | | | | | G |
| 872227 000367 | 14742 | | | | | | * | @ | | P X | | Coconut Sugar, Coconut Milk Punch - Pineapple & Coconut, Organic | 12 / 85g | | | | | G |
| 872227 000206 | 14739 | | | | | | * | @ | | P X | | Coconut Sugar, Coconut Milk Sassy - Pomegranate & Hazelnut, Organic | 12 / 85g | | | | | G |
| 872227 000343 | 14750 | | | | | | * | @ | | P X | | Coconut Sugar, Dark Buff - Strong Dark Chocolate (90% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000244 | 14741 | | | | | | * | @ | | P X | | Coconut Sugar, Dark Kiki - Fig & Sea Salt (65% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000183 | 14738 | | | | | | * | @ | | P X | | Coconut Sugar, Dark Nudie - Extra Dark Chocolate (80% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000220 | 14740 | | | | | | * | @ | | P X | | Coconut Sugar, Dark Saltry - Sea Salt & Almonds (65% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000145 | 07189 | | | | | | * | @ | | P X | | Grass Fed Milk Chocolate, Smooch - Vanilla Caramel Crunch, Organic | 12 / 85g | | | | | G |
| 872227 001098 | 14751 | | | | | | * | @ | | P X | | Oat Milk Chocolate, Bestie - Almond Toffee Crunch, Organic | 12 / 85g | | | | | G |
| 872227 000107 | 14737 | | | | | | * | @ | | P X | | Superfood, Cheeky - Salted Toffee & Banana w/Maca (70% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000060 | 14734 | | | | | | * | @ | | P X | | Superfood, Flirt - Raspberry & Cherry w/Acai (70% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000015 | 14733 | | | | | | * | @ | | P X | | Superfood, Hottie - Chili & Cinnamon w/Yerba Mate (71% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000046 | 14731 | | | | | | * | @ | | P X | | Superfood, Lunatic - Mint & Cocoa Nibs w/Maca (73% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000169 | 14732 | | | | | | * | @ | | P X | | Superfood, Nakid - Cocoa Nibs & Vanilla (73% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000084 | 14735 | | | | | | * | @ | | P X | | Superfood, Nutbar - Coconut & Almond w/Camu Camu (70% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000121 | 14736 | | | | | | * | @ | | P X | | Superfood, Squeeze - Orange & Ginger w/Turmeric (70% Cacao), Organic | 12 / 85g | | | | | G |
| 872227 000602 | 14763 | | | | | | @ | | | P X | | SLINKY No Added Sugar, Creamy Hazelnut (44% Cacao) | 12 / 80g | | | | | G |
| 872227 000541 | 14760 | | | | | | @ | | | P X | | SLINKY No Added Sugar, Grass Fed Swiss Milk (50% Cacao) | 12 / 80g | | | | | G |
| 872227 000640 | 14765 | | | | | | @ | | | P X | | SLINKY No Added Sugar, Hazelnut Mocha Latte (43% Cacao) | 12 / 80g | | | | | G |
| 872227 000626 | 14764 | | | | | | @ | | | P X | | SLINKY No Added Sugar, Super Dark Panama (85% Cacao) | 12 / 80g | | | | | G |

ZORAW CHOCOLATES | FUNCTIONAL CHOCOLATE BAR

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|---|--|--|-----|--|-----------------------------|----------|--|--|--|--|---|
| 627987 164503 | 27020 | | | | | | + | | | P X | | Dark Chocolate, 60% Cacao | 12 / 52g | | | | | G |
| 627987 164510 | 27021 | | | | | | + | | | P X | | Milk Chocolate with Almonds | 12 / 52g | | | | | G |
| 627987 164527 | 27022 | | | | | | + | | | P X | | Milk Chocolate | 12 / 52g | | | | | G |

Confectionery

ARTISAN GREC | HALVA

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|---|--|--|--|--|-------------------------------|----------|--|--|--|--|---|
| 055498 066809 | 17730 | GMØ | | | | | * | | | | | Halva, Coconut, Organic | 24 / 75g | | | | | G |
| 055498 066656 | 17732 | GMØ | | | | | * | | | | | Honey Halva, Almonds, Organic | 24 / 75g | | | | | G |
| 055498 066700 | 17733 | GMØ | | | | | * | | | | | Honey Halva, Cocoa, Organic | 24 / 75g | | | | | G |
| 055498 066908 | 17731 | GMØ | | | | | * | | | | | Honey Halva, Organic | 24 / 75g | | | | | G |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | f | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|

CHIMES | CANDY

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|-------------|--|--|--|--|--|--|---|
| 051299 110802 | 35272 | | | | | | | | | | | 12 / 42.5g | | | | | | | G |
| 051299 110765 | 35324 | GMO | | | | | | | | | | 12 / 42.5g | | | | | | | G |
| 051299 110819 | 35273 | GMO | | | | | | | | | | 12 / 42.5g | | | | | | | G |
| 051299 110772 | 35269 | GMO | | | | | | | | | | 12 / 42.5g | | | | | | | G |
| 051299 111281 | 35271 | GMO | | | | | | | | | | 12 / 42.5g | | | | | | | G |
| 051299 111076 | 35362 | | | | | | | | | | | 12 / 100g | | | | | | | G |
| 051299 111038 | 35361 | GMO | | | | | | | | | | 12 / 100g | | | | | | | G |
| 051299 111083 | 35363 | GMO | | | | | | | | | | 12 / 100g | | | | | | | G |
| 051299 111045 | 35360 | GMO | | | | | | | | | | 12 / 100g | | | | | | | G |
| 051299 111519 | 35267 | | | | | | | | | | | 20 / 141.8g | | | | | | | G |
| 051299 111311 | 35264 | GMO | | | | | | | | | | 20 / 141.8g | | | | | | | G |
| 051299 111649 | 35326 | GMO | | | | | | | | | | 12 / 100g | | | | | | | G |
| 051299 111663 | 35279 | GMO | | | | | | | | | | 12 / 100g | | | | | | | G |
| 051299 111069 | 35327 | | | | | | | | | | | 6 / 72g | | | | | | | G |
| 051299 111052 | 35328 | | | | | | | | | | | 6 / 72g | | | | | | | G |

CLAWHAMMER | ORGANIC MINTS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|---|---|---|---|-----------------------------------|----------|--|--|--|--|--|---|
| 628371 190481 | 35119 | GMO | | | | | | * | + | f | X | Mints, Black Licorice, Organic | 12 / 30g | | | | | | G |
| 628371 190313 | 35120 | GMO | | | | | | * | + | f | X | Mints, Hot Cinnamon, Organic | 12 / 30g | | | | | | G |
| 628371 190320 | 35121 | GMO | | | | | | * | + | f | X | Mints, Spicy Ginger Root, Organic | 12 / 30g | | | | | | G |
| 628371 190306 | 35122 | GMO | | | | | | * | + | f | X | Mints, Strong Peppermint, Organic | 12 / 30g | | | | | | G |

DANDIES | VEGAN MARSHMALLOWS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|---|--|--|--|--|-----------|--|--|--|--|--|---|
| 897581 000372 | 02370 | GMO | | | | | | V | | | | X Marshmallows, Mini Vanilla Flavoured | 12 / 283g | | | | | | G |
| 897581 000365 | 02260 | GMO | | | | | | V | | | | X Marshmallows, Vanilla Flavoured | 12 / 283g | | | | | | G |

DEEBEE'S ORGANICS | FREEZER POPS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|---|---|---|---|--------------|--|--|--|--|--|--|---|
| 838913 001100 | 39092 | GMO | | | | | | * | f | X | Gelato Pops, Organic (made w/coconut milk) (shelf-stable) | 12 / 8x40ml | | | | | | | G |
| 838913 000202 | 39099 | GMO | | | | | | * | f | X | SUPERFRUIT Freezie Pops, Organic (shelf stable) | 18 / 10x40ml | | | | | | | G |
| 8389130 00509 | 39094 | GMO | | | | | | * | f | X | SUPERFRUIT Freezie Pops, Tropical, Organic (shelf stable) | 18 / 10x40ml | | | | | | | G |

EFRUTI | FRUIT JUICE GUMMI CANDIES

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|---|--|--|--|--------------------------------------|-----------|--|--|--|--|--|---|
| 055976 104016 | 35066 | | | | | | | | | | | X Fruit Juice Candies, Fruit Bears | 36 / 100g | | | | | | G |
| 055976 104023 | 35067 | | | | | | | | | | | X Fruit Juice Candies, Fruit Berries | 36 / 100g | | | | | | G |
| | 37922 | | | | | | | B | | | | X Fruit Juice Candies, Fruit Bears | 1 / 3kg | | | | | | G |
| | 37018 | | | | | | | B | | | | X Fruit Juice Candies, Fruit Berries | 1 / 3kg | | | | | | G |

THE GINGER PEOPLE | GINGER CANDY

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|---|--|--|--|---|-----------|--|--|--|--|--|---|
| 734027 905016 | 35010 | GMO | | | | | | | | | | Crystallized Ginger | 12 / 100g | | | | | | G |
| 734027 920514 | 35029 | GMO | | | | | | * | | | | Crystallized Ginger, Organic | 12 / 112g | | | | | | G |
| 734027 905337 | 35703 | GMO | | | | | | | | | | X Gin Gins, Ginger Candy, Double Strength | 12 / 60g | | | | | | G |
| 734027 905054 | 35012 | GMO | | | | | | | | | | Gin Gins, Ginger Candy, Hard | 12 / 84g | | | | | | G |
| 734027 902039 | 35018 | GMO | | | | | | | | | | X Gin Gins, Ginger Candy, Super Strength Caramels | 12 / 31g | | | | | | G |
| 734027 905023 | 35011 | GMO | | | | | | | | | | Gin Gins, Ginger Chews, Original | 12 / 84g | | | | | | G |
| 734027 905320 | 35702 | GMO | | | | | | | | | | X Gin Gins, Ginger Chews, Original | 12 / 60g | | | | | | G |
| 734027 902053 | 35025 | GMO | | | | | | | | | | X Gin Gins, Ginger Chews, Original | 12 / 45g | | | | | | G |
| 734027 901551 | 35019 | GMO | | | | | | | | | | Gin Gins, Ginger Chews, Original | 12 / 128g | | | | | | G |
| 734027 551459 | 35027 | GMO | | | | | | B | | | | X Gin Gins, Ginger Chews, Original (S/O) | 1 / 5kg | | | | | | G |
| 734027 905344 | 35701 | GMO | | | | | | | | | | X Gin Gins, Ginger Chews, Spicy Turmeric | 12 / 60g | | | | | | G |

GOBIO! | CANDY

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|----|---|--|--|-----------------------------------|----------|--|--|--|--|--|---|
| 687789 217012 | 45321 | GMO | | | | | | * | f | | | Fruit Gummies, Sour, Organic | 10 / 75g | | | | | | G |
| 687789 216015 | 45320 | GMO | | | | | | * | f | | | Gummi Bears, Mixed Fruit, Organic | 10 / 75g | | | | | | G |
| 687789 215018 | 45322 | GMO | | | | | | V* | f | | | Gummi Bears, Vegan, Organic | 10 / 75g | | | | | | G |
| 687789 220012 | 45324 | GMO | | | | | | * | f | | | Wine Gums, Organic | 10 / 75g | | | | | | G |

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|-------------------------------|-------|-----|---|----|---|---|---|---|----|---|------|----------|--|--|--|---|---|---|
| PRANA ORGANIC SNACKS | | | | | | | | | | | | | | | | | | |
| 877693 001641 | 26108 | GMO | | GF | * | | | + | FJ | | | 8 / 150g | | | | | | G |
| 877693 000033 | 26102 | GMO | | GF | * | | | + | FJ | | | 8 / 150g | | | | | | G |
| 877693 000118 | 26105 | GMO | | GF | * | | | + | FJ | | | 8 / 150g | | | | | | G |
| 877693 000019 | 26103 | GMO | | GF | * | | | + | FJ | | | 8 / 150g | | | | | | G |
| 877693 000149 | 26107 | GMO | | GF | * | | | + | FJ | | | 8 / 150g | | | | | | G |
| 877693 000132 | 26106 | GMO | | GF | * | | | + | FJ | | | 8 / 150g | | | | | | G |
| 877693 001863 | 26109 | GMO | | GF | * | | @ | + | FJ | | | 8 / 150g | | | | | | G |
| 877693 000071 | 26101 | GMO | | GF | * | | @ | + | FJ | | | 8 / 150g | | | | | | G |
| 877693 001672 | 34102 | GMO | | GF | * | | | + | FJ | | | 6 / 325g | | | | | | G |
| 877693 000125 | 26104 | GMO | | GF | * | | | + | FJ | | | 8 / 150g | | | | | | G |
| | | | | | | | | | | | | | | | | | | |
| 877693 003065 | 26063 | GMO | | GF | * | | | + | FJ | | | 8 / 150g | | | | | | G |
| 877693 003058 | 26062 | GMO | | GF | * | | | + | FJ | | | 8 / 150g | | | | | | G |
| 877693 001665 | 34101 | GMO | | GF | * | | | + | FJ | | | 6 / 310g | | | | | | G |
| 877693 003072 | 26059 | GMO | | GF | * | | | + | FJ | | | 8 / 150g | | | | | | G |
| | 60130 | | | | | | | | | | | 1 / ea | | | | | | |
| | | | | | | | | | | | | | | | | | | |

SOUPS & BROTHS

Broths & Bouillons

BLUEBIRD PROVISIONS | INSTANT BONE BROTH MIX

627843 623557 **68603** BC FJ Instant Bone Broth Mix, Chicken 6 / 200g

GOBIO! | BOUILLON CUBES & BROTH POWDER

687789 051111 **45301** GMO * FJ Bouillon Cubes, Beef, Organic 15 / 66g
 687789 051005 **45306** GMO * FJ Bouillon Cubes, Chicken (no salt), Organic 15 / 54g
 687789 051159 **45302** GMO * FJ Bouillon Cubes, Chicken, Organic 15 / 66g
 687789 051135 **45304** GMO * FJ Bouillon Cubes, Mushroom (yeast free), Organic 15 / 66g
 687789 051128 **45303** GMO * FJ Bouillon Cubes, Onion (yeast free), Organic 15 / 66g
 687789 051012 **45307** GMO * FJ Bouillon Cubes, Vegetable (no salt), Organic 15 / 54g
 687789 051142 **45305** GMO * FJ Bouillon Cubes, Vegetable (yeast free), Organic 15 / 66g
 687789 051203 **45300** GMO * FJ Bouillon Cubes, Vegetable, Organic 15 / 66g
 687789 051234 **45312** GMO * FJ Broth Powder, Chicken (low sodium), Organic (jar) 6 / 75g
 687789 051241 **45313** GMO * FJ Broth Powder, Chicken (low sodium), Organic (pkt) 8 / 150g
 687789 051210 **45310** GMO * FJ Broth Powder, Vegetable (yeast free), Organic (jar) 6 / 100g
 687789 051227 **45311** GMO * FJ Broth Powder, Vegetable (yeast free), Organic (pkt) 8 / 200g

IMAGINE FOODS | BROTH

084253 773560 **37800** GMO Bone Broth, Chicken 12 / 1L
 084253 241243 **38636** GF * Broth, Beef, Low Sodium, Organic 12 / 1L
 084253 242943 **38411** GF * Broth, Chicken, Low Sodium, Organic 12 / 1L
 084253 242493 **38280** GF * Broth, Chicken, Organic 12 / 1L
 084253 773546 **38785** GF * Broth, Miso, Organic 12 / 1L
 084253 242486 **38279** GMO GF * Broth, Vegetable, Organic 12 / 1L
 084253 242950 **38449** GMO V * Broth, Vegetable, Low Sodium, Organic 12 / 1L

PACIFIC FOODS | BROTH

052603 067256 **38080** GMO * Broth, Beef, Organic 12 / 946ml
 052603 054089 **38069** GF * Broth, Chicken, Low Sodium, Organic 12 / 946ml
 052603 054072 **38079** GF * Broth, Chicken, Organic 12 / 946ml
 052603 054058 **38811** GF * Broth, Mushroom, Organic 12 / 1L
 052603 054379 **38118** GF * Broth, Vegetable, Low Sodium, Organic 12 / 1L
 052603 054119 **38183** GF * Broth, Vegetable, Organic 12 / 1L

Buy 30+ cases (Mix & Match with any 1L/946ml Broth & Soup) Save 5.04

052603 282383 **38084** GMO Bone Broth, Chicken 12 / 946ml
 052603 067249 **38082** Bone Broth, Chicken, Unsalted 12 / 946ml

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMQ | B | GF | V | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

Instant Soups

KOYO | RAMEN

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---------------------------------|----------|
| 065493 064335 | 39106 | | | | | | | | | | | | | | | | | | X Ramen, Asian Vegetables | 12 / 60g |
| 065493 064359 | 39100 | | | | | | | | | | | | | | | | | | X Ramen, Garlic Pepper | 12 / 60g |
| 065493 064342 | 39101 | | | | | | | | | | | | | | | | | | X Ramen, Lemongrass Ginger | 12 / 60g |
| 065493 064304 | 39102 | | | | | | | | | | | | | | | | | | X Ramen, Mushroom | 12 / 57g |
| 065493 064311 | 39103 | | | | | | | | | | | | | | | | | | X Ramen, Seaweed | 12 / 57g |
| 065493 064366 | 39104 | | | | | | | | | | | | | | | | | | X Ramen, Soba Buckwheat Noodles | 12 / 60g |
| 065493 064328 | 39105 | | | | | | | | | | | | | | | | | | X Ramen, Tofu & Miso | 12 / 57g |

LOTUS FOODS | RICE RAMEN MISO SOUP

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|----------|
| 708953 601113 | 39900 | GMQ | | GF | | | | | | | | | | | | | | | X Soup, Forbidden Rice Ramen w/White Miso | 10 / 80g |
| 708953 601120 | 39910 | GMQ | | GF | | | | | | | | | | | | | | | X Soup, Jade Pearl Rice Ramen w/Wakame Miso | 10 / 80g |
| 708953 601137 | 39901 | GMQ | | GF | | | | | | | | | | | | | | | X Soup, Millet & Brown Rice Ramen w/Red Miso | 10 / 80g |

Ready-To-Serve Soups

AMY'S | CANNED SOUP

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|------------|
| 042272 905140 | 38321 | | | | | | | | * | | | | | | | | | | Soup, Alphabet, Organic | 12 / 398ml |
| 042272 905041 | 38157 | | | GF | | | | | * | | | | | | | | | | Soup, Black Bean, Organic | 12 / 398ml |
| 042272 905348 | 38328 | | | | | | | | * | | | | | | | | | | Soup, Butternut Squash, Organic | 12 / 398ml |
| 042272 907403 | 38322 | GMQ | | | | | | | * | | | | | | | | | | Soup, Carrot Ginger, Organic | 12 / 398ml |
| 042272 905867 | 38609 | | | GF | | | | | * | | | | | | | | | | Soup, Chunky Tomato Bisque, Lower in Sodium, Organic | 12 / 398ml |
| 042272 905362 | 38067 | | | GF | | | | | * | | | | | | | | | | Soup, Chunky Tomato Bisque, Organic | 12 / 398ml |
| 042272 905409 | 38668 | | | GF | | | | | * | | | | | | | | | | Soup, Chunky Vegetable, Organic | 12 / 398ml |
| 042272 905065 | 38155 | | | | | | | | * | | | | | | | | | | Soup, Cream of Mushroom, Organic | 12 / 398ml |
| 042272 905010 | 38156 | | | GF | | | | | * | | | | | | | | | | Soup, Cream of Tomato, Organic | 12 / 398ml |
| 042272 905478 | 38669 | | | GF | | | | | * | | | | | | | | | | Soup, Fire Roasted Southwestern Vegetable, Organic | 12 / 398ml |
| 042272 905911 | 38716 | | | GF | | | | | * | | | | | | | | | | Soup, French Country Vegetable, Organic | 12 / 398ml |
| 042272 905935 | 38715 | | | GF | | | | | * | | | | | | | | | | Soup, Golden Lentil Dal, Organic | 12 / 398ml |
| 042272 905836 | 38666 | | | GF | | | | | * | | | | | | | | | | Soup, Lentil Low Sodium, Organic | 12 / 398ml |
| 042272 905829 | 38607 | | | GF | | | | | * | | | | | | | | | | Soup, Lentil Vegetable, Lower in Sodium, Organic | 12 / 398ml |
| 042272 905355 | 38330 | | | GF | | | | | * | | | | | | | | | | Soup, Lentil Vegetable, Organic | 12 / 398ml |
| 042272 905027 | 38152 | | | GF | | | | | * | | | | | | | | | | Soup, Lentil, Organic | 12 / 398ml |
| 042272 905850 | 38667 | | | | | | | | * | | | | | | | | | | Soup, Minestrone, Low Sodium, Organic | 12 / 398ml |
| 042272 905072 | 38154 | | | | | | | | * | | | | | | | | | | Soup, Minestrone, Organic | 12 / 398ml |
| 042272 906260 | 38751 | GMQ | | GF | | | | | * | | | | | | | | | | Soup, Mushroom Bisque w/Porcini, Organic | 12 / 398ml |
| 042272 905034 | 38153 | | | | | | | | * | | | | | | | | | | Soup, No Chicken Noodle, Organic | 12 / 398ml |
| 042272 906697 | 38783 | GMQ | | GF | | | | | * | | | | | | | | | | Soup, Quinoa, Kale & Red Lentil, Organic | 12 / 398ml |
| 042272 905843 | 38608 | | | GF | | | | | * | | | | | | | | | | Soup, Split Pea, Lower in Sodium, Organic | 12 / 398ml |
| 042272 905058 | 38216 | | | GF | | | | | * | | | | | | | | | | Soup, Split Pea, Organic | 12 / 398ml |
| 042272 905089 | 38217 | | | | | | | | * | | | | | | | | | | Soup, Vegetable Barley, Organic | 12 / 398ml |

AUGA | READY TO EAT ORGANIC SOUPS

| | | | | | | | | | | | | | | | | | | | | |
|----------------|--------------|-----|--|--|--|--|--|--|---|--|--|--|--|--|--|--|--|--|---|-----------|
| 4779039 732300 | 40918 | GMQ | | | | | | | * | | | | | | | | | | Soup, Creamy Butternut Squash w/Sweet Potatoes, Organic (pouch) | 10 / 400g |
| 4779039 731105 | 40920 | GMQ | | | | | | | * | | | | | | | | | | Soup, Creamy Mushroom, Organic (pouch) | 10 / 400g |
| 4779039 732270 | 40922 | GMQ | | | | | | | * | | | | | | | | | | Soup, Creamy Sweet Corn, Organic (pouch) | 10 / 400g |
| 4779039 732324 | 40921 | GMQ | | | | | | | * | | | | | | | | | | Soup, Spicy Curry w/Coconut Cream & Shiitake Mushrooms, Organic (pouch) | 10 / 400g |
| 4779039 732317 | 40923 | GMQ | | | | | | | * | | | | | | | | | | Soup, Three Lentil, Organic (pouch) | 10 / 400g |
| 4779039 732287 | 40919 | GMQ | | | | | | | * | | | | | | | | | | Soup, Vegan Chilli Bean w/Quinoa, Organic (pouch) | 10 / 400g |

EAT WHOLESOME | CANNED SOUP

| | | | | | | | | | | | | | | | | | | | | |
|----------------|--------------|-----|--|--|--|--|--|--|---|---|--|--|--|--|--|--|--|--|---|------------|
| 5060844 590346 | 33615 | GMQ | | | | | | | * | P | | | | | | | | | Soup, Italian Bean & Vegetable, Organic | 12 / 398ml |
| 5060844 590360 | 33616 | GMQ | | | | | | | * | P | | | | | | | | | Soup, Italian Tomato & Basil, Organic | 12 / 398ml |
| 5060844 590353 | 33617 | GMQ | | | | | | | * | P | | | | | | | | | Soup, Lentil & Zucchini, Organic | 12 / 398ml |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|

IMAGINE FOODS | NATURAL SOUP

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|---|--|--|--|--|--|--|--|----|------|--|--|--|
| 084253 241441 | 38749 | GMO | | GF | | * | | | | | | | Soup, Creamy Broccoli, Family Size, Organic | 12 | / 1L | | | |
| 084253 242417 | 38272 | | | GF | | * | | | | | | | Soup, Creamy Butternut Squash, Family Size, Organic | 12 | / 1L | | | |
| 084253 246514 | 38644 | | | GF | | * | | | | | | | Soup, Creamy Garden Tomato, Reduced Sodium, Family Size, Organic | 12 | / 1L | | | |
| 084253 242479 | 38278 | | | GF | | * | | | | | | | Soup, Creamy Tomato, Family Size, Organic | 12 | / 1L | | | |

PACIFIC FOODS | SOUP

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|--|--|--|--|--|--|----|---------|--|--|--|
| 052603 281393 | 38092 | | | | | | | | | | | | X Soup, Condensed Cream of Chicken (can) | 12 | / 284ml | | | |
| 052603 279543 | 38090 | GMO | | | | * | | | | | | | X Soup, Condensed Cream of Mushroom, Organic (can) | 12 | / 284ml | | | |
| 052603 281287 | 38083 | GMO | | | | * | | | | | | | Soup, Creamy Tomato Basil, Organic | 12 | / 946ml | | | |
| 052603 054218 | 38269 | GMO | | | | * | | | | | | | Soup, Cashew Carrot Ginger, Organic | 12 | / 1L | | | |
| 052603 054034 | 38214 | GMO | | | | * | | | | | | | Soup, Butternut Squash, Organic | 12 | / 1L | | | |
| 052603 054584 | 38638 | GMO | | | | * | | | | | | | Soup, Tomato, Light Sodium, Organic | 12 | / 1L | | | |
| 052603 054096 | 38132 | GMO | | | | * | | | | | | | Soup, Tomato, Organic | 12 | / 1L | | | |
| 052603 054577 | 38639 | GMO | | | | * | | | | | | | Soup, Red Pepper & Tomato, Light Sodium, Organic | 12 | / 1L | | | |
| 052603 054041 | 38218 | GMO | | | | * | | | | | | | Soup, Red Pepper & Tomato, Organic | 12 | / 1L | | | |

Buy 15+ cases (Mix & Match Condensed Can Soups Only) Save 3.04

Buy 30+ cases (Mix & Match with any 1L/946ml Broth & Soup) Save 6.17

Soup Mixes

BOB'S RED MILL | SOUP MIX

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|--|---------------------|---|--------|--|--|--|
| 039978 001283 | 38938 | GMO | | | | | | | | | | | X Soup Mix, Vegi | 4 | / 794g | | | |
| 039978 001276 | 38934 | GMO | | | | | | | | | | | X Soup Mix, 13 Bean | 4 | / 822g | | | |

SWEETENERS

CAMINO | SUGAR

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|---|--|--|---|---|--|--|--|--|--|--|---|--------|--|--|--|
| 752612 200025 | 44297 | | | | | * | @ | | | | | | Golden Cane Sugar (Turbinado), Organic | 6 | / 1kg | | | |
| 752612 220023 | 44298 | | | | | * | @ | | | | | | Whole Brown Sugar (Muscovado), Organic | 6 | / 1kg | | | |
| 752612 300169 | 44299 | | B | | | * | @ | | | | | | X Golden Cane Sugar (Turbinado), Organic | 1 | / 25kg | | | |

CANADIAN HERITAGE ORGANICS | MAPLE BUTTER & SYRUP

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|---|---|--|--|--|---------------------------------|----|---------|--|--|--|
| 620892 000140 | 44259 | GMO | | | | * | | + | P | | | | Maple Butter, Organic | 12 | / 160g | | | |
| 620892 000065 | 44262 | GMO | | | | * | | + | P | | | | Maple Syrup, Amber, Organic | 12 | / 250ml | | | |
| 620892 000232 | 44264 | GMO | | | | * | | + | P | | | | Maple Syrup, Dark, Organic | 12 | / 250ml | | | |
| 620892 000072 | 44263 | GMO | | | | * | | + | P | | | | Maple Syrup, Amber, Organic | 12 | / 500ml | | | |
| 620892 000249 | 44265 | GMO | | | | * | | + | P | | | | Maple Syrup, Dark, Organic | 12 | / 500ml | | | |
| 620892 000294 | 44266 | GMO | | | | * | | + | P | | | | Maple Syrup, Very Dark, Organic | 12 | / 500ml | | | |
| 620892 000256 | 44257 | GMO | | | | * | | + | P | | | | Maple Syrup, Dark, Organic | 12 | / 1L | | | |
| 620892 000089 | 44258 | GMO | | | | * | | + | P | | | | Maple Syrup, Amber, Organic | 12 | / 1L | | | |
| 620892 000300 | 44267 | GMO | | | | * | | + | P | | | | Maple Syrup, Very Dark, Organic | 12 | / 1L | | | |

Buy 10+ cases Save 25%

CRAVE | SWEETENER

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|----|---|--|--|--|---------------------------------------|---|--------|--|--|--|
| 884063 000678 | 23030 | GMO | | | | * | | BC | P | | | | Stevia Bakers Blend, Brown, Organic | 6 | / 380g | | | |
| 884063 000661 | 23031 | GMO | | | | * | | BC | P | | | | Stevia Bakers Blend, White, Organic | 6 | / 380g | | | |
| 884063 000500 | 23034 | GMO | | | | * | | BC | P | | | | Stevia, Natural (shaker jar), Organic | 6 | / 45g | | | |
| 884063 300013 | 23033 | GMO | | | | * | | | P | | | | SWEETNESS, Pure Erythritol, Organic | 6 | / 400g | | | |

EDEN | BARLEY MALT SYRUP

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|--|--|--|--|--|----------------------------|----|--------|--|--|--|
| 024182 493153 | 44050 | | | | | * | | | | | | | Barley Malt Syrup, Organic | 12 | / 566g | | | |
|---------------|--------------|--|--|--|--|---|--|--|--|--|--|--|----------------------------|----|--------|--|--|--|

ELIAS | HONEY

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|----|---|--|--|--|---|----|--------|--|--|--|
| 055013 000318 | 44069 | | | | | | | + | P | | | | Liquid Squeeze Honey Bear, Unpasteurized, Canada #1 White | 12 | / 375g | | | |
| 055013 000226 | 44068 | | | | | | | BC | P | | | | Liquid Squeeze Honey, Canada #1 White | 12 | / 500g | | | |
| 055013 000127 | 44067 | | | | | | | BC | P | | | | Liquid Squeeze Honey, Canada #1 White | 12 | / 1kg | | | |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

ESCUMINAC | FARM BOTTLED ORGANIC MAPLE SYRUP

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|---|---|--|--|-----------|--|--|--|--|--|--|--|
| 187248 000266 | 44229 | | | | | * | | + | P | | | 6 / 200ml | | | | | | | |
| 187248 000204 | 44228 | | | | | * | | + | P | | | 6 / 200ml | | | | | | | |
| 187248 000273 | 44234 | | | | | * | | + | P | | | 6 / 500ml | | | | | | | |
| 187248 000228 | 44233 | | | | | * | | + | P | | | 6 / 500ml | | | | | | | |

FLORIDA CRYSTALS | SUGAR

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|--|--|--|--|----------|--|--|--|--|--|--|--|
| 075779 311145 | 44083 | | | | | * | | | | | | 6 / 907g | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|--|--|--|--|----------|--|--|--|--|--|--|--|

KRISDA | SUGAR-FREE SWEETENER

| | | | | | | | | | | | | | | | | | | | |
|-----------------|--------------|--|----------|--|--|--|--|--|---|--|--|----------|--|--|--|--|--|--|--|
| 688120 024542 | 23022 | | | | | | | | P | | | 6 / 454g | | | | | | | |
| 688120 034541 | 23021 | | | | | | | | P | | | 6 / 454g | | | | | | | |
| 1068812 0200233 | 93041 | | B | | | | | | X | | | 1 / 10kg | | | | | | | |

LAKANTO | MONKFRUIT BLEND SWEETENER & SYRUP

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|------------|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|
| 843076 001201 | 44223 | GMO | | | | | | | | | | 8 / 384ml | | | | | | | |
| 843076 000105 | 44221 | GMO | | | | | | | | | | 8 / 235g | | | | | | | |
| 843076 000099 | 44217 | GMO | | | | | | | | | | 8 / 235g | | | | | | | |
| 843076 003472 | 44222 | GMO | | | | | | | | | | 8 / 454g | | | | | | | |
| 843076 000129 | 44220 | GMO | | | | | | | | | | 8 / 800g | | | | | | | |
| 843076 000112 | 44215 | GMO | | | | | | | | | | 8 / 800g | | | | | | | |

LEVEL GROUND TRADING DIRECT FAIR TRADE | SUGAR

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|---|--|---|--|--|-----------|--|--|--|--|--|--|--|
| 661594 712306 | 44307 | | | | | * | @ | | P | | | 12 / 500g | | | | | | | |
| 661594 812303 | 44310 | | | | | * | @ | | P | | | 6 / 2kg | | | | | | | |
| 661594 000083 | 44314 | | | | | * | @ | | P | | | 1 / 20kg | | | | | | | |

LUNDBERG | BROWN RICE SYRUP

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|-----------|--|---|--|--|--|--|--|------------|--|--|--|--|--|--|--|
| 073416 001800 | 24108 | | | GF | | * | | | | | | 12 / 460ml | | | | | | | |
|---------------|--------------|--|--|-----------|--|---|--|--|--|--|--|------------|--|--|--|--|--|--|--|

MCKENZIE'S | COUNTRY FARM HONEY

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|---|---|--|--|-----------|--|--|--|--|--|--|--|
| 056113 001700 | 44084 | | | | | | | + | P | | | 12 / 500g | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|---|---|--|--|-----------|--|--|--|--|--|--|--|

ONEEARTH FUNCTIONAL FOODS | COCONUT PALM SUGAR

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|-----------|--|---|--|--|---|--|--|-----------|--|--|--|--|--|--|--|
| 182583 000025 | 22214 | | | GF | | * | | | P | | | 12 / 475g | | | | | | | |
|---------------|--------------|--|--|-----------|--|---|--|--|---|--|--|-----------|--|--|--|--|--|--|--|

ST. MICHAEL | HONEY

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|----------|--|--|--|--|---|---|---|--|---------|--|--|--|--|--|--|--|
| 771901 101355 | 44005 | | B | | | | | + | P | X | | 1 / 3kg | | | | | | | |
|---------------|--------------|--|----------|--|--|--|--|---|---|---|--|---------|--|--|--|--|--|--|--|

SWERVE SWEETENER

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|------------|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|--|
| 852700 300191 | 32701 | GMO | | | | | | | | | | 6 / 340g | | | | | | | |
| 852700 300290 | 32702 | GMO | | | | | | | | | | 6 / 340g | | | | | | | |
| 852700 300399 | 32703 | GMO | | | | | | | | | | 6 / 340g | | | | | | | |

WHOLESOME | NATURAL & ORGANIC SWEETENER

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|------------|--|-----------|--|---|---|--|--|--|--|------------|--|--|--|--|--|--|--|
| 012511 971069 | 44158 | GMO | | GF | | * | @ | | | | | 6 / 454g | | | | | | | |
| 012511 320041 | 44018 | GMO | | GF | | * | @ | | | | | 6 / 454g | | | | | | | |
| 012511 446529 | 44037 | GMO | | GF | | * | @ | | | | | 6 / 680g | | | | | | | |
| 012511 446413 | 44036 | GMO | | GF | | * | @ | | | | | 6 / 680g | | | | | | | |
| 012511 444716 | 44029 | GMO | | GF | | * | @ | | | | | 6 / 680g | | | | | | | |
| 012511 406004 | 44127 | GMO | | GF | | * | @ | | | | | 6 / 907g | | | | | | | |
| 012511 470715 | 44198 | GMO | | GF | | | @ | | | | | 6 / 680g | | | | | | | |
| 012511 600006 | 44072 | GMO | | GF | | * | @ | | | | | 12 / 662g | | | | | | | |
| 012511 700003 | 44199 | GMO | | GF | | * | @ | | | | | 6 / 1.33kg | | | | | | | |
| 012511 976606 | 44182 | GMO | | GF | | * | | | | | | 6 / 170g | | | | | | | |
| 012511 471217 | 44091 | GMO | | GF | | * | @ | | | | | 6 / 240ml | | | | | | | |
| 012511 472313 | 44093 | GMO | | GF | | * | @ | | | | | 6 / 480ml | | | | | | | |
| 012511 473235 | 44094 | GMO | | GF | | * | @ | | | | | 6 / 480ml | | | | | | | |
| 012511 945005 | 44191 | GMO | | GF | | * | | | | | | 1000 / 1g | | | | | | | |

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| UPC CODE | CODE | GMO | B | GF | V | @ | + | P | X | PACK | SIZE | | | | | G | P | U | |
|---------------|-------|-----|---|----|---|---|---|---|---|------|------|--|--|--|--|---|---|---|--|
| | 50059 | GMO | B | | | * | | + | P | | | | | | | | | | |
| | 50095 | GMO | | | | * | | + | P | | | | | | | | | | |
| 778177 112979 | 50095 | GMO | | | | * | | + | P | | | | | | | | | | |
| 778177 149388 | 50042 | GMO | | | | * | | + | P | | | | | | | | | | |
| 778177 612974 | 50410 | GMO | B | | | * | | + | P | | | | | | | | | | |
| 778177 499704 | 50027 | GMO | | | | * | | + | P | | | | | | | | | | |
| 778177 499728 | 50023 | GMO | | | | * | | + | P | | | | | | | | | | |
| 778177 009101 | 50025 | GMO | | | | * | | + | P | | | | | | | | | | |
| 778177 499506 | 50103 | GMO | | | | * | | + | P | | | | | | | | | | |
| 778177 499858 | 50104 | GMO | | | | * | | + | P | | | | | | | | | | |
| 778177 499575 | 50102 | GMO | | | | * | | + | P | | | | | | | | | | |
| | 50411 | GMO | B | | | * | | + | P | | | | | | | | | | |
| 778177 499605 | 50020 | GMO | | | | * | | + | P | | | | | | | | | | |
| 778177 149814 | 50406 | GMO | | | | * | | + | P | | | | | | | | | | |
| 778177 499810 | 50401 | GMO | | | | * | | + | P | | | | | | | | | | |
| | 50055 | GMO | B | | | * | | + | P | | | | | | | | | | |
| | 50054 | GMO | B | | | * | | + | P | | | | | | | | | | |
| | 91215 | GMO | B | | | * | | + | P | | | | | | | | | | |
| | 91213 | | | | | | | | | | | | | | | | | | |

Eggs (REFRIGERATED)

COUNTRY GOLDEN YOLKS | EGGS (REFRIGERATED)

774290 091559 **61086** BC P X Eggs, Free Range, Large Brown 15 / 12ct

RABBIT RIVER FARMS | EGGS (REFRIGERATED)

620580 000018 **61075** GMO * BC P X Eggs, Free Range, Extra Large Brown, Organic 15 / 12ct
 620580 000025 **61076** GMO * BC P X Eggs, Free Range, Large Brown, Organic 15 / 12ct
 620580 000094 **61078** GMO * BC P X Eggs, Free Range, Large Brown, Organic 30 / 6ct
 620580 000070 **61081** BC P X Eggs, Free Range, Medium Brown 15 / 12ct
 620580 000469 **61083** BC P X Eggs, Free Run, Large Brown 15 / 12ct

Preserving Supplies

YOGOURMET | CULTURES (REFRIGERATED)

819122 000252 **52038** + P Dairy, Kefir Starter 6 / 18g
 819122 000207 **52036** + P Dairy, Yogurt Starter 6 / 18g
 819122 000238 **52037** + P Dairy, Yogurt Starter, Probiotics (Casei Bifidus Acidophilus) 6 / 18g

Yogurts & Sour Creams

GREEK GODS | GREEK STYLE YOGURT (REFRIGERATED)

078355 471103 **52351** * Yogurt, Honey Flavour, Organic 6 / 500g
 078355 471158 **52350** * Yogurt, Honey Vanilla Flavour, Organic 6 / 500g
 078355 450009 **52084** * Yogurt, Traditional Plain, Organic 6 / 500g

SAUGEEN COUNTRY DAIRY | KEFIR & YOGURT (REFRIGERATED)

778716 065018 **52303** * + P Yogurt, Organic 6 / 650g
 778716 090812 **52305** * + P Yogurt, 4% MF, Organic 6 / 908g
 778716 090829 **52306** * + P Kefir, Organic (Sometimes as Kefir culture ferments it produces a gas which can cause the lid to puff a bit. Please note this product is still good) 6 / 908g
52301 B * + P Yogurt, 4% MF, Organic 1 / 3.5kg

DAIRY & EGG ALTERNATIVES

Egg Alternatives (REFRIGERATED)

See Frozen Section for More Selections

JUST EGG | PLANT EGG (REFRIGERATED)

191011 001299 **68903** GMO + Plant Egg, Scramble liquid 6 / 500g

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UPC CODE | **CODE** **GMO** **B** **GF** **V** ***** **@** **+** **♻️** **X** | **PACK** | **SIZE** | **G** **P** **U**

Non-dairy Beverages (REFRIGERATED)

BLUE DIAMOND | ALMOND BREEZE ALMOND BEVERAGE (REFRIGERATED)

| | | | | | | | |
|---------------|--------------|--|--|--|-------------------------------------|-----------|---|
| 041570 109175 | 07220 | | | | ALMOND BREEZE, Original | 6 / 1.89L | U |
| 041570 109182 | 07221 | | | | ALMOND BREEZE, Unsweetened Original | 6 / 1.89L | U |
| 041570 109168 | 07223 | | | | ALMOND BREEZE, Unsweetened Vanilla | 6 / 1.89L | U |
| 041570 109151 | 07222 | | | | ALMOND BREEZE, Vanilla | 6 / 1.89L | U |

EARTH'S OWN | NON-DAIRY CREAMERS (REFRIGERATED)

| | | | | | | | |
|---------------|--------------|------------|-----------|-----------|-----------------------------|-----------|--|
| 626027 712179 | 08321 | GMO | BC | ♻️ | Oat Creamer, French Vanilla | 6 / 946ml | |
| 626027 712155 | 08320 | GMO | BC | ♻️ | Oat Creamer, Original | 6 / 946ml | |
| 626027 712186 | 08322 | GMO | BC | ♻️ | Oat Creamer, Salted Caramel | 6 / 946ml | |

EARTH'S OWN | PLANT BASED BEVERAGE (REFRIGERATED)

| | | | | | | | | |
|---------------|--------------|------------|----------|-----------|-----------|---|-----------|---|
| 626027 871029 | 07353 | GMO | * | BC | ♻️ | NAKED Oat, Original, Organic (gable top) | 6 / 1.75L | U |
| 626027 811056 | 07346 | GMO | @ | BC | ♻️ | Oat, Chocolate (gable top) | 6 / 1.75L | U |
| 626027 811025 | 07327 | GMO | | BC | ♻️ | Oat Original (gable top) | 6 / 1.75L | U |
| 626027 841022 | 08313 | GMO | | BC | ♻️ | Oat, Unsweetened Original (gable top) | 6 / 1.75L | U |
| 626027 811049 | 07328 | GMO | | BC | ♻️ | Oat Vanilla (gable top) | 6 / 1.75L | U |
| 626027 841046 | 08319 | GMO | | BC | ♻️ | Oat, Zero Sugar, Vanilla (gable top) | 6 / 1.75L | U |
| 626027 087802 | 07232 | GMO | * | BC | ♻️ | SO NICE Almond Original, Organic (gable top) | 6 / 1.75L | U |
| 626027 087819 | 07233 | GMO | * | BC | ♻️ | SO NICE Almond Unsweetened, Original, Organic (gable top) | 6 / 1.75L | U |
| 626027 121049 | 07602 | GMO | * | BC | ♻️ | SO NICE Almond Unsweetened, Vanilla, Organic (gable top) | 6 / 1.75L | U |
| 626027 700015 | 06901 | GMO | | BC | ♻️ | Almond, Original (gable top) | 6 / 1.89L | U |
| 626027 700039 | 06905 | GMO | | BC | ♻️ | Almond Unsweetened, Original (gable top) | 6 / 1.89L | U |
| 626027 700060 | 07248 | GMO | | BC | ♻️ | Almond Unsweetened, Vanilla (gable top) | 6 / 1.89L | U |
| 626027 700022 | 06903 | GMO | | BC | ♻️ | Almond, Vanilla (gable top) | 6 / 1.89L | U |

Non-Dairy Butter Alternatives

See Frozen Section for More Selection

EARTH BALANCE | SPREAD & STICKS (REFRIGERATED)

| | | | | | | | |
|---------------|--------------|--|----------|----------|--------------------------------------|-----------|--|
| 033776 111700 | 51110 | | V | | Traditional Spread, Olive Oil | 6 / 368g | |
| 033776 011840 | 51100 | | V | * | Traditional Spread, Organic | 12 / 368g | |
| 033776 011727 | 42003 | | V | | Traditional Spread, Original | 12 / 425g | |
| 033776 011888 | 51102 | | V | | Traditional Spread, Original | 6 / 1.3kg | |
| 033776 011697 | 51104 | | V | | Traditional Spread, Soy Free | 12 / 425g | |
| 033776 011826 | 42004 | | V | | Vegan Cooking & Baking Sticks (4 pk) | 18 / 454g | |

EARTH'S OWN | DAIRY-FREE BUTTER ALTERNATIVE (REFRIGERATED)

| | | | | | | | | |
|---------------|--------------|------------|----------|-----------|-----------|---------------|----------|--|
| 626027 916119 | 08310 | GMO | * | BC | ♻️ | Butter Spread | 6 / 340g | |
|---------------|--------------|------------|----------|-----------|-----------|---------------|----------|--|

MIYOKO'S | VEGAN BUTTER (REFRIGERATED)

| | | | | | | | | |
|---------------|--------------|------------|-----------|----------|----------|--------------------------------|----------|--|
| 857554 005889 | 19150 | GMO | GF | V | * | Cultured Vegan Butter, Organic | 6 / 227g | |
|---------------|--------------|------------|-----------|----------|----------|--------------------------------|----------|--|

NUTS FOR CHEESE | NUTS FOR BUTTER CULTURED CASHEW PRODUCT (REFRIGERATED)

| | | | | | | | | |
|---------------|--------------|------------|----------|----------|-----------|--|------------------|--|
| 842232 008023 | 18660 | GMO | * | + | ♻️ | Cashew Butter, Salted Original, Organic (2 sticks) | 6 / 227g | |
| 842232 009020 | 18661 | GMO | * | + | ♻️ | Cashew Butter, Herb & Garlic, Organic (2 sticks) | 6 / 227g | |
| | | | | | | Buy 5-9 cases | Save 3.75 | |
| | | | | | | Buy 10-14 cases | Save 5.50 | |
| | | | | | | Buy 15+ cases | Save 7.50 | |

Non-Dairy Cheese Alternatives

DAIYA | DAIRY-FREE CHEESE ALTERNATIVE (REFRIGERATED)

| | | | | | | | | |
|---------------|--------------|------------|-----------|----------|-----------|-----------|-------------------------------|-----------|
| 871459 001128 | 50134 | GMO | GF | V | BC | ♻️ | Block, Cheddar | 8 / 200g |
| 871459 001289 | 50128 | GMO | | V | BC | ♻️ | Block, Feta Flavour | 8 / 185g |
| 871459 001296 | 50129 | GMO | | V | BC | ♻️ | Block, Grilling Cheeze | 8 / 195g |
| 871459 001142 | 50154 | GMO | GF | V | BC | ♻️ | Block, Smoked Gouda | 8 / 200g |
| 871459 000824 | 50010 | GMO | GF | V | BC | ♻️ | Crumbles, Feta Cheeze Flavour | 6 / 170g |
| 871459 000831 | 50011 | GMO | GF | V | BC | ♻️ | Crumbles, Goat Cheeze Flavour | 6 / 170g |
| 871459 003245 | 50184 | GMO | GF | V | BC | ♻️ | Shreds, Cheddar | 12 / 200g |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|---------------|--------------|-----|----------|----|---|---|---|---|----|---|----------|------------|--|--|--|--|---|---|---|
| 871459 003177 | 50131 | GMO | | GF | V | | | + | P | | | 12 / 200g | | | | | | | |
| 871459 003658 | 50189 | GMO | | GF | V | | | | BC | P | | 12 / 200g | | | | | | | |
| 871459 003238 | 50185 | GMO | | GF | V | | | | BC | P | | 12 / 200g | | | | | | | |
| 871459 003665 | 50130 | GMO | | GF | V | | | | BC | P | | 12 / 200g | | | | | | | |
| 871459 003252 | 50186 | GMO | | GF | V | | | | BC | P | | 12 / 200g | | | | | | | |
| 871459 000329 | 50139 | GMO | | GF | V | | | | BC | P | | 8 / 220g | | | | | | | |
| 871459 000343 | 50003 | GMO | | GF | V | | | | BC | P | | 8 / 220g | | | | | | | |
| 871459 000305 | 50138 | GMO | | GF | V | | | | BC | P | | 8 / 220g | | | | | | | |
| 871459 001203 | 50500 | GMO | | GF | V | | | | BC | P | | 6 / 227g | | | | | | | |
| 871459 001197 | 50143 | GMO | | GF | V | | | | BC | P | | 6 / 227g | | | | | | | |
| 871459 001173 | 50141 | GMO | | GF | V | | | | BC | P | | 6 / 227g | | | | | | | |
| 871459 001935 | 50114 | GMO | B | GF | V | | | | BC | P | | 3 / 2.27kg | | | | | | | |
| | 92000 | | | | | | | | BC | P | X | 1 / ea | | | | | | | |

EARTH'S OWN | DAIRY-FREE CHEESE ALTERNATIVE (REFRIGERATED)

626027 917147 **08312** GMO * BC P Cream Cheese Style Spread, Original 6 / 227g

FIELD ROAST CO. | CHAO SLICES (REFRIGERATED)

638031 705702 **65115** V CHAO slices, Creamy Original (10 slices) 8 / 200g

LE GRAND | PLANT BASED CHEESE (REFRIGERATED)

773798 012028 **19482** GMO * + P Cheese Spread, Chive & Onion, Organic 4 / 227g
 773798 012004 **19480** GMO * + P Cheese Spread, Creamy Original, Organic 4 / 227g
 773798 101562 **19483** GMO Mac 'N Cheeze Sauce, Original (spoutPak) 6 / 227g
Buy 15-24 cases Save 20%
Buy 25+ cases Save 25%

MIYOKO'S | NON-DAIRY CHEESE ALTERNATIVE (REFRIGERATED)

857554 005926 **19154** V * Aged Sharp Farmhouse Style Semi Firm Round, Organic 6 / 184g
 857554 005919 **19153** V * Aged Smoked Farmhouse Style Semi Firm Round, Organic 6 / 184g
 857554 005896 **19151** V * Vegan Mozz, Organic 6 / 227g

NUTS FOR CHEESE | FERMENTED CASHEW PRODUCT (REFRIGERATED)

627843 729624 **18652** GMO * + P Artichoke and Herb, Organic 6 / 120g
 842232 006012 **18655** GMO * + P Black Garlic, Organic 6 / 120g
 627843 729600 **18653** GMO * + P Cheddar Style, Chipotle, Organic 6 / 120g
 842232 020018 **18656** GMO * + P Sharp Cheddar, Organic 6 / 120g
 627843 729631 **18651** GMO * + P Super Blue, Organic 6 / 120g
 627843 729594 **18654** GMO * + P Un-brie-lievable, Organic 6 / 120g
Buy 5-9 cases Save 5.35
Buy 10-14 cases Save 8.00
Buy 15+ cases Save 10.70

842232 013027 **18664** GMO V * + P Cream Cheese Style Spread, Garlic & Herb, Organic 6 / 210g
 842232 014024 **18665** GMO V * + P Cream Cheese Style Spread, Lemon Dill, Organic 6 / 210g
 842232 012020 **18663** GMO V * + P Cream Cheese Style Spread, Original, Organic 6 / 210g
Buy 5-9 cases Save 4.50
Buy 10-14 cases Save 6.75
Buy 15+ cases Save 9.15

PARMELA CREAMERY | PLANT BASED CHEESE ALTERNATIVE (REFRIGERATED)

857751 008003 **21407** GMO Shreds, Mozzarella Style 8 / 198g
 857751 008010 **21406** GMO Shreds, Old Cheddar Style 8 / 198g
 857751 008034 **21411** GMO Slices, Old Cheddar Style 8 / 198g
 857751 008171 **21409** GMO Slices, Smoky Gouda Style 8 / 198g

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMQ | B | GF | V | * | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|---|---|---|

SPREAD 'EM KITCHEN CO. | CASHEW CHEESE (REFRIGERATED)

| | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|------|--|----------|
| 628176 337227 | 14677 | | | | | | | | | | BC P | Cashew Cheese, Applewood Smoked | 6 / 200g |
| 628176 337210 | 14674 | | | | | | | | | | BC P | Cashew Cheese, Apricot & Chili Delight | 6 / 200g |
| 628176 337197 | 14675 | | | | | | | | | | BC P | Cashew Cheese, Classic Greek Style | 6 / 200g |
| 628176 337203 | 14676 | | | | | | | | | | BC P | Cashew Cheese, Meadow Herb & Garlic | 6 / 200g |
| 628176 337395 | 14678 | | | | | | | | | | BC P | Cheeze Block, Truffle & Nigella Seed | 6 / 200g |
| 6281763 37067 | 14662 | | | | | | | | | | BC P | Cream Cheese-Style, Creamy Original | 8 / 185g |

Non-dairy Sour Cream & Yogurts

EARTH'S OWN | DAIRY-FREE SOUR CREAM ALTERNATIVE (REFRIGERATED)

| | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|---|--|--|------|------------------------|-----------|
| 626027 916126 | 08311 | GMQ | | | | | | * | | | BC P | Sour Cream Alternative | 6 / 340ml |
|---------------|-------|-----|--|--|--|--|--|---|--|--|------|------------------------|-----------|

SIMPLA | COCONUT PLANT-BASED YOGURT (REFRIGERATED)

| | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|---------------------------|----------|
| 627987 786439 | 25353 | | | | | | | | | | | Coconut Yogurt, Chocolate | 6 / 450g |
| 627987 786422 | 25352 | | | | | | | | | | | Coconut Yogurt, Lemon | 6 / 450g |
| 627987 786408 | 25350 | | | | | | | | | | | Coconut Yogurt, Original | 6 / 450g |
| 627987 786446 | 25351 | | | | | | | | | | | Coconut Yogurt, Vanilla | 6 / 450g |

YOGGU! | PLANT-BASED YOGURT ALTERNATIVE (REFRIGERATED)

| | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|------|----------------------------|----------|
| 627987 070811 | 56000 | | | | | | | | | | BC P | Coconut Yogurt, Mango | 6 / 450g |
| 627987 070767 | 56001 | | | | | | | | | | BC P | Coconut Yogurt, Original | 6 / 450g |
| 627987 070774 | 56002 | | | | | | | | | | BC P | Coconut Yogurt, Strawberry | 6 / 450g |
| 627987 070804 | 56003 | | | | | | | | | | BC P | Coconut Yogurt, Vanilla | 6 / 450g |

FERMENTED VEGETABLES

BUBBIES | PICKLES & SAUERKRAUT (REFRIGERATED)

| | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|---|-----------|
| 038261 957368 | 51200 | GMQ | | | | | | | | | | Pickles, Kosher Dill | 6 / 1L |
| 038261 957504 | 51201 | GMQ | | | | | | | | | | Pickles, Traditional Bread & Butter Chips | 6 / 1L |
| 038261 957474 | 51204 | GMQ | | | | | | | | | | Sauerkraut, Fermented | 6 / 750ml |

GREEN TABLE FERMENTS | CONDIMENTS (REFRIGERATED)

| | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|---|--|--|--|--|--|-----------------|-----------|
| 180071 000274 | 19606 | | | | | | | | | | | Dill Pickles | 6 / 750ml |
| 180071 000199 | 19601 | | | GF | V | | | | | | | Kimchi, Kale | 6 / 500ml |
| 180071 000182 | 19600 | GMQ | | GF | V | * | | | | | | Kimchi, organic | 6 / 500ml |

ISLAND KRAUT | RAW KRAUT (REFRIGERATED)

| | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|------|--------------|------------|
| 068532 487928 | 14434 | | | | | | | | | | BC P | Kimchi Kraut | 12 / 750ml |
| 068532 478919 | 14433 | | | | | | | | | | BC P | Sauerkraut | 12 / 750ml |

KARTHEIN'S ORGANIC | UNPASTEURIZED KIMCHI & SAUERKRAUT (REFRIGERATED)

| | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|---|--|--|--|--|------------|
| 620892 809927 | 30225 | | | | | | | * | | | | Kimchi, Raw, Unpasteurized, Organic | 12 / 375ml |
| 620892 809934 | 30376 | | | | | | | * | | | | Kimchi, Raw, Unpasteurized, Organic | 12 / 750ml |
| 620892 809903 | 30184 | | | | | | | * | | | | Sauerkraut, Beets & Ginger, Raw Unpasteurized, Organic | 12 / 375ml |
| 620892 809941 | 30182 | | | | | | | * | | | | Sauerkraut, Carrots & Ginger, Raw Unpasteurized, Organic | 12 / 375ml |
| 620892 809989 | 30221 | | | | | | | * | | | | Sauerkraut, Simple, Raw Unpasteurized, Organic | 12 / 375ml |
| 620892 809965 | 30223 | | | | | | | * | | | | Sauerkraut, Traditional, Raw Unpasteurized, Organic | 12 / 375ml |
| 620892 809910 | 30377 | | | | | | | * | | | | Sauerkraut, Beets & Ginger, Raw Unpasteurized, Organic | 12 / 750ml |
| 620892 809958 | 30375 | | | | | | | * | | | | Sauerkraut, Carrots & Ginger, Raw Unpasteurized, Organic | 12 / 750ml |
| 620892 809996 | 30185 | | | | | | | * | | | | Sauerkraut, Simple, Raw Unpasteurized, Organic | 12 / 750ml |
| 620892 809972 | 30227 | | | | | | | * | | | | Sauerkraut, Traditional, Raw Unpasteurized, Organic | 12 / 750ml |

SEOUL | KIMCHI (REFRIGERATED)

| | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|--|--|--|--|--|--|------------------------------------|----------|
| 026396 908256 | 31036 | GMQ | | GF | | | | | | | | Kimchi, Original, Keto (certified) | 6 / 396g |
| 026396 909109 | 31038 | GMQ | | GF | V | | | | | | | Kimchi, Vegan, Keto (certified) | 6 / 396g |

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

WILDBRINE | FERMENTED VEGETABLES (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|---|--|-----------|--|--|--|--|--|--|--|
| 858159 002051 | 32156 | GMO | | | | | | | | | | 6 / 500ml | | | | | | | |
| 858159 002068 | 32157 | GMO | | | | | | | | | | 6 / 500ml | | | | | | | |
| 858159 002686 | 32242 | GMO | | | | | | | | | | 6 / 500ml | | | | | | | |
| 858159 002020 | 32152 | GMO | | | | | | | | | | 6 / 500ml | | | | | | | |
| 858159 002013 | 32151 | GMO | | | | | | | | * | | 6 / 500ml | | | | | | | |
| 858159 002419 | 32220 | GMO | | | | | | | | * | | 6 / 500ml | | | | | | | |
| 858159 002044 | 32154 | GMO | | | | | | | | * | | 6 / 500ml | | | | | | | |
| 858159 002815 | 32245 | GMO | | | | | | | | * | | 6 / 500ml | | | | | | | |

FRESH CONDIMENTS, DIPS & SAUCES

ANTOINETTE'S | DIP & SAUCE (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|------|--------------------------|-----------|--|--|--|--|--|--|
| 628399 100295 | 23122 | | | | | | | | | | BC P | Dip & Sauce, Salt Spring | 6 / 375ml | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|------|--------------------------|-----------|--|--|--|--|--|--|

HABIBI'S MEDITERRANEAN | DIPS & HUMMUS (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|------|--|-----------|--|--|--|--|--|
| 683830 002224 | 14301 | | | | | | | | | | | BC P | Dip, Baba Ganoush | 6 / 200g | | | | | |
| 683830 007779 | 14300 | | | | | | | | | | | BC P | Dip, Tzatziki | 6 / 200g | | | | | |
| 683830 011233 | 14591 | | | | | | | | | | | BC P | Hummus, Beirut Style w/Za'atar & Cumin | 6 / 240g | | | | | |
| 683830 011240 | 14592 | | | | | | | | | | | BC P | Hummus, Fire Roasted Red Pepper | 6 / 240g | | | | | |
| 683830 009995 | 14590 | | | | | | | | | | | BC P | Hummus, Kalamata Olive Tapenade | 6 / 240g | | | | | |
| 683830 005553 | 14302 | | | | | | | | | | | BC P | Hummus, Sriracha Jalapeno | 6 / 240g | | | | | |
| 683830 009117 | 14531 | | | | | | | | | | | BC P | Hummus, Lebanese | 6 / 450g | | | | | |
| 683830 004440 | 14441 | | | | | | | | | | | BC P | Hummus, Basil & Garlic | 12 / 240g | | | | | |
| 683830 001111 | 14440 | | | | | | | | | | | BC P | Hummus, Lebanese Style | 12 / 240g | | | | | |

ISLANDERS MEXICAN SAUCE | FRESH AUTHENTIC SALSA (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|------|----------------------------------|------------|--|--|--|--|--|
| 628942 343155 | 14435 | | | | | | | | | | | BC P | Salsa, Sassy Tomato (mild) | 12 / 250ml | | | | | |
| 628942 343117 | 14436 | | | | | | | | | | | BC P | Salsa, Savoury Jalapeno (medium) | 12 / 250ml | | | | | |
| 628942 343124 | 14437 | | | | | | | | | | | BC P | Salsa, Spicy Lovers (hot) | 12 / 250ml | | | | | |

LE GRAND | PESTO (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|-------|---------------------------|-----------------|--|--|--|--|--|
| 773798 100220 | 19451 | | | | | | | | | | | + P | Pesto, Classic (spoutPak) | 6 / 170g | | | | | |
| 773798 100121 | 19450 | | | | | | | | | | | V + P | Pesto, Garden (spoutPak) | 6 / 170g | | | | | |
| | | | | | | | | | | | | | Buy 15-24 cases | Save 20% | | | | | |
| | | | | | | | | | | | | | Buy 25+ cases | Save 25% | | | | | |

MAISON ORPHEE | MAYONNAISE (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|-----|--------------------------------------|-----------|--|--|--|--|--|
| 069593 121462 | 33451 | | | | | | | | | | | + P | Mayonnaise | 6 / 440ml | | | | | |
| 069593 121479 | 33452 | | | | | | | | | | | + P | Mayonnaise, w/Extra Virgin Olive Oil | 6 / 440ml | | | | | |
| 069593 121684 | 33454 | | | | | | | | | | | + P | Mayonnaise, Vegan | 6 / 440ml | | | | | |

RUBY'S AUTHENTIC | CHUTNEY (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|----------|-----------------------|----------|--|--|--|--|--|
| 627843 533610 | 14040 | | | | | | | | | | | BC P X | Mango & Apple Chutney | 8 / 225g | | | | | |
| 627843 533641 | 14041 | | | | | | | | | | | B BC P X | Mango & Apple Chutney | 4 / 900g | | | | | |

SPREAD 'EM KITCHEN CO. | CASHEW DIP (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|---------|--|----------|--|--|--|--|--|
| 628176 337081 | 14663 | | | | | | | | | | | GF BC P | Cashew Dip & Crackers, Chives & Garlic | 6 / 68g | | | | | |
| 627843 428213 | 14652 | | | | | | | | | | | BC P | Cashew Dip, Beet & Balsamic | 8 / 185g | | | | | |
| 627843 428275 | 14656 | | | | | | | | | | | BC P | Creamy Cashew Dip, Chives & Garlic | 8 / 185g | | | | | |
| 627843 428305 | 14660 | | | | | | | | | | | BC P | Creamy Cashew Dip, Dill Pickle & Truffle | 8 / 185g | | | | | |
| 628176 337333 | 14651 | | | | | | | | | | | BC P | Creamy Cashew Dip, French Onion | 8 / 185g | | | | | |
| 627843 428282 | 14657 | | | | | | | | | | | BC P | Creamy Cashew Dip, Garlic Tzatziki | 8 / 185g | | | | | |
| 627843 428251 | 14655 | | | | | | | | | | | BC P | Creamy Cashew Dip, Jalapeno & Lemon | 8 / 185g | | | | | |
| 627843 428299 | 14659 | | | | | | | | | | | BC P | Creamy Cashew Dip, Spinach & Artichoke | 8 / 185g | | | | | |
| 627843 428220 | 14654 | | | | | | | | | | | BC P | Pesto Dip, Cilantro & Pumpkin Seed | 8 / 185g | | | | | |

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| UPC CODE | CODE | GMQ | B | GF | V | * | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|---|---|---|

SUNFLOWER KITCHEN | DIP & SAUCE (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|--|--|---|----|--|--|----------|--|--|--|--|--|--|
| 679514 310105 | 14273 | GMQ | | GF | | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 310068 | 14281 | GMQ | | GF | * | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 310013 | 14276 | GMQ | | GF | | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 410010 | 14419 | GMQ | | GF | | | | + | FJ | | | 8 / 500g | | | | | | |
| 679514 310112 | 14287 | GMQ | | GF | * | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 410058 | 14420 | GMQ | | GF | | | | + | FJ | | | 8 / 500g | | | | | | |
| 679514 310020 | 14278 | GMQ | | GF | | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 310044 | 14279 | GMQ | | GF | | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 310051 | 14280 | GMQ | | GF | | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 310075 | 14284 | GMQ | | GF | * | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 310082 | 14285 | GMQ | | GF | * | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 310037 | 14277 | GMQ | | GF | | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 310099 | 14286 | GMQ | | GF | * | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 311010 | 14274 | GMQ | | GF | | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 311041 | 14275 | GMQ | | GF | | | | + | FJ | | | 6 / 227g | | | | | | |
| 679514 311102 | 14282 | GMQ | | GF | | | | + | FJ | | | 6 / 227g | | | | | | |

(May ship with down to one week dating)

WILDBRINE | FERMENTED SAUCE (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|
| 858159 002082 | 32159 | GMQ | | | | | | | | | | 6 / 510ml | | | | | | |
| 858159 002716 | 32238 | GMQ | | | | | | | | | | 8 / 241g | | | | | | |

WILDVINE | PICKLED VEGETABLES

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|--|
| 857859 007649 | 32248 | GMQ | | | | | | | | | | 6 / 591ml | | | | | | |
| 857859 007625 | 32247 | GMQ | | | | | | | | | | 6 / 591ml | | | | | | |
| 857859 007656 | 32249 | GMQ | | | | | | | | | | 6 / 591ml | | | | | | |
| 857859 007632 | 32246 | GMQ | | | | | | | | | | 6 / 591ml | | | | | | |

FRESH MEALS & SOUPS

HAPPY PLANET | SOUP (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|---|----|----|--|--|--|--|-----------|--|--|--|--|--|--|
| 779172 611054 | 38884 | GMQ | | | * | BC | FJ | | | | | 6 / 650ml | | | | | | |
| 779172 611030 | 38883 | GMQ | | | * | BC | FJ | | | | | 6 / 650ml | | | | | | |
| 779172 611023 | 38882 | GMQ | | | * | BC | FJ | | | | | 6 / 650ml | | | | | | |
| 779172 611016 | 38881 | GMQ | | | * | BC | FJ | | | | | 6 / 650ml | | | | | | |
| 779172 611061 | 38885 | GMQ | | | * | BC | FJ | | | | | 6 / 650ml | | | | | | |
| 779172 667266 | 38894 | | | | | BC | FJ | | | | | 6 / 500ml | | | | | | |
| 779172 667501 | 38893 | | | | | BC | FJ | | | | | 6 / 500ml | | | | | | |
| 779172 667525 | 38899 | | | | | BC | FJ | | | | | 6 / 500ml | | | | | | |

COLD COFFEES, JUICES, SMOOTHIES & FUNCTIONAL BEVERAGES

Note: Due to provincial regulation differences regarding beverage container remittance, PSC does not sell beverage outside of B.C. We apologize for any inconvenience.

BREW DR. KOMBUCHA | KOMBUCHA (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|---|--|--|--|--|--|--|------------|--|--|--|--|--|---|---|---|
| 851107 003001 | 15221 | GMQ | | | * | | | | | | | 12 / 414ml | | | | | | G | P | U |
| 851107 003629 | 15222 | GMQ | | | * | | | | | | | 12 / 414ml | | | | | | G | P | U |
| 857161 008464 | 16216 | GMQ | | | * | | | | | | | 12 / 414ml | | | | | | G | P | U |
| 851107 003049 | 15223 | GMQ | | | * | | | | | | | 12 / 414ml | | | | | | G | P | U |
| 851107 003070 | 15224 | GMQ | | | * | | | | | | | 12 / 414ml | | | | | | G | P | U |
| 857161 008921 | 16221 | GMQ | | | * | | | | | | | 12 / 414ml | | | | | | G | P | U |
| 857161 008914 | 16220 | GMQ | | | * | | | | | | | 12 / 414ml | | | | | | G | P | U |
| 851107 003032 | 15227 | GMQ | | | * | | | | | | | 12 / 414ml | | | | | | G | P | U |
| 857161 008457 | 16215 | GMQ | | | * | | | | | | | 12 / 414ml | | | | | | G | P | U |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | F | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

GT'S | SYNERGY RAW KOMBUCHA (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|--|--|------------|--|--|--|--|--|--|---|---|---|
| 722430 300177 | 05138 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 800172 | 05137 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 200170 | 05135 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 600178 | 05182 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 420172 | 05400 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 900179 | 05215 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 710174 | 05405 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 140179 | 05136 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 500171 | 05214 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 750170 | 05130 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 000176 | 05134 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 920177 | 05187 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 910178 | 05403 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 400174 | 05131 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 110172 | 05139 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 340173 | 05258 | GMO | | | | | | | | | | 12 / 480ml | | | | | | | G | P | U |
| 722430 800479 | 05267 | GMO | | | | | | | | | | 6 / 1.4L | | | | | | | G | P | U |
| 722430 200477 | 05260 | GMO | | | | | | | | | | 6 / 1.4L | | | | | | | G | P | U |
| 722430 600475 | 05263 | GMO | | | | | | | | | | 6 / 1.4L | | | | | | | G | P | U |
| 722430 900476 | 05264 | GMO | | | | | | | | | | 6 / 1.4L | | | | | | | G | P | U |
| 722430 500478 | 05266 | GMO | | | | | | | | | | 6 / 1.4L | | | | | | | G | P | U |
| 722430 110479 | 05261 | GMO | | | | | | | | | | 6 / 1.4L | | | | | | | G | P | U |

HAPPY PLANET | JUICE & SMOOTHIES (REFRIGERATED)

Please note: Organic Lemonade is a seasonal product and only available in the summer months

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|---|--|----|---|--|--|-----------|--|--|--|--|--|---|--|---|
| 779172 243903 | 01342 | GMO | | | | | @ | | BC | F | | | 6 / 900ml | | | | | | | | U |
| 779172 243910 | 01341 | GMO | | | | | | | BC | F | | | 6 / 900ml | | | | | | G | | U |
| 779172 243033 | 01344 | GMO | | | | | | | BC | F | | | 6 / 900ml | | | | | | G | | U |
| 779172 417199 | 06260 | GMO | | | | | * | | BC | F | | | 6 / 1.75L | | | | | | | | U |
| 779172 417366 | 06506 | GMO | | | | | * | | BC | F | | | 6 / 1.75L | | | | | | | | U |
| 779172 417021 | 06258 | GMO | | | | | * | | BC | F | | | 6 / 1.75L | | | | | | | | U |

HARMLESS HARVEST | COCONUT BEVERAGES (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|---|---|--|--|--|--|------------|--|--|--|--|--|--|--|---|
| 810068 900644 | 23534 | | | | | | * | @ | | | | | 6 / 296ml | | | | | | | | U |
| 810068 900668 | 23535 | | | | | | * | @ | | | | | 6 / 296ml | | | | | | | | U |
| 810068 900637 | 23533 | | | | | | * | @ | | | | | 6 / 296ml | | | | | | | | U |
| 810068 900408 | 23532 | GMO | | | | | * | @ | | | | | 6 / 296ml | | | | | | | | U |
| 810068 900651 | 23536 | | | | | | * | @ | | | | | 6 / 473ml | | | | | | | | U |
| 810068 900385 | 23530 | | | | | | * | @ | | | | | 12 / 473ml | | | | | | | | U |
| 810068 900392 | 23531 | | | | | | * | @ | | | | | 6 / 946ml | | | | | | | | U |

HEALTH-ADE | KOMBUCHA (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|----|---|---|--|--|------------|--|--|--|--|--|--|---|---|---|
| 811184 031885 | 17709 | GMO | | | | | | | GF | V | * | | | 12 / 473ml | | | | | | | G | P | U |
| 811184 030048 | 17704 | GMO | | | | | | | GF | V | * | | | 12 / 473ml | | | | | | | G | P | U |
| 811184 030031 | 17700 | GMO | | | | | | | GF | V | * | | | 12 / 473ml | | | | | | | G | P | U |
| 811184 030000 | 17701 | GMO | | | | | | | GF | V | * | | | 12 / 473ml | | | | | | | G | P | U |
| 811184 031892 | 17708 | GMO | | | | | | | GF | V | * | | | 12 / 473ml | | | | | | | G | P | U |
| 811184 030017 | 17702 | GMO | | | | | | | GF | V | * | | | 12 / 473ml | | | | | | | G | P | U |
| 811184 030024 | 17703 | GMO | | | | | | | GF | V | * | | | 12 / 473ml | | | | | | | G | P | U |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | F | X | PACK | SIZE | | | | G | P | U |
|---|--------------|-----|---|----|--------|---|---|---|---|---|------|------------|--|--|--|---|---|-------|
| HOOCHY 'BOOCH KOMBUCHA (REFRIGERATED) | | | | | | | | | | | | | | | | | | |
| 628504 732205 | 17315 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 628504 732274 | 17314 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 628504 732229 | 17319 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 628504 732298 | 17316 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 628504 732212 | 17317 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 628504 732243 | 17318 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| KINDRED CULTURES PROBIOTIC WATER KEFIR (REFRIGERATED) | | | | | | | | | | | | | | | | | | |
| 628504 073377 | 23632 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 628504 073391 | 23633 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 628504 073414 | 23634 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 628504 073438 | 23635 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| LOOP MISSION COLD-PRESSED JUICE & SMOOTHIES (REFRIGERATED) | | | | | | | | | | | | | | | | | | |
| 056719 900445 | 11208 | GMO | | | | | | | | | | 6 / 355ml | | | | | | U |
| 056719 900063 | 11202 | GMO | | | | | | | | | | 6 / 355ml | | | | | | U |
| 056719 900025 | 11200 | GMO | | | | | | | | | | 6 / 355ml | | | | | | U |
| 056719 900124 | 11240 | GMO | | | | | | | | | | 6 / 355ml | | | | | | U |
| 056719 900100 | 11241 | GMO | | | | | | | | | | 6 / 355ml | | | | | | U |
| 056719 901022 | 11250 | GMO | | | | | | | | | | 6 / 355ml | | | | | | U |
| 056719 900872 | 11249 | GMO | | | | | | | | | | 6 / 355ml | | | | | | G U |
| 056719 900865 | 11248 | GMO | | | | | | | | | | 6 / 355ml | | | | | | G U |
| 056719 900186 | 11220 | GMO | | | | | | | | | | 6 / 1L | | | | | | U |
| 056719 900452 | 11226 | GMO | | | | | | | | | | 6 / 1L | | | | | | U |
| LOOP MISSION PROBIOTIC SODA (REFRIGERATED) | | | | | | | | | | | | | | | | | | |
| 056719 900377 | 11232 | GMO | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 056719 900087 | 11233 | | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 056719 900094 | 11231 | GMO | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| 056719 900070 | 11230 | GMO | | | | | | | | | | 12 / 355ml | | | | | | G P U |
| RISE BOTANICALS SPARKLING APAPTOGENIC BEVERAGE (REFRIGERATED) | | | | | | | | | | | | | | | | | | |
| 818762 006235 | 15332 | GMO | | | | * | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 005429 | 15333 | GMO | | | | * | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 004613 | 15334 | GMO | | | | * | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 007515 | 15335 | GMO | | | | * | | | | | | 12 / 414ml | | | | | | G P U |
| RISE KOMBUCHA (REFRIGERATED) | | | | | | | | | | | | | | | | | | |
| 818762 001803 | 15322 | | | | V * | | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 001810 | 15323 | | | | V * | | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 001827 | 15324 | | | | V * | | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 001834 | 15325 | | | | V * | | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 001902 | 15315 | GMO | | | V * | | | | | | | 6 / 1L | | | | | | G P U |
| 818762 001919 | 15316 | GMO | | | V * | | | | | | | 6 / 1L | | | | | | G P U |
| 818762 001926 | 15317 | GMO | | | V * | | | | | | | 6 / 1L | | | | | | G P U |
| 818762 001933 | 15318 | GMO | | | V * | | | | | | | 6 / 1L | | | | | | G P U |
| 818762 000042 | 15304 | GMO | | | GF V * | | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 000011 | 15301 | GMO | | | GF V * | | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 000035 | 15302 | GMO | | | GF V * | | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 002008 | 15327 | GMO | | | | * | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 001063 | 15320 | GMO | | | V * | | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 001032 | 15305 | GMO | | | GF V * | | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 001056 | 15321 | GMO | | | V * | | | | | | | 12 / 414ml | | | | | | G P U |
| 818762 002015 | 15326 | GMO | | | | * | | | | | | 12 / 414ml | | | | | | G P U |

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| UPC CODE | CODE | GMØ | B | GF | V* | @ | + | Fj | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|----|---|---|----|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|----|---|---|----|---|------|------|--|--|--|--|---|---|---|

HORNBY ISLAND | VEGGIE PÂTÉ (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|------|--------------------------------|----|--------|--|--|--|--|--|
| 627843 360605 | 14403 | | | | | | | | | BC P | Veggie Pate, Herb | 12 | / 225g | | | | | |
| 627843 382843 | 14451 | | | | | | | | | BC P | Veggie Pate, Red Pepper Garlic | 12 | / 225g | | | | | |

SAVE DA SEA | PLANT-BASED SEAFOOD (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|------|--------------------------------|---|--------|--|--|--|--|--|
| 627987 308181 | 40450 | | | | | | | | | BC P | Smoked Salmon | 6 | / 100g | | | | | |
| 627987 308228 | 40452 | | | | | | | | | BC P | Smoked Salmon, w/Dill & Capers | 6 | / 100g | | | | | |
| 627987 308204 | 40451 | | | | | | | | | BC P | Tuna Salad | 6 | / 100g | | | | | |

TOFURKY | MEAT ALTERNATIVE (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|----|--------|--|--|--|--|--|
| 025583 004313 | 57072 | | | | | | | | | | Deli Slices, Hickory Smoked | 12 | / 156g | | | | | |
| 025583 004306 | 57071 | | | | | | | | | | Deli Slices, Oven Roasted Tofurky | 12 | / 156g | | | | | |
| 025583 004320 | 57080 | | | | | | | | | | Deli Slices, Peppered (pastrami-style) | 12 | / 156g | | | | | |
| 025583 006119 | 57077 | | | | | | | | | | Sausages, Beer Brats | 12 | / 397g | | | | | |
| 025583 006126 | 57078 | GMØ | | | | | | | | | Sausages, Italian | 12 | / 397g | | | | | |
| 025583 006133 | 57079 | GMØ | | | | | | | | | Sausages, Kielbasa | 12 | / 397g | | | | | |
| 025583 005303 | 54605 | | | | | | | | | | Slow Roasted Chick'n, Lightly Seasoned | 5 | / 227g | | | | | |
| 025583 005334 | 54607 | | | | | | | | | | Slow Roasted Chick'n, Sesame-Garlic | 5 | / 227g | | | | | |
| 025583 005358 | 54606 | | | | | | | | | | Slow Roasted Chick'n, Thai Basil | 5 | / 227g | | | | | |

YVES | VEGGIE CUISINE MEAT ALTERNATIVE (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|---|--|---|---|--|--|---|--|--|----|--------|--|--|--|--|--|
| 060822 000084 | 40518 | GMØ | | | V | + | | | | | Veggie Dogs (6pk) | 12 | / 275g | | | | | |
| 060822 003016 | 40560 | GMØ | | | V | + | | | | | Veggie Ground Round, Original | 12 | / 340g | | | | | |
| 060822 001303 | 91284 | GMØ | B | | V | + | | | X | | Veggie Ground Round (frozen) (S/O) | 6 | / 1kg | | | | | |
| 060822 001227 | 91285 | GMØ | B | | V | + | | | X | | Veggie Pepperoni Slices (frozen) (S/O) | 5 | / 1kg | | | | | |

SNACKS

MID-DAY SQUARES | FUNCTIONAL CHOCOLATE (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|---|---|---|---|--|-------------------------|----|---------|--|--|--|--|---|
| 877977 000292 | 50259 | GMØ | | | V | @ | + | P | | | Square, Cookie Dough | 5 | / 4x33g | | | | | G |
| 877977 000278 | 50258 | GMØ | | | V | @ | + | P | | | Square, Peanut Butta | 5 | / 4x33g | | | | | G |
| 877977 000032 | 50255 | GMØ | | | V | @ | + | P | X | | Squares, Almond Crunch | 12 | / 33g | | | | | G |
| 877977 000001 | 50254 | GMØ | | | V | @ | + | P | X | | Squares, Brownie Batter | 12 | / 33g | | | | | G |
| 877977 000186 | 50257 | GMØ | | | V | @ | + | P | X | | Squares, Cookie Dough | 12 | / 33g | | | | | G |
| 877977 000063 | 50256 | GMØ | | | V | @ | + | P | X | | Squares, Peanut Butta | 12 | / 33g | | | | | G |

TOFU & ASIAN CUISINE

AMANO | MISO (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|---|--|---|--|--|----|---|--|-----------------------|----|-----------|--|--|--|--|--|
| 067334 070024 | 40005 | GMØ | | | * | | | BC | P | | Miso, Aka, Organic | 12 | / 400g | | | | | |
| 067334 070031 | 40010 | GMØ | | | * | | | BC | P | | Miso, Genmai, Organic | 12 | / 400g | | | | | |
| 067334 070048 | 40007 | GMØ | | | * | | | BC | P | | Miso, Mugi, Organic | 12 | / 400g | | | | | |
| 067334 070017 | 40015 | GMØ | | | * | | | BC | P | | Miso, Shiro, Organic | 12 | / 400g | | | | | |
| 067334 001028 | 40061 | GMØ | | | * | | | BC | P | | Miso, Aka, Organic | 10 | / 1kg | | | | | |
| 067334 001035 | 40059 | GMØ | | | * | | | BC | P | | Miso, Genmai, Organic | 10 | / 1kg | | | | | |
| 067334 001011 | 40062 | GMØ | | | * | | | BC | P | | Miso, Shiro, Organic | 10 | / 1kg | | | | | |
| 067334 005026 | 40065 | GMØ | B | | * | | | BC | P | | Miso, Aka, Organic | 1 | / 2.27kg | | | | | |
| 067334 005019 | 40060 | GMØ | B | | * | | | BC | P | | Miso, Shiro, Organic | 1 | / 2.27kg | | | | | |
| 067334 025024 | 40063 | GMØ | B | | * | | | BC | P | | Miso, Aka, Organic | 1 | / 11.36kg | | | | | |

BIG MOUNTAIN | SOY-FREE TOFU (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|----|---|--|-----------------------------------|---|--------|--|--|--|--|--|
| 777744 000107 | 38013 | GMØ | | | V | | | BC | P | | Soy-Free Tofu, Medium Firm | 8 | / 340g | | | | | |
| 777744 000121 | 38014 | GMØ | | | V | | | BC | P | | Soy-Free Tofu, Super Smoked, Firm | 8 | / 280g | | | | | |

GREEN CUISINE | MOCHI, TEMPEH & TOFU (REFRIGERATED)

See Frozen meat alternatives for more selections

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|---|--|--|----|---|---|-----------------------------------|---|---------|--|--|--|--|--|
| 068532 730017 | 24054 | | | | * | | | BC | P | X | MOCHI, Brown Rice, Organic | 1 | / 284ml | | | | | |
| 068532 730024 | 24055 | | | | * | | | BC | P | X | MOCHI, Raisin & Cinnamon, Organic | 1 | / 284ml | | | | | |
| 068532 006174 | 40538 | | | | * | | | BC | P | X | TEMPEH, BBQ Burgers, Organic | 1 | / 170g | | | | | |
| 068532 700034 | 40537 | | | | * | | | BC | P | X | TEMPEH, Indonesian, Organic | 1 | / 225g | | | | | |
| 068532 765477 | 40530 | | | | | | | BC | P | X | TEMPEH, Miso Gravy | 1 | / 225g | | | | | |
| 068532 000271 | 40536 | | | | * | | | BC | P | X | TEMPEH, Original Burgers, Organic | 1 | / 170g | | | | | |

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|---------------|--------------|-----|---|----|---|---|---|---|---|---|------|-----------------------------------|-----------|--|--|---|---|---|
| 068532 113926 | 40526 | | | | | | * | | | | BC P | X TEMPEH, Simply Soybean, Organic | 1 / 225g | | | | | |
| 068532 700041 | 40541 | | | | | | * | | | | BC P | X TEMPEH, Smoked, Organic | 1 / 225g | | | | | |
| 068532 612344 | 40540 | | | | | | | | | | BC P | TEMPEH, Sunseed | 1 / 225g | | | | | |
| 068532 654368 | 40531 | | | | | | | | | | BC P | X TEMPEH, Sweet Chili | 1 / 225g | | | | | |
| 068532 000264 | 40542 | | | | | | * | | | | BC P | X TOFU, Baked, Organic | 1 / 225g | | | | | |
| 068532 000998 | 40230 | | | | | | * | | | | BC P | X TOFU, Extra Firm, Organic | 1 / 454g | | | | | |
| 068532 000103 | 40228 | | | | | | * | | | | BC P | X TOFU, Medium, Organic | 1 / 454g | | | | | |
| 068532 000547 | 40544 | GMQ | | | | | * | | | | BC P | TOFU, Smoked Cutlets, Organic | 1 / 225g | | | | | |
| | 40106 | | B | | | | * | | | | BC P | X TOFU, Extra Firm, Bulk, Organic | 1 / 5.4kg | | | | | |
| | 91032 | | | | | | | | | | | X Display Tray (S/O) | 1 / 1ea | | | | | |

OOME | SMOKED TOFU (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|---|--|--|--|------|-------------------------|----------|--|--|--|--|--|
| 627987 908923 | 40340 | GMQ | | | | | * | | | | BC P | Smoked Tofu, Greek | 6 / 220g | | | | | |
| 627987 908947 | 40341 | GMQ | | | | | * | | | | BC P | Smoked Tofu, Just Smoke | 6 / 220g | | | | | |
| 627987 908978 | 40342 | GMQ | | | | | * | | | | BC P | Smoked Tofu, Maple Soy | 6 / 220g | | | | | |

SOYA NOVA | TOFU (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|---|--|--|--|------|--|----------|--|--|--|--|--|
| 813696 000120 | 40317 | | | | | | * | | | | BC P | Tofu, Finest Medium Firm (made w/organic soybeans) | 1 / 400g | | | | | |
| 813696 000939 | 40316 | | | | | | * | | | | BC P | Tofu, Smoked, Garlic, Dill & Chilli Pepper (made w/organic soybeans) | 1 / 200g | | | | | |
| 813696 000144 | 40314 | | | | | | * | | | | BC P | Tofu, Smoked, Westcoast (made w/organic soybeans) | 1 / 225g | | | | | |
| 813696 001561 | 40315 | | | | | | * | | | | BC P | Tofu, Sprouted Soybean (made w/organic soybeans) | 1 / 300g | | | | | |

SUPERIOR NATURAL | TOFU (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|---|--|--|--|------|------------------------------------|-----------|--|--|--|--|--|
| 777433 001064 | 40322 | GMQ | | | | | * | | | | BC P | Tofu, Extra Firm, Organic | 12 / 350g | | | | | |
| 777433 012404 | 40323 | GMQ | | | | | * | | | | P | Tofu, Firm, Organic | 12 / 454g | | | | | |
| 777433 000302 | 40335 | GMQ | | | | | * | | | | BC P | Tofu, Fried | 12 / 360g | | | | | |
| 777433 012411 | 40324 | GMQ | | | | | * | | | | P | Tofu, Medium Firm, Organic | 12 / 454g | | | | | |
| 777433 001101 | 40012 | GMQ | | | | | * | | | | BC P | Tofu, Pressed, Organic | 12 / 280g | | | | | |
| 777433 012480 | 40325 | GMQ | | | | | * | | | | P | Tofu, Silken (water pack), Organic | 12 / 454g | | | | | |

WILDWOOD ORGANICS | TOFU (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|---|--|--|--|--|------------------------------------|-----------|--|--|--|--|--|
| 030871 704417 | 55081 | GMQ | | GF | | | * | | | | | Tofu, Firm, Organic (2-pack) | 12 / 439g | | | | | |
| 030871 701041 | 55082 | GMQ | | GF | | | * | | | | | Tofu, Extra Firm, Organic (2-pack) | 12 / 439g | | | | | |

OILS

OMEGA NUTRITION | EFA OIL (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|---|----|--|--|---|--|--|--|---|---|------------|--|--|--|--|---|
| 055358 351021 | 85052 | | | GF | | | * | | | | P | Coconut Oil, Virgin, Organic (plastic jar) | 6 / 454g | | | | | |
| 055358 350055 | 28047 | | B | GF | | | * | | | | P | Coconut Oil, Aroma Free, Organic (plastic jar) | 4 / 3.17kg | | | | | |
| 055358 114404 | 85039 | | | GF | | | * | | | | P | Essential Balance Oil Blend, Organic (plastic bottle) | 12 / 355ml | | | | | G |
| 055358 114459 | 85040 | | | GF | | | * | | | | P | Essential Balance Oil Blend, Organic (plastic bottle) | 6 / 946ml | | | | | G |
| 055358 117009 | 85032 | | | GF | | | * | | | | P | Flax Oil, Garlic-Chili, Organic (plastic bottle) | 12 / 355ml | | | | | |
| 055358 114107 | 85036 | | | GF | | | * | | | | P | Flax Oil, Organic (plastic bottle) | 12 / 355ml | | | | | |
| 055358 114206 | 85046 | | | GF | | | * | | | | P | Flax Oil, Organic (plastic bottle) | 6 / 946ml | | | | | |

NUTRITIONAL SUPPLEMENTS & PROBIOTICS

BIO-K PLUS | PROBIOTIC (REFRIGERATED)

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|---|--|--|--|---|---|----------|--|--|--|--|---|
| 626608 000091 | 07312 | | | GF | | | + | | | | X | BIO-KIDZ, Fermented Dairy Probiotic, Strawberry | 6 / 98g | | | | | G |
| 626608 007113 | 07453 | GMQ | | GF | | | + | | | | X | Active Probiotic Shot, Raspberry (12.5 billion CFU) | 6 / 98g | | | | | G |
| 626608 007090 | 07454 | GMQ | | GF | | | + | | | | X | Active Probiotic Shot, Strawberry (12.5 billion CFU) | 6 / 98g | | | | | G |
| 626608 000169 | 07383 | | | | | | + | | | | X | Capsules, IBS Control | 1 / 30ct | | | | | G |
| 626608 001500 | 07316 | | | | | | + | | | | X | Capsules, Strong (50 Billion) | 1 / 15ct | | | | | G |
| 626608 000770 | 07302 | | | GF | | | + | | | | P | X Fermented Dairy Probiotic, Original | 12 / 98g | | | | | G |
| 626608 000442 | 07306 | | | GF | | | + | | | | P | X Fermented Dairy Probiotic, Vanilla | 12 / 98g | | | | | G |
| 626608 008028 | 07451 | GMQ | | GF | | | * | | | | X | Extra, Fermented Oat & Pumpkin Seeds, Cereboost Peach & Turmeric, Organic | 6 / 98g | | | | | G |
| 626608 008066 | 07450 | GMQ | | GF | | | * | | | | X | Extra, Fermented Oat & Pumpkin Seeds, Wellmune Elderberry, Organic | 6 / 98g | | | | | G |

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| UPC CODE | CODE | GMQ | B | GF | V | @ | + | P | X | PACK | SIZE | G | P | U |
|---------------|--------------|-----|---|----|---|---|---|---|---|------|----------|---|---|---|
| 626608 000763 | 07301 | | | GF | | | | | | | 6 / 98g | | | G |
| 626608 000961 | 07307 | | | GF | | | | | | | 6 / 98g | | | G |
| 626608 000336 | 07305 | | | GF | | | | | | | 6 / 98g | | | G |
| 626608 000022 | 07384 | GMQ | | GF | | | | | | | 6 / 98g | | | G |
| 626608 000268 | 07309 | GMQ | | GF | * | | | | | | 6 / 98g | | | G |
| 626608 000862 | 07303 | GMQ | | GF | | | | | | | 6 / 98g | | | G |
| 626608 000978 | 07308 | GMQ | | GF | | | | | | | 12 / 98g | | | G |
| 626608 002125 | 07310 | | | GF | * | | | | | | 12 / 98g | | | G |
| 626608 000879 | 07304 | | | GF | | | | | | | 12 / 98g | | | G |

THE CULTURED COCONUT | PROBIOTIC (REFRIGERATED)

| | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|---|--|--|--|--|--|-----------|--|--|---|
| 628250 991017 | 14851 | | | | * | | | | | | 6 / 460ml | | | G |
|---------------|--------------|--|--|--|---|--|--|--|--|--|-----------|--|--|---|

FROZEN

FROZEN BREAD

Breads, Bagels, Buns & English Muffins

ALKEME | GLUTEN FREE SOURDOUGH (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|--|--|--|------|--|-----------|--|--|--|
| 854278 001210 | 40754 | GMQ | | GF | | | | | BC P | X Sourdough Bagels, Everything (6ct) | 10 / 660g | | | |
| 854278 001203 | 40755 | GMQ | | GF | | | | | BC P | X Sourdough Bagels, Original (6ct) | 10 / 660g | | | |
| 854278 001036 | 40751 | GMQ | | GF | | | | | BC P | X Sourdough Bread, Ancient Grains | 10 / 725g | | | |
| 854278 001029 | 40750 | GMQ | | GF | | | | | BC P | X Sourdough Bread, Country Loaf | 10 / 725g | | | |
| 854278 001111 | 40752 | GMQ | | GF | | | | | BC P | X Sourdough Demi Baguettes | 10 / 2ct | | | |
| 854278 001128 | 40753 | GMQ | | GF | | | | | BC P | X Sourdough Demi Baguettes, Poppy Seed | 10 / 2ct | | | |

FOOD FOR LIFE | BREADS, BUNS & ENGLISH MUFFINS (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|--|--|---|----------|--|--|--|
| 073472 001691 | 55538 | GMQ | | | | | | | | X BREAD, Brown Rice, Fruit Juice Sweetened | 6 / 680g | | | |
| 073472 001318 | 55532 | | | | * | | | | | X BREAD, Ezekiel 4:9, Cinnamon Raisin, Organic | 6 / 680g | | | |
| 073472 001530 | 55534 | | | | * | | | | | X BREAD, Ezekiel 4:9, Low Sodium, Organic | 6 / 680g | | | |
| 073472 001202 | 55530 | | | | * | | | | | X BREAD, Ezekiel 4:9, Organic | 6 / 680g | | | |
| 073472 001233 | 55531 | | | | * | | | | | X BREAD, Ezekiel 4:9, Sesame, Organic | 6 / 680g | | | |
| 073472 001417 | 55533 | | | | * | | | | | X BREAD, Genesis 1:29, Sprouted Grain & Seed, Organic | 6 / 680g | | | |
| 073472 001851 | 55595 | GMQ | | | | | | | | X ENGLISH MUFFINS, Brown Rice | 6 / 510g | | | |
| 073472 001172 | 55547 | | | | * | | | | | X ENGLISH MUFFINS, Ezekiel 4:9, Cinnamon Raisin, Organic | 6 / 454g | | | |
| 073472 001196 | 55546 | | | | * | | | | | X ENGLISH MUFFINS, Ezekiel 4:9, Sprouted Whole Grain, Organic | 6 / 454g | | | |

KINNIKINNICK | GLUTEN FREE BREAD PRODUCTS (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|---|--|--|--|--|--|----------|--|--|--|
| 620133 000694 | 58083 | | | GF | V | | | | | + P x Artisan Dinner Rolls (6pk) | 6 / 294g | | | |
| 620133 000540 | 58078 | | | GF | | | | | | + P X English Muffins, Traditional (6pk) | 6 / 354g | | | |
| 620133 000458 | 54348 | | | GF | V | | | | | + P X Bread, Multigrain | 6 / 454g | | | |
| 620133 000441 | 54342 | | | GF | V | | | | | + P X Bread, White | 6 / 454g | | | |
| 620133 000762 | 58075 | | | GF | V | | | | | + P X Bread, Whole Grain | 6 / 504g | | | |
| 620133 000748 | 54343 | | | GF | V | | | | | + P X Buns, Hotdog (4pk) | 6 / 285g | | | |
| 620133 000731 | 54345 | | | GF | V | | | | | + P X Buns, Hamburger (4pk) | 6 / 245g | | | |
| 620133 001721 | 54684 | | | | | | | | | + P X Soft Bagels, Blueberry (4pk) | 6 / 344g | | | |

MANNA ORGANICS | MIGHTY MANNA BREAD (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|--|--|--|----------|--|--|--|
| 058449 000037 | 54814 | GMQ | | | * | | | | | X MIGHTY MANNA, Carrot Raisin, Organic | 8 / 400g | | | |
| 058449 708018 | 54819 | GMQ | | | * | | | | | X MIGHTY MANNA, Cinnamon Date, Organic | 8 / 400g | | | |
| 058449 000266 | 54832 | GMQ | | | * | | | | | X MIGHTY MANNA, Fig Fennel & Flax, Organic | 8 / 350g | | | |
| 058449 000099 | 54818 | GMQ | | | * | | | | | X MIGHTY MANNA, Fruit & Nut, Organic | 8 / 400g | | | |
| 058449 000051 | 54816 | GMQ | | | * | | | | | X MIGHTY MANNA, Whole Rye, Organic | 8 / 400g | | | |

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| UPC CODE | CODE | GMQ | B | GF | V | @ | + | FJ | X | PACK | SIZE | G | P | U |
|----------|------|-----|---|----|---|---|---|----|---|------|------|---|---|---|
|----------|------|-----|---|----|---|---|---|----|---|------|------|---|---|---|

O'DOUGHES | BREAD, BUNS & BAGELS (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|-----|----|---|--|--|---|---|---|---|----------|--|--|--|
| 698433 000003 | 54598 | GMQ | GF | V | | | + | ℘ | X | Bread, Flax | 6 / 700g | | | |
| 698433 000027 | 54599 | GMQ | GF | V | | | + | ℘ | X | Bread, White | 6 / 700g | | | |
| 698433 000744 | 54613 | GMQ | GF | V | | | + | ℘ | X | Buns, Hamburger | 6 / 400g | | | |
| 698433 001208 | 54651 | GMQ | GF | V | | | + | ℘ | X | THINS, Bagel, Everything | 6 / 300g | | | |
| 698433 000843 | 54616 | GMQ | GF | V | | | + | ℘ | X | THINS, Bagel, Original | 6 / 300g | | | |
| 698433 001192 | 54650 | GMQ | GF | V | | | + | ℘ | X | THINS, Bagel, Sesame | 6 / 300g | | | |
| 698433 000850 | 54617 | GMQ | GF | V | | | + | ℘ | X | THINS, Bagel, Sprouted Whole Grain Flax | 6 / 300g | | | |
| 698433 001116 | 54621 | GMQ | GF | V | | | + | ℘ | X | THINS, Sandwich, Multigrain | 6 / 510g | | | |
| 698433 001109 | 54619 | GMQ | GF | V | | | + | ℘ | X | THINS, Sandwich, Original | 6 / 510g | | | |

OZERY FAMILY BAKERY | BUNS (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|---|---|---|---|----------|--|--|--|
| 664164 100091 | 55357 | GMQ | | | | | + | ℘ | X | MORNING ROUNDS Breakfast Buns, Apple Cinnamon | 6 / 450g | | | |
| 664164 100084 | 55356 | GMQ | | | | | + | ℘ | X | MORNING ROUNDS Breakfast Buns, Muesli | 6 / 450g | | | |
| 664164 100411 | 55359 | GMQ | | | | | + | ℘ | X | ONEBUN Pre-sliced Sandwich Buns, Multigrain | 6 / 600g | | | |
| 664164 100510 | 55364 | GMQ | | | | | + | ℘ | X | ONEBUN Pre-sliced Sandwich Buns, Multigrain 100 Calorie | 6 / 320g | | | |

PORTOFINO BAKERY | BREAD & BUNS (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|---|---|---|-----------|--|--|--|
| 661172 020397 | 40174 | | | | | | | ℘ | X | Artisan Buns, Brioche Deluxe | 12 / 480g | | | |
| 661172 022889 | 40177 | | | | | | | ℘ | X | Artisan Buns, Brioche Hot Dog Deluxe | 12 / 390g | | | |
| 661172 022841 | 40175 | | | | | | | ℘ | X | Artisan Buns, Golden Potato | 12 / 540g | | | |
| 661172 023107 | 40187 | | | | | | | ℘ | X | Artisan Buns, Pretzel Kaiser | 16 / 440g | | | |
| 661172 018080 | 40178 | | | | | | | ℘ | X | Artisan Loaf, European Dark Rye, sliced | 10 / 630g | | | |
| 661172 023022 | 40193 | | | | | | | ℘ | X | Artisan Loaf, French White, sliced 5/8" (food service loaf) | 8 / 970g | | | |
| 661172 018165 | 40170 | | | | | | | ℘ | X | Artisan Loaf, Peasant, sliced | 10 / 585g | | | |
| 661172 018189 | 40171 | | | | | | | ℘ | X | Artisan Loaf, Roasted Garlic & Cracked Pepper, sliced | 10 / 585g | | | |
| 661172 018097 | 40179 | | | | | | | ℘ | X | Artisan Loaf, Rustic Multigrain, sliced | 10 / 700g | | | |
| 661172 018110 | 40173 | | | | | | | ℘ | X | Artisan Loaf, Seeded Hearth, sliced | 10 / 600g | | | |
| 661172 018158 | 40172 | | | | | | | ℘ | X | Artisan Loaf, Sourdough, sliced | 10 / 585g | | | |
| 661172 022803 | 40180 | | | | | | | ℘ | X | Artisan Loaf, West Coast 5 Grain, sliced | 10 / 585g | | | |
| 661172 020687 | 40181 | | | | | | | ℘ | X | Artisan Loaf, Western Harvest, sliced | 10 / 675g | | | |
| 661172 000061 | 40182 | | | | | | | ℘ | X | Pan Loaf, Multigrain, sliced | 12 / 810g | | | |
| 661172 000092 | 40183 | | | | | | | ℘ | X | Pan Loaf, Sourdough, sliced | 12 / 810g | | | |
| 661172 020694 | 40184 | | | | | | | ℘ | X | Pan Loaf, Western Harvest, sliced | 12 / 810g | | | |
| 661172 000115 | 40185 | | | | | | | ℘ | X | Pan Loaf, White, sliced | 12 / 720g | | | |
| 661172 000122 | 40186 | | | | | | | ℘ | X | Pan Loaf, Whole Wheat, sliced | 12 / 720g | | | |

Sell By Date if thawed and sold fresh is 10 days

TERRA | ARTISAN BREAD (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|---|---|---|-----------|--|--|--|
| 779324 008268 | 40139 | | | | | | | ℘ | X | Pizza Bianca Flatbread | 24 / 250g | | | |
| 779324 000507 | 40133 | | | | | | | ℘ | X | French Baguette | 20 / 290g | | | |
| 779324 000125 | 40134 | | | | | | | ℘ | X | French Loaf | 15 / 450g | | | |
| 779324 000316 | 40140 | | | | | | | ℘ | X | Sourdough Loaf, (made w/organic flour) | 15 / 480g | | | |
| 779324 100054 | 40130 | | | | | | | ℘ | X | Sourdough Loaf, Cheese | 15 / 500g | | | |
| 779324 000194 | 40135 | | | | | | | ℘ | X | Sourdough Loaf, Green Olive | 15 / 500g | | | |
| 779324 100108 | 40137 | | | | | | | ℘ | X | Sourdough Loaf, Multigrain (made w/organic ingredients) | 15 / 500g | | | |
| 779324 100153 | 40157 | | | | | | | ℘ | X | Sourdough Loaf, Walnut | 15 / 500g | | | |
| 779324 009197 | 40136 | | | | | | | ℘ | X | Sourdough Loaf, Heritage (made w/ organic flour) | 8 / 700g | | | |

Please note: Shelf life once thawed is 7 days

UNBUN | GRAIN FREE & KETO BREAD (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|--|----|--|--|--|--|---|---|-----------------|----------|--|--|--|
| 628250 179040 | 11102 | | GF | | | | | ℘ | X | Unbread, Sliced | 6 / 520g | | | |
|---------------|--------------|--|----|--|--|--|--|---|---|-----------------|----------|--|--|--|

Flat Breads

BUENO FOODS | TORTILLAS (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|---|--|-----------|--|--|--|--|
| 082256 601125 | 58005 | GMQ | | | * | | | X | Tortillas, Stoneground Yellow Corn, Organic (12ct) | 24 / 226g | | | | |
|---------------|--------------|-----|--|--|---|--|--|---|--|-----------|--|--|--|--|

FOOD FOR LIFE | TORTILLAS (FROZEN)

| | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|---|--|-----------|--|--|--|--|
| 073472 003695 | 55545 | GMQ | | | | | | X | Tortillas, Brown Rice (6ct) | 12 / 340g | | | | |
| 073472 002001 | 55541 | | | | * | | | X | Tortillas, Ezekiel 4:9 Sprouted Grain, Organic (6ct) | 12 / 340g | | | | |
| 073472 003701 | 55548 | | | | * | | | X | Tortillas, Sprouted Corn, Organic (6ct) | 12 / 283g | | | | |

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| UPC CODE | CODE | GMO | B | GF | V | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|----|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|----|---|------|------|--|--|--|---|---|---|

INDIANLIFE | FLAT BREADS, WRAPS & TORTILLAS (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|---|--|--|--------|---|----|--------|--|--|--|--|
| 777762 001377 | 58023 | GMO | | | | | | | | BC P X | Chapati (6ct) | 12 | / 284g | | | | |
| 777762 001360 | 58022 | GMO | | | | | | | | BC P X | Tortillas (7") | 12 | / 284g | | | | |
| 777762 001322 | 58014 | GMO | | | | | | | | BC P X | Naan, Coriander & Herbs | 12 | / 500g | | | | |
| 777762 001285 | 58017 | GMO | | | | | | | | BC P X | Naan, Garlic | 12 | / 500g | | | | |
| 777762 001292 | 58016 | GMO | | | | | | | | BC P X | Naan, Plain | 12 | / 500g | | | | |
| 777762 001315 | 58018 | GMO | | | | | | | | BC P X | Naan, Spinach | 12 | / 500g | | | | |
| 777762 000530 | 58013 | GMO | | | | | | | | BC P X | Roti | 12 | / 250g | | | | |
| 777762 001650 | 58019 | GMO | | | | | | | | BC P X | Wrap, Masala (11") | 12 | / 500g | | | | |
| 777762 001872 | 58038 | GMO | | | | | * | | | BC P X | Wrap, Sprouted Spelt Flour, Organic (11") | 12 | / 500g | | | | |
| 777762 001629 | 58020 | GMO | | | | | | | | BC P X | Wrap, Spinach (11") | 12 | / 500g | | | | |
| 777762 001643 | 58021 | GMO | | | | | | | | BC P X | Wrap, Sundried Tomato (11") | 12 | / 500g | | | | |
| 777762 001612 | 58028 | GMO | | | | | | | | BC P X | Wrap, Tortilla (11") | 12 | / 500g | | | | |

OASIS | PITA BREAD (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|---|--|----|--------|--|--|--|--|
| 777762 002459 | 58024 | GMO | | | | | | | | + | X Pita Bread (made with organic ingredients) | 12 | / 325g | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|---|--|----|--------|--|--|--|--|

O'DOUGHS | BITE SIZED NAAN STYLE O'DIPPERS (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|--|--|--|--|---|-------------------------------|---|--------|--|--|--|--|
| 698433 100185 | 54625 | GMO | | GF | V | | | | | + | P X O'DIPPERS, Garlic & Chive | 6 | / 210g | | | | |
| 698433 100178 | 54624 | GMO | | GF | V | | | | | + | P X O'DIPPERS, Original | 6 | / 210g | | | | |

Use-By Date if Sold Thawed: 7 days

UNBUN | GRAIN FREE & KETO TORTILLAS (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|----|--|--|--|--|--|--|---------------------|---|--------|--|--|--|--|
| 628250 179033 | 11103 | | | GF | | | | | | | P X Tortillas (8pk) | 8 | / 210g | | | | |
|---------------|-------|--|--|----|--|--|--|--|--|--|---------------------|---|--------|--|--|--|--|

FROZEN DESSERTS

Bakery Goods

DAIYA | CHEEZECAKE (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|--|--|--|--|--------|------------------------|---|--------|--|--|--|--|
| 871459 002385 | 50160 | GMO | | GF | V | | | | | BC P X | Cheezecake, Chocolate | 8 | / 400g | | | | |
| 871459 002378 | 50158 | GMO | | GF | V | | | | | BC P X | Cheezecake, Key Lime | 8 | / 400g | | | | |
| 871459 002361 | 50157 | GMO | | GF | V | | | | | BC P X | Cheezecake, New-York | 8 | / 400g | | | | |
| 871459 002392 | 50159 | GMO | | GF | V | | | | | BC P X | Cheezecake, Strawberry | 8 | / 400g | | | | |

KINNIKINNICK | DONUTS (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|----|--|--|--|--|--|---|------------------------------------|---|--------|--|--|--|--|
| 620133 002247 | 51004 | | | GF | | | | | | + | P X Donuts, Chocolate Dipped (6pk) | 8 | / 320g | | | | |
| 620133 002230 | 54346 | | | GF | | | | | | + | P X Donuts, Cinnamon Sugar (6pk) | 8 | / 270g | | | | |
| 620133 002216 | 51005 | | | GF | | | | | | + | P X Donuts, Maple Glazed (6pk) | 8 | / 320g | | | | |
| 620133 002209 | 51003 | | | GF | | | | | | + | P X Donuts, Vanilla Glazed (6pk) | 8 | / 320g | | | | |

RAWMBAS | VEGAN MUFFINS (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|----|---|--|--|--|--|--------|---|----|--------|--|--|--|---|
| 628176 576206 | 56516 | | | GF | V | | | | | BC P X | Muffins, Apple Raspberry (single serve) | 8 | / 100g | | | | G |
| 628176 576244 | 56514 | | | GF | V | | | | | BC P X | Muffins, Bountiful Blueberry (single serve) | 8 | / 100g | | | | G |
| 628176 576282 | 56515 | | | GF | V | | | | | BC P X | Muffins, Double Chocolate (single serve) | 8 | / 100g | | | | G |
| 628176 576213 | 56522 | | | GF | V | | | | | BC P X | Muffins, Apple Raspberry (single serve) | 24 | / 100g | | | | G |
| 628176 576251 | 56520 | | | GF | V | | | | | BC P X | Muffins, Bountiful Blueberry (single serve) | 24 | / 100g | | | | G |
| 628176 576299 | 56521 | | | GF | V | | | | | BC P X | Muffins, Double Chocolate (single serve) | 24 | / 100g | | | | G |
| 628176 576220 | 56517 | | | GF | V | | | | | BC P X | Muffins, Apple Raspberry (4pk) | 4 | / 340g | | | | G |
| 628176 576268 | 56518 | | | GF | V | | | | | BC P X | Muffins, Bountiful Blueberry (4pk) | 4 | / 340g | | | | G |
| 628176 576305 | 56519 | | | GF | V | | | | | BC P X | Muffins, Double Chocolate (4pk) | 4 | / 340g | | | | G |
| 628176 576237 | 56523 | | | GF | V | | | | | BC P X | Muffins, Apple Raspberry (4pk) | 12 | / 340g | | | | G |
| 628176 576091 | 56524 | | | GF | V | | | | | BC P X | Muffins, Bountiful Blueberry (4pk) | 12 | / 340g | | | | G |
| 628176 576312 | 56525 | | | GF | V | | | | | BC P X | Muffins, Chocolate Chip (4pk) | 12 | / 340g | | | | G |

For Single Serve Muffins: Sell By Date if thawed and sold fresh is 3 days

WISE BITES | ALLERGEN-FREE BAKED GOODS (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|----|---|--|--|--|--|--------|---|----|----------|--|--|--|---|
| 816592 000584 | 28510 | | | GF | V | | | | | BC P X | Oat & Quinoa Snowy Lemon Treats | 8 | / 150g | | | | G |
| 816592 000546 | 28511 | | | GF | V | | | | | BC P X | Oat & Quinoa Super Cookie, Chocolate Chip | 2 | / 12x75g | | | | G |
| 816592 000218 | 28512 | | | GF | V | | | | | BC P X | Quinoa Bars, Chocolate Chip (12pk) | 12 | / 300g | | | | |
| 816592 000232 | 28513 | | | GF | V | | | | | BC P X | Quinoa Bars, Triple Fudge (12pk) | 12 | / 300g | | | | |

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UPC CODE | **CODE** | **GMQ** | **B** | **GF** | **V** | **@** | **+** | **\mathcal{P}** | **X** | **PACK** | **SIZE** | **G** | **P** | **U**

Dessert Toppings & Ice Cream Cones

LET'S DO | ICE CREAM CONES

| | | | | | | | | | | | | | |
|---------------|--------------|-----|----|---|--|--|--|--|---------------------------------------|----------|--|--|--|
| 043182 003520 | 35182 | GMQ | GF | V | | | | | X Ice Cream Cones, Gluten Free (cups) | 6 / 36g | | | |
| 043182 003537 | 35183 | | GF | | | | | | X Sugar Cones, Gluten Free (S/O) | 6 / 132g | | | |

LET'S DO...ORGANIC | ICE CREAM CONES

| | | | | | | | | | | | | | |
|---------------|--------------|--|--|---|---|--|--|--|-----------------------------------|-----------|--|--|--|
| 043182 003551 | 35042 | | | V | * | | | | X Ice Cream Cones, Organic (cups) | 12 / 36g | | | |
| 043182 003575 | 35043 | | | V | * | | | | X Sugar Cones, Organic | 12 / 132g | | | |

Ice Cream, Frozen Yogurt & Gelato

BETTERWITH | CREAM ICE CREAM (FROZEN)

| | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|---|-----------|--|--|---|
| 628055 217176 | 53184 | | | | | | | | BC \mathcal{P} X Ice Cream, Caramel Cream | 8 / 473ml | | | G |
| 628055 217152 | 53182 | | | | | | | | BC \mathcal{P} X Ice Cream, Milk Chocolate | 8 / 473ml | | | G |
| 628055 217169 | 53183 | | | | | | | | BC \mathcal{P} X Coffee Ice Cream | 8 / 473ml | | | G |
| 628055 217138 | 53180 | | | | | | | | BC \mathcal{P} X Cream Ice Cream | 8 / 473ml | | | G |
| 628055 217183 | 53185 | | | | | | | | BC \mathcal{P} X Ice Cream, Summer Strawberry | 8 / 473ml | | | G |
| 628055 217145 | 53181 | | | | | | | | BC \mathcal{P} X Ice Cream, Vanilla Bean | 8 / 473ml | | | G |

SALT SPRING GELATO | ITALIAN ICE CREAM (FROZEN)

| | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|---|--|--|--|--|-----------|--|--|---|
| 628451 883104 | 53028 | | | | | | | | BC \mathcal{P} X Gelato, Belgian Chocolate | 8 / 450ml | | | G |
| 628451 883302 | 53030 | | | | | | | | BC \mathcal{P} X Gelato, Hazelnut | 8 / 450ml | | | G |
| 628451 883487 | 53029 | | | | | | | | BC \mathcal{P} X Gelato, Vanilla Bean | 8 / 450ml | | | G |
| 628451 883050 | 53093 | | | | * | | | | BC \mathcal{P} X Gelato, Vanilla Bean, Organic | 8 / 450ml | | | G |

Non-Dairy Frozen Desserts & Sorbets

NORA'S | DAIRY-FREE DESSERT (FROZEN)

| | | | | | | | | | | | | | |
|---------------|--------------|--|----|---|--|--|--|--|---|-----------|--|--|--|
| 627843 814214 | 32924 | | GF | V | | | | | BC \mathcal{P} X Cashew Frozen Dessert, Cookies & Crème | 8 / 500ml | | | |
| 627843 814245 | 32920 | | | V | | | | | BC \mathcal{P} X Cashew Frozen Dessert, Mint Chip | 8 / 500ml | | | |
| 627843 814221 | 32921 | | | V | | | | | BC \mathcal{P} X Cashew Frozen Dessert, Peanut Butter & Chocolate | 8 / 500ml | | | |
| 627843 814207 | 32922 | | | V | | | | | BC \mathcal{P} X Cashew Frozen Dessert, Strawberries & Crème | 8 / 500ml | | | |
| 627843 814238 | 32923 | | | V | | | | | BC \mathcal{P} X Cashew Frozen Dessert, Vanilla Bean | 8 / 500ml | | | |

SALT SPRING GELATO | SORBETTO (FROZEN)

| | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|---|--|--|--|---|-----------|--|--|---|
| 628451 883142 | 53098 | | | | * | | | | BC \mathcal{P} X Sorbetto, Raspberry, Organic | 8 / 450ml | | | G |
|---------------|--------------|--|--|--|---|--|--|--|---|-----------|--|--|---|

Frozen Novelties

EVIVE | SMOOTHIE POPS (FROZEN)

| | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|---|-----------|--|--|---|
| 628110 947536 | 24717 | GMQ | | | | | | | + \mathcal{P} X Smoothie Pops, Dragon Fruit | 8 / 5x50g | | | G |
| 628110 947543 | 24716 | GMQ | | | | | | | + \mathcal{P} X Smoothie Pops, Peach | 8 / 5x50g | | | G |
| 628110 947550 | 24715 | GMQ | | | | | | | + \mathcal{P} X Smoothie Pops, Strawberry Mango | 8 / 5x50g | | | G |

SQUAMISH WATER KEFIR | FROZEN PROBIOTIC POPS

| | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|---|------------|--|--|---|
| 628451 426165 | 23612 | | | | | | | | BC \mathcal{P} X Pops, Coconut-Horchata | 6 / 4x80ml | | | G |
| 628451 426158 | 23613 | | | | | | | | BC \mathcal{P} X Pops, Fudge | 6 / 4x80ml | | | G |
| 628451 426141 | 23614 | | | | | | | | BC \mathcal{P} X Pops, Grape | 6 / 4x80ml | | | G |
| 628451 426134 | 23615 | | | | | | | | BC \mathcal{P} X Pops, Lemonade | 6 / 4x80ml | | | G |

FROZEN DOUGH, PASTRY SHELLS & PIZZA CRUSTS

CAULIPOWER | PIZZA CRUST (FROZEN)

| | | | | | | | | | | | | | |
|---------------|--------------|--|----|--|--|--|--|--|---------------------------|----------|--|--|--|
| 854934 007082 | 32400 | | GF | | | | | | X Cauliflower Pizza Crust | 8 / 310g | | | |
|---------------|--------------|--|----|--|--|--|--|--|---------------------------|----------|--|--|--|

HOLY NAPOLI | PIZZA DOUGH (FROZEN)

| | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--------------------------------|----------|--|--|--|
| 628110 552013 | 17300 | | | | | | | | BC \mathcal{P} X Pizza Dough | 8 / 300g | | | |
|---------------|--------------|--|--|--|--|--|--|--|--------------------------------|----------|--|--|--|

KINNIKINNICK | PIZZA & PIE CRUST (FROZEN)

| | | | | | | | | | | | | | |
|---------------|--------------|--|----|---|--|--|--|--|---------------------------------------|----------|--|--|--|
| 620133 005996 | 58069 | | GF | V | | | | | + \mathcal{P} X Pie Crusts 9" (2ct) | 6 / 390g | | | |
|---------------|--------------|--|----|---|--|--|--|--|---------------------------------------|----------|--|--|--|

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| UPC CODE | CODE | GMØ | B | GF | V | @ | + | P | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|------|------|--|--|--|--|---|---|---|

WHOLLY WHOLESOME | PIE SHELLS (FROZEN)

| | | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|---|-----------|
| 074677 990339 | 54589 | | | GF | | | | | | | | | | | | | | | X Pie Shells, Gluten Free, 9" (2-pk) | 6 / 425g |
| 074677 990100 | 54590 | | | | | | | | | | | | | | | | | | X Pie Shells, Traditional, Organic, 9" (2-pk) | 12 / 396g |

FROZEN PREPARED FOODS

Appetizers

KAN'S GOURMET FOODS | APPETIZERS (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|---|--|--|--|--|------|--|-----------|
| 189120 000524 | 54364 | GMØ | | | V | | | | | BC P | X Falafel, Mini Lentil, w/dipping sauce | 12 / 330g |
| 189120 000531 | 54367 | GMØ | | | V | | | | | BC P | X Pakoras, Spinach & Kale (baked), w/dipping sauce | 12 / 330g |
| 189120 000548 | 54643 | | | | V | | | | | BC P | X Pakoras, Yam, w/dipping sauce | 12 / 320g |
| 189120 000517 | 54363 | | | | V | | | | | BC P | X Samosas, Fresh Veggie & Lentil, w/dipping sauce | 12 / 320g |

LUCKY FOODS | SPRING ROLLS (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|---|--|--|--|--|--|---|----------|
| 078487 462727 | 31027 | GMØ | | GF | | | | | | | X Spring Rolls, Gluten Free, Thai Style, w/Sweet & Sour Sauce | 8 / 241g |
| 078487 452773 | 31025 | GMØ | | | V | | | | | | Spring Rolls, Kimchi, w/Sweet & Sour Sauce | 8 / 241g |
| 078487 452711 | 31024 | GMØ | | | | | | | | | X Spring Rolls, Original, w/Traditional Sauce | 8 / 241g |

RUBY'S AUTHENTIC | APPETIZERS (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|--|---|--|--|--|--|--|--|------|---------------------|----------|
| 627843 533580 | 54800 | | | | | | | | | BC P | X Pakora, Vegetable | 9 / 220g |
| 627843 533573 | 54802 | | B | | | | | | | BC P | X Pakora, Vegetable | 1 / 5kg |
| 627843 533658 | 54801 | | | | | | | | | BC P | X Frozen) | 9 / 140g |

SOL CUISINE | PLANT-BASED APPETIZERS (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|----------|
| 628025 016419 | 54322 | GMØ | | | | | | | | | + P X Bites, Crispy Chik'n w/BBQ Sauce | 8 / 300g |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|----------|

VIJ'S | INDIAN APPETIZERS (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|-----------|
| 628011 353917 | 54330 | | | | | | | | | | + P X Cauliflower Wings w/Chilli Garlic Sauce | 12 / 460g |
| 628011 353948 | 54332 | | | | | | | | | | + P X Masala Spring Rolls w/Spicy Szechuan Sauce (12pcs) | 12 / 420g |
| 628011 353900 | 54331 | | | | | | | | | | + P X Samosa, Crispy Potato & Peas w/Chutney (10pcs) | 12 / 460g |

Broth & Soup Noodles

BLUEBIRD PROVISIONS | BONE BROTH (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|--|--|------|--------------------------------|-----------|
| 627843 623564 | 68604 | | | | | * | | | | BC P | X Bone Broth, Beef, Organic | 6 / 420ml |
| 627843 623571 | 68605 | | | | | * | | | | BC P | X Bone Broth, Chicken, Organic | 6 / 420ml |

BO & MARROW | BONE BROTH (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|--|--|--|-----------|
| 627843 674382 | 66000 | | | GF | | | | | | | + P X Bone Broth, Classic Beef (resealable bag) | 6 / 591ml |
| 627843 674306 | 66001 | | | GF | | | | | | | + P X Bone Broth, Classic Chicken (resealable bag) | 6 / 591ml |

NIKKEI RAMEN YA | AUTHENTIC RAMEN (FROZEN)

Note: Seasoning Sauce for "Ramen Building Blocks" available in Japanese section

| | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|------|---|-----------|
| 628693 494083 | 39180 | | | | | | | | | BC P | X Ramen Kit, Hakata Tonkotsu | 12 / 450g |
| 628693 494182 | 39181 | | | | | | | | | BC P | X Ramen Kit, Tokyo Shoyu | 12 / 460g |
| 628693 494076 | 39182 | | | | | | | | | BC P | X Ramen Kit, Vegan Shoyu | 12 / 460g |
| 628693 494175 | 39183 | | | | | | | | | BC P | X Ramen Kit, Yuzu Shio | 12 / 460g |
| 628693 494014 | 39185 | | | | | | | | | BC P | X Ramen Noodles, Hakata Style (extra thin - 4pk) | 12 / 480g |
| 628693 494199 | 39190 | | | | | | | | | BC P | X Ramen Noodles, Sapporo Style (3pk) | 12 / 450g |
| 628693 494007 | 39184 | | | | | | | | | BC P | X Ramen Noodles, Tokyo Style (medium thickness - 4pk) | 12 / 520g |
| 628693 494205 | 39192 | | | | | | | | | BC P | X Ramen Soup Stock, Marudori (chicken) | 8 / 1.2L |
| 628693 494021 | 39186 | | | | | | | | | BC P | X Ramen Soup Stock, Tonkotsu (pork bone) | 8 / 1.2L |
| 628693 494038 | 39187 | | | | | | | | | BC P | X Ramen Soup Stock, Yasai (vegan) | 8 / 1.2L |

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| UPC CODE | CODE | GMØ | B | GF | V | * | @ | + | f | X | PACK | SIZE | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|---|---|---|

Entrées

AMY'S | ENTRÉES (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|-----|--|--|--|--|--|--|-----------|
| 042272 910564 | 54645 | | | GF | | | | | | X Bowls, 3 Cheese & Kale | | 12 / 241g |
| 042272 912193 | 54490 | | | | V | | | | | X Bowls, Asian Dumplings | | 12 / 241g |
| 042272 908110 | 54485 | | | GF | | | | | | X Bowls, Broccoli & Cheddar | | 12 / 269g |
| 042272 910571 | 54677 | | | GF | | | | | | X Bowls, Chili Mac | | 12 / 255g |
| 042272 901623 | 54679 | | | | | | | | | X Bowls, Country Cheddar | | 12 / 269g |
| 042272 913206 | 56160 | | | GF | | | | | | X Bowls, Mac & 3 Cheese w/Cauliflower | | 12 / 234g |
| 042272 901630 | 54678 | | | | | | | | | X Bowls, Mexican Casserole | | 12 / 269g |
| 042272 908332 | 54569 | | | | | | | | | X Bowls, Mushroom Risotto | | 12 / 269g |
| 042272 911295 | 54646 | | | | | | | | | X Bowls, Ravioli | | 12 / 241g |
| 042272 900800 | 54459 | | | | | | | | | X Enchilada, Cheese | | 12 / 255g |
| 042272 913985 | 54256 | | | | | | | | | X Family Size, Broccoli & Cheddar Bake (gluten free) | | 8 / 860g |
| 042272 909643 | 54257 | | | | | | | | | X Family Size, Cheese Enchilada | | 8 / 765g |
| 042272 913961 | 54258 | | | | | | | | | X Family Size, Vegetable Lasagna | | 8 / 920g |
| 042272 900589 | 54433 | | | | | | | | | X Indian Meal, Mattar Paneer | | 12 / 284g |
| 042272 900596 | 54432 | | | | | | | | | X Indian Meal, Palak Paneer | | 12 / 283g |
| 042272 902507 | 54426 | | | | | | | | | X Indian Meal, Vegetable Korma | | 12 / 269g |
| 042272 900329 | 54465 | | | | | | | | | X Pasta, Vegetable Lasagna | | 12 / 269g |
| 042272 908141 | 54420 | | | | V | | | | | X Pasta, Vegetable Lasagna, Vegan (gluten free) | | 12 / 255g |
| 042272 900305 | 54460 | | | | | | | | | X Pasta, Macaroni & Cheese | | 12 / 255g |
| 042272 900541 | 54567 | GMØ | | | V * | | | | | X Meal, Veggie Scramble w/hash browns, Organic | | 12 / 255g |
| 042272 900459 | 54259 | | | GF | | | | | | X Pasta, Rice Mac & Cheese (gluten free) | | 12 / 255g |
| 042272 913893 | 56161 | | | | V | | | | | X Pasta, Rice Mac & Cheese, Vegan (gluten free) | | 12 / 227g |
| 042272 909780 | 54585 | | | | | | | | | X Thai, Green Curry | | 12 / 284g |
| 042272 909247 | 54283 | | | | | | | | | X Thai, Pad Thai | | 12 / 269g |
| 042272 909223 | 54282 | | | | | | | | | X Thai, Red Curry | | 12 / 284g |
| 042272 900572 | 54647 | | | | | | | | | X Whole Meal, Enchilada Dinner, Cheese | | 12 / 255g |
| 042272 900510 | 54440 | | | | | | | | | X Whole Meal, Enchilada Dinner, Spanish Rice & Beans | | 12 / 284g |
| 042272 900534 | 54442 | | | | V | | | | | X Whole Meal, Veggie Loaf | | 12 / 284g |

AMY'S | BURRITOS, WRAPS & POCKETS (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|--|--|----|---|--|--|--|--|--|--|-----------|
| 042272 903528 | 54268 | | | GF | | | | | | X Burrito, Bean & Rice (gluten & dairy-free) | | 12 / 156g |
| 042272 903535 | 54267 | | | GF | | | | | | X Burrito, Cheddar Cheese (gluten free) | | 12 / 156g |
| 042272 900701 | 54470 | | | | | | | | | X Burrito, Bean & Rice (dairy-free) | | 12 / 170g |
| 042272 900732 | 54468 | | | | | | | | | X Burrito, Black Bean (dairy-free) | | 12 / 170g |
| 042272 900718 | 54472 | | | | | | | | | X Burrito, Cheddar Cheese | | 12 / 170g |
| 042272 902606 | 56155 | | | | V | | | | | X Wrap, Indian Samosa | | 12 / 142g |
| 042272 908073 | 54362 | | | GF | | | | | | X Wrap, Tofu Scramble Breakfast | | 12 / 156g |
| 042272 912384 | 56152 | | | GF | V | | | | | X Wrap, Vietnamese Banh Mi | | 12 / 156g |

GARDEIN | MEAT-FREE ENTRÉES (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--------------------------|--|----------|
| 842234 401976 | 65040 | GMØ | | | | | | | | X Bowl, Chick'n Teriyaki | | 8 / 241g |
|---------------|--------------|-----|--|--|--|--|--|--|--|--------------------------|--|----------|

HOUSE OF YEE | GLUTEN FREE DUMPLINGS (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|--|--|----|--|--|--|--|------|---|--|-----------|
| 627843 351269 | 24854 | | | GF | | | | | BC f | X Dumplings, Chicken | | 12 / 400g |
| 627843 351313 | 24855 | | | GF | | | | | BC f | X Dumplings, Plant Based Golden (turmeric wrap) | | 12 / 400g |
| 627843 351306 | 24856 | | | GF | | | | | BC f | X Dumplings, Plant Based Jade (spinach wrap) | | 12 / 400g |
| 627843 351252 | 24857 | | | GF | | | | | BC f | X Dumplings, Plant Based Ruby (red beet wrap) | | 12 / 400g |
| 627843 351283 | 24853 | | | GF | | | | | BC f | X Dumplings, Pork | | 12 / 400g |

INDIANLIFE | ENTRÉES (FROZEN)

| | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|------|---|--|-----------|
| 777762 002367 | 54079 | GMØ | | | | | | | BC f | X Masala Wrap w/Chickpeas & Wild Rice | | 12 / 275g |
| 777762 002374 | 54084 | GMØ | | | | | | | BC f | X Spinach Wrap w/Mixed Vegetables & Wild Rice | | 12 / 275g |

KONSCIOUS | PLANT-BASED SEAFOOD MEALS (FROZEN)

| | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|---|---|---|--|----------|
| 877168 001039 | 34139 | GMØ | | | | | | | + | f | X Onigiri, Japanese Vegetable Curry (2pc) | | 8 / 204g |
| 877168 001008 | 34136 | GMØ | | | | | | | + | f | X Onigiri, Kale Gomae (2pc) | | 8 / 204g |
| 877168 001022 | 34138 | GMØ | | | | | | | + | f | X Onigiri, Korean BBQ Mushroom (2pc) | | 8 / 204g |
| 877168 001015 | 34137 | GMØ | | | | | | | + | f | X Onigiri, Roasted Corn & Poblano (2pc) | | 8 / 204g |

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V* | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|---------------|--------------|-----|---|----|----|---|---|----|---|---|----------|--|--|--|---|---|---|
| 877168 000001 | 34132 | GMO | | | | | | | | + P X Roll, California (8pc) | 8 / 210g | | | | | | |
| 877168 000032 | 34135 | GMO | | | | | | | | + P X Roll, Rainbow - w/plant based tuna, mango & Jasberry rice (8pc) | 8 / 210g | | | | | | |
| 877168 000018 | 34133 | GMO | | | | | | | | + P X Roll, Spicy California (8pc) | 8 / 210g | | | | | | |
| 877168 000025 | 34134 | GMO | | | | | | | | + P X Roll, Tuna Avocado (8pc) | 8 / 210g | | | | | | |

LITA'S MEXICAN FOODS | ENTRÉES (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|-----|--|--|--|--|---|-----------|--|--|--|--|--|--|
| 627843 778028 | 15646 | | | | | | | | | BC P X Taquito, Bean & Cheeze | 6 / 280g | | | | | | |
| 627843 778011 | 15645 | | | | | | | | | BC P X Taquito, Potato & Chorizo | 6 / 280g | | | | | | |
| 627843 777960 | 15635 | GMO | | | V * | | | | | BC P X Tortillas, White Flour, Uncooked, Organic (7") (8pk) | 12 / 280g | | | | | | |
| 627843 777977 | 15636 | GMO | | | V * | | | | | BC P X Tortillas, Whole Wheat Flour, Uncooked, Organic (7") (8pk) | 12 / 280g | | | | | | |

PEARL'S | PEROGIES (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|---|-----------|--|--|--|--|--|--|
| 062066 000158 | 54428 | | | | | | | | | BC P X Cheddar Cheese & Potato Perogies | 12 / 600g | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|---|-----------|--|--|--|--|--|--|

STELLA'S | PEROGIES (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|----|--|--|--|--|--------------------------------|-----------|--|--|--|--|--|--|
| 878431 000049 | 30351 | | | | GF | | | | | + P X Perogies, Cheddar Cheese | 12 / 520g | | | | | | |
| 878431 000018 | 30348 | | | | GF | | | | | + P X Perogies, Just Potato | 12 / 520g | | | | | | |

VIJ'S | INDIAN CUISINE (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--------------------------------|-----------|--|--|--|--|--|--|
| 673984 001419 | 54412 | | | | | | | | | + P X Everyday Chana Masala | 6 / 400g | | | | | | |
| 673984 001303 | 54400 | | | | | | | | | + P X Kalonji Chicken Curry | 6 / 400g | | | | | | |
| 673984 001426 | 54413 | | | | | | | | | + P X Slow-Cooked Punjabi Daal | 6 / 400g | | | | | | |
| 628011 353924 | 54333 | | | | | | | | | + P X Tadka Curry Sauce | 12 / 300g | | | | | | |
| 673984 001327 | 54402 | | | | | | | | | + P X Vij's Masala Chicken | 6 / 400g | | | | | | |

Meat & Egg Alternatives

BEYOND MEAT | PLANT-BASED MEAT ALTERNATIVE (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---|--------------|-----|--|--|---|--|--|---|--|--------------------------------------|-----------|--|--|--|--|--|--|
| 850004 207291 | 56205 | GMO | | | V | | | | | X Beef, Ground | 12 / 340g | | | | | | |
| 810057 290237 | 56208 | GMO | | | V | | | | | X Burger (6/pkg) | 8 / 678g | | | | | | |
| 850004 207017 | 56200 | GMO | | | V | | | | | X Burger (2/pkg) | 8 / 226g | | | | | | |
| Refrigerated burger shelf life: 10 days from start of thaw | | | | | | | | | | | | | | | | | |
| 810057 290275 | 56209 | GMO | | | V | | | | | X Breakfast Sausage, Classic Links | 8 / 235g | | | | | | |
| 850004 207376 | 56207 | GMO | | | V | | | | | X Sausage, Hot Italian | 8 / 400g | | | | | | |
| 850004 207277 | 56206 | GMO | | | V | | | | | X Sausage, Mild Italian | 8 / 400g | | | | | | |
| Refrigerated sausage shelf life: 7 days from start of thaw | | | | | | | | | | | | | | | | | |
| 810057 290985 | 56211 | GMO | | | V | | | + | | X Chicken, Breaded Nuggets | 8 / 283g | | | | | | |
| 810057 290749 | 56210 | GMO | | | V | | | | | X Chicken, Breaded Tenders, Original | 8 / 226g | | | | | | |
| 810057 291159 | 56212 | GMO | | | V | | | | | X Steak Tips | 8 / 283g | | | | | | |

GARDEIN | MEAT-FREE ALTERNATIVE (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|---|--|--|----------|--|--|--|--|--|--|
| 842234 000889 | 54274 | GMO | | | | | | | | X Barbecue Wings, Sweet and Tangy | 8 / 255g | | | | | | |
| 842234 001091 | 65000 | GMO | | | | | | | | X Beefless Ground | 8 / 390g | | | | | | |
| 842234 401990 | 65041 | GMO | | | | | | | | X Breakfast Saus'age Patties, Maple | 8 / 190g | | | | | | |
| 842234 402003 | 65042 | GMO | | | | | | | | X Breakfast Saus'age Patties, Original | 8 / 190g | | | | | | |
| 842234 001350 | 65052 | GMO | | | | | | + | | X Chick'n Nuggets | 8 / 245g | | | | | | |
| 842234 001411 | 65006 | GMO | | | | | | | | X Chick'n Sliders Mini Burgers w/buns | 6 / 320g | | | | | | |
| 842234 003200 | 54270 | GMO | | | | | | | | X Chick'n Strips | 8 / 225g | | | | | | |
| 842234 001374 | 65050 | GMO | | | | | | + | | X Chick'n Tenders, Nashville-Style Hot | 8 / 230g | | | | | | |
| 842234 000872 | 54273 | GMO | | | | | | | | X Crispy Chick'n, Mandarin Orange | 8 / 300g | | | | | | |
| 842234 000896 | 54275 | GMO | | | | | | | | X Crispy Fingers, Chipotle Lime | 8 / 270g | | | | | | |
| 842234 000643 | 54534 | GMO | | | | | | | | X Crispy Tenders, Seven Grain | 8 / 255g | | | | | | |
| 842234 002227 | 65037 | GMO | | | | | | | | X Fish-Free Crabless Cakes | 8 / 205g | | | | | | |
| 842234 001701 | 65009 | GMO | | | | | | | | X Fish-Free Golden Fillets | 8 / 288g | | | | | | |
| 842234 001718 | 65028 | GMO | | | | | | + | | X Meatless Meatballs, Classic | 8 / 360g | | | | | | |
| 842234 003224 | 54271 | GMO | | | | | | + | | X Porkless Bites, Sweet & Sour | 8 / 255g | | | | | | |
| 842234 007147 | 65013 | GMO | | | | | | + | | X SUPREME Burger (2pk) | 8 / 226g | | | | | | |
| 842234 001756 | 65014 | GMO | | | | | | + | | X SUPREME Burger, Black Bean (2pk) | 8 / 226g | | | | | | |
| 842234 001824 | 65015 | GMO | | | | | | + | | X SUPREME Burger, Falafel (2pk) | 8 / 226g | | | | | | |

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| UPC CODE | CODE | GMO | B | GF | V | @ | + | f | X | PACK | SIZE | | | | G | P | U | |
|---------------|-------|-----|---|----|---|---|---|---|---|------|------|--|--|--|---|---|---|--|
| 842234 001145 | 65036 | GMO | | | | | | | | | | | | | | | | |
| | 91796 | | | | | | | | | | | | | | | | | |

GREEN CUISINE | TEMPEH (FROZEN)

See Cooler Tofu & Asian Cuisine Section for more selections

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|---|--|--|---|--|--|--------|--|---|----------|--|--|--|--|--|--|
| 068532 020002 | 54462 | | | | | * | | | BC f X | TEMPEH, 7 Grain, Organic (frozen) | 1 | / 227g | | | | | | |
| 068532 010003 | 54464 | | | | | * | | | BC f X | TEMPEH, Soybean, Organic (frozen) | 1 | / 227g | | | | | | |
| | 91035 | GMO | B | | | * | | | BC f X | TEMPEH, IQF, Organic (Individually Quick Frozen) (S/O) | 1 | / 4.54kg | | | | | | |
| | 91036 | GMO | B | | | * | | | BC f X | TEMPEH, Strips, Organic (frozen) (S/O) | 1 | / 4.54kg | | | | | | |

JUST EGG | PLANT EGG (FROZEN)

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|---------------------|---|--------|--|--|--|--|--|--|
| 191011 000988 | 68900 | GMO | | | | | | | | X Plant Egg, Folded | 6 | / 227g | | | | | | |
|---------------|-------|-----|--|--|--|--|--|--|--|---------------------|---|--------|--|--|--|--|--|--|

SOL CUISINE | PLANT-BASED MEAT ALTERNATIVE (FROZEN)

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|--|--|--|--|---|-----|--------------------------------------|----|--------|--|--|--|--|--|
| 628025 019328 | 54555 | GMO | | GF | | | | | + | f X | Burger, Extreme Griller (4/pkg) | 12 | / 284g | | | | | |
| 628025 019250 | 54561 | GMO | | GF | | | | | + | f X | Burger, Mushroom & Wild Rice (4/pkg) | 12 | / 284g | | | | | |
| 628025 019298 | 54558 | GMO | | GF | | | | | + | f X | Burger, Spicy Black Bean (4/pkg) | 12 | / 284g | | | | | |
| 628025 016464 | 54306 | GMO | | | | | | | + | f X | Cauliflower Wings, Buffalo Style | 8 | / 225g | | | | | |
| 628025 016457 | 54305 | GMO | | GF | | | | | + | f X | Cauliflower Wings, Sweet Chili | 8 | / 225g | | | | | |
| 628025 016303 | 54312 | GMO | | | | | | | + | f X | Tenders, Crispy Chik'n | 8 | / 300g | | | | | |
| 628025 016426 | 54303 | GMO | | | | | | | + | f X | Wings, Hot & Spicy Chik'n | 8 | / 255g | | | | | |

VG GOURMET | ARTISAN VEGAN BURGERS (FROZEN)

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|----|---|--|--|--|---|-----|---|----|--------|--|--|--|--|--|
| 627843 517412 | 54596 | | | GF | V | | | | + | f X | Burger, Lentil & Walnut (4 pk) | 12 | / 400g | | | | | |
| 627843 517375 | 54594 | | | GF | V | | | | + | f X | Burger, Quinoa & Chickpea (4 pk) | 12 | / 400g | | | | | |
| 628110 150080 | 54952 | | | | V | | | | + | f X | Burgers, Eggplant & Tahini (4pk) | 12 | / 400g | | | | | |
| 627843 517399 | 54595 | | | | V | | | | + | f X | Burgers, Mexican 3-Bean (4pk) | 12 | / 400g | | | | | |
| 627843 517436 | 54644 | | | GF | V | | | | + | f X | Burgers, Sweet Potato and Black Bean (4 pk) | 12 | / 400g | | | | | |

Pizzas

AMY'S | PIZZA (FROZEN)

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|---|--|--|--|--|---|---|---|--------|--|--|--|--|--|
| 042272 901036 | 54445 | | | | | | | | | X | Pizza, Roasted Vegetable, No Cheese (non-dairy) | 8 | / 340g | | | | | |
| 042272 901012 | 54443 | | | | | | | | | X | Pizza, Cheese | 8 | / 369g | | | | | |
| 042272 901999 | 54421 | | | | | | | | | X | Pizza, Margherita | 8 | / 369g | | | | | |
| 042272 912452 | 54436 | | | | V | | | | | X | Pizza, Meatless Suprême | 8 | / 397g | | | | | |
| 042272 901029 | 54444 | | | | | | | | | X | Pizza, Spinach | 8 | / 397g | | | | | |

CAULIPOWER | PIZZA (FROZEN)

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|----|--|--|--|--|--|---|------------------------------|---|--------|--|--|--|--|--|
| 854934 007846 | 32405 | | | GF | | | | | | X | Pizza, Buffalo-Chicken Style | 8 | / 310g | | | | | |
| 854934 007099 | 32402 | | | GF | | | | | | X | Pizza, Margherita | 8 | / 310g | | | | | |
| 854934 007853 | 32404 | | | GF | | | | | | X | Pizza, Pepperoni | 8 | / 320g | | | | | |
| 854934 007075 | 32401 | | | GF | | | | | | X | Pizza, Cheese Lover's | 8 | / 315g | | | | | |
| 854934 007105 | 32403 | | | GF | | | | | | X | Pizza, Veggie | 8 | / 310g | | | | | |

DAIYA DAIRY-FREE | PIZZA & FLATBREAD (FROZEN)

| | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|----|---|---|--|--|---|--------|--|--|--|--|--|--|
| 871459 002552 | 50317 | GMO | | GF | V | BC | f | X | | Flatbread, Meatless Italian Sausage flavored Crumbles, Roasted Pepper & Kale | 8 | / 322g | | | | | | |
| 871459 002538 | 50316 | GMO | | GF | V | BC | f | X | | Flatbread, Mushroom, Caramelized Onion & Fig | 8 | / 346g | | | | | | |
| 871459 002576 | 50318 | | | GF | V | BC | f | X | | Flatbread, Plant-Based Chicken, Smoked Bacon & Ranch Flavour | 8 | / 331g | | | | | | |
| 871459 002972 | 50319 | GMO | | GF | V | BC | f | X | | Pizza, BBQ Plant-Based Chicken Flavour | 8 | / 433g | | | | | | |
| 871459 002989 | 50173 | GMO | | GF | V | BC | f | X | | Pizza, Classic w/ Meatless Pepperoni Flavoured Slices, Dairy-Free | 8 | / 472g | | | | | | |
| 871459 002323 | 50144 | GMO | | GF | V | BC | f | X | | Pizza, Cheeze Lover's, Dairy-Free | 8 | / 444g | | | | | | |
| 871459 002521 | 50147 | GMO | | GF | V | BC | f | X | | Pizza, Fire-Roasted Vegetable, Dairy-Free | 8 | / 492g | | | | | | |
| 871459 002828 | 50155 | GMO | | GF | V | BC | f | X | | Pizza, Supreme, Dairy-Free | 8 | / 550g | | | | | | |
| 871459 002491 | 50311 | GMO | | GF | | BC | f | X | | Vegetable Crust Pizza, Italian Herbs & Plant Based Cheeze | 8 | / 382g | | | | | | |
| 871459 002507 | 50313 | GMO | | GF | | BC | f | X | | Vegetable Crust Pizza, Meatless Pepperoni Flavoured w/Jalapeño | 8 | / 405g | | | | | | |
| 871459 002514 | 50312 | GMO | | GF | | BC | f | X | | Vegetable Crust Pizza, Mediterranean | 8 | / 411g | | | | | | |

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| UPC CODE | CODE | GMQ | B | GF | V | * | @ | + | FJ | X | PACK | SIZE | | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|--|---|---|---|

HOLY NAPOLI | NEAPOLITAN PIZZA (FROZEN)

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|--|--|
| 628110 552044 | 17303 | | | | | | | | | | | 8 / 425g | | | | | | | |
| 628110 552099 | 17304 | | | | | | | | | | | 8 / 385g | | | | | | | |
| 628110 552020 | 17301 | | | | | | | | | | | 8 / 365g | | | | | | | |
| 628110 552037 | 17302 | | | | | | | | | | | 8 / 425g | | | | | | | |
| 628110 552112 | 17305 | | | | | | | | | | | 8 / 385g | | | | | | | |

Toaster Waffles

NATURE'S PATH | WAFFLES (FROZEN)

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|----|---|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|
| 058449 590576 | 55702 | GMQ | | GF | * | | | | | | | 12 / 210g | | | | | | | |
| 058449 590743 | 55708 | GMQ | | GF | * | | | | | | | 12 / 210g | | | | | | | |
| 058449 167006 | 55711 | GMQ | | GF | * | | | | | | | 12 / 210g | | | | | | | |
| 058449 590521 | 55699 | GMQ | | GF | * | | | | | | | 12 / 210g | | | | | | | |

FROZEN PRODUCE, COCONUT WATER, JUICE, SMOOTHIE CUBES & TEAS

Coconut Water & Juice

EVERGREEN | WHEATGRASS JUICE (FROZEN)

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|---|--|--|---|--|--|--|-------------|--|--|--|--|--|--|--|
| 778702 598001 | 82051 | GMQ | | | * | | | + | | | | 10 / 5x30ml | | | | | | | |
|---------------|-------|-----|--|--|---|--|--|---|--|--|--|-------------|--|--|--|--|--|--|--|

Smoothie Cubes

EVIVE | BLENDER FREE SMOOTHIE CUBES (FROZEN)

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|-----|--|--|---|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|
| 628110 947048 | 24703 | GMQ | | | | | | | | | | 8 / 405g | | | | | | | |
| 628110 947246 | 24708 | GMQ | | | | | | | | | | 8 / 405g | | | | | | | |
| 628110 947055 | 24704 | GMQ | | | * | | | | | | | 8 / 405g | | | | | | | |
| 628110 947017 | 24700 | GMQ | | | | | | | | | | 8 / 405g | | | | | | | |
| 628110 947239 | 24707 | GMQ | | | | | | | | | | 8 / 405g | | | | | | | |
| 628110 947253 | 24709 | GMQ | | | | | | | | | | 8 / 405g | | | | | | | |
| 628110 947024 | 24701 | GMQ | | | * | | | | | | | 8 / 405g | | | | | | | |
| 628110 947079 | 24706 | GMQ | | | | | | | | | | 8 / 405g | | | | | | | |
| 628110 947031 | 24702 | GMQ | | | * | | | | | | | 8 / 405g | | | | | | | |
| 628110 947680 | 24714 | GMQ | | | | | | | | | | 10 / 150g | | | | | | | |
| 628110 947673 | 24713 | GMQ | | | | | | | | | | 10 / 150g | | | | | | | |

Fruit

BREMNER'S | FRUIT (FROZEN)

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|----------|---|--|--|--|--|--|--|------------|--|--|--|--|--|--|--|
| 834644 005363 | 55066 | | | | * | | | | | | | 12 / 300g | | | | | | | |
| 834644 005318 | 55065 | | | | * | | | | | | | 12 / 300g | | | | | | | |
| 834644 005424 | 55071 | | | | * | | | | | | | 12 / 300g | | | | | | | |
| 834644 005400 | 55067 | | | | * | | | | | | | 12 / 300g | | | | | | | |
| 834644 005394 | 55068 | | | | * | | | | | | | 12 / 300g | | | | | | | |
| 834644 005028 | 55017 | | | | * | | | | | | | 12 / 600g | | | | | | | |
| 834644 005066 | 55001 | | | | | | | | | | | 12 / 600g | | | | | | | |
| 834644 005042 | 05253 | | | | * | | | | | | | 12 / 600g | | | | | | | |
| 834644 005035 | 55018 | | | | * | | | | | | | 12 / 600g | | | | | | | |
| 834644 005615 | 55079 | | | B | * | | | | | | | 8 / 1.5kg | | | | | | | |
| 834644 002379 | 91847 | | | B | * | | | | | | | 1 / 13.6kg | | | | | | | |
| 834644 002393 | 91845 | | | B | * | | | | | | | 1 / 13.6kg | | | | | | | |

EARTHBOUND FARM | ORGANIC FRUIT (FROZEN)

| | | | | | | | | | | | | | | | | | | | |
|---------------|-------|--|--|--|---|--|--|--|--|--|--|-----------|--|--|--|--|--|--|--|
| 032601 025311 | 63013 | | | | * | | | | | | | 12 / 300g | | | | | | | |
| 032601 025304 | 63009 | | | | * | | | | | | | 12 / 300g | | | | | | | |
| 032601 025298 | 63010 | | | | * | | | | | | | 12 / 300g | | | | | | | |
| 032601 025335 | 63014 | | | | * | | | | | | | 12 / 300g | | | | | | | |
| 032601 025359 | 63024 | | | | * | | | | | | | 12 / 300g | | | | | | | |
| 032601 025281 | 63011 | | | | * | | | | | | | 12 / 300g | | | | | | | |

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMQ | B | GF | V | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|---------------|--------------|-----|---|----|---|---|---|----|---|------|---|---|--------|--|---|---|---|
| 032601 954154 | 63040 | GMQ | | | | | | | * | | X Blueberries, Organic (bag) | 6 | / 900g | | | | |
| 032601 954161 | 63041 | GMQ | | | | | | | * | | X Mango Chunks, Organic (bag) | 6 | / 900g | | | | |
| 032601 954185 | 63043 | GMQ | | | | | | | * | | X Strawberries, Sliced, Organic (bag) | 6 | / 900g | | | | |
| 032601 954178 | 63042 | GMQ | | | | | | | * | | X Triple Berry Blend - blueberries/blackberries/raspberries, Organic (bag) | 6 | / 900g | | | | |

STAHLBUSH ISLAND FARMS | FRUIT (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|---|--|------------------------------|----|--------|--|--|--|--|
| 638882 000070 | 54015 | GMQ | | | | | | | * | | X Blueberries (bag) | 12 | / 300g | | | | |
| 638882 000179 | 54017 | GMQ | | | | | | | * | | X Cranberries, Organic (bag) | 12 | / 284g | | | | |
| 638882 000599 | 54014 | GMQ | | | | | | | * | | X Marion Blackberries (bag) | 12 | / 284g | | | | |
| 638882 000933 | 54690 | GMQ | | | | | | | * | | X Northwest Berry Blend | 12 | / 300g | | | | |
| 638882 000575 | 54016 | GMQ | | | | | | | * | | X Red Raspberries (bag) | 12 | / 284g | | | | |
| 638882 000551 | 54013 | GMQ | | | | | | | * | | X Strawberries, Whole (bag) | 12 | / 300g | | | | |

Vegetables

EARTHBOUND FARM | ORGANIC VEGETABLES (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|---|--|-------------------------------------|----|--------|--|--|--|--|
| 032601 025274 | 63016 | | | | | | | | * | | X Broccoli, Florets, Organic (bag) | 12 | / 300g | | | | |
| 032601 954192 | 63044 | GMQ | | | | | | | * | | X Broccoli Florets, Organic (bag) | 6 | / 750g | | | | |
| 032601 025250 | 63017 | | | | | | | | * | | X Butternut Squash, Organic (bag) | 12 | / 400g | | | | |
| 032601 025267 | 63022 | | | | | | | | * | | X Corn, Sweet, Organic (bag) | 12 | / 350g | | | | |
| 032601 025212 | 63018 | | | | | | | | * | | X Green Beans, Whole, Organic (bag) | 12 | / 300g | | | | |
| 032601 025540 | 63028 | | | | | | | | * | | X Kale, Organic (bag) | 12 | / 300g | | | | |
| 032601 025229 | 63015 | | | | | | | | * | | X Peas, Green, Organic (bag) | 12 | / 350g | | | | |
| 032601 025243 | 63021 | | | | | | | | * | | X Spinach, Cut, Organic (bag) | 12 | / 300g | | | | |
| 032601 954208 | 63045 | GMQ | | | | | | | * | | X Corn, Sweet, Organic (bag) | 6 | / 900g | | | | |
| 032601 954215 | 63046 | GMQ | | | | | | | * | | X Peas, Green, Organic (bag) | 6 | / 900g | | | | |

MACKELLAR FARMS | EDAMAME (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|---|----|---|----|--------|--|--|--|--|
| 185820 000017 | 63026 | GMQ | | | | | | | + | FJ | X Edamame, Whole Pods (Product of Canada) | 12 | / 400g | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|---|----|---|----|--------|--|--|--|--|

STAHLBUSH ISLAND FARMS | VEGETABLES (FROZEN)

| | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|---|--|-----------------------------------|----|--------|--|--|--|--|
| 638882 000155 | 54026 | GMQ | | | | | | | * | | X Broccoli Florets, Organic (bag) | 12 | / 300g | | | | |
| 638882 210806 | 54011 | GMQ | | | | | | | * | | X Butternut Squash, Diced (bag) | 12 | / 284g | | | | |
| 638882 000704 | 54052 | GMQ | | | | | | | * | | X Classic Mixed Vegetables (bag) | 12 | / 300g | | | | |
| 638882 000520 | 54012 | GMQ | | | | | | | * | | X Corn, Super Sweet (bag) | 12 | / 350g | | | | |
| 638882 000193 | 54207 | GMQ | | | | | | | * | | X Green Beans, Cut, Organic (bag) | 12 | / 300g | | | | |
| 638882 000544 | 54010 | GMQ | | | | | | | * | | X Green Peas (bag) | 12 | / 350g | | | | |
| 638882 000612 | 54061 | GMQ | | | | | | | * | | X Spinach, Cut (bag) | 12 | / 300g | | | | |
| 638882 000216 | 54027 | GMQ | | | | | | | * | | X Sweet Potato, Organic (bag) | 12 | / 284g | | | | |
| | 60069 | GMQ | | | | | | | * | | X Freezer Display Box | 1 | / 1ea | | | | |

VITAMINS, SUPPLEMENTS & HERBAL REMEDIES

Find Refrigerated Flax Seeds in Cooler Section

HERBAL REMEDIES

BACH REMEDIES | RESCUE FORMULA

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|---|---------------------------------|---|----------|--|--|--|---|---|
| 741273 002499 | 03844 | | | | | | | | | | RESCUE Night, Liquid Melts | 1 | / 28caps | | | | G | P |
| 741273 005216 | 80830 | | | | | | | | | | RESCUE Night, Spray | 1 | / 20ml | | | | | G |
| 741273 105619 | 03833 | | | | | | | | | X | RESCUE Pastilles, Black Currant | 6 | / 35ct | | | | | G |
| 741273 002598 | 03834 | | | | | | | | | X | RESCUE Pastilles, Original | 6 | / 35ct | | | | | G |
| 741273 005193 | 85012 | | | | | | | | | | RESCUE Remedy, Dropper | 1 | / 20ml | | | | | G |
| 741273 000020 | 80092 | | | | | | | | | | RESCUE Remedy, Spray | 1 | / 20ml | | | | | G |

VITAMINS & SUPPLEMENTS

BIO-K PLUS | PROBIOTIC CAPSULES

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|---|--|--|---|--------|--|--|--|--|---|
| 626608 014012 | 07387 | | | | | | | | + | | Probiotic Capsules, Daily Care+ - 12.5 billion CFU | 1 | / 30ct | | | | | G |
| 626608 016016 | 07385 | | | | | | | | + | | Probiotic Capsules, Daily Care+ - 25 billion CFU | 1 | / 15ct | | | | | G |
| 626608 016023 | 07386 | | | | | | | | + | | Probiotic Capsules, Daily Care+ - 25 billion CFU | 1 | / 30ct | | | | | G |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|---|---|---|

MANITOBA HARVEST | HEMP YEAH PROTEIN POWDER

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|---|----|---|--|--|---|----------|--|--|--|--|---|
| 697658 690044 | 37199 | GMO | | | | * | | + | FJ | X | | | HEMP YEAH, Max Protein Powder, Unsweetened, Organic | 6 / 454g | | | | | G |
|---------------|--------------|-----|--|--|--|---|--|---|----|---|--|--|---|----------|--|--|--|--|---|

NUUN HYDRATION | DRINK TABLETS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|--|--|--|--|--|--|----------------------------------|----------|--|--|--|--|---|
| 811660 022482 | 40740 | GMO | | | | | | | | | | | X Immunity, Blueberry Tangerine | 8 / 10ct | | | | | G |
| 811660 022499 | 40741 | GMO | | | | | | | | | | | X Immunity, Orange Citrus | 8 / 10ct | | | | | G |
| 811660 021089 | 40717 | GMO | | | | | | | | | | | X Sport, Citrus Fruit | 8 / 10ct | | | | | G |
| 811660 021072 | 40716 | GMO | | | | | | | | | | | X Sport, Lemon Lime | 8 / 10ct | | | | | G |
| 811660 021065 | 40718 | GMO | | | | | | | | | | | X Sport, Tri-Berry | 8 / 10ct | | | | | G |
| 811660 021096 | 40719 | GMO | | | | | | | | | | | X Sport, Strawberry Lemonade | 8 / 10ct | | | | | G |
| 811660 021935 | 40724 | GMO | | | | | | | | | | | X Vitamins, Blueberry Pomegrante | 8 / 12ct | | | | | G |
| 811660 021942 | 40725 | GMO | | | | | | | | | | | X Vitamins, Tangerine Lime | 8 / 12ct | | | | | G |

OMEGA NUTRITION | FLAX & PUMPKIN SEED POWDER

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|---|--|--|----|--|--|--|---|----------|--|--|--|--|---|
| 055358 216009 | 85055 | GMO | | | | * | | | FJ | | | | NUTRI-FLAX, Hi-Lignan Flax Seed Powder, Organic | 6 / 454g | | | | | G |
| 055358 219505 | 37237 | GMO | | | | * | | | FJ | | | | Pumpkin Seed Protein Powder, Organic | 6 / 600g | | | | | G |

OMEGA 3 NUTRACLEANSE | FIBRE BLEND

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|----|--|---|----|----|--|--|--|--|-------------------------------|----------|--|--|--|--|---|
| 839266 000024 | 21851 | GMO | | GF | | * | BC | FJ | | | | | Omega 3 Nutracleanse, Organic | 8 / 420g | | | | | G |
| 839266 000017 | 21850 | GMO | | GF | | * | BC | FJ | | | | | Omega 3 Nutracleanse, Organic | 6 / 1kg | | | | | G |

ROAR PLUS | VITAMIN & ELECTROLYTE DRINK MIX

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|--|-------------------------|------------|--|--|--|--|---|
| 628250 053340 | 19911 | | | | | | | | | | | | X Berry Lemonade | 12 / 7.18g | | | | | G |
| 628250 053357 | 19910 | | | | | | | | | | | | X Strawberry Watermelon | 12 / 7.18g | | | | | G |

PERSONAL CARE

BODY CARE

AURA CACIA | BODY CARE

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|--|--|--|--|--|--|-----------|--|--|--|--|-----|
| 051381 285968 | 83004 | | | | | | | | | | | | X Aromatherapy Foam Bath for Kids, Calming | 6 / 70.9g | | | | | G P |
| 051381 285791 | 83002 | | | | | | | | | | | | X Aromatherapy Foam Bath, Lavender | 6 / 70.9g | | | | | G P |
| 051381 285753 | 83003 | | | | | | | | | | | | X Aromatherapy Foam Bath, Tangerine/Grapefruit | 6 / 70.9g | | | | | G P |
| 051381 902148 | 80759 | | | | | * | | | | | | | X Skin Care Oils, Argan, Organic | 1 / 30ml | | | | | G P |
| 051381 311711 | 83006 | | | | | | | | | | | | X Skin Care Oils, Grapeseed | 1 / 118ml | | | | | G P |
| 051381 311728 | 80657 | | | | | | | | | | | | X Skin Care Oils, Jojoba | 1 / 118ml | | | | | G P |
| 051381 902131 | 80763 | | | | | * | | | | | | | X Skin Care Oils, Rosehip, Organic | 1 / 30ml | | | | | G P |
| 051381 311445 | 83007 | | | | | | | | | | | | X Skin Care Oils, Sweet Almond | 1 / 118ml | | | | | G P |

DOM'S DEODORANT

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|-----|--|--|--|--|----|----|--|--|--|--|--|---------|--|--|--|--|-----|
| 854178 000375 | 88013 | GMO | | | | | BC | FJ | | | | | Cream Deodorant, CALM, Lavender & Rosemary | 1 / 65g | | | | | G P |
| 854178 000382 | 88012 | GMO | | | | | BC | FJ | | | | | Cream Deodorant, FRESH, Lemongrass & Cedar | 1 / 65g | | | | | G P |
| 854178 000405 | 88014 | GMO | | | | | BC | FJ | | | | | Cream Deodorant, NUDE, Unscented | 1 / 65g | | | | | G P |

ISLAND ESSENTIALS | NATURAL BODY CARE

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|----|----|--|--|--|--|---------------------------------|-----------|--|--|--|--|-----|
| 884169 001241 | 30633 | | | | | | BC | FJ | | | | | Bar Soap, BERGAMOT BLISS | 12 / 97g | | | | | G P |
| 884169 001258 | 30634 | | | | | | BC | FJ | | | | | Bar Soap, Cedar | 12 / 97g | | | | | G P |
| 884169 001265 | 30635 | | | | | | BC | FJ | | | | | Bar Soap, ForTHAVE'S Chai | 12 / 97g | | | | | G P |
| 884169 001272 | 30636 | | | | | | BC | FJ | | | | | Bar Soap, Lavender | 12 / 97g | | | | | G P |
| 884169 001289 | 30637 | | | | | | BC | FJ | | | | | Bar Soap, Lemongrass | 12 / 97g | | | | | G P |
| 884169 001319 | 30638 | | | | | | BC | FJ | | | | | Bar Soap, Tea Tree | 12 / 97g | | | | | G P |
| 884169 000015 | 30639 | | | | | | BC | FJ | | | | | Castile Soap, SERENE DREAM | 9 / 473ml | | | | | G P |
| 884169 001364 | 30645 | | | | | | BC | FJ | | | | | Shampoo Bar, AWAKEN WITHIN | 12 / 97g | | | | | G P |
| 884169 000459 | 30640 | | | | | | BC | FJ | | | | | Hand & Body Cream, SERENE DREAM | 8 / 100ml | | | | | G P |
| 884169 000466 | 30641 | | | | | | BC | FJ | | | | | Hand & Body Cream, WEST COAST | 8 / 100ml | | | | | G P |
| 884169 000428 | 30642 | | | | | | BC | FJ | | | | | Hand & Body Lotion, Lavender | 9 / 450ml | | | | | G P |
| 884169 000763 | 30643 | | | | | | BC | FJ | | | | | X Lip Balm, Peppermint | 24 / 4g | | | | | G P |
| 884169 000756 | 30644 | | | | | | BC | FJ | | | | | X Lip Balm, Vanilla | 24 / 4g | | | | | G P |

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| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | f | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|---|---|------|------|--|--|--|---|---|---|

THAYERS REMEDIES | WITCH HAZEL

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|---|---|
| 041507 065765 | 85307 | | | | | | | | | | | 1 / 355ml | | | | | | G | P |
| 041507 070035 | 85308 | | | | | | | | | | | 1 / 355ml | | | | | | G | P |
| 041507 070066 | 85310 | | | | | | | | | | | 1 / 355ml | | | | | | G | P |

THOMPSON'S HOMEOPATHIC | CRÈME

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|---|---|
| 628977 000016 | 82000 | | | | | | | | | | | 1 / 40ml | | | | | | G | P |
| 628977 000498 | 82001 | | | | | | | | | | | 1 / 40ml | | | | | | G | P |

TOM'S OF MAINE | DEODORANT

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|---------|--|--|--|--|--|---|---|
| 035000 968425 | 80674 | | | | | | | | | | | 1 / 79g | | | | | | G | P |
| 077326 665251 | 81555 | | | | | | | | | | | 1 / 64g | | | | | | G | P |
| 077326 613252 | 81537 | | | | | | | | | | | 1 / 64g | | | | | | G | P |
| 077326 614259 | 81552 | | | | | | | | | | | 1 / 64g | | | | | | G | P |
| 077326 612255 | 80793 | | | | | | | | | | | 1 / 64g | | | | | | G | P |
| 827854 012863 | 81527 | | | | | | | | | | | 1 / 92g | | | | | | G | P |
| 827854 012870 | 81528 | | | | | | | | | | | 1 / 92g | | | | | | G | P |
| 827854 012849 | 81529 | | | | | | | | | | | 1 / 92g | | | | | | G | P |
| 827854 012894 | 81530 | | | | | | | | | | | 1 / 92g | | | | | | G | P |
| 827854 012801 | 81531 | | | | | | | | | | | 1 / 92g | | | | | | G | P |
| 827854 012818 | 81532 | | | | | | | | | | | 1 / 92g | | | | | | G | P |

WILD & FREE ORGANICS | LIP BALM

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|---------|--|--|--|--|--|---|---|
| 628693 963411 | 80624 | | | | | | | | | | | 6 / 11g | | | | | | G | P |
| 628693 963442 | 80625 | | | | | | | | | | | 6 / 11g | | | | | | G | P |

DENTAL CARE

JASON | DENTAL CARE

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|---|---|
| 078522 015154 | 80266 | | | | | | | | | | | 1 / 119g | | | | | | G | P |
| 078522 015109 | 80185 | | | | | | | | | | | 1 / 170g | | | | | | G | P |

SYNERGY ORGANICS | DENTAL CARE

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|------------|--|--|--|--|--|---|---|
| 874321 000021 | 81017 | | | | | | | | | | | 12 / 250ml | | | | | | G | P |
| 874321 000038 | 80554 | | | | | | | | | | | 12 / 250ml | | | | | | G | P |

TOM'S OF MAINE | DENTAL CARE

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|---|---|
| 827854 004479 | 81510 | | | | | | | | | | | 1 / 85ml | | | | | | G | P |
| 077326 830031 | 81522 | | | | | | | | | | | 1 / 85ml | | | | | | G | P |
| 077326 832226 | 81505 | | | | | | | | | | | 1 / 90ml | | | | | | G | P |
| 077326 102404 | 81515 | | | | | | | | | | | 1 / 85ml | | | | | | G | P |
| 077326 455562 | 81525 | | | | | | | | | | | 1 / 76ml | | | | | | G | P |
| 077326 159408 | 81506 | | | | | | | | | | | 1 / 85ml | | | | | | G | P |
| 077326 834176 | 80779 | | | | | | | | | | | 1 / 473ml | | | | | | G | P |

FEMININE CARE

NATRACARE | FEMININE CARE

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|---|---|
| 782126 200150 | 80896 | | | | | | | | | | | 1 / 12ea | | | | | | G | P |
| 782126 003409 | 03081 | | | | | | | | | | | 1 / 10ea | | | | | | | |
| 782126 003041 | 80892 | | | | | | | | | | | 1 / 10ea | | | | | | | |
| 782126 003027 | 80886 | | | | | | | | | | | 1 / 14ea | | | | | | | |
| 782126 003034 | 80887 | | | | | | | | | | | 1 / 12ea | | | | | | | |
| 782126 003256 | 80873 | | | | | | | | | | | 1 / 12ea | | | | | | | |
| 782126 003119 | 80877 | | | | | | | | | | | 1 / 12ea | | | | | | | |
| 782126 003089 | 80895 | | | | | | | | | | | 1 / 12ea | | | | | | | |
| 782126 003058 | 80894 | | | | | | | | | | | 1 / 14ea | | | | | | | |
| 782126 003102 | 80876 | | | | | | | | | | | 1 / 10ea | | | | | | | |

PSC Wholesale Catalogue - April 2024

GMO = Verified NON-GMO / **B** = Bulk / **GF** = Certified Gluten Free / **V** = Certified Vegan / ***** = Certified Organic

@ = Fair Trade / **+** = Made in Canada / **BC** = BC Product / **P** = Canadian Company / **X** = NO SPLITS

G = GST / **P** = PST / **U** = Container Recycling Fee / **(S/O)** = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V | @ | + | P | X | PACK | SIZE | | | | G | P | U | |
|---------------|--------------|-----|---|----|---|---|---|---|---|------|------|--|--|--|---|---|---|--|
| 782126 003065 | 80883 | | | | | | | | | | | | | | | | | |
| 782126 003126 | 80173 | | | | | | | | | | | | | | | | | |
| 782126 003140 | 80871 | | | | | | | | | | | | | | | | | |
| 782126 003003 | 80884 | | | | | | | | | | | | | | | | | |
| 782126 003072 | 80888 | | | | | | | | | | | | | | | | | |
| 782126 003096 | 80878 | | | | | | | | * | | | | | | | | | |
| 782126 001009 | 80880 | | | | | | | | * | | | | | | | | | |
| 782126 002020 | 80882 | | | | | | | | * | | | | | | | | | |
| 782126 008008 | 80889 | | | | | | | | * | | | | | | | | | |
| 782126 009005 | 80890 | | | | | | | | * | | | | | | | | | |
| 782126 002006 | 80881 | | | | | | | | * | | | | | | | | | |
| 782126 191038 | 80872 | | | | | | | | * | | | | | | | | | |

HAIR CARE

JASON | HAIR CARE

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 078522 800255 | 80240 | | | | | | | | | | | | | | | | | |
| 078522 800293 | 80227 | | | | | | | | | | | | | | | | | |
| 078522 800057 | 80241 | | | | | | | | | | | | | | | | | |
| 078522 800095 | 80229 | | | | | | | | | | | | | | | | | |
| 078522 870050 | 80245 | | | | | | | | | | | | | | | | | |
| 078522 870098 | 80236 | | | | | | | | | | | | | | | | | |
| 078522 850052 | 80257 | | | | | | | | | | | | | | | | | |
| 078522 800781 | 80263 | | | | | | | | | | | | | | | | | |

NATURE CLEAN | SHAMPOO & CONDITIONER

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|---|---|--|--|--|--|--|--|--|
| 058951 502807 | 81118 | | | | | | | | | + | P | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|---|---|--|--|--|--|--|--|--|

Pure Sensitive Unscented Shampoo

6 / 300ml

G P

HOUSEHOLD & PACKAGING MATERIALS

AIR FRESHENERS

WILD & FREE ORGANICS | AIR FRESHENERS

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|----|---|--|--|--|--|--|--|--|
| 628693 963497 | 80620 | | | | | | | | | BC | P | | | | | | | |
| 628693 963527 | 80621 | | | | | | | | | BC | P | | | | | | | |
| 628693 963503 | 80622 | | | | | | | | | BC | P | | | | | | | |
| 628693 963510 | 80623 | | | | | | | | | BC | P | | | | | | | |
| 628693 963466 | 80626 | | | | | | | | | BC | P | | | | | | | |
| 628693 963534 | 80627 | | | | | | | | | BC | P | | | | | | | |
| 628693 963473 | 80628 | | | | | | | | | BC | P | | | | | | | |
| 628693 963480 | 80629 | | | | | | | | | BC | P | | | | | | | |

DISHWASHING PRODUCTS

BIOVERT | DISHWASHING PRODUCTS

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 776622 011211 | 80550 | | | | | | | | | | | | | | | | | |
| 776622 011068 | 80528 | | | | | | | | | | | | | | | | | |
| 776622 120098 | 80534 | | | | | | | | | | | | | | | | | |

Automatic Dishwasher Tabs, Biodegradable (30 tabs)

6 / 480g

G P

Dishwashing Liquid, Citrus Fresh, Refill

2 / 4.43L

G P

Buy 20+ cases

Save 12%

Dishwashing Liquid, Citrus Fresh (S/O)

2 / 10L

G P

EARTH FRIENDLY | DISHWASHING PRODUCTS

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 749174 097217 | 80737 | | | | | | | | | | | | | | | | | |
| 749174 097224 | 80672 | | | | | | | | | | | | | | | | | |

Dishmate™ Free & Clear Dish Liquid

6 / 739ml

G P

Dishmate™ Grapefruit Dish Liquid

6 / 739ml

G P

ECO LIVING CLUB | DISHWASHER STRIPS

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 627987 344905 | 28514 | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|

Dishwasher Detergent Strips, Unscented

12 / 32ct

G P

Buy 8+ cases

Save 10%

IF YOU CARE | CONCENTRATED DISHWASHING PRODUCTS

| | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 770009 250897 | 46390 | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|

Automatic Dishwasher Tablets, Free & Clear, Biodegradable (40 tabs)

8 / 520g

G P

PSC Wholesale Catalogue - April 2024

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G = GST / P = PST / U = Container Recycling Fee / (S/O) = Special Order (See Rep for Lead Time & Pricing)

| UPC CODE | CODE | GMO | B | GF | V | * | @ | + | FJ | X | PACK | SIZE | | | | G | P | U |
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|---|---|---|
|----------|------|-----|---|----|---|---|---|---|----|---|------|------|--|--|--|---|---|---|

NATURE CLEAN | DISHWASHING PRODUCTS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|------------|--|--|--|--|--|---|---|
| 058951 403746 | 80580 | | | | | | | | | | | 6 / 740ml | | | | | | G | P |
| 058951 403364 | 80443 | | | | | | | | | | | 4 / 3.63L | | | | | | G | P |
| 058951 351825 | 80400 | | | | | | | | | | | 6 / 1.8L | | | | | | G | P |
| 058951 380184 | 80570 | | | | | | | | | | | 8 / 432g | | | | | | G | P |
| 058951 380207 | 80835 | | | | | | | | | | | 4 / 1.08kg | | | | | | G | P |
| 058951 232506 | 80429 | | | | | | | | | | | 12 / 250ml | | | | | | G | P |
| 058951 197409 | 80581 | | | | | | | | | | | 6 / 740ml | | | | | | G | P |
| 058951 403784 | 80583 | | | | | | | | | | | 6 / 740ml | | | | | | G | P |
| 058951 187400 | 80582 | | | | | | | | | | | 6 / 740ml | | | | | | G | P |
| 058951 184652 | 80489 | | | | | | | | | | | 6 / 500ml | | | | | | G | P |

SAPADILLA | ECO-CLEANERS DISH PRODUCTS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|------------|--|--|--|--|--|---|---|
| 677141 000024 | 70400 | | | | | | | | | | | 6 / 473ml | | | | | | G | P |
| 677141 000017 | 70305 | | | | | | | | | | | 12 / 473ml | | | | | | G | P |

FOOD PACKAGING & WRAP

ECOSAFE~6400 | COMPOSTABLE SANDWICH BAGS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|------------|--|--|--|--|--|---|---|
| 678526 500078 | 46275 | | | | | | | | | | | 12 / 100ct | | | | | | G | P |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|------------|--|--|--|--|--|---|---|

IF YOU CARE | ENVIROMENT FRIENDLY COOKING PRODUCTS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|---|--|--|--|--|--|-------------------------|--|--|--|--|--|---|---|
| 770009 050046 | 46384 | | | | | * | | | | | | 24 / 1.67m ² | | | | | | G | P |
| 770009 120114 | 46385 | | | | | | | | | | | 12 / 50ft ² | | | | | | G | P |
| 770009 250255 | 46387 | | | | | | | | | | | 12 / 75ft ² | | | | | | G | P |
| 770009 010200 | 46380 | | | | | | | | | | | 12 / 70ft ² | | | | | | G | P |
| 770009 011924 | 46388 | | | | | | | | | | | 12 / 24ct | | | | | | G | P |
| 770009 250262 | 60346 | | | | | | | | | | | 12 / 48ct | | | | | | G | P |

PAPERCHEF | CULINARY PARCHMENT PAPER

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|-------------------------|--|--|--|--|--|---|---|
| 628689 000014 | 47011 | | | | | | | | | | | 12 / 41ft ² | | | | | | G | P |
| 628689 700983 | 47010 | | | | | | | | | | | 12 / 123ft ² | | | | | | G | P |

GARBAGE BAGS

BAG TO EARTH | FOOD WASTE BAGS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|---|---|
| 777080 001004 | 70215 | | | | | | | | | | | 12 / 5ea | | | | | | G | P |
| 777080 001011 | 70213 | | | | | | | | | | | 20 / 10ea | | | | | | G | P |

ECOSAFE~6400 | COMPOSTABLE BAGS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|---|---|
| 678526 600013 | 46271 | | | | | | | | | | | 24 / 30ct | | | | | | G | P |
| 678526 600020 | 46272 | | | | | | | | | | | 15 / 12ct | | | | | | G | P |
| 678526 316174 | 46299 | | | | | | | | | | | 10 / 90ct | | | | | | G | P |
| 678526 243265 | 46279 | | | | | | | | | | | 24 / 12ct | | | | | | G | P |

LAUNDRY PRODUCTS

ASPEN CLEAN | LAUNDRY PRODUCTS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|----------|--|--|--|--|--|---|---|
| 876805 000459 | 80833 | | | | | | | | | | | 3 / 1.9L | | | | | | G | P |
| 876805 000442 | 80832 | | | | | | | | | | | 3 / 1.9L | | | | | | G | P |
| 876805 000435 | 80831 | | | | | | | | | | | 3 / 1.9L | | | | | | G | P |

BIOVERT | LAUNDRY PRODUCTS

| | | | | | | | | | | | | | | | | | | | |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|---|---|
| 776622 011044 | 80523 | | | | | | | | | | | 2 / 4.43L | | | | | | G | P |
|---------------|--------------|--|--|--|--|--|--|--|--|--|--|-----------|--|--|--|--|--|---|---|

Buy 20+ cases Save 12%

PSC Wholesale Catalogue - April 2024

| | |
|---|-------|
| ABSORBENT WCAT LITTER | 52 |
| AELO ALCOHOL FREE BEVERAGE | 21 |
| AK-MAK SESAME CRACKERS | 37 |
| ALGI IMPACT BAR | 55 |
| ALIMENTS TRIGONE CEREAL | 23 |
| ALKEME GLUTEN FREE SOURDOUGH (FROZEN) | 81 |
| ALTER ECO CHOCOLATE TREAT | 59 |
| AMANO MISO (REFRIGERATED) | 79 |
| AMANO SAUCE | 33 |
| AMBIENT MOON CHAI (CONCENTRATES) | 11 |
| AMY'S BURRITOS, WRAPS & POCKETS (FROZEN) | 86 |
| AMY'S CANNED MEALS | 29 |
| AMY'S CANNED SOUP | 65 |
| AMY'S ENTRÉES (FROZEN) | 86 |
| AMY'S PIZZA (FROZEN) | 88 |
| AMY'S REFRIED BEANS | 45 |
| ANGIE'S BOOMCHICKAPOP MICROWAVE POPCORN | 39 |
| ANGIE'S BOOMCHICKAPOP RTE POPCORN & CORN PUFFS | 56 |
| ANITA'S ORGANIC MILL BULK GRAINS | 39 |
| ANITA'S ORGANIC MILL FLOUR | 8 |
| ANITA'S ORGANIC MILL PANCAKE & WAFFLE MIX | 26 |
| ANITA'S ORGANIC MILL OATS | 39 |
| ANTOINETTE'S DIP & SAUCE (REFRIGERATED) | 73 |
| ARIZONA PEPPER'S HOT SAUCE | 30 |
| ARTISAN GREC HALVA | 61 |
| ASPEN CLEAN LAUNDRY PRODUCTS | 95 |
| ATLANTIC MARICULTURE DULSE | 43 |
| AUGA READY TO EAT ORGANIC CURRY | 29 |
| AUGA READY TO EAT ORGANIC SOUPS | 65 |
| AURA CACIA BODY CARE | 91 |
| AVENA FOODS OAT FLOUR | 8 |
| AVENA FOODS OATS | 39 |
| BACH REMEDIES RESCUE PET FORMULA | 53 |
| BACH REMEDIES RESCUE FORMULA | 90 |
| BAG TO EARTH FOOD WASTE BAGS | 95 |
| BAKERS SUPPLY HOUSE BAKING INGREDIENTS | 6 |
| BARBARA'S BAKERY CHEESE PUFFS | 56 |
| BEANFIELDS BEAN CHIPS | 56 |
| BETTERWITH CREAM ICE CREAM (FROZEN) | 84 |
| BEYOND MEAT PLANT-BASED MEAT ALTERNATIVE (FROZEN) | 87 |
| BIG MOUNTAIN PLANT-BASED MEAT ALTERNATIVE (REFRIGERATED) | 78 |
| BIG MOUNTAIN SOY-FREE TOFU (REFRIGERATED) | 79 |
| BIOITALIA CANNED BEANS | 27 |
| BIOITALIA OIL | 48 |
| BIOITALIA PASTA | 51 |
| BIOITALIA PESTO SAUCE | 30 |
| BIOITALIA PUREES | 63 |
| BIOITALIA TOMATO SAUCE | 32 |
| BIOITALIA TOMATOES | 28 |
| BIO-K PLUS PROBIOTIC (REFRIGERATED) | 80,81 |
| BIO-K PLUS PROBIOTIC CAPSULES | 90 |
| BIOVERT DISHWASHING PRODUCTS | 94 |
| BIOVERT LAUNDRY PRODUCTS | 95 |
| BLACK RIVER JUICE & LEMONADE | 18 |
| BLISS BALLS ENERGY TRUFFLE BALLS | 53 |
| BLUE DIAMOND ALMOND BREEZE ALMOND BEVERAGE | 20 |
| BLUE DIAMOND ALMOND BREEZE ALMOND BEVERAGE (REFRIGERATED) | 70 |
| BLUE DIAMOND ALMOND FLOUR | 8 |
| BLUE DIAMOND NUT THINS CRACKERS | 37 |
| BLUE MONKEY COCONUT CREAM & MILK | 45 |
| BLUE MONKEY PURE COCONUT WATER & JUICE | 18 |
| BLUE MONKEY SPARKLING BEVERAGE | 15 |
| BLUEBIRD PROVISIONS BONE BROTH (FROZEN) | 85 |
| BLUEBIRD PROVISIONS INSTANT BONE BROTH MIX | 64 |
| BO & MARROW BONE BROTH (FROZEN) | 85 |
| BOB'S RED MILL BAKING INGREDIENTS | 6 |
| BOB'S RED MILL BAKING MIX | 6 |
| BOB'S RED MILL BOB'S BAR | 53 |
| BOB'S RED MILL CEREAL & GRANOLA | 24 |
| BOB'S RED MILL FLOUR | 9 |
| BOB'S RED MILL GRAINS | 39 |
| BOB'S RED MILL HOT CEREAL | 23,24 |
| BOB'S RED MILL NUTRITIONAL YEAST | 40 |

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| BOB'S RED MILL OATS | 40 |
| BOB'S RED MILL PANCAKE & WAFFLE MIX | 26 |
| BOB'S RED MILL SEEDS | 47 |
| BOB'S RED MILL SHREDDED COCONUT | 47 |
| BOB'S RED MILL SOUP MIX | 66 |
| BOB'S RED MILL TEXTURED VEGETABLE PROTEIN | 46 |
| BRAGG ALL PURPOSE SEASONING | 33 |
| BRAGG APPLE CIDER VINEGAR | 34 |
| BRAGG SPRINKLE SEASONING | 41 |
| BREMNER'S CAESAR MIXER | 21 |
| BREMNER'S JUICE | 18 |
| BREMNER'S FRUIT (FROZEN) | 89 |
| BREW DR.KOMBUCHA KOMBUCHA (REFRIGERATED) | 74 |
| BUBBIES PICKLES & SAUERKRAUT (REFRIGERATED) | 72 |
| BUCHA BREW KOMBUCHA | 16 |
| BUCHA BREW KOMBUCHA (REFRIGERATED) | 75 |
| BUENO FOODS TORTILLAS (FROZEN) | 82 |
| BULK BEANS | 39 |
| BULK GRAINS | 39 |
| BULK NUTS | 48 |
| BULK POPPING CORN | 39 |
| BULK SEA SALT | 43 |
| BULK SEEDS | 48 |
| CABOO BAMBOO BABY WIPES | 5 |
| CABOO TREE-FREE PAPER PRODUCTS | 96 |
| CAMINO CHOCOLATE BAKING PRODUCTS | 7 |
| CAMINO CHOCOLATE BAR | 59 |
| CAMINO HOT CHOCOLATE | 11 |
| CAMINO SHREDDED COCONUT | 47 |
| CAMINO SUGAR | 66 |
| CANADIAN HERITAGE ORGANICS MAPLE BUTTER & SYRUP | 66 |
| CANADIAN KELP RESOURCES SEA VEGETABLES | 43 |
| CASBAH AUTHENTIC GRAIN | 45 |
| CASBAH AUTHENTIC MIX | 45 |
| CAULIPOWER PIZZA (FROZEN) | 88 |
| CAULIPOWER PIZZA CRUST (FROZEN) | 84 |
| CHA'S ORGANICS CANNED FRUIT | 28 |
| CHA'S ORGANICS COCONUT CREAM & MILK | 45 |
| CHA'S ORGANICS COCONUT OIL | 48 |
| CHA'S ORGANICS SPICES | 41,42 |
| CHA'S ORGANICS THAI CURRY PASTE | 46 |
| CHASERS 100% COLD-PRESSED JUICE (REFRIGERATED) | 75 |
| CHIMES CANDY | 62 |
| CHOSEN FOODS AVOCADO OIL DRESSING | 31 |
| CHOSEN FOODS CLASSIC MAYO | 32 |
| CHOSEN FOODS CULINARY OIL | 49 |
| CLAWHAMMER ORGANIC MINTS | 62 |
| CLEVER PREMIUM MOCKTAIL | 22 |
| CLIF PERFORMANCE & SNACK BARS | 54 |
| CLIF ENERGY & SNACK BARS | 53 |
| CLIF KID ORGANIC ZBARS | 36 |
| CLOUD 9 GLUTEN-FREE BAKING MIX | 6 |
| CLOUD 9 PANCAKE & WAFFLE MIX | 26 |
| COCONUT SECRET SOY SAUCE SUBSTITUTE | 34 |
| COUNTRY GOLDEN YOLKS EGGS (REFRIGERATED) | 69 |
| CRAVE STEVIA CHOCOLATE CHIPS | 7 |
| CRAVE SWEETENER | 66 |
| CRICH CRACKERS WITH EXTRA VIRGIN OLIVE OIL | 37 |
| CROFTER'S ORGANIC FRUIT SPREAD | 26 |
| CULTURE CRAFT KOMBUCHA (REFRIGERATED) | 75 |
| DAIYA CHEEZECAKE (FROZEN) | 83 |
| DAIYA DAIRY-FREE CHEESE ALTERNATIVE (REFRIGERATED) | 70,71 |
| DAIYA DAIRY-FREE MAC & CHEESE | 50 |
| DAIYA DAIRY-FREE SALAD DRESSING | 32 |
| DAIYA DAIRY-FREE PIZZA & FLATBREAD (FROZEN) | 88 |
| DANDIES VEGAN MARSHMALLOWS | 62 |
| DEEBEE'S ORGANICS FREEZER POPS | 62 |
| DIVINE CHOCOLATE BAR | 59 |
| DOMO STONE GROUND TEA | 11 |
| DOM'S DEODORANT | 91 |
| DUMET OLIVES | 33 |
| EAGLE INSTAFERM BAKING INGREDIENTS | 7 |
| EARTH BALANCE SPREAD & STICKS (REFRIGERATED) | 70 |

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| EARTH FRIENDLY DISHWASHING PRODUCTS | 94 |
| EARTHBOUND FARM ORGANIC FRUIT (FROZEN) | 89,90 |
| EARTHBOUND FARM ORGANIC VEGETABLES (FROZEN) | 90 |
| EARTH'S OWN DAIRY-FREE BUTTER ALTERNATIVE (REFRIGERATED) | 70 |
| EARTH'S OWN DAIRY-FREE CHEESE ALTERNATIVE (REFRIGERATED) | 71 |
| EARTH'S OWN DAIRY-FREE SOUR CREAM ALTERNATIVE (REFRIGERATED) | 72 |
| EARTH'S OWN NON-DAIRY BEVERAGE | 20,21 |
| EARTH'S OWN NON-DAIRY CREAMERS (REFRIGERATED) | 70 |
| EARTH'S OWN PLANT BASED BEVERAGE (REFRIGERATED) | 70 |
| EAT WHOLESOME BAKED BEANS | 29 |
| EAT WHOLESOME BEAN VERMICELLI | 43 |
| EAT WHOLESOME CANNED BEANS | 27 |
| EAT WHOLESOME CANNED SOUP | 65 |
| EAT WHOLESOME PICKLED VEGETABLES | 33 |
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